

# *Succeed* in **ESB**

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Level

**C2**

*Exam Preparation &  
8 Practice Tests*



# Glossary



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# TEST 1

## Listening – Part 1 – Section A – page 6

**controversial adj** If you describe sth or sb as controversial, you mean that they are the subject of intense public argument, disagreement, or disapproval. ► *Immigration is a controversial issue in many countries.* ♦ αμφιλεγόμενος

**constituency n** A particular constituency is a section of society that may give political support to a particular party or politician. ► *Mr Jackson had a natural constituency among American blacks.* ♦ υποστηρικτές, ψηφοφόροι

**integration n** Integration is the process of fitting together to mix a whole and more especially for people to mix freely with other groups in society. ► *Americans support the integration of disabled people into mainstream society.* ♦ ενσωμάτωση, ένταξη

## Listening – Part 1 – Section B – page 6

**brainwashed adj** If you brainwash sb or if sb is brainwashed, they are forced to believe sth by continually telling them that it is true, and preventing them from thinking about it properly. ► *I'd been brainwashed into believing I was worthless.* ♦ αυτός που έχει υποβληθεί σε πλύση εγκεφάλου

**self-respecting adj** Having or showing self-esteem. ► *It's difficult to find a self-respecting person.* ♦ που σέβεται τον εαυτό του

**vain adj** If you describe sb as vain, you are critical of their extreme pride in their own beauty, intelligence, or other good qualities. ► *I think he is shallow, vain and untrustworthy.*

♦ ματαιόδοξος

## Listening – Part 2 – page 7

**splash out phr.v** If you splash out, you spend a lot of money on buying things, especially things that are pleasant to have but that you do not need. ► *They splashed out £30,000 on a new car.* ♦ ξοδεύω αλόγιστα

## Reading – Part 1 – page 8

**Saviour n** In the Christian religion, the Saviour is Jesus Christ. ♦ ο Σωτήρας

**comprehensive n** In Britain, a state school in which children of all abilities are taught together. ► *She taught French at Ren Comprehensive in South London.* ♦ μονοτάξιο σχολείο

**flaring adj** If sth is flaring, it is burning with sudden brightness. This can also be used metaphorically. ♦ φλαμπερός

**scarlet adj** Something that is scarlet is bright red. ► *She turned scarlet from embarrassment, once she realized what she had done.* ♦ άηλικος, κόκκινος της φωτιάς

**deputy n** The second most important person in an organization such as a business or government department. Sb's deputy often acts on their behalf when they are not there. ► *France's minister for culture, and his deputy, Catherine Tasca, attended the meeting last night.* ♦ αναπληρωτής

**association n** An association is an official group of people who have the same job, aim, or interest. ► *Research associations are often linked to a particular industry.* ♦ σύλλογος, εταιρία

**brawny adj** Sb who is strong and has big muscles. ► *Oscar turned out to be a brawny young man.* ♦ μυώδης, ογκώδης

**premises n(pl)** The premises of a business or an institution are all the buildings and land that it occupies in one place. ► *There is a kitchen on the premises.* ♦ όρια κτίσματος, λειτουργικός χώρος

**predominantly adv** You use predominantly to indicate which feature or quality is most noticeable in a situation. ► *Although it is predominantly a teenage problem, acne can*

*occur in early childhood.* ♦ κυρίως, βασικά

**scrawl v** To write sth in a careless and untidy way. ► *He scrawled a hasty note to his wife.* ♦ γράφω πρόχειρα και βιαστικά

**modest adj** If you say that sb is modest, you approve of them because they do not talk much about their abilities or achievements. ► *Lord Carrington is modest about his achievements.* ♦ σεμνός, μετριόφρων

**bespectacled adj** Sb who is wearing glasses. ► *Mr Merrick was a slim, quiet, bespectacled man.* ♦ διοπτροφόρος, που φοράει γυαλιά

**repel v** If sth repels you, you find it horrible and disgusting. ► *The violent excitement of the crowd frightened and repelled her.* ♦ απωθώ

**abusive adj** Sb who is abusive behaves in a cruel and violent way towards other people. ► *He became violent and abusive towards Ben's mother.* ♦ βάνουσος, βίαιος

**lurk v** If sb lurks somewhere, they wait there secretly so that they cannot be seen, usually because they intend to do sth bad. ► *He thought he saw somebody lurking above the chamber during the address.* ♦ καραδοκώ, ελληοξεύω

**vengeance n** the act of killing, injuring, or harming sb because they have harmed you. ► *She cried aloud to the gods for vengeance for the loss of her daughter.* ♦ εκδίκηση

**discipline v** If sb is disciplined for sth that they have done wrong, they are punished for it. ► *Her husband had at last taken a share in disciplining the boy.* ♦ σωφρονίζω, επιβάλλω πειθαρχία

**harbour v** If a person or country harbours sb who is wanted by the police, they let them stay in their house or country and offer them protection. ► *Accusations of harbouring terrorist suspects were raised against the former Hungarian leadership.* ♦ περιθάλλω, προσφέρω άσυλο

**progeny n** You can refer to a person's children or to an animal's young as their progeny. ► *Davis was never loquacious on the subject of his progeny.* ♦ απόγονοι

**guilelessly adv** If sb behaves guilelessly, they behave openly and truthfully and do not try to deceive people. ► *Daphne spoke guilelessly and so Claire had no option but to believe her.* ♦ άδοθα, χωρίς πονηριά

**testimony n** If you say that one thing is testimony to another, you mean that it shows clearly that the second thing has a particular quality. ► *Her living room is also her office, filled with desks, books, papers, a testimony to her dedication to her work.* ♦ απόδειξη, μαρτυρία

**obsession n** If you say that sb has an obsession with a person or thing, you think they are spending too much time thinking about them. ► *She would try to forget her obsession with Christopher.* ♦ εμμονή

**back number n** A back number of a magazine or newspaper is one that was published some time ago and is not the most recent. ♦ παλιό τεύχος περιοδικού/εφημερίδας

**cognitive adj** Cognitive means relating to the mental process involved in knowing, learning, and understanding things. ► *As children grow older, their cognitive processes become sharper.* ♦ νοητικός, γνωστικός

**select adj** If you describe sth as select, you mean it has many desirable features, but is available only to people who have a lot of money or who belong to a high social class. ► *Christian Lacroix is throwing a very lavish and very select party.* ♦ εκλεκτός, επίλεκτος

**curriculum n** A curriculum is all the different courses of study that are taught in a school, college, or university. ► *Russian is the one compulsory foreign language on the school curriculum.* ♦ σχολικό πρόγραμμα, διδακτέα ύλη

**bulk out phr.v** If sb or sth bulks up or bulks out, they become bigger or heavier. ► *Use extra vegetables to bulk out the omelette.* ♦ προσδίδω όγκο

**handicraft n** Handicrafts are activities such as embroidery and pottery which involve making things with your hands in a skilful way. ► *She taught herself handicrafts and cooking from books.* ♦ χειροτεχνία

**(academically) challenged adj** If you say that sb is challenged in a particular way, you mean that they have a disability in that area. ► *She ran off with an intellectually challenged ski instructor.* ♦ που υστερεί σε ένα συγκεκριμένο τομέα

**shine v** Sb who shines at a skill or activity does it extremely well. ► *Did you shine at school?* ♦ διαπρέπω, διακρίνομαι

**herbal adj** made from or using herbs. ► *My grandmother used to make herbal remedies for colds.* ♦ φυτικός, βοτανικός

**gleam n** If sb has a gleam in their eye, their eyes show a particular feeling. ► *There was a gleam in her eye when she looked at me.* ♦ σιγμιαία εκδήλωση, αναλαμπή, λάμψη

**reminisce v** If you reminisce about sth from your past, you write or talk about it, often with pleasure. ► *Ray and I ate our meal and reminisced about the trip.* ♦ αναπολώ, νοσταλγώ

**ferry v** If a vehicle ferries people or goods, it transports them, usually by means of regular journeys between the same two places. ► *Every day, a plane arrives to ferry guests to and from Bird Island Lodge.* ♦ μεταφέρω από και προς, πηγαινοφέρνω

**offspring n** You can refer to a person's children or to an animal's young as their offspring. ► *Eleanor was now less anxious about her offspring than she had once been.* ♦ απόγονος

**nuisance n** If sb makes a nuisance of themselves, they behave in a way that annoys other people. ► *He could be a bit of a nuisance when he was drunk.* ♦ ενόχληση, μπελάς

**GCSE abbr** GCSEs are British educational qualifications which schoolchildren take when they are fifteen or sixteen years old. GCSE is an abbreviation for 'General Certificate of Secondary Education'. ► *She quit school as soon as she had taken her GCSEs.* ♦ απολυτήριο (αντίστοιχο του λυκείου)

**bracket n** If you say that sb or sth is in a particular bracket, you mean that they come within a particular range, for example a range of incomes, ages, or prices. ► *Do you fall outside that age bracket?* ♦ ομάδα, κατηγορία

**perspective n** A particular perspective is a particular way of thinking about sth, especially one that is influenced by your beliefs or experiences. ► *I would like to offer a historical perspective.* ♦ προοπτική, διάσταση

**assembly n** In a school, assembly is a gathering of all the teachers and pupils at the beginning of every school day. ► *By 9, the juniors are in the hall for assembly.* ♦ συγκέντρωση

**fervent adj** sb that has or shows strong feelings about sth; very sincere and enthusiastic about it. ► *She was a fervent admirer of Morisot's work.* ♦ ένθερμος, ενθουσιώδης

**cheering adj** something that brings people comfort or that makes them feel glad or happier. ► *We received some cheering news.* ♦ ενθαρρυντικός, που προκαλεί χαρά

**a shade adv.phr** If you say that sth is, for example, a shade unusual or a shade disappointing, you mean that it is slightly unusual or disappointing. ► *The first two goals were a shade fortunate.* ♦ λίγο, κάπως, ελαφρώς

**reluctance n** the act of showing unwillingness to do and hesitating before doing it, or doing it slowly and without enthusiasm. ► *Ministers have shown extreme reluctance to explain their position to the media.* ♦ απροθυμία

**perfunctory adj** an action done quickly and carelessly, showing a lack of interest in what you are doing. ► *She gave the list only a perfunctory glance.* ♦ τυπικός, απρόθυμος

**bewilderment n** the feeling of being very confused and not being able to understand sth or decide what you should do. ► *He shook his head in bewilderment.* ♦ σαστισμάρα, μπερδεμα

**undertake v** When you undertake a task or job, you start doing it and accept responsibility for it. ► *She undertook the arduous task of monitoring the elections.* ♦ αναλαμβάνω

**disillusionment n** Disillusionment is the disappointment that you feel when you discover that sth is not as good as you had expected or thought. ► *There is evidence of a general sense of disillusionment with the government.* ♦ απογοήτευση

**prosaic adj** Sth that is prosaic is dull and uninteresting. ► *The truth is more prosaic.* ♦ κοινότυπος, ανιαρός

**expertise n** Expertise is special skill or knowledge that is acquired by training, study, or practice. ► *The problem is that most local authorities lack the expertise to deal sensibly in this market.* ♦ αρτιότητα γνώσεων, επιδεξιότητα

**grit (one's teeth) v** If you grit your teeth, you make up your mind to carry on even if the situation is very difficult. ► *There is going to be hardship, but we have to grit our teeth and get on with it.* ♦ σφίγγω τα δόντια, συνεχίζω υπομονετικά να κάνω κάτι δύσκολο

**glimpse v** If you glimpse sb or sth, you see them very briefly and not very well. ► *She glimpsed a group of people standing on the bank of a river.* ♦ ρίχνω μία φευγαλέα ματιά

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**ensure v** To ensure sth, or to ensure that sth happens, means to make certain that it happens. ► *Ensure that it is written into your contract.* ♦ διασφαλίζω, βεβαιώνω

**up-to-date adj** If sth is up-to-date, it is the newest thing of its kind. ► *This production is up-to-date.* ♦ ενημερωμένος, σύγχρονος

**educationalist n** sb who is specialised in the theories and methods of education. ♦ θεωρητικός εκπαιδευτικός

**correspondence n** Correspondence is the act of writing letters to sb. ► *His interest in writing came from a long correspondence with a close college friend.* ♦ αλληλογραφία

**on-going adj** An on-going situation has been happening for quite a long time and seems likely to continue in the future. ► *That research is on-going.* ♦ τρέχων, τεκταινόμενος

## Reading – Part 2 – page 10

**pronounce v** to say a word using particular sounds. ► *Have I pronounced your name correctly?* ♦ προφέρω

**fowl n** a bird, especially one that can be eaten as food, such as a duck or a chicken. ► *Carve the fowl into 8 pieces.* ♦ πετούμενο, πουληρικό

**fairy n** an imaginary creature with magical powers. Fairies are often represented as small people with wings. ► *She used to think there were fairies at the bottom of her garden.* ♦ νεράιδα

**wit n** the ability to use words or ideas in an amusing, clever, and imaginative way. ► *They love her practical attitude to life, her zest and wit.* ♦ πνεύμα, νοημοσύνη, ευστροφία

**multiple adj** You use multiple to describe things that consist of many parts, involve many people, or have many uses. ► *He died of multiple injuries.* ♦ πολλαπλός

**catapult v** If sth catapults you into a particular state or situation, or if you catapult there, you are suddenly and unexpectedly caused to be in that state or situation. ► *Suddenly she was catapulted into his jet-set lifestyle.* ♦ εκτοξεύω

**fiend n** Fiend is a devil or an evil spirit. If you describe sb as a fiend, you mean that they are extremely wicked or cruel. ► *He was such a saint to his patients and such a fiend to his children.* ♦ δαίμονας, τέρας (& μτφ)

**flatulence n** Flatulence means pretentiousness, behaviour which shows that sb tries to seem important or significant, but you do not think that they are. ► *He has a tendency towards flatulence.* ♦ έπαρση, αλαζονεία

**wow v** You say that sb wows people when they give an impressive performance and fill people with enthusiasm and admiration. ► *Ben Tankard wowed the crowd with his jazz.* ♦ ενθουσιάζω, ξεσηκώνω



**rowdy** **adj** When people are rowdy, they are noisy, rough, and likely to cause trouble. ► *He has complained to the police about rowdy neighbours.* ♦ θορυβώδης, φασαριόζικος

**traumatise** **v** If sb is traumatised by an event or situation, it shocks or upsets them very much, and may cause them psychological damage. ► *My wife was traumatised by this terrible experience.* ♦ προκαλώ ψυχολογικά τραύματα, επηρεάζω ψυχολογικά

**outing** **n** An outing is a short enjoyable trip, usually with a group of people, away from your home, school, or place of work. ► *One evening, she made a rare outing to the local discotheque.* ♦ εκδρομή

**trunk** **n** The trunk of a car is a covered space at the back or front in which you put luggage or other things. (AM; in BRIT: boot) ♦ χώρος αποσκευών αυτοκινήτου, πορτ-παγκάζ

**mayhem** **n** You use mayhem to refer to a situation that is not controlled or ordered, when people are behaving in a disorganised, confused, and often violent way. ► *Their arrival caused mayhem as crowds of refugees rushed towards them.*

♦ χάος, χαμός

**(at each others') throats** **expr**

If two people or groups are at each other's throats, they are quarrelling or fighting violently with each other. ► *The idea that Billy and I are at each other's throats couldn't be further from the truth.* ♦ μαλώνω, καυγαδίζω άγρια

**comic strip** **n** a series of drawings that tell a story, especially in a newspaper or magazine. ♦ κόμικς, ιστορία σε σκίτσά

**walk-on** **n** A walk-on part in a play or film is a very small part which usually does not involve any speaking. ► *He and his family have walk-on parts in the latest film.* ♦ μικρός ρόλος σε έργο (στο οποίο ο ηθοποιός απλώς εμφανίζεται χωρίς να έχει λόγια)

**half pint** **n** Half pint is used as slang to refer to a small or nondescript person. ♦ «μισή μερίδα», μικροκαμωμένος

**boundary** **n** The boundary of an area of land is an imaginary line that separates it from other areas. ► *Drug traffickers operate across national boundaries.* ♦ όριο, σύνορο

**screenwriting** **n** the process of writing screenplays. ► *You can write a screenplay during our intensive screenwriting courses and workshops.* ♦ συγγραφή σεναρίων

**one-liner** **n** a funny remark or a joke told in one sentence, for example in a play or comedy programme. ► *The book is witty and peppered with good one-liners.* ♦ (αστεία) ατάκα

**mental** **adj** A mental act is one that involves only thinking and not physical action. ► *Practise mental arithmetic when you go out shopping.* ♦ νοερός, νοητικός

**make a mental note** **phr** to make an effort to remember something. ► *I made a mental note of her address.* ♦

καταγράφω κάτι στη μνήμη μου, απομνημονεύω

**chase** **n** Chase is the act of running after sb or following them quickly in order to catch or reach them. ► *The car chase ended up with the arrest of the criminal.* ♦ κυνηγητό

**amorality** **n** Amorality is state of mind when one does not seem to care whether what they do is right or wrong. ► *Anita envied her sister's amorality and contempt for public opinion.* ♦ άρνηση των ηθικών κανόνων, ανηθικότητα

**conscience** **n** Your conscience is the part of your mind that tells you whether what you are doing is right or wrong. ► *I could go away again with a clear conscience.* ♦ συνείδηση

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**restless** **adj** If sb is restless, they keep moving around because they find it difficult to keep still. ► *My father seemed very restless and excited.* ♦ αεικίνητος, νευρικός, ακούραστος

**innovative** **adj** A person who introduces changes and new ideas. ► *He was one of the most creative and innovative engineers of his generation.* ♦ καινοτόμος, πρωτοπόρος

**hospitable** **adj** sb who is friendly, generous, and welcoming

to guests or people they have just met. ► *He was very hospitable to me when I came to New York.* ► φιλόξενος  
**uneventful** **adj** If you describe a period of time as uneventful, you mean that nothing interesting, exciting, or important happened during it. ► *The return journey was uneventful, the car running perfectly.* ♦ αδιατάρακτος, ομαλός, ήσυχος

## Use of English – Part 1 – page 12

**except (for)** **conj** We use except for to introduce the only thing or person that prevents sth from being completely true. ► *Everyone was late, except for Richard.* ♦ εκτός από

**washed out** **adj** If sb looks washed-out, they look very tired and lacking in energy. ► *She looked washed out and listless.*

♦ εξαντλημένος, εξουθενωμένος

**let alone** **conj** Let alone is used after a statement, usually a negative one, to indicate that the statement is even more true of the person, thing, or situation that you are going to mention next. ► *It is incredible that the 12-year-old managed to even reach the pedals, let alone drive the car.* ♦ πόσο μάλλον...

## Use of English – Part 2 – page 13

**intimidated** **adj** Sb who feels intimidated feels frightened and lacks confidence because of the people they are with or the situation they are in. ► *Women can come in here and not feel intimidated.* ♦ φοβισμένος, καταπτονημένος

**intrigued** **adj** If you are intrigued by sth, especially sth strange, it interests you and you want to know more about it.

► *They are intrigued by her story.* ♦ γοητευμένος από κάτι που μου έχει εξάψει το ενδιαφέρον

**restrained** **adj** Sb who is restrained is very calm and unemotional. ► *In the circumstances he felt he'd been very restrained.* ♦ επιφυλα-κτικός, συγκρατημένος

**infuriated** **adj** If sth or sb infuriates you or you are infuriated, they make you extremely angry. ► *He knew me well enough to realize how infuriated such a conversation would make me.* ♦ εξοργισμένος, εξαργιωμένος

**futile** **adj** If you say that sth is futile, you mean there is no point in doing it, usually because it has no chance of succeeding. ► *He brought his arm up in a futile attempt to ward off the blow.* ♦ μάταιος, ανώφελος

**commendable** **adj** If you describe sb's behaviour as commendable, you approve of it or are praising it. ► *The tone of his speech was commendable.* ♦ αξιέπαινος, ενδεδειγμένος

**fragile** **adj** Sth that is easily broken, damaged or harmed. ► *Be careful with that vase - it's very fragile.* ♦ εύθραυστος

**rigorous** **adj** If sb is rigorous in the way that they do sth, they are very careful and thorough. ► *He is rigorous in his control of expenditure.* ♦ αυστηρός, ενδελεχής

**relinquish** **v** If you relinquish sth such as power or control, you give it up. ► *He does not intend to relinquish power.* ♦ εγκαταλείπω, παραχωρώ (αξίωμα, εξουσία)

**entreat** **v** If you entreat sb to do sth, you ask them very politely and seriously to do it. ► *Trevor Steven entreated them to delay their departure.* ♦ εκλιπαρώ, ικετεύω

**deter** **v** To deter sb from doing sth means to make them not want to do it or continue doing it. ► *Jeremy was not deterred by this criticism.* ♦ αποτρέπω, αποθαρρύνω

**detain** **v** When the police, detain sb, they keep them in a place under their control. ► *The act allows police to detain a suspect for up to 48 hours.* ♦ θέτω υπό κράτηση

**strangle** **v** To strangle sb means to kill them by squeezing their throat tightly so that they cannot breathe. ► *He tried to strangle a border policeman and steal his gun.* ♦ στραγγαλίζω

**smother** **v** To smother sb means to kill them by covering their face with sth so that they cannot breathe. ► *A father was secretly filmed as he tried to smother his six-week-old son in hospital.* ♦ προκαλώ ασφυξία

**bulge** **v** If sth such as a person's stomach bulges, it sticks out. ► *He bulges out of his black T-shirt.* ♦ φουσκώνω, διογκώνομαι

**choke** **v** When you choke or when sth chokes you, you cannot breathe properly or get enough air into your lungs. ► *The girl choked to death after breathing in smoke.* ♦ πνίγομαι, προκαλώ ή υφίσταμαι ασφυξία

**contagious** **adj** A disease that can be caught by touching people or things that are infected with it. ► *He suffers from a highly contagious disease of the lungs.* ♦ μεταδοτικός

**conspicuous** **adj** If sb or sth is conspicuous, people can see or notice them very easily. ► *You may feel tearful in situations where you feel conspicuous.* ♦ περίοπτος, που τραβά τη προσοχή

**abundant** **adj** Sth that is present in large quantities. ► *There is an abundant supply of cheap labour.* ♦ άφθονος

**disputable** **adj** Sth such as an issue is disputable when it is uncertain or liable to be argued about. ► *His speech was full of disputable generalisations about people.* ♦ αμφισβητήσιμος

**compromise** **v** If you compromise, you accept that you will reduce your demands or change your opinion in order to reach an agreement with someone. ► *We'll have to compromise otherwise no solution will be found.* ♦ συμβιβάζομαι

**besiege** **v** If soldiers besiege a place, they surround it and wait for the people in it to stop fighting or resisting. ► *The Afghan air force was using helicopters to supply the besieged town.* ♦ πολιορκώ

**solicit** **v** If sb such as a beggar solicits, they ask other people for money in an annoying and harassing way. ♦ ζητιανεύω, εκλιπαρώ (φορτικά) να μου δοθεί κάτι

**taunt** **v** If sb taunts you, they say unkind or insulting things to you, especially about your weaknesses or failures. ► *Other youths taunted him about his clothes.* ♦ κοροϊδεύω, πειράζω

**occur** **v** When sth occurs, it happens. ► *If headaches only occur at night, lack of fresh air and oxygen is often the cause.* ♦ συμβαίνω

**recur** **v** If sth recurs, it happens more than once. ► *I have had a recurring nightmare since childhood.* ♦ επαναλαμβανόμενος, επανεμφανίζομαι

**obscure** **v** To make sth difficult to understand. ► *This issue has been obscured by recent events.* ♦ αποκρύπτω (& μτφ), επισκιάζω

**incur** **v** If you incur sth unpleasant, it happens to you because of sth you have done. ► *She falls in love and incurs the wrath of her father.* ♦ υφίσταμαι, μου επιβάλλεται

**turn out** **phr.v** If a business or other organization turns out sth, it produces it. ► *They have been turning out great blades for 400 years.* ♦ παράγω

**turn up** **phr.v** If you say that sb or sth turns up, you mean that they arrive, often unexpectedly or after you have been waiting a long time. ► *This is similar to waiting for a bus that never turns up.* ♦ εμφανίζομαι, παρουσιάζομαι

**turn off** **phr.v** If you turn off the road or path you are going along, you start going along a different road or path which leads away from it. ► *Turn off the motorway at the next exit.* ♦ βγαίνω από έναν δρόμο προς κάποιον άλλο

**turn down** **phr.v** If you turn down a person or their request or offer, you refuse their request or offer. ► *I thanked him for the offer but turned it down.* ♦ απορρίπτω

**distribute** **v** If someone distributes sth, he gives it out to several people, or spreads or supplies it. ► *The books will be distributed free to local schools.* ♦ διανέμω

**reflect** **v** If sth reflects an attitude or situation, it shows that the attitude or situation exists or it shows what it is like. ► *Concern at the economic situation was reflected in the government's budget.* ♦ αντανακλώ, αντικατοπτρίζω

**gear** **v** If sb or sth is geared to or towards a particular purpose, they are organized or designed in order to achieve that

purpose. ► *Colleges are not always geared to the needs of mature students.* ♦ προσαρμόζω, -ομαι σε

**come round** **phr.v**

When sb who is unconscious comes around or comes round, they recover consciousness. ► *When I came round I was on the kitchen floor.* ♦ ανακτώ αισθήσεις, συνέρχομαι

**come by** **phr.v**

To come by sth means to obtain it or find it. ► *How did you come by that cheque?* ♦ βρίσκω, αποκτώ

**appeal to** **v**

If sb appeals to sb else, he makes a serious or formal request for money, information, or help. ► *Church leaders have appealed to the government to halt the war.* ♦ κάνω έκκληση

**account for** **phr.v**

To account for sth means to explain, justify, or cause sth. ► *She wondered what could account for his sadness.* ♦ δικαιολογώ, αιτιολογώ

**abide by** **phr.v**

To abide by an agreement, decision, or rule means to accept it. ► *Competitors must abide by the judge's decision.* ♦ τηρώ

**can't make head or tail of sth** **expr**

If you can't make head or tail of something, you can't understand it at all. ► *I can't make head or tail of these instructions on the packet.* ♦ δεν καταλαβαίνω καθόλου

**clamp down on** **phr.v**

If sb clamps down on a harmful or unwanted activity, he takes strong action to stop or limit it. ► *The council is clamping down on teenage drinking.* ♦ λαμβάνω αυστηρά μέτρα κατά

**die down** **phr.v**

If a sound or opinion dies down, it becomes quieter or less obvious. ► *It was several minutes before the applause died down.* ♦ κοπάζω, ησυχάζω

**back down** **phr.v**

If sb backs down, he admits that he was wrong or that he has been defeated. ► *Eventually, Roberto backed down and apologized.* ♦ υποχωρώ

**hang out** **phr.v**

When you hang out, you spend a lot of time in a place or with someone. ► *They spent the whole day hanging out by the pool.* ♦ κάθομαι, αράζω

**hang up** **phr.v**

end a phone conversation. ► *He started shouting so I hung up on him.* ♦ κλείνω το τηλέφωνο

**hand out** **phr.v**

When you hand sth out, you give it to each person in a group or place. ► *The teacher asked her to hand out the worksheets.* ♦ διανέμω

**hand in** **phr.v**

When you hand sth in, you give it to sb that has asked for it. ► *The students handed in their assignments to the teacher.* ♦ παραδίδω, υποβάλλω

**play sb's cards right** **expr**

If somebody plays his cards right, he behaves in a way that gives him an advantage or allows him to succeed at something. ► *If you play your cards right, you could make quite a lot of money out of this.* ♦ κάνω τις σωστές κινήσεις

## Use of English – Part 3 – page 14

**cubist** **n** an artist who paints in the style of Cubism, which is a style of art, in which objects are represented as if they could be seen from several different positions at the same time, using many lines and geometric shapes. ► *One of the most famous Cubist artists is Pablo Picasso.* ♦ κυβιστής, καλλιτέχνης που ακολουθεί το αντίστοιχο κίνημα

**trigger** **v** If sth triggers an event/situation, it causes it to begin to happen or exist. ► *The current recession was triggered by a slump in consumer spending.* ♦ πυροδοτώ, προκαλώ

**depict** **v** to show or represent sb or sth in a work of art such as a drawing or painting. ► *We visited a gallery of pictures depicting Nelson's most famous battles.* ♦ απεικονίζω, αναπαριστάω

**isolation** **n** Isolation is the state of feeling alone and without friends or help. ► *Many deaf people have feelings of isolation and loneliness.* ♦ απομόνωση

**urban** **adj** belonging to, or relating to, a town or city. ► *Most of the population is an urban population.* ♦ αστικός

**squalor** **n** You can refer to very dirty, unpleasant conditions as squalor. ► *He was out of work and living in squalor.* ♦ αθλιότητα, εξαθλίωση

**induce** **v** If you induce sb to do sth, you persuade or influence them to do it. ► *I would do anything to induce them to stay.* ♦ πείθω, παρακινώ

**ochre** **n** Sth that is a yellowish orange colour. ► *For our dining room I have chosen ochre yellow walls.* ♦ ώχρα

**fragment** **v** If sth fragments or is fragmented, it breaks or separates into small pieces or parts. ► *The clouds fragmented and out came the sun.* ♦ κομματιάζω, -ομαι

**abstract** **v** If you abstract sth from a place, you take it from there. ► *The author has abstracted poems from earlier books.* ♦ αφαιρώ, αποσπώ

**incorporate** **v** If sb or sth is incorporated into a large group, system, or area, they become a part of it. ► *The party vowed to incorporate environmental considerations into all its policies.* ♦ ενσωματώνω, περιλαμβάνω

**collage** **n** Collage is the method of making pictures by sticking pieces of coloured paper and cloth onto paper. ♦ κολλάζ, σύνθεση ετερόκλητων υλικών

**profoundly** **adv** greatly or intensely. ► *This has profoundly affected my life.* ♦ έντονα, βαθιά

**atrocious** **n** A very cruel, shocking action. ► *The killing was cold-blooded, and those who committed this atrocity should be punished.* ♦ κτηνωδία, θηριωδία

**prolific** **adj** A prolific writer, artist, or composer produces a large number of works. ► *During the Seventies, Rundgren was astonishingly prolific.* ♦ παραγωγικός

**rank** **v** If you say that someone or something ranks high or low on a scale, you are saying how good or important you think they are. ► *Her prices rank high among those of other contemporary artists.* ♦ κατατάσσομαι

**classify** **v** to divide things into groups so that things with similar characteristics are in the same group. ► *All the books need to be classified by subject.* ♦ κατηγοριοποιώ, ταξινομώ

**stir** **v** To mix food or liquid by moving a spoon, or something similar, round and round in it. ► *You need to stir the mixture until it is smooth.* ♦ ανακατεύω

**bulky** **adj** Too big and taking up too much space. ► *Computers used to be bulky some decades ago.* ♦ ογκώδης

**manufacture** **v** To produce something, usually in large numbers. ► *Local industries manufacture plastic products, and boats.* ♦ κατασκευάζω (βιομηχανικά)

**fertile** **adj** Fertile land produces a lot of healthy plants; if people or animals are fertile, they are able to have babies; a fertile mind is able to produce a lot of good, original ideas. ► *The conditions at the time provided fertile ground for revolutionary movements.* ♦ γόνιμος

## Use of English – Part 4 – page 15

**dismantle** **v** If you dismantle a machine or structure, you carefully separate it into its different parts. ► *He asked for immediate help from the United States to dismantle the warheads.* ♦ αποσυναρμολογώ

**prominent** **adj** Sth that is prominent is very noticeable or is an important part of sth else. ► *Here the window plays a prominent part in the design.* ♦ διαπρηής, εμφανής

**GDR** **abbr** An abbreviation for German Democratic Republic, the former republic of East Germany. ♦ πρῶν Δημοκρατία Ανατολικής Γερμανίας

**border** **n** The border between two countries or regions is the dividing line between them. Sometimes the border also refers to the land close to this line. ► *Soldiers had temporarily closed the border between the two countries.* ♦ σύνορο

**conceive** **v** If you conceive a plan or idea, you think of it and work out how it can be done. ► *He conceived of the first truly portable computer in 1968.* ♦ συλλογισμός (ιδέα)

**drain** **n** a drain on an organization's finances or resources, is sth that costs the organization a large amount of money, and is not worth it. ► *Fraud trials are often complex and have become an expensive drain on the public purse.* ♦ οικονομικό βάρος, ζημία

**labour** **n** Labour is used to refer to the workers of a country or industry, considered as a group. ► *They were cheap labour.* ♦ εργατικό δυναμικό

**output** **n** Output is used to refer to the amount of sth that a person or thing produces. ► *Manual workers need a good breakfast for high-energy output.* ♦ παραγωγή

**attendant** **adj** You use attendant to describe sth that results from a thing already mentioned or that is connected with it. ► *His victory and all the attendant publicity were well deserved.* ♦ συνακόλουθος, παρεπόμενος

**bloc** **n** A bloc is a group of countries which have similar political aims and interests and that act together over some issues. ► *The reaction from the former Soviet bloc was severe.* ♦ μπλοκ, συνασπισμός χωρών

**defection** **v** The desertion of one's country or cause in favour of an opposing one. ► *Over the years there were hundreds of defections to the West.* ♦ δισηταξία, αποστασία

**decline** **n** If there is a decline in sth, it becomes less in quantity, importance or quality. ► *The first signs of economic decline became visible.* ♦ παρακμή, μαρasmus

**relax** **v** If you relax a rule or your control over sth, or if it relaxes, it becomes less firm or strong. ► *Rules governing student conduct relaxed somewhat in recent years.* ♦ χαλαρώνω, μετριάζω την ένταση ή αυστηρότητα

**restriction** **n** an official rule that limits what you can do or that limits the amount or size of sth. ► *The relaxation of travel restrictions means they are free to travel and work.* ♦ περιορισμός

**culminate** **v** If you say that an activity, process, or series of events culminates in or with a particular event, you mean that event happens at the end of it. ► *They had an argument, which culminated in her getting drunk.* ♦ εξελίσσονται, καταλήγω

**permit** **v** If sb permits sth, they allow it to happen. If they permit you to do sth, they allow you to do it. ► *No outside journalists have been permitted into the country.* ♦ επιτρέπω

**euphoric** **adj** If you are euphoric, you feel intense happiness and excitement. ► *It had received euphoric support from the public.* ♦ πολύ χαρούμενος, ενθουσιασμένος

**obstruction** **n** An obstruction is a thing that prevents passage or progress; an obstacle. ► *The small tractor hit an obstruction.* ♦ εμπόδιο

**adamant** **adj** Somebody who is refusing to be persuaded or to change their mind. ► *Their leader is adamant that he is not going to resign.* ♦ ανένδοτος, αμετάπειστος

**imminent** **adj** something about to happen. ► *They believed they were in imminent danger.* ♦ επικείμενος

**administrant** **n** Somebody who administers something. ► *He used to work as an administrant.* ♦ αυτός που διαχειρίζεται κάτι

**migrant** **n** Someone who goes to live in a different place in order to find work. ► *This measure will help migrants and their families to settle here.* ♦ μετανάστης (που ταξιδεύει να



βρει δουλειά)

**professorship** *n* The office or position of a university professor. ▶ *Mr Cook held a professorship in mathematics at the University in his city.* ♦ καθηγητική θέση

**defector** *n* A person who has abandoned their country or cause in favour of an opposing one. ▶ *He was one of the many Communist Party defectors.* ♦ αποστάτης

**unison** *n* If people do something in unison, they all do it at the same time. ▶ *'Yes, Miss Grey,' said the girls in unison.* ♦ συμφωνία

**uniformity** *n* The state of being uniform, unchanging in form, quality or quantity. ▶ *They tried to impose cultural uniformity.* ♦ ομοιομορφία

**reunification** *n* The restoration of political unity to a place or group. ▶ *They will all strive for the peaceful reunification of the motherland.* ♦ επανένωση

## Writing – page 16

**substantially** *adv* To a great extent. ▶ *The boss was happy because the profits of the company grew substantially.* ♦ σημαντικά

**range** *n* The area of variation between upper and lower limits on a particular scale. ▶ *The cost will be in the range of £2-3 million a day.* ♦ εύρος, διακύμανση

**seize** *v* To take (an opportunity) eagerly and decisively. ▶ *He seized his chance to attack his rival.* ♦ αρπάζω

**intrusion** *n* The action of intruding. ▶ *The actress was furious about this intrusion into her private life.* ♦ εισβολή, αδιακρισία

**outweigh** *v* To be heavier, greater, or more significant than sb/sth else. ▶ *The advantages greatly outweigh the disadvantages in this case.* ♦ υπερέχω, ξεπερνώ

## Speaking – page 16

**nutrition** *n* Food or nourishment. ▶ *A feeding tube will give her nutrition and water while she is in hospital.* ♦ θρεπτική αξία

**obesity** *n* The state of being grossly fat or overweight. ▶ *The problem of obesity among children is getting worst.* ♦ παχυσαρκία

**voluntary** *adj* Done or acting of one's own free will; optional. ▶ *Attendance is voluntary; you don't have to attend class.* ♦ εθελοντικός

**constructively** *adv* In a way that has or is intended to have a useful or beneficial purpose. ▶ *Both parties were engaged constructively in this debate.* ♦ εποικοδομητικά

**paternity** *n* A period of absence from work available to a father after or shortly before the birth of his child. ▶ *Peter expects his paternity leave to start in two weeks.* ♦ άδεια πατρότητας

**public sector** *n* The part of an economy that is controlled by the state. ▶ *The public sector includes among others the military and the police.* ♦ δημόσιος τομέας

## page 17

**life expectancy** *n* Life expectancy is the average period that a person may expect to live. ▶ *Life expectancy in Europe has increased significantly in the last 80 years.* ♦ προσδόκιμο ζωής

# TEST 2

## Listening – Part 1 – Section A – page 18

**consistent** *adj*

An argument or set of ideas that is consistent is one in which no part contradicts or conflicts with any other part. ▶ *A theory should be internally consistent.* ♦ συνεπής, συνεκτικός

## Listening – Part 1 – Section B – page 18

**biometrics** *n* the branch of biology concerned with the applications of statistical methods of analysis to biological systems. ▶ *Biometrics makes uses of distinctive, measurable characteristics to label and describe individuals.* ♦ βιομετρία

**inaccurate** *adj* If a statement or measurement is inaccurate, it is not accurate or correct. ▶ *The book is both inaccurate and exaggerated.* ♦ ανακριβής

**reliability** *n* The reliability of sth is the extent to which it can be trusted to work well or to behave in the way that you want them to. ▶ *He's not at all worried about his car's reliability.* ♦ αξιοπιστία

**eliminate** *v* To eliminate sth/sb, especially sth/sb you do not want or need, means to remove it completely. ▶ *If you think you may be allergic to a food or drink, eliminate it from your diet.* ♦ εξαλείφω, αποκλείω

**division** *n* A division is a significant distinction or argument between two groups, which causes the two groups to be considered as very different and separate. ▶ *The division between the prosperous west and the impoverished east remains.* ♦ διχασμός, διαφορά

## Listening – Part 2 – page 19

**setting** *n* one of the positions to which the controls of a device such as a cooker, stove, or heater can be adjusted. ▶ *You can boil the fish fillets on a high setting.* ♦ ρύθμιση

**manual** *adj* Something that is operated by hand, rather than by electricity or a motor. ▶ *There is a manual pump to get rid of the water.* ♦ χειροκίνητος, μη αυτόματος

**artifact** *n* An artifact is an ornament, tool, or other object that is made by a human being, especially one that is historically or culturally interesting. ▶ *There are many cases where artifacts were illegally acquired.* ♦ τεχνούργημα

**glasshouse** *n* A greenhouse, especially a large one which is used for the commercial production of fruit, flowers, or vegetables. ▶ *Glasshouses are ideal for plants requiring regulated climatic conditions.* ♦ θερμοκήπιο

## Reading – Part 1 – page 20

**rubber** *n* a strong, waterproof, elastic substance made from the juice of a tropical tree or produced chemically. ▶ *Rubber is used for making tyres, boots, and other products.* ♦ καουτσούκ, λάστιχο

**baron** *n* You can use baron to refer to sb who controls a large amount of a particular industry or activity and who is therefore extremely powerful. ▶ *The British press barons supported the new Prime Ministers.* ♦ μεγιστάνας, «βαρόνος»

**steam** *v* to go at speed towards somewhere. ▶ *He steamed up the road to catch the bus.* ♦ κινούμαι γρήγορα, σπεύδω

**blast** *v* To sound or utter raucously. ▶ *Music was blasting from the radio.* ♦ ηχώ, βουίζω, εκπέμπω ήχο

**damp** *adj* Sth that is damp is slightly wet. ▶ *She wiped the table with a damp cloth.* ♦ υγρός, νοτισμένος

**hostile** *adj* If you are hostile to another person or an idea, you disagree with them or disapprove of them, often showing this in your behaviour. ▶ *The MP faced hostile crowds when she visited the town yesterday.* ♦ εχθρικός

**native** **n** A native of a particular country or region is sb who was born in that country or region. ► *Dr Aubin is a native of St Blaise.* ♦ ιθαγενής, ντόπιος

**phonograph** **n** A phonograph is a record player. ► *He collected old phonograph records.* ♦ γραμμόφωνο

**attempt** **n** If you make an attempt to do sth, you try to do it, often without success. ► *It was one of his rare attempts at humour.* ♦ απόπειρα, προσπάθεια

**civilie** **v** To civilize a person or society means to educate them and improve their way of life. ► *Music exerts a civilizing influence on mankind.* ♦ εκπολιτίζω, εξανθρωπίζω

**wilderness** **n** A wilderness is a desert or other area of natural land which is not used by people. ► *He is proud of the garden he made from a wilderness.* ♦ άγρια φύση

**obsession** **n** If you say that sb has an obsession with a person or thing, you think they are spending too much time thinking about them. ► *She would try to forget her obsession with Christopher.* ♦ εμμονή, ψύχωση

**odd** **adj** If you describe sb or sth as odd, you think that they are strange or unusual. ► *What an odd coincidence that he should have known your family.* ♦ περιέργος, παράξενος

**banish** **v** If you banish sth or somebody unpleasant, you get rid of it. ► *Diseases like malaria have been banished for centuries.* ♦ διώχνω, εξοβελίζω

**ruffian** **n** a man who behaves violently and is involved in crime. ► *Gangs of ruffians who lurk about intent on trouble-making.* ♦ κακοποιός

**drug pusher** **n** a person who sells illegal drugs. ► *His father accused him of acting as a carrier for some drug pushers.* ♦ έμπορος ναρκωτικών

**ne'er-do-well** **n** If you say that sb is a ne'er-do-well, you disapprove of them because they do not work and you think they are lazy. ► *Jason has always been a ne'er-do-well; it's not the first time he has quit a job for no reason.* ♦ ανεπρόκοπος, ακάριετος

**clear out** **phr.v** If you clear out a container, room, or place, you tidy it and throw away the things/people in it that you no longer want. ► *I took the precaution of clearing out my desk before I left.* ♦ (ξε)καθαρίζω

**pipe into** **phr.v** If a sound is piped into somewhere, then that sound is played through speakers in that particular space. ► *They piped music into the stairways and elevators.* ♦ μεταδίδω ήχο

**figure** **n** A figure is a particular amount expressed as a number, especially a statistic. ► *It will not be long before the inflation figure starts to fall.* ♦ μέγεθος, αριθμός

**assault** **n** a physical attack on a person. ► *At the police station, I was charged with assault.* ♦ επίθεση

**locale** **n** a small area, for example the place where sth happens or where the action of a book or film is set. ► *An amusement park is the perfect locale for a bunch of youngsters to have all sorts of adventures.* ♦ σκηνικό, τοποθεσία

**mugging** **n** An attack in order to steal money. ► *Bank robberies, burglaries and muggings are reported almost daily in the press.* ♦ ληστεία σε ανοιχτό χώρο

**soothe** **v** If you soothe sb who is angry or upset, you make them feel calmer. ► *He would take her in his arms and soothe her.* ♦ ηρεμώ, καθισυχάζω

**savage** **adj** If you refer to people's behaviour as savage, you dislike them because you think that they are uncivilized and violent. ► *The boy is a total savage; he beat up my little brother!* ♦ άγριος

**variety store** **n** A variety store is one that sells a wide variety of goods. ► *What this town needs is a good variety store.* ♦ παντοπωλείο

**snatch** **v** If you snatch sth that is causing you trouble, for example rumours or opposition, you firmly put a stop to it. ► *The President wants to snatch any perception that the meet-*

*ing is an attempt to negotiate.* ♦ καταστρέφω, εξαλείφω

**loiter** **v** remain somewhere or walk up and down without any real purpose. ► *Unemployed young men loiter at the entrance of the factory.* ♦ περιφέρομαι άσκοπα

**infest** **v** If you say that people or things you disapprove of or regard as dangerous are infesting a place, you mean that there are large numbers of them in that place. ► *Crime and drugs are infesting the inner cities.* ♦ κατακλύζω, μαστίζω

**subsequently** **adv** Subsequently means afterwards or as a conclusion. ► *She subsequently became the Faculty's President.* ♦ επακόλουθα, συνεπώς

**bizarre** **adj** Sth that is bizarre is very odd and strange. ► *You know, that book you lent me is really bizarre.* ♦ περίεργος, αλλόκοτος

**establishment** **n** You refer to the people who have power and influence in the running of a country, society, or organization as the establishment. ► *Shopkeepers would once have been pillars of the Tory establishment.* ♦ καθεστώς, κατεστημένο

**disinfectant** **n** Disinfectant is a substance that kills germs. It is used, for example, for cleaning kitchens and bathrooms. ► *Salt is a natural disinfectant.* ♦ απολυμαντικό

**poignant** **adj** Sth that is poignant affects you deeply and makes you feel sadness or regret. ► *Harry thought the sight of her was inexpressibly poignant.* ♦ οδυνηρό, θλιβερό

**pest** **n** An annoying person or thing; a nuisance. ► *He's always causing trouble; he's a real pest.* ♦ βάσανο, ενόχληση

**retain** **v** To retain sth means to continue to have that thing. ► *He retains a deep respect for the profession.* ♦ διατηρώ

**residual** **adj** Residual is used to describe what remains of sth when most of it has gone. ► *Turn the hotplate off and allow the residual heat to keep the mixture simmering.* ♦ υπόλοιπος, υπολειπόμενος

**prestige** **n** If a person, a country, or an organization has prestige, they are admired and respected because of the position they hold or the things they have achieved. ► *It was his responsibility for foreign affairs that gained him international prestige.* ♦ γόητρο, κύρος

**womb** **n** A woman's womb is the part inside her body where a baby grows before it is born. ► *Children in the womb can both listen and feel their mother.* ♦ μήτρα

**hoodlum** **n** a violent criminal, especially one who is a member of a group. ► *This New York neighbourhood was full of gangsters and hoodlums.* ♦ κακοποιός

**exalt** **v** To exalt sb or sth means to praise them very highly. ► *His work exalts all those virtues that we, as Americans, are taught to hold dear.* ♦ εξυψώνω

**incense** **n** a substance that is burned for its sweet smell, often as part of a religious ceremony. ► *An example of incense is a burning gum used in a religious ceremony.* ♦ θυμίαμα, λιβάνι

**partisan** **n** Sb who is partisan strongly supports a particular person or cause, often without thinking carefully about the matter. ► *He is clearly too partisan to be a referee.* ♦ θιασώτης, μη αντικειμενικός οπαδός (κόμματος, κλη)

**repel** **v** When an army repels an attack, they successfully fight and drive back soldiers from another army who have attacked them. ► *They have fifty thousand troops along the border ready to repel any attack.* ♦ απωθώ

**pungent** **adj** If you describe what sb has said or written as pungent, you approve of it because it has a direct and powerful effect and often criticizes sth very cleverly. ► *He enjoyed the play's shrewd and pungent social analysis.* ♦ δγκτικός, καυστικός

**columnist** **n** a journalist who regularly writes a particular kind of article in a newspaper or magazine. ► *Clarence Page is a columnist for the Chicago Tribune.* ♦ αρθρογράφος

**reckless** **adj** If you say that sb is reckless, you mean that they act in a way which shows that they do not care about



danger or the effect their behaviour will have on other people. ► *He is charged with causing death by reckless driving.* ♦ απερίσκεπτος, παράτολμος

**demeaning adj** Sth that is demeaning makes people have less respect for the person who is treated in that way, or who does that thing. ► *Aid, however it is obtained, is sometimes demeaning to the recipients.* ♦ ταπεινωτικός, εξευτελιστικός

**appalled adj** If you are appalled by sth, you are shocked or disgusted because it is so bad or unpleasant. ► *We are all, of course, appalled that such items are still on sale in the shops.*

♦ σοκαρισμένος, ανδιασμένος

**contend v** If you contend that sth is true, you state or argue that it is true. ► *The government contends that he is fundamentalist.* ♦ ισχυρίζομαι, υποστηρίζω

**delinquent n** Sb, usually a young person, who is delinquent repeatedly commits minor crimes. ► *There are homes for delinquent children.* ♦ (μικρο)εγκλημάτων, παραβάτης

## page 21

**disperse v** When a group of people disperses or when sb disperses them, the group splits up and the people leave in different directions. ► *The crowd dispersed peacefully after prayers.* ♦ διασκορπίζω -ομαι, χωρίζω-ομαι

**indifferent adj** If you accuse sb of being indifferent to sth, you mean that they have a complete lack of interest in it. ► *People have become indifferent to the suffering of others.* ♦ αδιάφορος

## Reading – Part 2 – page 22

**renovate v** If sb renovates an old building, they repair and improve it and get it back into good condition. ► *She lives in a large, renovated farmhouse.* ♦ ανακαινίζω

**fancy v** If you fancy sth, you want to have it or to do it. ► *Do you fancy going to see a movie sometime?* ♦ επιθυμώ

**commute n** A regular journey of some distance to and from your place of work. ► *There is standing room only on the high-speed commute.* ♦ (τακτική) διαδρομή με ΜΜΜ

**pretty adv** You can use pretty before an adjective or adverb to mean 'quite' or 'rather'. ► *Pretty soon after my arrival I found lodgings.* ♦ αρκετά

**hang around phr.v** If you hang around, hang about, or hang round, you stay in the same place doing nothing, usually because you are waiting for sth or sb. ► *He got sick of hanging around waiting for me.* ♦ χασομερώ, χαζοηγοώ

**sequel n** The sequel to sth that has happened is an event or situation that happens after it or as a result of it. ► *The police said the clash was a sequel to yesterday's nationwide strike.* ♦ επακόλουθο, φυσική συνέπεια

**kip v** If you kip somewhere, usually somewhere that is not your own home or bed, you sleep there. ► *He moved from one friend's flat to another, first kipping on the floor of his mother's studio.* ♦ κοιμάμαι, καταλύω

**barmy adj** If you say that sb or sth is barmy, you mean that they are slightly crazy or very foolish. ► *Bill used to say I was barmy, and that would really get to me.* ♦ μουρλής, τρελός

**flee v** If you flee from sth or sb, or flee a person or thing, you escape from them. ► *He slammed the bedroom door behind him and fled.* ♦ τρέπομαι σε φυγή, το σκάω

**idyllic adj** Extremely pleasant, simple, and peaceful without any difficulties or dangers. ► *Married life was not as idyllic as he had imagined.* ♦ ειδυλλιακός

**bolthole n** A place of escape or refuge. ► *The hotel is less than an hour from town and is an ideal bolthole for Londoners.* ♦ καταφύγιο, κρυψώνα

**B&B abbr** an abbreviation of Bed and Breakfast. A bed and breakfast is a guest house that provides bed and breakfast accommodation, in which you pay for a room for the night and for breakfast the following morning. ► *Accommodation can*

*be arranged at local bed and breakfasts.* ♦ πανσιόν με πρόγευμα

**cheapish adj** Cheapish means not expensive and therefore of poor quality. ► *We ended up staying at a cheapish hotel.*

♦ φτηνίδικος

**stew v** To become too hot, especially in a crowded, confined space. ♦ ζεσταίνομαι, σκάω

**commuter n** a person who uses means of transport in order to cover the long distance every day between one's home and one's place of work. ► *The number of commuters to London has dropped by 100,000.* ♦ τακτικός επιβάτης ΜΜΜ

**reckon v** If sth is reckoned to be a particular figure, it is calculated to be roughly that amount. ► *The 'normal' by-election swing against a government is reckoned at about 5 percent.* ♦ υπολογίζω, θεωρώ

**vow v** If you vow to do sth, you make a serious promise or decision that you will do it. ► *I solemnly vowed that someday I would return to live in Europe.* ♦ υπόσχομαι, ορκίζομαι

**glamorous adj** sb or sth that are more attractive, exciting, or interesting than ordinary people or things. ► *The south coast is less glamorous but full of clean and attractive hotels.* ♦ ελκυστικός

**blow-up adj** If you describe sth as blow-up, you mean that it is inflatable, that is you fill it with air. ► *I have a blow-up mattress you could use for the night.* ♦ φουσκωτός

**mattress n** A mattress is the large, flat layer of padding which is put on a bed to make it comfortable to sleep on. ► *Some old people hide money under their mattress.* ♦ στρώμα

**chum n** Your chum is your friend. ► *I finally met his old chum Anthony.* ♦ φίλος

**terrace n** A row of similar houses joined together by their side walls. ► *I walked through a road with a terrace of stylish Victorian houses.* ♦ σειρά όμοιων κατοικιών που χωρίζονται με μεσοτοιχία

**swap v** If you swap one thing for another, you remove the first thing and replace it with the second, or you stop doing the first thing and start doing the second. ► *He has swapped his hectic rock star's lifestyle for that of a country gentleman.* ♦ ανταλλάσσω

**lodge v** If you lodge somewhere, such as in sb else's house or if you are lodged there, you live there, usually paying rent. ► *The building he was lodged in turned out to be a church.* ♦ μένω επί πληρωμή, «φιλοξενούμαι»

**emigrate v** If you emigrate, you leave your own country to live in another country. ► *He emigrated to Belgium.* ♦ μεταναστεύω, ξενιτεύομαι

**evangelically adv** Evangelically means in a very enthusiastic way. ► *Marks warns evangelically against deliberately seeking a tan.* ♦ με ενθουσιασμό

**gossip v** If you gossip with sb, you talk informally, especially about other people or local events. You can also say that two people gossip. ► *Eva gossiped with Sarah.* ♦ ψιλοκουβεντιάζω, κουτσομπολεύω

**financially adv** Financially means as far as money is concerned. ► *She would like to be more financially independent.* ♦ οικονομικά

**questionable adj** If you say that sth is questionable, you mean that it is not completely honest, reasonable, or acceptable. ► *The film is a comedy in highly questionable taste.* ♦ αμφισβητήσιμος

**irresponsible adj** If you describe sb as irresponsible, you are criticizing them because they do things without properly considering their possible consequences. ► *Many people have an irresponsible attitude towards marriage and relationships.* ♦ ανεύθυνος

**exhausting adj** If you describe sth as exhausting, you mean that it makes you so tired, either physically or mentally, that you have no energy left. ► *It was an exhausting schedule she*

*had set herself.* ♦ εξουθενωτικός, εξαντλητικός

**landlord** **n** Sb's landlord is the man who allows them to live or work in a building which he owns, in return for rent. ► *His landlord doubled the rent.* ♦ σπιτονοικοκύρης

**lodger** **n** A lodger is a person who pays money to live in sb else's house. ► *Jennie took in a lodger to help with the mortgage.* ♦ ένοικος

**willing** **adj** Willing is used to describe sb who does sth fairly enthusiastically and because they want to do it rather than because they are forced to do it. ► *Although he had had no formal engineering training he was a natural and willing pupil.* ♦ πρόθυμος

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**pattern** **n** The repeated or regular way in which sth happens or is done. ► *All three attacks followed the same pattern.* ♦ μοτίβο, πρότυπο

**repercussion** **n** If an action or event has repercussions, it causes unpleasant things to happen some time after the original action or event. ► *It was an effort which was to have painful repercussions.* ♦ αντίκτυπος, επίπτωση

## Use of English – Part 1 – page 24

**cope with** **phr.v**

If you have to cope with an unpleasant situation, you have to accept it or bear it. ► *She has had to cope with losing all her previous status and money.* ♦ αντιμετώπιζω, ανταπεξέρχομαι

**workforce** **n** The workforce is the total number of people who are employed by a particular company. ► *Public service workforce has fallen to decade low.* ► εργατικό δυναμικό

**consult** **v** If you consult an expert or sb senior to you or consult with them, you ask them for their opinion and advice about what you should do or their permission to do sth. ► *He needed to consult with an attorney.* ♦ συμβουλευόμαι, ζητώ συμβουλή

**arrogance** **n** The state of being arrogant: believing that you are better or more important than other people. ► *I found her arrogant and rude.* ♦ αλζονεία, υπεροψία

**if need be** **expr** If it is necessary. ► *If need be, I can provide the files.* ♦ εάν χρειαστεί

**whatsoever** **adv** (with negative) At all. ► *She said that she has no doubt whatsoever.* ♦ απολύτως

## Use of English – Part 2 – page 25

**in the event of** **expr**

In case of; if (such a thing) happens. ► *In the event of an emergency, keep your cool at all costs.* ♦ σε περίπτωση

**likelihood** **n** The likelihood of sth happening is how likely it is to happen. ► *There didn't seem much likelihood of it happening.* ♦ πιθανότητα

**keep back** **phr.v** If you keep some information back, you do not tell all that you know about sth. ► *Neither of them is telling the whole truth. Invariably, they keep something back.* ♦ κρύβω, αρνούμαι να αποκαλύψω

**keep down** **phr.v** If you keep the number, size, or amount of sth down, you do not let it get bigger or go higher. ► *The prime aim is to keep inflation down.* ♦ συγκρατώ, διατηρώ σε χαμηλό επίπεδο

**keep away** **phr.v** If you keep off sth or keep away from it, you avoid it. ► *I managed to stick to the diet and keep away from sweet foods.* ♦ αποφεύγω

**keep out** **phr.v** If you keep out of sth, you avoid getting involved in it. ► *It was a restricted area so we had to keep out.* ♦ μένω εκτός, μένω μακριά

**cunning** **adj** Sb who has the ability to achieve things in a clever way, often by deceiving other people. ► *These disturbed kids can be cunning.* ♦ πανούργος, κατηγάρις

**lingering** **adj** When sth such as an idea, feeling, or illness is

lingering, it continues to exist for a long time, often much longer than expected. ► *He would rather be killed in a race than die a lingering death in hospital.* ♦ μακροχρόνιος

**marginal** **adj** If you describe sth as marginal, you mean that it is small or not very important. ► *This is a marginal improvement on October.* ♦ αμελητέος, ασήμαντος

**inquire** **v** If you inquire about sth, you ask for information about it. ► *I rang up to inquire about train times.* ♦ ρωτώ, διερευνώ

**secure** **v** If you secure sth that you want or need, you obtain it, often after a lot of effort. ► *Graham's achievements helped secure him the job.* ♦ εξασφαλίζω, διασφαλίζω

**safeguard** **v** To protect sth or sb from being harmed, lost, or badly treated. ► *They will press for international action to safeguard the ozone layer.* ♦ διασφαλίζω, περιφρουρώ

**revise** **v** When you revise an article, a book, a law, or a piece of music, you change it in order to improve it, make it more modern, or make it more suitable for a particular purpose. ► *Three editors handled the work of revising the articles for publication.* ♦ διορθώνω, αναθεωρώ

**showery** **adj** If the weather is showery, there are showers of rain but it does not rain all the time. ► *I can't stand showery weather.* ♦ βροχερός

**foggy** **adj** When it is foggy, there is fog. ► *It's quite foggy now.* ♦ ομιχλώδης

**chilly** **adj** Unpleasantly cold. ► *It was a chilly afternoon.* ♦ ψυχρός, παγερός

**stuffy** **adj** If it is stuffy in a place, it is unpleasantly warm and there is not enough fresh air. ► *It was hot and stuffy in the classroom even though two of the windows at the back had been opened.* ♦ αποπνικτικός

**lavish** **adj** When sth is lavish, it's large in quantity and expensive or impressive. ► *The lavish production makes this musical truly memorable.* ♦ πλούσιοπάροχος

**stingy** **adj** If you describe sb as stingy, you are criticizing them for being unwilling to spend money. ► *Winston was not a stingy man.* ♦ ταιγκούνις

**shrink** **v** If cloth or clothing shrinks, it becomes smaller in size, usually as a result of being washed. ► *All my jumpers have shrunk.* ♦ υφίσταμαι συρρίκνωση, «μαζεύω»

**shrewd** **adj** A shrewd person is able to understand and judge a situation quickly and to use this understanding to their own advantage. ► *It should prove a shrewd investment.* ♦ τετραπέρατος, διορατικός

**shrug** **v** If you shrug, you raise your shoulders to show that you are not interested in sth or that you do not know or care about sth. ► *The man shrugged his shoulders.* ♦ αναξιώ, ανασκώνω τους ώμους σε ένδειξη αδιαφορίας

**sheer** **adj** You can use sheer to emphasize that a state or situation is complete and does not involve or is not mixed with anything else. ► *His music is sheer delight.* ♦ καθαρός, αμιγής

**go up** **phr.v** If a price, amount, or level goes up, it becomes higher or greater than it was. ► *The cost has gone up to \$1.95 a minute.* ♦ αυξάνομαι

**come up** **phr.v** If sth comes up for example in a conversation or meeting, it is mentioned or discussed. ► *The subject came up at a news conference in Peking today.* ♦ προκύπτω, εμφανίζομαι

**brush up** **phr.v** To improve your existing knowledge or skill in a particular area. ► *I'm trying to brush up on my Spanish before I go to Madrid.* ♦ ξεσκονίζω, φρεσκάρω

**ease off** **phr.v** To gradually stop or become less. ► *The storm is easing off now.* ♦ εκτονώνομαι

**stick up for** **phr.v** To support someone or something when they are being criticised. ► *When the bully came, he stuck up for his brother.* ♦ υπερασπιζομαι, υποστηρίζω

**drop off** **phr.v** To fall asleep easily, especially without in-

tending to. ► *Grandma wanted to watch a film but she kept dropping off.* ♦ αποκοιμείμαι, μειώνομαι

**add up phr.v** To seem reasonable or consistent; to make sense. ► *The two different accounts of the same event don't add up.* ♦ ταιριάζω, είμαι σε συμφωνία με κάτι, εμφανίζω λογική συνέπεια

**build up phr.v** To increase or develop, or to make something increase or develop. ► *The new job will help him to build up his confidence.* ♦ αυξάνομαι

**catch up phr.v** To learn or discuss the most recent news. ► *Let's meet for a chat tonight - I need to catch up on all the gossip.* ♦ ήέω τα νέα μου

**come up phr.v** (of an issue or situation) To happen, especially unexpectedly. ► *Something must have come up - it's not like him.* ♦ προκύπτω

**a piece of cake expr** Very easy. ► *The exam was a piece of cake.* ♦ πανεύκολο

**take a calculated risk phr** If you take a calculated risk, it means you know the consequences, but you've thought about the action enough that you believe the chances of the consequences being bad are low. ► *It's not reckless to take a calculated risk.* ♦ ρισκάρω κάτι γνωρίζοντας ότι υπάρχει ένα μικρό ποσοστό αποτυχίας

**get round to phr.v** To deal with a task in due course. ► *I might get round to organising another trip in the summer.* ♦ βρίσκω χρόνο για κάτι

**get over with expr** To do or undergo something unpleasant or difficult, so as to finish it. ► *Let's get over with it. I'm really tired.* ♦ τελειώνω, ξεμπερδεύω κάτι

**get ahead of expr** To outdo or excel. ► *She is getting ahead of all the others.* ♦ πάω μπροστά

**get away with phr.v** To succeed in doing something bad or wrong without being punished or criticised. ► *She shouldn't treat you like that. Don't let her get away with it.* ♦ αποφεύγω τιμωρία

## Use of English – Part 3 – page 26

**relativistic adj** Relativistic is used to refer to sth that has to do with Relativism, the philosophical position that maintains that there are truths and values, but denies that they are absolute, asserting that what may be true or rational in one situation may not be so in another. ► *He made an elaborate presentation of his sceptical and relativistic arguments.* ♦ σχετικιστικός

**deviance n** Deviance refers to departure from normal standards or methods. Deviant behaviour or thinking is different from what people normally consider to be acceptable. ► *The deceased man had a history of sexual deviance and could be possibly linked to several sex crimes.* ♦ αποκλίνουσα συμπεριφορά, παρέκκλιση

**dominant adj** Sb or sth that is dominant is more powerful, successful, influential, or noticeable than other people or things. ► *She was a dominant figure in the French film industry.* ♦ κυρίαρχος

**normative adj** Normative means creating or stating particular rules of behaviour. ► *Normative sexual behaviour in our society remains heterosexual.* ♦ πρότυπος, δεοντολογικός

**label v** If you say that sb or sth is labelled as a particular thing, you mean that people generally describe them that way and you think that this is unfair. ► *Too often the press are labelled as bad boys.* ♦ προσδίδω ονομασία, «κοιλάω ετικέτα»

**commit v** If sb commits a crime or a sin, they do sth illegal or bad. ► *I have never committed any crime.* ♦ διαπράττω

**consequence n** The consequences of sth are the results or effects of it. ► *An economic crisis may have tremendous consequences for our global security.* ♦ συνέπεια, επακόλουθο

**sanction n** A severe course of action which is intended to make people obey instructions, customs, or laws. ► *As an*

*ultimate sanction, they can sell their shares if they disagree with the company's investment policy.* ♦ τιμωρία, κύρωση

**offender n** An offender is a person who has committed a crime. ► *The authorities often know that sex offenders will attack again when they are released.* ♦ παραβάτης

**interactional adj** You use interactional to describe sth when it is the result of interaction between two or more different things. ► *Most processes are not simply linear, but rather interactional.* ♦ αλληλεπιδραστικός, διαδραστικός

**cause-and-effect n** Cause and effect is used to refer to actions that bring about a specific reaction to them. ► *The relationship between some things cannot simply be described as cause-and-effect.* ♦ αίτιο και αποτέλεσμα

**variable adj** A factor that can change in quality, quantity, or size, which you have to take into account in a situation. ► *Decisions could be made on the basis of price, delivery dates, after-sales service or any other variable.* ♦ μεταβλητή

**contingency n** A contingency is sth that might happen in the future. ► *I need to examine all possible contingencies.* ♦ (δυσάρεστο) ενδεχόμενο

**nonconforming adj** Nonconforming is used to describe behaviour that does not agree with the generally accepted practice. ► *There has been constant friction between the establishment and the nonconforming churches.* ♦ αντικοιμορμιστής, απροσάρμοστος στις κοινωνικές νόρμες

**sustain v** If you sustain sth, you continue it or maintain it for a period of time. ► *The parameters within which life can be sustained on Earth are extraordinarily narrow.* ♦ συντηρώ, διατηρώ

**nonconformity n** behaviour or thinking which is different from that of most people. ► *Lovelock's principled nonconformity can be traced to his childhood.* ♦ αντικοιμορμισμός, απειθεία στους κανόνες που υπαγορεύει το σύνολο

**publicly adv** in public; when a lot of people are present. ► *He never spoke publicly about the affair.* ♦ δημοσίως

**in reverse expr** In the opposite direction or manner from usual. ► *He decided to do the route in reverse.* ♦ ανάποδα, αντίστροφα

**prescription n** An instruction written by a medical practitioner that authorises a patient to be issued with a medicine or treatment. ► *You need a doctor's prescription to buy antibiotics.* ♦ συνταγή γιατρού

**understatement n** The presentation of something as being smaller or less good or important than it really is. ► *'Quite big', did he say? That's an understatement - it's enormous!* ♦ συγκρατημένη περιγραφή

**dearth n** A scarcity or lack of something. ► *We cannot accuse him because there is a dearth of evidence.* ♦ έλλειψη, ανεπάρκεια

## Use of English – Part 4 – page 27

**reflexion n** careful and thoughtful consideration of sth. ► *While he was alone, he had several moments of reflexion regarding his life.* ♦ στοχασμός, βαθιά σκέψη

**intellectual adj** involving a person's ability to think and to understand ideas and information. ► *He has written seven thrillers, and clearly enjoys intellectual pursuits.*

♦ διανοητικός, πνευματικός

**counter v** If you do sth to counter a particular action or process, you do sth which has an opposite effect to it or makes it less effective. ► *Congestion could be countered by persuading more drivers to get on their bikes.* ♦ αντιμετωπίζω, καταπολεμώ

**incorporate v** includes ► *The new cars will incorporate a number of major improvements.* ♦ ενσωματώνω, περιλαμβάνω

**prose n** ordinary written language (in contrast to poetry). ► *Shute's prose is stark and chillingly unsentimental.* ♦ νεζός λόγος, πρόζα



**impact** **n** The impact that sth has on a situation, process, or person is a sudden and powerful effect that it has on them. ► *They say they expect the meeting to have a marked impact on the future of the country.* ♦ συνέπεια, επίπτωση

**disillusioned** **adj** If you are disillusioned with sth, you are disappointed, because it is not as good as you had expected or thought. ► *I've become very disillusioned with politics.* ♦ απογοητευμένος

**obtain** **v** to get sth or achieve it. ► *The perfect body has always been difficult to obtain.* ♦ αποκτώ, κατορθώνω

**abuse** **n** the use of sth in a wrong way or for a bad purpose. ► *What went on here was an abuse of power.* ♦ κατάχρηση

**seek** **v** If you seek to do sth, you try to do it. ► *Moscow is seeking to slow the growth of Russian inflation.* ♦ επιδιώκω, προσπαθώ

**set forth** **phr.v** If you set forth a number of facts, beliefs, or arguments, you explain them in writing or speech in a clear, organized way. ► *Dr. Mesibov set forth the basis of his approach to teaching students.* ♦ εκθέτω, παραθέτω

**anti-reductionist** **adj** Anti-reductionist describes the belief that problems and things in general cannot be analyzed by dividing them into simpler parts, rather the opposite. ♦ μν αναγωγικός, επαγωγικός

**champion** **v** If you champion a person, a cause, or a principle, you support or defend them. ► *He passionately championed the poor.* ♦ είμαι υπέρμαχος, προασπίζομαι

**epistemological** **adj** Epistemological is used to refer to the philosophical theory of knowledge. ► *There is no epistemological foundation for such an artificial discrimination.* ♦ επιστημολογικός

**acquire** **v** If you acquire sth such as a skill or a habit, you learn it, or develop it through your daily life or experience. ► *Having read the book, she will be able to pass on the acquired knowledge to trainee teachers.* ♦ αποκτώ

**enchant** **v** If you are enchanted by sb or sth, they cause you to have feelings of great delight or pleasure. ► *Dena was enchanted by the house.* ♦ μαγεύω, γοητεύω

**benefactor** **n** A person who gives money or other help to a person or cause. ► *The money from a benefactor allowed them to build a floor for the art gallery.* ♦ ευεργέτης, δωρητής

**beneficiary** **n** A person who derives advantage from something, especially a trust, will, or life insurance policy. ► *The politician said that the main beneficiaries of pension equality so far have been men.* ♦ δικαιούχος, κληρονόμος

**devalue** **v** To reduce or underestimate the worth or importance of something. ► *Some people seem to devalue my achievement.* ♦ υποτιμώ, μειώνω

**recreation** **n** An activity done for enjoyment when one is not working. ► *She rides and plays tennis for recreation.* ♦ αναψυχή, ψυχαγωγία, αναδημιουργία

**disenchanted** **adj** Disappointed by someone or something previously admired. ► *There are a lot of disenchanted music fans.* ♦ απογοητευμένος

**enchanter** **n** A person who uses magic, especially to put someone or something under a spell. ► *They said he was an enchanter so they tried to avoid him.* ♦ μάγος, γντευτής

## Writing – page 28

**adequately** **adv** To a satisfactory or acceptable extent. ► *The job requirements were not adequately explained so she asked for further information.* ♦ επαρκώς, ικανοποιητικά

## Speaking – page 28

**insight** **n** The capacity to gain an accurate and deep understanding of someone or something. ► *The article provides a fascinating insight into the world of arts.* ♦ γνώση, κατανόηση

**unspoilt** **adj** An unspoilt place is beautiful because it has not been damaged by people. ► *It's an island with clean, un-*

*spoiled beaches.* ♦ άθικτος, χωρίς να έχουν αλλιάξει το φυσικό τοπίο οι άνθρωποι

**inhospitable** **adj** Unfriendly and unwelcoming and (of an environment) difficult to live in. ► *The inhospitable landscape made their trip very difficult.* ♦ αφιλόξενος

**radically** **adv** In a thorough or fundamental way; completely. ► *I must radically change the way we do business.* ♦ ριζικά

**erode** **v** To gradually destroy or be gradually destroyed. ► *His critics say that this incident has eroded his authority.* ♦ υπονομεύω

**pursuit** **n** An activity of a specified kind, especially a recreational or sporting one. ► *There is a whole range of leisure pursuits.* ♦ αναζήτηση, δραστηριότητα, ασχολία

**cynical** **adj** Believing that people are motivated purely by self-interest; distrustful of human sincerity. ► *He was cynical about politicians.* ♦ κυνικός

**justify** **v** To give a good enough reason to make something seem acceptable. ► *We don't really know how they can justify those ticket prices.* ♦ δικαιολογώ, αιτιολογώ

## page 29

**divorce** **n** The official ending of a marriage. ► *My parents are getting a divorce.* ♦ διαζύγιο

**preserve** **v** To maintain something in its original or existing state. ► *It is a magnificently preserved church.* ♦ διατηρώ

# TEST 3

## Listening – Part 1 – page 30

**stencil** **n** a piece of paper, plastic, or metal which has a design cut out of it. You place the stencil on a surface and paint it so that paint goes through the holes and leaves a design on the surface. ♦ αποτύπωμα στάμπας, στένσιλ

**tagging** **n** Tagging is an act of handstyle graffiti writing and it is by far the most common form of graffiti. Tags can contain subtle and sometimes cryptic messages, and might incorporate the artist's crew initials or other letters. ♦ ταγκ, υπογραφή, μορφή γκράφιτι

## Reading – Part 1 – page 32

**hedgehog** **n** A small brown animal with sharp spikes covering its back. ► *Hedgehogs have adapted to a nocturnal way of life.* ♦ σκαντζόχοιρος

**revile** **v** If sb or sth is reviled, people hate them intensely or show their hatred of them. ► *He was just as feared and reviled as his tyrannical parents.* ♦ διασύρω, μιλή άσχημα για κάποιον

**intensify** **v** If you intensify sth or if it intensifies, it becomes greater in strength, amount, or degree. ► *The conflict is almost bound to intensify.* ♦ εντείνω

**halve** **v** When you halve sth or when it halves, it is reduced to half its previous size or amount. ► *The work force has been halved in two years.* ♦ μειώνω κατά το ήμισυ, υποδιπλασιάζω

**spiky** **adj** Sth that is spiky has one or more sharp points. ► *Her short spiky hair is damp with sweat.* ♦ ακιδωτός

**wipe out** **phr.v** To wipe out sth such as a place or a group of people or animals means to destroy them completely. ► *Experts say if the island is not protected, the spill could wipe out the Gulf's turtle population.* ♦ αφανίζω, εξαλείφω

**thrive** **v** If sb or sth thrives, they do well and are successful, healthy, or strong. ► *Lavender thrives in poor soil.* ♦ ευημερώ, ευδοκιμώ

**margin** **n** The margin of a place or area is the extreme edge of it. ► *These islands are on the margins of human habitation.* ♦ περιθώριο, άκρη

**unsown** **adj** If an area is unsown, seeds are not planted in the ground. ► *There was only a strip of unsown soil.* ♦ ακαθλιέργυτος

**plough** **v** When sb ploughs an area of land, they use a large farming tool with sharp blades which is pulled across the soil to turn it over, usually before seeds are planted. ► *They ploughed nearly 100,000 acres of virgin moorland.* ♦ οργώνω

**bramble** **n** wild prickly bushes that produce blackberries. ► *I became caught in the brambles.* ♦ βατομουριά

**patch** **n** A patch of land is a small area of land where a particular plant or crop grows. ► *The little girl found a patch of wild cornflowers.* ♦ μικρή έκταση, χωραφάκι

**voracious** **adj** If you describe a person, or their appetite for sth, as voracious, you mean that they want a lot of sth. ► *He has a voracious appetite.* ♦ αχόρταγος, αδηφάγος

**insectivore** **n** Insectivores are animals belonging to an order of small placental mammals (eg the mole and hedgehog) that feed mainly on insects. ► *Examples of insectivores include frogs and lizards.* ♦ εντομοφάγο

**slug** **n** a small slow-moving creature with a long soft body and no legs, like a snail without a shell. ► *Some people use coffee grounds as a barrier to deter slugs.* ♦ γυμνοσάλιαγκας

**snail** **n** a small animal with a long, soft body, no legs, and a spiral-shaped shell. ► *Snails move very slowly.* ♦ σαλιγκάρι

**earwig** **n** An earwig is a small, thin, brown insect that has a pair of claws at the back end of its body. ► *Earwigs do not sting nor are they dangerous.* ♦ ψαλίδα (το έντομο)

**caterpillar** **n** a small, worm-like animal that feeds on plants and eventually develops into a butterfly or moth. ► *This caterpillar will become a beautiful butterfly.* ♦ κάμπια

**chick** **n** a baby bird. ► *They climbed trees and devoured eggs, chicks, and birds.* ♦ νεοσσός

**nest** **v** When a bird nests somewhere, it builds a home and settles there to lay its eggs. ► *Some species may nest in close proximity to each other.* ♦ φωλιάζω

**crow** **n** a large black bird which makes a loud, harsh noise. ► *Large black birds like crows and grackles are often referred to as trash birds.* ♦ κοράκι

**wanderer** **n** A person who travels around rather than settling in one place. ► *He is a longtime seaman, a rootless wanderer.* ♦ περιπλανητής, περιπλανώμενος

**litter** **n** A group of animals born to the same mother at the same time. ► *We played with a litter of pups.* ♦ γέννα, σύνολο γεννημένων ζώων από την ίδια μητέρα

**rear** **v** If you rear a young animal, you keep and look after it until it is old enough to be used for work or food, or until it can look after itself. ► *She spends a lot of time rearing animals.* ♦ ανατρέφω, μεγαλώνω

**hibernation** **n** Animals that fall in hibernation during the winter fall in a state of deep sleep. ► *Grizzly bears gorge on seeds to prepare for hibernation.* ♦ χειμερία νάρκη

**spell** **n** A spell of a particular type of weather or a particular activity is a short period of time during which this type of weather or activity occurs. ► *There has been a long spell of dry weather.* ♦ περίοδος (κατά την οποία παρατηρείται συγκεκριμένο φαινόμενο)

**tuck** **v** If you tuck sth somewhere, you put it there so that it is safe, comfortable, or neat. ► *She found a rose tucked under the windscreen wiper of her car one morning.* ♦ κουκουλιώνω, σκεπάζω

**shed** **n** A shed is a small building that is used for storing things such as garden tools. ► *The little boy was hiding in the garden shed.* ♦ αποθήκη

**life expectancy** **n** The life expectancy of a person, animal, or plant is the length of time that they are normally likely to live. ► *Smoking reduces life expectancy.* ♦ προσδοκώμενη διάρκεια ζωής

**flea** **n** A flea is a very small jumping insect that has no

wings and feeds on the blood of humans or animals. ► *The disease is passed onto humans through fleas.* ♦ ψύλλος

**fund** **v** When a person or organization funds sth, they provide money for it. ► *The Foundation has funded a variety of faculty development programmes.* ♦ επιχορηγώ, χρηματοδοτώ

**skylark** **n** A skylark is a small brown bird that sings while flying high above the ground. ► *Listen carefully, and you might hear the uplifting song of the skylark.* ♦ (πουλί) κορυδαλλός

**habitat** **n** The natural environment in which an animal or plant normally lives or grows. ► *In its natural habitat, the hibiscus will grow up to 25ft.* ♦ φυσική κατοικία, περιβάλλον

**intensification** **n** The intensification of sth is its becoming greater in strength, amount, or degree. ► *The country was on the verge of collapse because of the intensification of violent rebel attacks.* ♦ αύξηση της έντασης, εντατικοποίηση

**pesticide** **n** Pesticides are chemicals which farmers put on their crops to kill harmful insects. ♦ παρασιτοκτόνο

**threat** **n** A threat to a person or thing is a danger that sth unpleasant might happen to them. A threat is also the cause of this danger. ► *Some couples see single women as a threat to their relationships.* ♦ απειλή

**furious** **adj** Sb who is furious is extremely angry. ► *He is furious at the way his wife has been treated.* ♦ εξοργισμένος

**tub** **n** A deep container of any size. ► *He peeled the paper top off a little white tub and poured the cream into his coffee.* ♦ ανοιχτό δοχείο

**sniff out** **phr.v** To detect through shrewdness or instinct. ► *Some police dogs are trained to sniff out explosives.* ♦ ανακαλύπτω με την όσφρηση ή το ένστικτο

**pellet** **n** A pellet is a small ball of paper, mud, lead, or other material. This can also be used metaphorically to refer to sth that has the shape of a small ball. ► *He was shot in the head by an air gun pellet.* ♦ σφαιρίδιο (& μτφ για το σχήμα), σκάγι

**urban** **adj** Urban means belonging to, or relating to, a town or city. ► *Most urban areas are close to a park.* ♦ αστικός

**fraction** **n** A fraction is a tiny amount or proportion of sth. ► *She hesitated for a fraction of a second before responding.* ♦ κλάσμα, μικρό κομμάτι

**slump** **n** A slump in sth such as the value of it, is its sudden and large fall or decline. ► *The council's land is now worth much less than originally hoped because of a slump in property prices.* ♦ κάμψη, ύφεση

**wake-up call** **n** If you say that sth is a wake-up call to a person or group of people, you mean that it will make them notice sth and start to take action. ► *The Ambassador said he hoped the statement would serve as a wake-up call to the government.* ♦ αφύπνιση

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**thorny** **adj** A plant or tree covered with thorns. ► *Beware of the tangled thorny branches.* ♦ αγκαθωτός, ακανθώδης

**roam** **v** If you roam an area or roam around it, you wander or travel around it without having a particular purpose. ► *Many children roamed the streets.* ♦ περιπλανιέμαι, περιφέρομαι

## Reading – Part 2 – page 34

**epitomise** **v** If you say that sth or sb epitomises a particular thing, you mean that they are a perfect example of it. ► *Lyonnais cooking is epitomised by the so-called 'bouchons'.* ♦ ενσαρκώνω, προσωποποιώ

**hallway** **n** the area in a house or flat, just inside the front door, into which some of the other rooms open. ► *The house has a spacious hallway with room for a study area.* ♦ προθάλαμος, είσοδος

**cosy** **adj** A house or room that is cosy is comfortable and warm. ► *Downstairs there's a breakfast room and guests can relax in the cosy bar.* ♦ ζεστός, άνετος

**array** **v** If things are arrayed in a particular way, they are arranged or displayed in that way. ► *Cartons of Chinese food were arrayed on a large oak table.* ♦ παρατάσσω, παραθέτω

**proliferate** **v** If things proliferate, they increase in number very quickly. ► *Computerized data bases are proliferating fast.* ♦ πολλα-πλάσιάζομαι, πληθύνομαι

**congregate** **v** When people congregate, they gather together and form a group. ► *Visitors congregated on Sunday afternoons to view public exhibitions.* ♦ συγκεντρώνομαι, συναθροίζομαι

**hot spot** **n** You can refer to an exciting place where there is a lot of activity or entertainment as a hot spot. ► *He took me out to a fancy Manhattan hot spot.* ♦ κεντρικό σημείο, στέκι

**renaissance** **n** If sth experiences a renaissance, it becomes popular or successful again after a time when people were not interested in it. ► *Popular art is experiencing a renaissance.* ♦ ανα-γέννηση, αναβίωση

**peer** **v** If you peer at sth, you look at it very hard, usually because it is difficult to see clearly. ► *He watched the Customs official peer into the driver's window.* ♦ παρατηρώ με προσοχή

**handlebar** **n** The handlebar or handlebars of a bicycle consist of a curved metal bar with handles at each end which are used for steering. ► *With so many types, sizes, and shapes of bicycle handlebars out there, how do you pick one out?* ♦ τιμόνι ποδηλάτου

**flip-flop** **n** Flip-flops are open shoes which are held on your feet by a strap that goes between your toes. ► *Should men be wearing flip-flops at all?* ♦ σαγιονάρα

**distinct** **adj** You can use distinct to emphasise that sth is great enough in amount or degree to be noticeable or important. ► *Being 6ft 3in tall has some distinct disadvantages!* ♦ σαφής, ξεκάθαρος

**gear** **n** The gear involved in a particular activity is the equipment or special clothing that you use. ► *They helped us put our gear back into the van.* ♦ εξοπλισμός

**span** **n** A span is the period of time between two dates or events during which sth exists, functions, or happens. ► *The batteries had a life span of six hours.* ♦ χρονική διάρκεια, περίοδος

**capture** **v** If an event is captured in a photograph or on film, it is photographed or filmed. If sth or sb captures a particular quality, feeling, or atmosphere, they represent or express it successfully. ► *Chef Idris Caldora offers an inspired menu that captures the spirit of the Mediterranean.* ♦ αιχμαλωτίζω, αποθανατίζω

**reflection** **n** If you say that sth is a reflection of a particular person's attitude or of a situation, you mean that it is caused by that attitude or situation and therefore reveals sth about it. ► *Inhibition in adulthood seems to be very clearly a reflection of a person's experiences as a child.* ♦ απεικόνιση, αντανάκλαση

**in and unto itself** **expr** If sth happens in and unto itself, it happens by itself and only for itself, without affecting anything else. In other words, it is considered separately from everything else. ► *The total of their offerings was a magnificent concert program in and unto itself.* ♦ αυτός καθ'αυτός

**enabler** **n** If you describe sth as an enabler of sth else, you mean that it gives it the necessary means, power or authority to do things. ♦ ενεργοποιητής, αυτός που προσδίδει ζωντάνια

**urban-dweller** **n** An urban or city dweller is a person who lives in the kind of place or house indicated. ► *But in some respects cave dwellers were far cleverer than us.* ♦ κάτοικος αστικού κέντρου

**cost-effective** **adj**  
Sth that is cost-effective saves or makes a lot of money in comparison with the costs involved. ► *The bank must be run in a cost-effective way.* ♦ επικερδής, επωφελής

**congestion** **n** If there is congestion in a place, the place is extremely crowded and blocked with traffic or people. ► *The problems of traffic congestion will not disappear in a hurry.* ♦ συμφόρηση, συνωστισμός

**lag** **v** If one thing or person lags behind another thing or person, their progress is slower than that of the other thing or person. ► *He now lags 10 points behind the champion.* ♦ καθυστερώ, μένω πίσω

**uptight** **adj** Sb who is uptight is tense, nervous, or annoyed about sth and so is difficult to be with. ► *Penny never got uptight about exams.* ♦ νευρικός, αγχωμένος

**laid-back** **adj** If you describe sb as laid-back, you mean that they behave in a calm relaxed way as if nothing will ever worry them. ► *Everyone here has a really laid-back attitude.* ♦ άνετος, χαλαρός

**shift** **n** A slight change. ► *There has been a shift in government policy.* ♦ μεταστροφή, αλλαγή

**eccentric** **adj** If you say that sb is eccentric, you mean that they behave in a strange way, and have habits or opinions that are different from those of most people. ► *He is an eccentric character who likes wearing a beret and dark glasses.* ♦ εκκεντρικός, ιδιόρρυθμος

**freak** **n** If you refer to sb as a freak, you mean that they are physically abnormal in some way. This use could cause offence. ► *He came across as a total freak when he was at school.* ♦ φρικιό

**geeky** **adj** Relating to a peculiar or otherwise odd person. ► *She fell in love with that geeky guy from the video-store counter.* ♦ εκκεντρικός, αλλόκοτος

**norm** **n** If you say that a situation is the norm, you mean that it is usual and expected. ► *Families of six or seven are the norm in Borough Park.* ♦ κανόνας, νόρμα

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**accessible** **adj** If sth is accessible to people, they can easily use it or obtain it. ► *This device helps make virtual reality a more usable and accessible technology.* ♦ προσιτός

**integral part** **n** Sth that is an integral part of sth is an essential part of that thing. ► *Rituals and festivals form an integral part of every human society.* ♦ αναπόσπαστο κομμάτι

**potential** **n** If you say that sb or sth has potential, you mean that they have the necessary abilities or qualities to become successful or useful in the future. ► *The boy has great potential.* ♦ δυνατότητα, προοπτική

**hazard** **n** sth which could be dangerous to you, your health or safety, or your plans or reputation. ► *A new report suggests that chewing-gum may be a health hazard.* ♦ κίνδυνος

**incentive** **n** If sth is an incentive to do sth, it encourages you to do it. ► *There is little or no incentive to adopt such measures.* ♦ κίνητρο

## Use of English – Part I – page 36

**avid** **adj** You use avid to describe someone who is very enthusiastic about sth that they do. ► *He misses not having enough books because he's an avid reader.* ♦ ενθουσιώδης, θερμός

**be off** **phr.v** To be off means to leave a place. ► *You have to be off soon; you don't want to be late.* ♦ φεύγω

**consent** **v** If you consent to sth, you agree to do it or to allow it to be done. ► *He finally consented to go.* ♦ συναίνω, δέχομαι

**fortune-hunter** **n** Sb who seeks marriage with a wealthy partner in order to secure a large amount of money. ► *You can't marry her; she's a fortune-hunter.* ♦ τυχοδιώκτης, προικοθήρας



## Use of English – Part 2 – page 37

**thorough** **adj** An action or activity that is done very carefully and in a detailed way so that nothing is forgotten. ▶ *We are making a thorough investigation.* ♦ εξονυχιστικός, διεξοδικός

**absorbing** **adj** An absorbing task or activity interests you a great deal and takes up all your attention and energy. ▶ *Children will find other exhibits equally absorbing.* ♦ που απαιτεί και προκαλεί προσήλωση, ενδιαφέρων

**yearn** **v** If sb yearns for sth that they are unlikely to get, they want it very much. ▶ *He yearned for freedom.* ♦ ἡλκταρώ, επιζητώ

**yawn** **v** If you yawn, you open your mouth very wide and breathe in more air than usual, often when you are tired or when you are not interested in sth. ▶ *She yawned and stretched lazily.* ♦ χασμουριέμαι

**yield** **v** If you yield to sb or sth, you stop resisting them. ▶ *Carmen yielded to general pressure and grudgingly took the child to a specialist.* ♦ υποκύπτω, παραδίδομαι

**substandard** **adj** A sub-standard service or product is unacceptable because it is below a required standard. ▶ *Residents in general are poor and undereducated, and live in sub-standard housing.* ♦ κατώτερος των προτύπων

**subordinate** **adj** Sth that is less important than another thing. ▶ *It was an art in which words were subordinate to images.* ♦ δευτερεύων, υποδεέστερος, κατώτερος

**substantial** **adj** Substantial means large in amount or degree. ▶ *That is a very substantial improvement in the present situation.* ♦ αξιόλογος, ουσιαστικός

**subsequent** **adj** You use subsequent to describe sth that happened or existed after the time or event that has just been referred to. ▶ *Those concerns were overshadowed by subsequent events.* ♦ επακόλουθος, παρεπόμενος

**defect** **v** to leave your country, political party, or other group, and join an opposing country, party, or group. ▶ *He tried to defect to the West last year.* ♦ αυτομολή, ἡλιποτακτώ

**affect** **v** If sth affects a person or thing, it influences them or causes them to change in some way. ▶ *Nicotine adversely affects the functioning of the heart and arteries.* ♦ επηρεάζω

**effect** **v** If you effect sth that you are trying to achieve, you succeed in causing it to happen. ▶ *Prospects for effecting real political change seemed to have taken a major step backwards.* ♦ πραγματοποιώ, υλοποιώ

**reflect** **v** If an action or situation reflects in a particular way on sb or sth, it gives people a good or bad impression of them. ▶ *The affair hardly reflected well on the British.* ♦ εκφράζω, αντικατοπτρίζω

**executioner** **n** A person who has the job of executing or killing criminals as a punishment. ▶ *So how has he escaped the executioner's axe?* ♦ εκτελεστής, δήμιος

**assassin** **n** An assassin is a person who assassinates sb. ▶ *He saw the shooting and memorised the number of the assassin's car.* ♦ δολοφόνος

**felon** **n** A felon is a person who is guilty of committing a felony. In countries where the legal system distinguishes between very serious crimes and less serious ones, a felony is a very serious crime such as armed robbery. ▶ *He's a convicted felon.* ♦ εγκληματίας, κακοποιός

**perjurer** **n** A perjurer is sb who commits the crime of lying while under oath in a court of law. ▶ *I would never become a perjurer and risk going to jail.* ♦ ψευδομάρτυρας

**brief** **adj** Sth that is brief lasts for only a short time. ▶ *She once made a brief appearance on television.* ♦ σύντομος (χρονικά)

**passageway** **n** A long narrow space with walls or fences on both sides, which connects one place or room with another. ▶ *There's an underground passageway that connects the five buildings.* ♦ διάδρομος

**allotment** **n** A small area of land in a town which a person rents to grow plants and vegetables on. ▶ *We rent allotments to grow our own fruit and vegetables.* ♦ έκταση, μερίδιο

**shortcut** **n** A shortcut is a quicker way of getting somewhere than the usual route. ▶ *I tried to take a shortcut and got lost.* ♦ σύντομος δρόμος, σύντομη διαδρομή

**alleyway** **n** A narrow passage or street with buildings or walls on both sides. ▶ *Dark alleyways make most people nervous.* ♦ σοκάκι, στενό

**treacherous** **adj** If you describe sb as treacherous, you mean that they are likely to betray you and cannot be trusted. ▶ *The President spoke of the treacherous intentions of the enemy.* ♦ επίβουλος, ύπουλα επικίνδυνος

**betray** **v** If you betray sb who loves or trusts you, your actions hurt and disappoint them. ▶ *When I tell sb I will not betray his confidence I keep my word.* ♦ προδίδω

**falsify** **v** If sb falsifies sth, they change it or add untrue details to it in order to deceive people. ▶ *The charges against him include fraud, bribery, and falsifying business records.* ♦ παραποιώ, παραχαράσσω

**pricy** **adj** sth that is expensive. ▶ *Medical insurance is very pricy.* ♦ ακριβός, δαπανηρός

**primate** **n** A member of the group of mammals which includes humans, monkeys, and apes. ♦ πρωτεύων θηλαστικό

**obstruct** **v** If sth obstructs a road or path, it blocks it, stopping people or vehicles getting past. ▶ *Tractors and container lorries have completely obstructed the road.* ♦ εμποδίζω, παρακωλύω, "κλείνω"

**hinder** **v** If sth hinders you, it makes it more difficult for you to do sth or make progress. ▶ *Does the fact that your players are part-timers help or hinder you?* ♦ δυσχεραίνω, επιβραδύνω, εμποδίζω

**liable** **adj** If people or things are liable to sth unpleasant, they are likely to experience it or do it. ▶ *She will grow into a woman particularly liable to depression.* ♦ που διατρέχει κίνδυνο να υποστεί, ευάλωτος

**legible** **adj** Legible writing is clear enough to read. ▶ *My handwriting isn't very legible.* ♦ ευανάγνωστος

**at heart** **expr** In one's real nature, in contrast to how one may appear. ▶ *He had dozens of friends, but he was a private person at heart.* ♦ κατά βάθος

**at hand** **expr** Close in time, near. ▶ *The technology and the means of making that a reality is at hand.* ♦ κοντά

**at length** **expr** In detail; fully. ▶ *George went on at great length about his various illnesses.* ♦ αναλυτικά

**at large** **expr** Generally. ▶ *The public at large believes criminals should be punished.* ♦ γενικά

**call for** **phr.v** To request and make something necessary or suitable. ▶ *Many politicians called for his resignation due to his behaviour.* ♦ απαιτώ

**call up** **phr.v** To phone someone. ▶ *Jay had called up to invite him and his family to the party.* ♦ τηλεφωνώ

**call off** **phr.v** To cancel something. ▶ *They called off the meeting.* ♦ ακυρώνω

**call on** **phr.v** To pay a visit to (someone). ▶ *I called on my sister.* ♦ κάνω σύντομη επίσκεψη

**face the music** **expr** To accept punishment or criticism for something you have done wrong. ▶ *He's got to face the music and tell the truth.* ♦ αντιμετωπίζω τις συνέπειες, αναλαμβάνω την ευθύνη

**odds and ends** **expr** Small things that are all different and not valuable or important. ▶ *I've got a few odds and ends in the drawer for you.* ♦ μικροαντικείμενα

**make allowances for** **expr** To consider something or someone when making a plan or doing a calculation. ▶ *We have to make allowances for his lack of experience.* ♦ λαμβάνω υπόψη

## Use of English – Part 3 – page 38

**outskirts** *n* The outskirts of a city or town are the parts of it that are farthest away from its centre. ► *Hours later we reached the outskirts of New York.* ♦ περίωρα

**polio** *n* Polio is a serious infectious disease which often makes people unable to use their legs. It is a short form of poliomyelitis. ► *Gladys was crippled by polio at the age of 3.* ♦ πολιομυελίτιδα

**collide** *v* If two or more moving people or objects collide, they crash into one another. If a moving person or object collides with a person or object that is not moving, they crash into them. ► *He collided with a pine tree near the North Gate.* ♦ συγκρούομαι, προσκρούω

**spinal column** *n* Your spinal column is the row of bones down your back. ► *He was shot in the spinal column, just below the neck.* ♦ σπονδυλική στήλη

**collarbone** *n* Your collarbones are the two long bones which run from throat to your shoulders. ► *Harold had a broken collarbone.* ♦ κλείδα, κλειδοκόκαλο

**rib** *n* Your ribs are the 12 pairs of curved bones that surround your chest. ► *My face was covered with bruises and I had a broken rib.* ♦ πλευρό

**pelvis** *n* Your pelvis is the wide, curved group of bones at the level of your hips. ► *The spine sits on a foundation made up of the pelvis and legs.* ♦ ἡκάνη

**fracture** *n* A fracture is a slight crack or break in sth, especially a bone. ► *At least one-third of all women over ninety have sustained a hip fracture.* ♦ κάταγμα

**dislocated** *adj* If a bone or joint in your body is dislocated, it moves out of its proper position in relation to other bones, usually in an accident. ► *He suffered a dislocated shoulder, cuts and bruises.* ♦ εξarthρωμένος

**plague** *n* If you are plagued by unpleasant things, they continually cause you a lot of trouble or suffering. ► *She was plagued by weakness, fatigue, and dizziness.* ♦ μαστίζω, ταλαιπωρώ

**relapse** *n* If a sick person has a relapse, their health suddenly gets worse after it had been improving. ► *The treatment is usually given to women with a high risk of relapse after surgery.* ♦ υποτροπή, επιδείνωση

**miscarriage** *n* If a pregnant woman has a miscarriage, her baby dies and she gives birth to it before it is properly formed. ♦ αποβολή

**harsh** *adj* Harsh actions or speech are unkind and show no understanding or sympathy. ► *He said many harsh and unkind things about his opponents.* ♦ σκληρός, άγριος

**portrayal** *n* An artist's portrayal of sth is a drawing, painting, or photograph of it. ► *'Scene with a Winding River' (1827) is a near-monochrome portrayal of a wood infused with silvery light.* ♦ απεικόνιση, αναπαράσταση

**wound** *n* A wound is damage to part of your body, especially a cut or a hole in your flesh, which is caused by a gun, knife, or other weapon. ► *The wound is healing nicely and the patient is healthy.* ♦ τραύμα, πληγή

**surrealist** *adj* Surrealist means related to the art or style of Surrealism, in which ideas, images, and objects are combined in a strange way, like in a dream. ► *Dali's shoe hat was undoubtedly the most surrealist idea he ever worked on with Schiaparelli.* ♦ σουρεαλιστικός, υπερρεαλιστής

**vibrant** *adj* Sb or sth that is vibrant is full of life, energy, and enthusiasm. ► *Tom felt himself being drawn towards her vibrant personality.* ♦ ζωντανός, ζωπός

**extroverted** *adj* Sb who is extroverted is very active, lively, and friendly. ► *Some young people who were easy-going and extroverted as children become self-conscious in early adolescence.* ♦ εξωστρεφής, ανοιχτός

**profanity** *n* Profanities are swear words. ► *We have grown*

*accustomed to having our ears assailed by mindless cursing and profanities.* ♦ βωμολοχία, βρισιά

**tomboy** *n* If a girl is a tomboy, you mean that she likes playing rough or noisy games, or doing things that were traditionally considered to be things that boys enjoy. ► *She is like her dad in that she loves football - a real little tomboy.* ♦ αγοροκόριτσο

**fervour** *n* Fervour for sth is a very strong feeling for or belief in it. ► *They were concerned only with their own religious fervour.* ♦ θέρμη, ζήλος

**whereabouts** *n* The place where someone or something is. ► *The police are appealing for information as to his whereabouts.* ♦ θέση, το που βρίσκομαι

**infectious** *adj* An infectious disease can be passed from one person to another. ► *Ebola is an infectious disease that has killed many people.* ♦ μεταδοτικός

**disarm** *v* To give up your weapons, or to take away someone else's weapons. ► *Both sides have agreed to disarm.* ♦ αφοπλίζω

**prior** *phr* Before. ► *He visited his grandma on the day prior to her death.* ♦ πριν

**as yet** *adv* Until and including this time. ► *We haven't needed extra staff as yet, but we may in the future.* ♦ μέχρι τώρα

**aftermath** *n* The period that follows an unpleasant event and the effects that it causes. ► *A lot of people died in the aftermath of the explosion.* ♦ επακόλουθο

**numeral** *n* A symbol used to represent a number. ► *Do you know some Roman numerals?* ♦ αριθμός

**formerly** *adv* In the past. ► *The European Union was formerly called the European Community.* ♦ στο παρελθόν

## Use of English – Part 4 – page 39

**disorder** *n* a problem or illness which affects sb's mind or body. ► *He appeared to be suffering from a severe mental disorder and had served a term in prison.* ♦ διαταραχή

**trigger** *v* If sth triggers an event or situation, it causes it to begin to happen or exist. ► *The current recession was triggered by a slump in consumer spending.* ♦ προκαλώ, πυροδοτώ

**agoraphobia** *n* the fear of open or public places. ► *I get agoraphobia, claustrophobia and fear of heights all at the same time.* ♦ αγοραφοβία

**strike** *v* If sth such as an illness or disaster strikes, it suddenly happens. ► *A powerful earthquake struck the Italian island of Sicily early this morning.* ♦ πλήττω, προσβάλλω (για ασθένεια)

**worsen** *v* If a bad situation worsens or if sth worsens it, it becomes more difficult, unpleasant, or unacceptable. ► *These options would actually worsen the economy and add to the deficit.* ♦ χειροτερεύω, επιδεινώνομαι

**conceal** *v* If you conceal a piece of information or a feeling, you do not let other people know about it. ► *Robert could not conceal his relief.* ♦ καλύπτω, αποκρύπτω

**specify** *v* If you specify what should happen or be done, you explain it in an exact and detailed way. ► *Each recipe specifies the size of egg to be used.* ♦ καθορίζω

**comforting** *adj* Making someone feel better when they are anxious or sad. ► *He said a few comforting words.* ♦ καθησυχαστικός

**consequence** *n* The result of an action or situation, especially a bad result. ► *Two hundred people lost their jobs as a direct consequence of the merger.* ♦ συνέπεια

**unconditional** *adj* Without any conditions or limits. ► *She gave her children unconditional love.* ♦ άνευ όρων

**affectionate** *adj* Showing caring feelings and love for somebody. ► *He is very affectionate towards his children.* ♦ στοργικός



**specification** *n* A detailed description of how something should be done, made, etc. ► *They are made exactly to the customer's specifications.* ♦ προδιαγραφή

## Writing – page 40

**immigration** *n*

The process in which people come to live in a different country.

► *There's been a recent fall in immigration.* ♦ μετανάστευση

**diversify** *v* Make or become more diverse or varied. ►

*Many designers are diversifying into casual wear.* ♦ διαφοροποιώ, επεκτείνομαι

**homogenous** *adj* Consisting of things or people that are all the same or all of the same type. ► *The town no longer consists of a homogenous population.* ♦ ομοιογενής

**escalate** *v* To become or make something greater, worse, more serious, etc. ► *The fighting escalated into a full-scale war.* ♦ κλιμακώνομαι

**material goods** *n* Items that people aspire to possess. ►

*The spirit of our age is that of the production, accumulation, and possession of material goods.* ♦ υλικά αγαθά

**disintegrate** *v* To lose strength and gradually fail. ► *At 420 mph the windscreen disintegrated.* ♦ διαλύομαι, διασπώμαι

## Speaking – page 40

**funding** *n* Money provided, especially by an organization or government, for a particular purpose. ► *Funding for the project was provided by the company.* ♦ χρηματοδότηση

## page 41

**exploit** *v*

Benefit unfairly from the work of (someone), typically by overworking or underpaying them. ► *These workers are at particular risk of being exploited.* ♦ εκμεταλλεύομαι

**silk** *n* Thread or fabric made from the fibre produced by the silkworm. ► *I have recently bought a silk shirt.* ♦ μεταξωτός

**vocational** *adj* Relating to an occupation or employment. ►

*He needs to undergo some vocational training before getting the job.* ♦ επαγγελματικός

**nursing** *n* The profession or practice of providing care for the sick and infirm. ► *Not enough people are entering nursing.* ♦ νοσηλευτική, περίθαλψη

**flexitime** *n* A system of working a set number of hours with the starting and finishing times chosen within agreed limits by the employee. ► *He has been offered a 35-hour week with flexitime.* ♦ ευέλικτο ωράριο

# TEST 4

## Listening – Part 1 – page 42

**congestion** *n* If there is congestion in a place, the place is extremely crowded and blocked with traffic or people. ► *The problems of traffic congestion will not disappear in a hurry.* ♦ συμφόρηση, συνωστισμός

**petition** *n* A document signed by a lot of people which asks a government or other official group to do a particular thing.

► *People feel so strongly that we recently presented the government with a petition signed by 4,500 people.* ♦ αίτηση

**resistance** *n* Resistance to an attack consists of fighting back against the people who have attacked you. ► *A BBC correspondent in Colombo says the troops are encountering stiff resistance.* ♦ αντίσταση

## page 43

**scheme** *n* a plan or arrangement involving many people which is made by a government or other organisation.

► *The company was pouring around \$30 million into the scheme.* ♦ πρόγραμμα, σχέδιο, πλάνο

## Reading – Part 1 – page 44

**manoeuvre** *n* a movement requiring, or performed with, skill or intelligence, such as one carried out by the driver of a vehicle or pilot of an aircraft. ► *Reversing round a corner is one of the manoeuvres you are required to perform in a driving test.* ♦ μανούβρα, ελιγμός

**curiously** *adv* Curiously means unusually. ► *Harry was curiously silent through all this.* ♦ κατά περιέργο τρόπο, όθως παραδόξως

**oblique** *adj* An oblique line is a straight line that is not horizontal or vertical. An oblique angle is any angle other than a right angle. ► *It lies between the plain and the sea at an oblique angle to the coastline.* ♦ πλάγιος, ροξός

**unflappable** *adj* Sb who is always calm and never panics or gets upset or angry. ► *She's totally unflappable - you have to be when working in such a high-pressure environment.* ♦ ατάραχος, ψυχραιμος

**navigation** *n* You can refer to the movement of ships as navigation. ► *Pack ice around Iceland was becoming a threat to navigation.* ♦ πλοήγηση

**fret** *v* If you fret about sth, you worry about it. ► *I was working all hours and constantly fretting about everyone else's problems.* ♦ δυσφορώ, ανησυχώ

**dockside** *n* The dockside is the part of a dock that is next to the water. ► *The dockside was the busiest place Ruth had ever seen.* ♦ προκυμαία

**straggler** *n* The stragglers are the people in a group who are moving more slowly or making less progress than the others. ► *There were two stragglers twenty yards back.* ♦ αυτός που ξεμένει ή καθυστερεί

**despatch** *v* If you despatch or dispatch sb to a place, you send them there for a particular reason. ► *The Italian government was preparing to despatch 4,000 soldiers to search the island.* ♦ στέλνω

**idly** *adv* Idly is used when you want to refer to sth you do with no particular reason, often because you have nothing better to do. ► *We talked idly about magazines and baseball.* ♦ τεμπέλικα, άσκοπα

**dawdle** *v* If you dawdle, you spend more time than is necessary going somewhere. ► *Eleanor will be back any moment, if she doesn't dawdle.* ♦ σουλιτασάρω, αργοπερπατώ

**gangplank** *n* The gangplank is a short bridge or platform that can be placed between the side of a ship or boat and the shore, so that people can get on or off. ► *As soon as the gangplank was down, I slipped aboard and met the steward.* ♦ διαβάθρα, σανιδόσκαλα

**inexorably** *adv* Inexorably means in a way which cannot be prevented from continuing or progressing. ► *The crisis is moving inexorably towards war.* ♦ αναπόφευκτα, ανεξήλεγκτα

**mooring** *n* Moorings are the ropes, chains, and other objects used to stop and tie a boat to the land so that it cannot move. ► *Emergency workers fear that the burning ship could slip its moorings.* ♦ εξοπλισμός πρόσδεσης, αγκυροβόλιο

**belated** *adj* A belated action happens later than it should have done. ► *He gave me a belated birthday present.* ♦ αργοπορημένος, καθυστερημένος

**lure** *v* To trick sb into a particular place or to trick them into doing sth that they should not do. ► *They did not realise that they were being lured into a trap.* ♦ θέληω, παρασύρω

**disembark** *v* When passengers disembark from a ship, aeroplane, or bus, they leave it at the end of their journey. ► *I looked towards the plane. Six passengers had already disembarked.* ♦ αποβιβάζομαι

**steel** *v* If you steel yourself, you prepare to deal with sth unpleasant. ► *Those involved are steeling themselves for the*



*coming battle.* ♦ *ατσαλώνομαι, προετοιμάζομαι* ψυχολογικά  
**brave** **v** If you brave unpleasant or dangerous conditions, you deliberately expose yourself to them, usually in order to achieve sth. ► *Thousands have braved icy rain to demonstrate their support.* ♦ *αντιμετωπίζω* γενναία  
**hustler** **n** If you refer to sb as a hustler, you mean that they try to earn money or gain an advantage from situations they are in by using dishonest or illegal methods. ► *The streets at night are full of hustlers.* ♦ *απατεωνίσκος, κατεργάρης*  
**vintage** **adj** Vintage cars or aeroplanes are old but are admired because they are considered to be the best of their kind. ► *The museum will have a permanent exhibition of 60 vintage, classic and racing cars.* ♦ *(περασμένης) εποχής*  
**relic** **n** If you refer to sth or sb as a relic of an earlier period, you mean that they belonged to that period but have survived into the present. ► *Germany's asylum law is a relic of an era in European history which has passed.* ♦ *κατάλοιπο*  
**unaccountable** **adj** Sth that is unaccountable does not seem to have any sensible explanation. ► *He had an unaccountable change of mind.* ♦ *ανεξήγητος, ακατανόητος*  
**itinerary** **n** An itinerary is a plan of a journey, including the route and the places that you will visit. ► *The next place on our itinerary was Silistra.* ♦ *δρομολόγιο*  
**downturn** **n** If there is a downturn in the economy or in a company or industry, it becomes worse or less successful than it had been. ► *They predicted a severe economic downturn.* ♦ *(οικονομική) ύφεση, πτώση*  
**purser** **n** On a ship, the purser is an officer who deals with the accounts and official papers. On a passenger ship, the purser is also responsible for the welfare of the passengers. ► *The extra crew included a purser, three more men in the kitchen and two extra stewards.* ♦ *αρχιλογιστής πλοίου*  
**airfare** **n** the amount it costs to fly to a place. ► *Transatlantic airfares are going up.* ♦ *αεροπορικά ναύλια*  
**object lesson** **n** If you describe an action, event, or situation as an object lesson, you think that it demonstrates the correct way to do sth, or that it demonstrates the truth of a particular principle. ► *It was an object lesson in how to use television as a means of persuasion.* ♦ *μάθημα, δίδαγμα, συμπέρασμα*

## Reading – Part 2 – page 46

**perfectionism** **n** The attitude or behaviour of sb who refuses to do or accept anything that is not as good as it could possibly be. ► *Obsessive perfectionism can be very irritating.* ♦ *τελειομανία*

**revise** **v** When you revise an article, a book, a law, or a piece of music, you change it in order to improve it, make it more modern, or make it more suitable for a particular purpose. ► *Three editors handled the work of revising the articles for publication.* ♦ *αναθεωρώ, κάνω διορθώσεις*

**illusion** **n** An illusion is a false idea or belief. ► *No one really has any illusions about winning the war.* ♦ *αυταπάτη, ψευδαίσθηση*

**roll with punches** **expr** If you roll with punches, you try to minimize the trouble you are having when you are going through tough times. ► *Losing my job was really tough, but I've just been trying to roll with the punches.* ♦ *τα βγάζω πέρα*

**inborn** **adj** Inborn qualities are natural ones which you are born with. ► *He had an inborn talent for languages.*

♦ *έμφυτος, εγγενής*

**tendency** **n** A tendency is a worrying or unpleasant habit or action that keeps occurring. ► *The army has become increasingly restless over the mounting separatist tendencies of the northern republics.* ♦ *τάση*

**perception** **n** Your perception of sth is the way that you think about it or the impression you have of it. ► *He is interested in how our perceptions of death affect the way we live.* ♦ *αντίληψη*

**run in family** **expr** If a characteristic runs in sb's family, it often occurs in members of that family, in different generations. ► *The insanity which ran in his family haunted him.* ♦ *(για χαρακτηριστικό) κληρονομείται σε μέλη της ίδιας οικογένειας*

**element** **n** The different elements of sth are the different parts it contains. ► *The exchange of prisoners of war was one of the key elements of the UN's peace plan.* ♦ *στοιχείο*

**impulse** **n** A sudden desire to do sth. ► *Wade resisted an impulse to smile.* ♦ *παρόρμηση, αυθόρμητη επιθυμία*

**absence** **n** The absence of sth from a place is the fact that it is not there or does not exist. ► *In the absence of a will the courts decide who the guardian is.* ♦ *απουσία*

**gifted** **adj** A gifted child is much more intelligent or talented than average. ► *He was one of the most gifted pianists in the world.* ♦ *προικισμένος, ταλαντούχος*

**praise** **n** Praise is what you say or write about sb when you are expressing approval for their achievements or qualities. ► *I have nothing but praise for the police.* ♦ *έπαινος*

**solely** **adv** If sth involves solely one thing, it involves only this thing and no others. ► *Too often we make decisions based solely upon what we see in the magazines.* ♦ *αποκλειστικά, μόνο*

**associate** **v** If you associate sb or sth with another thing, the two are connected in your mind. ► *Through science we've got the idea of associating progress with the future.* ♦ *συνδέω, συνδυάζω*

**subset** **n** A subset of a group of things is a smaller number of things that belong together within that group. ► *Sociology deals also with subsets of the population such as men, women, ethnic groups, etc.* ♦ *υποσύνολο*

**exhibit** **v** If sb or sth shows a particular quality, feeling, or type of behaviour, you can say that they exhibit it. ► *He has exhibited symptoms of anxiety and overwhelming worry.* ♦ *δείχνω, παρουσιάζω*

**-oriented** **adj** -oriented is added to nouns and adverbs to form adjectives which describe what sb or sth is mainly interested in (concerned with) ► *He prefers family-oriented holidays.* ♦ *προσανατολισμένος σε*

**exceedingly** **adv** Exceedingly means very or very much. ► *We had an exceedingly good lunch.* ♦ *υπερβολικά, υπέρμετρα*

**project** **v** If you project feelings or ideas on to other people, you imagine that they have the same ideas or feelings as you. ► *He projects his own thoughts and ideas onto her.* ♦ *προβάλλω*

**flipside** **n** The flipside of a situation consists of the less obvious or less pleasant aspects of it. ► *The trade deficit is the flipside of a rapidly expanding economy.* ♦ *η άλλη πλευρά, η άλλη όψη*

**prescribe** **v** If a person or set of laws or rules prescribes an action or duty, they state that it must be carried out. ► *Alliott told Singleton he was passing the sentence prescribed by law.* ♦ *ορίζω, προδιαγράφω*

**inadequate** **adj** If sb feels inadequate, they feel that they do not have the qualities and abilities necessary to do sth or to cope with life in general. ► *I still feel inadequate, useless and mixed up.* ♦ *ανεπαρκής, στερούμενος προσόντων*

**skyscraper** **n** A skyscraper is a very tall building in a city. ► *BASE jumpers parachute from high places such as skyscrapers.* ♦ *ουρανοξύστης*

**languish** **v** If sb languishes somewhere, they are forced to remain and suffer in an unpleasant situation. ► *Pollard continues to languish in prison.* ♦ *μαραζώνω, δεινοπαθώ*

**dead-end** **adj** A dead-end job or course of action is one that you think is bad because it does not lead to further developments or progress. ► *Waitressing was a dead-end job.* ♦ *αδιέξοδος*

**daunting** **adj** Sth that is daunting makes you feel slightly

afraid or worried about dealing with it. ► *The move to Prague was a daunting prospect for the bishop.* ♦ εκφοβιστικός  
**procrastinate** *v* Keep leaving things you should do until later, often because you do not want to do them. ► *Most often we procrastinate when faced with something we do not want to do.* ♦ χρονοτριβώ, χασομερώ

**dot (every i)** *expr* If you say that sb dots the i's and crosses the t's, you mean that they pay great attention to every small detail in a task; often used to express your annoyance because such detailed work seems unnecessary and takes a very long time. ► *You don't have to dot every i, hurry up!* ♦ προσέχω τις μικρο-λεπτομέρειες, είμαι υπερβολικά σχολαστικός

**attribute** *v* If you attribute sth to an event or situation, you think that it was caused by that event or situation. ► *Women tend to attribute their success to external causes such as luck.* ♦ αποδίδω

**commitment** *n* Commitment is a strong belief in an idea or system. ► *Players must make a commitment to play for a full season.* ♦ δέσμευση, αφοσίωση

**supervisor** *n* A person who supervises activities or people, especially workers or students. ► *Each student has a supervisor to advise on the writing of the dissertation.* ♦ επίοπτης

**nitpick** *v* If you say that sb nitpicks, you disapprove of the fact that it concentrates on small and unimportant details, especially to try and find fault with sth. ► *I can get down to nit-picking detail, I am pretty fussy about certain things.* ♦ εξετάζω εξονυχιστικά, «ψειρίζω»

**resent** *v* If you resent sb or sth, you feel bitter and angry about them. ► *I resent being dependent on her.* ♦ δυσφορώ, μου κακοφαίνεται

**neglect** *v* If you neglect sb or sth, you fail to give them the amount of attention that they deserve. ► *If you are not careful, children tend to neglect their homework.* ♦ παραμελῶ

**spouse** *n* Sb's spouse is the person they are married to. ► *In 60 percent of the households surveyed both spouses went out to work.* ♦ (ο/η) σύζυγος

**setback** *n* An event that delays your progress or reverses some of the progress that you have made. ► *He has suffered a serious setback in his political career.* ♦ αναποδιά, ατυχία

## page 47

**stubborn** *adj* Sb who is stubborn or who behaves in a stubborn way is determined to do what they want and is very unwilling to change their mind. ► *He is a stubborn character used to getting his own way.* ♦ πεισματάρης, 'ξεροκέφαλος'

**potential** *adj* You use potential to say that sb or sth is capable of developing into the particular kind of person or thing mentioned. ► *The firm has identified 60 potential customers at home and abroad.* ♦ πιθανός, ενδεχόμενος

**lack** *n* If you say that sb or sth lacks a particular quality, you mean that they do not have any or enough of it. ► *It lacked the power of the Italian cars.* ♦ υστερώ σε, στερούμαι

**resentful** *adj* If you are resentful, you feel bitterness and anger about sth. ► *At first I felt very resentful and angry about losing my job.* ♦ αγανακτισμένος, χοίλωμένος

## Use of English – Part 1 – page 48

**extreme** *n* You can use extremes to refer to situations or types of behaviour that have opposite qualities to each other, especially when each situation or type of behaviour has such a quality to the greatest degree possible. ► *They can withstand extremes of temperature and weather without fading or cracking.* ♦ ακραία κατάσταση, άκρο

**incompetent** *adj* If you describe sb as incompetent, you are criticizing them because they are unable to do their job or a task properly. ► *I was incompetent at playing the piano.* ♦ ανίκανος, ανάξιος

## Use of English – Part 2 – page 49

**riddle** *n* A puzzle or joke in which you ask a question that seems to be nonsense but which has a clever or amusing answer. ► *Can you work out the answers to these riddles and visual puzzles?* ♦ γρίφος, αίνιγμα

**frame of mind** *expr* Your frame of mind is the mood that you are in, which causes you to have a particular attitude to sth. ► *Lewis was not in the right frame of mind to continue.* ♦ διάθεση, ψυχική κατάσταση

**choosy** *adj* Sb who is difficult to please because they will only accept sth if it is exactly what they want or if it is of very high quality. ► *Skiers should be particularly choosy about the insurance policy they buy.* ♦ (πολύ) εκλεκτικός, επιλεκτικός

**cosy** *adj* A house or room that is comfortable and warm. ► *Downstairs there's a breakfast room and guests can relax in the cosy bar.* ♦ ζεστός, άνετος

**posh** *adj* If you describe sth as posh, it is smart, fashionable, and expensive. ► *Celebrating a promotion, I took her to a posh hotel for a cocktail.* ♦ αριστοκρατικός, πολυτελής

**trivial** *adj* If you describe sth as trivial, you think that it is unimportant and not serious. ► *I don't like to visit the doctor just for sth trivial.* ♦ ασήμαντος

**amuse** *v* sth that makes you want to laugh or smile. ► *The thought seemed to amuse him.* ♦ ψυχαγωγώ, διασκεδάζω

**revenge** *v* If you revenge yourself on sb who has hurt you, you hurt them in return. ► *She would be killed by the relatives of murdered villagers wanting to revenge the dead.* ♦ αντεκδικούμαι, παίρνω εκδίκηση

**persecute** *v* If sb is persecuted, they are treated cruelly and unfairly, often because of their race or beliefs. ► *Mr Weaver and his family have been persecuted by the authorities for their beliefs.* ♦ διώκω, κατατρέχω

**prosecute** *v* If the authorities prosecute sb, they charge them with a crime and put them on trial. ► *He is being prosecuted for two criminal offences.* ♦ διώκω ποινικά

**prohibit** *v* If a law or sb in authority prohibits sth, they forbid it or make it illegal. ► *Fishing is prohibited.* ♦ απαγορεύω

**bustle** *v* If sb bustles somewhere, they move there in a hurried and determined way, often because they are very busy. ► *She bustled about, turning on lights, moving pillows around on the sofa.* ♦ κινούμαι βιαστικά, σπεύδω

**hustle** *v* If you hustle sb, you try to make them go somewhere or do sth quickly, for example by pulling or pushing them along. ► *The guards hustled Harry out of the car.* ♦ σπρώχνω, σκουντώ

**jostle** *v* If people jostle you, they bump against you or push you in a way that annoys you, usually because you are in a crowd and they are trying to get past you. ► *She was cheered and clapped by tourists who jostled to see her.* ♦ σπρώχνω (ανάμεσα σε πλήθος)

**rustle** *v* When sth thin and dry rustles or when you rustle it, it makes soft sounds as it moves. ► *She rustled her papers impatiently.* ♦ θροίζω

**legitimate** *adj* Sth that is legitimate is acceptable according to the law. ► *The government will not seek to disrupt the legitimate business activities of the defendant.* ♦ νόμιμος

**illegible** *adj* Writing that is illegible is so unclear that you cannot read it. ► *The boy's handwriting has always been illegible.* ♦ δυσανάγνωστος

**negligible** *adj* An amount or effect that is negligible is so small that it is not worth considering or worrying about. ► *The pay that the soldiers received was negligible.* ♦ αμελητέος, ασήμαντος

**eligible** *adj* Sb who is eligible to do sth is qualified or able to do it, for example because they are old enough. ► *Almost half the population are eligible to vote in today's election.* ♦ δικαιούχος



**rule out phr.v** If you rule out a course of action, an idea, or a solution, you decide that it is impossible or unsuitable. ► *The Prime Minister is believed to have ruled out cuts in child benefit or pensions.* ♦ αποκλείω, απορρίπτω

**set out phr.v** If you set out to do sth, you start trying to do it. ► *He has achieved what he set out to do three years ago.* ♦ ξεκινώ, αρχίζω

**confront (with) v** If you are confronted with a problem, task, or difficulty, you have to deal with it. ► *She was confronted with severe money problems.* ♦ αντιμετώπιζω, έρχομαι αντιμέτωπος

**meet (with) v** If sth such as a suggestion, proposal, or new book meets with or is met with a particular reaction, it gets that reaction from people. ► *We hope today's offer will meet with your approval too.* ♦ είμαι αποδέκτης / τυχαίνω κάποιας αντίδρασης

**felony n** In countries where the legal system distinguishes between very serious crimes and less serious ones, a felony is a very serious crime such as armed robbery. ► *He pleaded guilty to six felonies.* ♦ σοβαρό αδίκημα, κακούργημα

**verdict n** In a court of law, the verdict is the decision that is given by the jury or judge at the end of a trial. ► *Three judges will deliver their verdict in October.* ♦ ετυμηγορία (ενόρκων)

**inflict v** To inflict harm or damage on sb or sth means to make them suffer it. ► *The dog then attacked her, inflicting serious injuries.* ♦ πλήττω, καταφέρνω/προκαλώ χτύπημα

**enforce v** If people in authority enforce a law or a rule, they make sure that it is obeyed, usually by punishing people who do not obey it. ► *The measures are being enforced by Interior Ministry troops.* ♦ επιβάλλω

**define v** If you define sth, you show, describe, or state clearly what it is and what its limits are, or what it is like. ► *I tried to define my own attitude: I found Rosie repulsive, but I didn't hate her.* ♦ ορίζω, προσδιορίζω

**by all accounts expr** According to what one has heard or read. ► *By all accounts, he is a really generous man.* ♦ από ότι ρένε όηοι

**by far expr** By far is used when you are comparing sth or sb with others, in order to emphasize how great the difference is between them. ► *It is by far the best hotel in the area.* ♦ κατά πολύ

**by all means expr** Of course; certainly (giving permission).

► *May I use your phone?* By all means. ♦ βεβαίως, ασφαλώς

**by heart expr** From memory. ► *He learnt the poem by heart.* ♦ απέξω, από μνήμης

**come round phr.v** To be restored to life or consciousness. ► *The little girl came round after we splashed some water on her face.* ♦ συνέρχομαι

**come out phr.v** If a book or film, etc. comes out, it becomes available for people to buy or see. ► *Her new album is coming out soon.* ♦ δημοσιεύομαι

**come across phr.v** To seem to be a particular type of person. ► *At first, she came across as shy.* ♦ δίνω την εντύπωση, περνάω το μήνυμα

**come by phr.v** To get something, especially something that is difficult to find. ► *This type of food is still difficult to come by.* ♦ βρίσκω

**from rags to riches expr** To start your life very poor and then later in life become very rich. ► *Her life is often described as a rags to riches story.* ♦ από τα αλώνια στα σαλιόνια

**take pride in expr** To feel very pleased about someone you are closely connected with. ► *She takes great pride in her son.* ♦ είμαι περήφανος για κάτι

**one step at a time expr** In such a way so as to progress gradually and carefully from one stage to the next. ► *Maria's taking everything one step at a time.* ♦ βήμα-βήμα

## Use of English – Part 3 – page 50

**stem cell n** An undifferentiated cell whose daughter cells may differentiate into other cell types (such as blood cells). ► *Stem-cell research is supported by many doctors.* ♦ βλαστοκύτταρο, βλαστικό κύτταρο

**regenerative medicine n** The process of creating living, functional tissues to repair or replace tissue or organ function lost due to age, disease, damage, or congenital defects. ► *Regenerative medicine also includes the possibility of growing tissues and organs in the laboratory.* ♦ αναγεννητική ιατρική

**reparative medicine n** Reparative medicine is the scientific branch of medicine that is directed towards restoring or repairing damaged or diseased cells and parts of our body in general. ► *Reparative medicine is a critical frontier in biomedical and clinical research.* ♦ επανορθωτική ιατρική

**unspecialised adj** Sb or sth that is not trained or developed for a particular purpose or area of knowledge. ► *In certain cases the character stem forms actually survive in unspecialised types.* ♦ μη εξειδικευμένος, ανειδίκευτος

**division n** The division of a large unit into two or more distinct parts is the act of separating it into these parts. ► *Germany was unified after its division into two states at the end of World War Two.* ♦ διαίρεση, διαχωρισμός

**induce v** To induce a state or condition means to cause it. ► *Doctors said surgery could induce a heart attack.* ♦ επιφέρω, προκαλώ

**insulin n** Insulin is a substance that most people produce naturally in their body and which controls the level of sugar in their blood. ► *Sufferers from the more severe form of diabetes have faulty insulin-producing cells.* ♦ ινσουλίνη

**embryonic adj** Embryonic means belonging to the developing young organism during the first seven weeks after conception. ► *The viral DNA is promoted only during embryonic development.* ♦ εμβρυϊκός

**derive v** To take, receive or obtain especially from a specified source. ► *Mr Ying is one of those people who derive pleasure from helping others.* ♦ παίρνω, αποσπώ

**isolate v** To isolate a substance means to obtain it by separating it from other substances using scientific processes. ► *Researchers have isolated a new protein from the seeds of poppies.* ♦ απομονώνω

**blastocyst n** The blastocyst is the structure formed in early mammalian embryogenesis, after the formation of the blastocoele, but before implantation. ► *The blastocyst possesses an inner cell mass (ICM) which subsequently forms the embryo.* ♦ βλαστοκύστη

**tissue n** In animals and plants, tissue consists of cells that are similar to each other in appearance and that have the same function. ► *As we age we lose muscle tissue.* ♦ ιστός

**discrete adj** Discrete ideas or things are separate and distinct from each other. ► *The instruction manuals break down jobs into scores of discrete steps.* ♦ ξεχωριστός, διακεκριμένος

**wear and tear expr** Wear and tear is the damage or change that is caused to sth when it is being used normally. ► *There is always the problem of wear and tear on the equipment in the harsh desert conditions.* ♦ φθορά

**hypothesise v** If you hypothesise that sth will happen, you say that you think that thing will happen because of various facts you have considered. ► *I have long hypothesised a connection between these factors.* ♦ υποθέτω

**advantageous adj** Involving or creating favourable circumstances that increase the chances of effectiveness; beneficial. ► *She was in an advantageous position.* ♦ ευνοϊκός

**disadvantageous adj** Involving or creating unfavourable circumstances that reduce the chances of effectiveness. ► *The new employment scheme is disadvantageous to older people.* ♦ επιζήμιος, ασύμφορος



**interrogate** **v** To ask someone a lot of questions, often with great force. ► *The police have interrogated the suspects.* ♦ ανακρίνω

**inquire** **v** To ask someone for information about something. ► *You should inquire about French classes in your area.* ♦ ζητώ πληροφορίες

**discriminate** **v** To treat someone unfairly because of their sex, race, religion, etc. ► *The company was accused of discriminating against women.* ♦ κάνω διακρίσεις

**purchase** **v** To buy something. ► *Tickets must be purchased in advance.* ♦ αγοράζω

**arouse** **v** To make someone have a particular feeling or reaction. ► *The subject has aroused a lot of interest.* ♦ προκαλώ

**rear** **n** The back part of something. ► *Is first class accommodation towards the rear of the train?* ♦ πίσω μέρος

## Use of English – Part 4 – page 51

**eponymous** **adj** An eponymous hero/heroine is the character in a play or book whose name is the title of that play or book.

► *She portrayed the eponymous heroine in the film of Jane Eyre.* ♦ φερώνυμος, αυτός που φέρει το ίδιο όνομα με τον τίτλο (βιβλίου, ταινίας)

**childlike** **adj** You describe sb as childlike when they seem like a child in their character, appearance, or behaviour. ► *Her behaviour was childlike and dependent.* ♦ αφελής, παιδιάστικος

**ingenious** **adj** Sth that is ingenious is very clever and involves new ideas, methods, or equipment. ► *Gautier's solution to the puzzle is ingenious.* ♦ πολυμήχανος, εφευρετικός

**trademark** **n** If you say that sth is the trademark of a particular person or place, you mean that it is characteristic of them or typically associated with them. ► *The spiky punk hairdo became his trademark.* ♦ το χαρακτηριστικό, σήμα κατατεθέν

**tweed** **n** Tweed is a thick woollen cloth, often woven from different coloured threads. ► *I took my husband's old tweed cap.* ♦ τουίντ (ύφασμα)

**skinny** **adj** clothes (such as a pullover, T-shirt) that are tight-fitting ones. ► *I don't really like wearing skinny jeans.* ♦ σφιχτός, στενός

**mumble** **v** to speak very quietly and not at all clearly with the result that the words are difficult to understand. ► *He mumbled a few words.* ♦ μουρμουρίζω, ψελίζω

**unaware** **adj** If you are unaware of sth, you do not know about it. ► *She was unaware that she was being filmed.* ♦ ανίδεος, απληροφόρητος

**malevolent** **adj** A malevolent person deliberately tries to cause harm or evil. ► *Her stare was malevolent; I felt scared.* ♦ κακόβουλος, μοχθηρός

**beam** **n** A beam of light is a line of light that shines from an object such as a lamp. ► *Laser beams can currently be weakened or blocked by clouds.* ♦ δέσμη

**backdrop** **n** a large piece of cloth, often with scenery painted on it, that is hung at the back of a stage while a play is being performed. ► *The rugged scenery forms a dramatic backdrop.* ♦ παραπέτασμα βάθους σκηνής - σκηνικό, φόντο

**developmental** **adj** Relating to the process of growing or changing into a more advanced or better form. ► *The theory is still in a developmental stage.* ♦ αναπτυξιακός

**variant** **n** Something in a slightly different form from the usual one. ► *There are 3 variants of the virus.* ♦ παραλλαγή

**loner** **n** Someone who likes to be alone. ► *He has always been a bit of a loner.* ♦ μοναχικός τύπος

**adaptability** **n** The quality of being able to adjust to new conditions. ► *This plant species exhibits adaptability to climate change.* ♦ προσαρμοστικότητα

**originality** **n** The ability to think independently and creatively. ► *He's a writer of great originality.* ♦ πρωτοτυπία, εφευρετικότητα

**sequel** **n** A published, broadcast, or recorded work that

continues the story or develops the theme of an earlier one.

► *The sequel to his film is coming out soon.* ♦ συνέχεια  
**sequencer** **n** An electronic device for storing sequences of musical notes, chords, or rhythms and transmitting them to an electronic musical instrument. ► *They added drum machines and sequencers.* ♦ ένα ηλεκτρονικό όργανο στην μουσική

## Writing – page 52

**authorities** **n** organizations having political or administrative power and control. ► *Health authorities issued a worldwide alert.* ♦ αρχές

**combat** **v** To take action to reduce or prevent (something undesirable). ► *We must make an effort to combat the disease.* ♦ μάχομαι

## Speaking – page 52

**intervene** **v** To take part in something so as to change the result or course of events. ► *He intervened in the argument.*

♦ επεμβαίνω, παρεμβαίνω

**rational** **adj** Based on reason; logical. ► *There must be a rational explanation.* ♦ λογικός

## page 53

**chief** **adj** Most important; main. ► *A chief reason for their arguing was her constant jealousy.* ♦ βασικός, κύριος

**persistence** **n** The act of continuing something in spite of difficulty or opposition. ► *His persistence was finally rewarded.* ♦ επιμονή

**commercialism** **n** The idea that making money is the most important aim of an activity. ► *The commercialism of the Paris art world is a sad fact.* ♦ εμπορευματοποίηση

# TEST 5

## Listening – Part 1 – page 54

**segregate** **v** To keep one group of people apart from another and treat them differently, especially because of race or sex. ► *Blacks were segregated from whites in every area of life.* ♦ διαχωρίζω, απομονώνω

**assimilate** **v** To take in, fit into, or become similar to sth. ► *The European Union should remain flexible enough to assimilate more countries quickly.* ♦ συγχωνεύω, αφομοιώνω

## Listening – Part 2 – page 55

**errand** **n** A short journey either to take a message or to take or collect something. ► *I'll meet you at six, I've got some errands to do first.* ♦ θέλημα, εξυπηρέτηση

**aisle** **n** A long narrow space between rows of seats in an aircraft, cinema or church. ► *Would you like an aisle seat or would you prefer to be by the window?* ♦ διάδρομος (μεταξύ σειρών καθισμάτων εκκλησίας, θεάτρου κτλ.)

## Reading – Part 1 – page 56

**assassination** **n** The murder of someone famous or important. ► *The assassination of the opposition leader shocked me.* ♦ δολοφονία

**ides** **n** In the Roman calendar: the 15th of March or May or July or October or the 13th of any other month. ♦ το μέσο του μήνα

**infamy** **n** When someone or something is famous for something considered bad. ► *Franklin D. Roosevelt described the bombing of Pearl Harbor in 1947 as 'a day that will live in infamy'.* ♦ αίσχος, όνειδος, "στίγμα"

**scholar** **n** A person who studies a subject in great detail, especially at a university. ► *Dr Miles was a distinguished scholar*

of Russian history. ♦ λόγιος, γνώστης

**merely** **adv** Used to emphasise that you mean exactly what you are saying and nothing more. ► *I wasn't complaining, I merely said that I was tired.* ♦ απλώς, αποκλειστικά και μόνο

**calendar** **n** The system used to measure and arrange the days, weeks, months and special events of the year according to a belief system or tradition. ► *There was a calendar on the wall above, with large squares around the dates.* ♦ ημερολόγιο

**lunar** **adj** Of or relating to the moon. ► *The vast volcanic slope was eerily reminiscent of a lunar landscape.* ♦ σεληνιακός, της σεληίνης

**abrupt** **adj** Describes something that is sudden and unexpected, and often unpleasant. ► *Our conversation came to an abrupt end when George burst into the room.* ♦ απότομος, ξαφνικός

**set off** **phr.v** To incite, provoke or stir up. ► *It set off great unrest among the people.* ♦ προκαλώ, πυροδοτώ

**ripple** **n** A sound or feeling that spreads through a person or group of people, gradually increasing and then becoming smaller. ► *A ripple of laughter ran through the crowd.* ♦ κύμα, ξέσπασμα

**repercussion** **n** If an action or event has repercussions, it causes unpleasant things to happen some time after the original action or event. ► *It was an effort which was to have painful repercussions.* ♦ αντίκτυπος, επίπτωση

**remedy** **n** A successful way of curing an illness or dealing with a problem or difficulty. ► *The best remedy for grief is hard work.* ♦ γιατρικό, φάρμακο

**pointed** **adj** Describes a remark, question or manner that is intended as a criticism of the person it is directed to. ► *My aunt made a few pointed remarks about my taste in clothes.*

♦ αιχμηρός, οξύς, επικριτικός

**kingship** **n** The state of being a king. ► *Upon his succession to the kingship David retained his English estates.* ♦ βασιλεία, μοναρχία

**reluctance** **n** An unwillingness to do something. ► *I accepted his resignation with great reluctance.* ♦ απροθυμία, διστακτικότητα

**push the envelope** **expr** To go beyond established limits; to pioneer. ► *There's a valuable place for fashion and design that pushes the envelope a bit.* ♦ πρωτοπορώ, καινοτομώ

**coinage** **n** A set of coins of different values used in a country's money system. ► *The city produced its own coinage from 1325 to 1864.* ♦ νομισματικό σύστημα

**deity** **n** A god or goddess. ► *Ares and Aphrodite were the ancient Greek deities of war and love.* ♦ θεός, θεότητα

**cult** **n** A particular system of religious belief. ► *I read an article about the Hindu cult of Shiva.* ♦ θάτρεια, πίστη

**deification** **n** The condition of being treated like a god. ► *The deification of science was common in the 1940s.* ♦ θεοποίηση

**plot** **n** A secret plan made by several people to do something that is wrong, harmful or not legal, especially to do damage to a person or a government. ► *The plot was discovered before it was carried out.* ♦ σκευωρία, συνωμοσία

**oblivious** **adj** Not conscious of something, especially what is happening around you. ► *The government seems oblivious to the likely effects of the new legislation.* ♦ ανυποψίαστος

**mounting** **adj** Gradually increasing. ► *Confusion about who is financially backing the project is mounting.* ♦ ορθόενα αυξανόμενος

**backlash** **n** A strong feeling among a group of people in reaction to a change or recent events in society or politics. ► *The apparent police failings have brought a political backlash.* ♦ εξέγερση

**mastermind** **v** To plan a difficult activity, often a crime, in detail and make certain that it happens successfully. ► *He's believed to have masterminded the attacks.* ♦ σχεδιάζω

**pose** **v** If sth poses a problem or a danger, it is the cause of that problem or danger. ► *This could pose a threat to jobs in the coal industry.* ♦ δημιουργώ

**affiliation** **n** A connection with a political party or religion, or with a larger organization. ► *The group has affiliations with several organizations abroad.* ♦ σχέση, επαφή

**spare** **v** To not hurt or destroy something or someone. ► *They asked him to spare the women and children.* ♦ σώζω, δέιχνω έλεος

**praetor** **n** An annually elected magistrate of the ancient Roman Republic. ► *He ordered the praetor of the city to arrest the Pope and conduct him to prison.* ♦ πραιτωρ

**allegiance** **n** Loyalty and support for a ruler, country, group or belief. ► *Soldiers must swear allegiance to the Crown.* ♦ πίστη και υποταγή

**blow** **n** An unexpected event that has a damaging effect on someone or something. ► *Losing his job was a severe blow to his confidence.* ♦ χτύπημα, πλήγμα

**clemency** **n** Kindness when giving a punishment. ► *The jury passed a verdict of guilty, with an appeal to the judge for clemency.* ♦ επιείκεια

**quest** **n** A long search for something that is difficult to find, or an attempt to achieve something difficult. ► *Nothing will stop them in their quest for truth.* ♦ αναζήτηση

**brand** **v** To say that you think someone is as stated. ► *Because of one minor offence he was branded as a common criminal.* ♦ στιγματίζω, επονομάζω

**villain** **n** A bad person who harms other people or breaks the law. ► *Some people believe that Richard III did not murder his nephews and was not the villain he is generally thought to have been.* ♦ κακούργος, αχρείος

**unequivocal** **adj** Total, or expressed in a clear and certain way. ► *The Prime Minister, he said, had the party's unequivocal support.* ♦ κατηγορηματικός, σαφής

**stance** **n** A way of thinking about something, especially expressed in a publicly stated opinion. ► *The doctor's stance on the issue of abortion is well-known.* ♦ θέση, άποψη

**doom** **v** To make someone or something certain to do or experience something unpleasant, or to make something bad certain to happen. ► *Are we doomed to repeat the mistakes of the past?* ♦ καταδικάζω

**legacy** **n** Something that is a part of your history or which stays from an earlier time. ► *The Greeks have a rich legacy of literature.* ♦ παράδοση, "κληρονομία"

**heir** **n** Someone who continues to do the work of someone important who has died or who has the same symbolic position as they had. ► *He was to become the heir to the throne.*

♦ κληρονόμος, συνεχιστής

**pithy** **adj** Concise and full of meaning. ► *We welcomed her pithy comments.* ♦ περιεκτικός, συνεκτικός

## page 57

**waver** **v** To lose strength, determination or purpose, especially temporarily. ► *I'm afraid my concentration began to waver as lunch approached.* ♦ κάμπτομαι, ταλαντεύομαι

## Reading – Part 2 – page 58

**deprivation** **n** When you do not have things or conditions that are usually considered necessary for a pleasant life. ► *They used sleep deprivation as a form of torture.* ♦ (απο)στέρηση

**starvation** **n** The state of having no food for a long period, often causing death. ► *Twenty million people face starvation unless a vast emergency aid programme is launched.* ♦ λιμός, πείνα

**denote** **v** To represent something. ► *The colour red is used to denote passion or danger.* ♦ σημαίνω, υποδηλώνω

**societal exclusion** **n** The process whereby certain groups

are pushed to the margins of society and prevented from participating fully by virtue of their poverty, low education or inadequate lifeskills. ► *There are many projects aimed at tackling unemployment and societal exclusion.* ♦ κοινωνικός αποκλεισμός

**deem** **v** To consider or judge something in a particular way. ► *The area has now been deemed safe.* ♦ θεωρώ, κρίνω, εκτιμώ

**rank** **v** To have a position higher or lower than others, or to be considered to have such a position. ► *My entry was ranked third in the flower show.* ♦ κατατάσσω

**literacy** **n** The ability to read and write. ► *Far more resources are needed to improve adult literacy.* ♦ αλφαριθμητικός, ικανότητα ανάγνωσης και γραφής

**prosperous** **adj** Successful, usually by earning a lot of money. ► *In a prosperous country like this, no one should go hungry.* ♦ που ακμάζει ή ευημερεί

**class inequality** **n** The difference in social status, wealth, or opportunity between people or groups. ► *Blacks have been hurt by racial and class inequalities in housing and education.*

♦ ανισότητα των κοινωνικών τάξεων

**assess** **v** To judge or decide the amount, value, quality or importance of something. ► *The insurers will need to assess the flood damage.* ♦ εκτιμώ, αξιολογώ

**school of thought** **n** A particular way of thinking, especially one not followed by the speaker. ► *There are a lot of people who are following too much a particular school of thought.* ♦ δόγμα, ρεύμα

**outspoken** **adj** Expressing strong opinions very directly without worrying if other people are offended. ► *Mr Masack is an outspoken critic of the present government.* ♦ ελεuthερόστομος, ευθαρσής

**liberalism** **n** A political orientation that favours social progress by reform and by changing laws rather than by revolution. ► *As a democrat he has decided that economic liberalism is the best way to secure change.* ♦ φιλελευθερισμός

**left-leaning** **adj** Sympathetic to or tending towards the left in politics. ► *The left-leaning and centrist media covered the event widely.* ♦ αριστερός

**topical** **adj** Of interest at the present time; relating to things which are happening at present. ► *The discussion focused on topical issues in medicine.* ♦ επίκαιρος

**discrimination** **n** Treating a person or particular group of people differently, especially in a worse way from the way in which you treat other people, because of their skin colour, religion, sex, etc. ► *Until 1986 most companies would not even allow women to take the examinations, but such blatant discrimination is now disappearing.* ♦ όνιση μεταχείριση, διάκριση

**mindset** **n** A person's way of thinking and their opinions. ► *It's extraordinary how hard it is to change the mindset of the public and the press.* ♦ τρόπος σκέψης

**perspective** **n** A particular perspective is a particular way of thinking about sth, especially one that is influenced by your beliefs or experiences. ► *I would like to offer a historical perspective.* ♦ προοπτική, διάσταση

**abuse** **n** Abuse of sth is the use of it in a wrong way or for a bad purpose. ► *What went on here was an abuse of power.* ♦ κατάχρηση

**deterioration** **n** The state of becoming worse. ► *We've seen a deterioration in relations between the countries.* ♦ επιδείνωση, χειροτέρευση

**secular** **adj** Not having any connection with religion. ► *We live in an increasingly secular society, in which religion has less and less influence on our daily lives.* ♦ κοσμικός

**superstition** **n** Belief which is not based on human reason or scientific knowledge, but is connected with old ideas about magic, etc. ► *According to superstition, if you walk under a ladder it brings you bad luck.* ♦ δεισιδαιμονία, πρόληψη

**arguably** **adv** Possibly. ► *He is arguably the world's best*

*football player.* ♦ μάλλον, ίσως

**supersede** **v** To replace something, especially something older or more old-fashioned. ► *Most of the old road has been superseded by the great Interstate highways.* ♦ αντικαθιστώ

**tangible** **adj** Real or not imaginary; able to be shown, touched or experienced. ► *We need tangible evidence if we're going to take legal action.* ♦ χειροπιαστός, απτός

**morality** **n** A personal or social set of standards for good or bad behaviour and character, or the quality of being right, honest or acceptable. ► *They argued for a new morality based on self-sacrifice and honesty.* ♦ ηθική, ηθικότητα

## page 59

**align** **v** To be or come into adjustment with something. ► *The desks are aligned in straight rows facing forwards.*

♦ ευθυγραμμίζω

**substitute** **v** To use something or someone instead of another thing or person. ► *You can substitute oil for butter in this recipe.* ♦ αντικαθιστώ, αναπληρώνω

**complement** **v** To make something else seem better or more attractive when combining with it. ► *Strawberries and cream complement each other perfectly.* ♦ συμπληρώνω, ολοκληρώνω

## Use of English – Part 1 – page 60

**rush hour** **n**

The times at the beginning and end of the working day when many people are travelling to or from work. ► *It's never easy to get back home during the rush hour.* ♦ ώρα αιχμής

## Use of English – Part 2 – page 61

**ignition** **n** The electrical system in an engine that causes the fuel to burn or explode in order to start the engine. ► *Turn the ignition on.* ♦ μίζα

**cognition** **n** When you think or use a conscious mental process. ► *A book on human learning, memory and cognition* ♦ γνώση, επίγνωση

**petition** **n** A document signed by a lot of people which asks a government or other official group to do a particular thing. ► *People feel so strongly that we have recently presented the government with a petition signed by 4,500 people.* ♦ αίτηση

**demean** **v** To cause someone to become less respected. ► *The whole family was demeaned by my behaviour.* ♦ ταπεινώνω

**overwhelm** **v** To defeat someone or something by using a lot of force. ► *Government troops have overwhelmed the rebels and seized control of the capital.* ♦ κατατροπώνω, νικώ

**overreact** **v** To react in an extreme, especially an angry or frightened, way. ► *You must learn not to overreact to criticism.* ♦ αντιδρώ υπερβολικά

**coincidence** **n** An occasion when two or more similar things happen at the same time, especially in a way that is unlikely and surprising. ► *You chose exactly the same wallpaper as us - what a coincidence!* ♦ συγκυρία, σύμπτωση

**cohesion** **n** When the members of a group or society are united. ► *The lack of cohesion within the party lost them votes in the election.* ♦ συνεκτικότητα, συνοχή

**thump** **n** A heavy blow with the hand. ► *If he does that again I'm going to give him a thump.* ♦ γροθιά, χτύπημα

**stump** **n** The part of something such as tree, tooth, arm or leg which is left after most of it has been removed. ► *Her smile broadened to reveal two rows of brown stumps.* ♦ υπόλοιπο τμήμα, απόκομμα

**bump** **n** An accident involving a car, especially one which is not serious. ► *A van drove into their car but luckily it was just a bump.* ♦ σύγκρουση ή πρόσκρουση

**make out** **phr.v** To find or grasp the meaning of something. ► *He tried to make out what had really happened.* ♦ αντιλαμβάνομαι, βγάζω νόημα



**turn up phr.v** To arrive or appear somewhere, usually unexpectedly or in a way that was not planned. ► *Do you think many people will turn up?* ♦ εμφανίζομαι

**turn out phr.v** To happen in a particular way or to have a particular result, (an unexpected one) ► *As events turned out, we were right to have decided to leave early.* ♦ εξελίσσομαι

**turn into phr.v** To change and become sb or sth different, or to make someone or something do this. ► *The council was hoping to turn a children's home into a residence for adolescent girls.* ♦ μετατρέπω, -ομαι, μεταμορφώνω, -ομαι

**turn down phr.v** To refuse an offer or request. ► *He offered her a trip to Australia but she turned it down.* ♦ απορρίπτω, αρνούμαι

**ambiguous adj** Having or expressing more than one possible meaning, sometimes intentionally. ► *His reply to my question was somewhat ambiguous.* ♦ αμφίσημος, διφορούμενος

**incredulous adj** Not wanting or not being able to believe something, and usually showing this. ► *A few incredulous spectators watched as Paterson, ranked 23rd in the world, beat the champion.* ♦ δύσπιστος

**jubilant adj** Feeling or expressing great happiness, especially because of a success. ► *The fans were jubilant at England's victory.* ♦ καταχαρούμενος, περικαρής

**inquisitive adj** Wanting to discover as much as you can about things, sometimes in a way that annoys people. ► *She could see inquisitive faces looking out from the windows next door.* ♦ αδιάκριτος, (φιλο) περιέργος

**plausible adj** Seeming likely to be true, or able to be believed. ► *It seems to be a plausible explanation.* ♦ ευλογοφανής, αληθοφανής

**viable adj** Able to work as intended or able to succeed. ► *In order to make the company viable, it will unfortunately be necessary to reduce staffing levels.* ♦ βιώσιμος

**preposterous adj** Very silly or stupid. ► *This idea is preposterous!* ♦ παράλογος, εξωφρενικός

**scrupulous adj** Extremely honest, or doing everything correctly and as it should be done. ► *A scrupulous politician would not lie about her business interests.* ♦ σχολιαστικός, προσεκτικός

**in the light of phr** with knowledge of; considering. ► *How ironic they proved to be in the light of the events of the next twenty-four hours.* ♦ λαμβάνοντας υπ' όψη

**look up to phr.v** To respect and admire someone. ► *I have always looked up to my older brother.* ♦ έχω σε υπόληψη, θαυμάζω

**put up with phr.v** To tolerate. ► *I can no longer put up with his behaviour.* ♦ ανέχομαι

**stand in for phr.v** To replace someone who is missing (and do their job/work). ► *Take the day off, I will stand in for you.* ♦ αντικαθιστώ κάποιον που λείπει

**make up for phr.v** To reduce the bad effect of something, by doing something good. ► *I hope this money will make up for the inconvenience.* ♦ αποζημιώνω, αντισταθμίζω

**give someone the benefit of the doubt expr**

To believe, think the best of someone (without proof). ► *I'm not quite sure if I believe him, but I'll give him the benefit of the doubt.* ♦ πιστεύω κάποιον παρόλο που δεν είμαι σίγουρος εάν ήξει την αλήθεια

**put down to phr.v** To explain why something happened or exists. ► *Her work ethic is something she puts down to her mother's influence.* ♦ αποδίδω

**over the moon expr** Very happy. ► *He was over the moon when he heard of his sister's pregnancy.* ♦ πολύ χαρούμενος

**over the top expr** Too much, exaggerated. ► *I think his reaction was over the top.* ♦ υπερβολικός

**over the hill expr** To be too old, not useful or unattractive. ► *He doesn't take kindly to suggestions that he is over the hill.* ♦ ηλικιωμένος, όχι πια χρήσιμος

**over the counter expr** For something that can be bought in a shop. ► *Are you taking any other medicines whether on prescription or bought over the counter?* ♦ χωρίς συνταγή (ιατρού)

## Use of English – Part 3 – page 62

**contradictory adj**

If two or more facts, pieces of advice, etc. are contradictory, they are very different from each other. ► *I keep getting contradictory advice - some people tell me to keep it warm and some tell me to put ice on it.* ♦ αντιφατικός, ανακόλουθος

**encounter v** To experience, especially something unpleasant. ► *The army is reported to be encountering considerable resistance.* ♦ συναντώ, αντιμετωπίζω

**struggle v** To experience difficulty and make a very great effort in order to do something. ► *I've been struggling to understand this article all afternoon.* ♦ αγωνίζομαι, πασχίζω

**unsettling adj** Causing worry or anxiety. ► *One of the film's many unsettling images is of a child playing with her father's gun.* ♦ ανησυχητικός

**fast-forward n** The state of developing or advancing something quickly. ► *I really tried with this film, but kept pushing the fast-forward button - I found it unwatchable.* ♦ γρήγορη κίνηση

**fast-track adj** Moving or progressing more quickly than planned. ► *He was told that, at 28, he was too old for fast-track promotion.* ♦ ταχείας ανάπτυξης

**entail v** To involve; to have as a logically necessary consequence. ► *This move entails serious risks.* ♦ συνεπάγομαι

**engage v** To connect, cause someone to be involved. ► *I have no time to engage in such activities.* ♦ εμπλέκομαι, συμμετέχω

**vitally adv** Very importantly, necessarily. ► *They depend vitally on government subsidies.* ♦ ζωτικά, ουσιαστικά

## Use of English – Part 4 – page 63

**cognitive adj** relating to the mental process involved in knowing, learning, and understanding things. ► *As children grow older, their cognitive processes become sharper.*

♦ νοητικός, γνωστικός

**dementia n** A medical condition that affects especially old people, causing the memory and other mental abilities to gradually become worse, and leading to confused behaviour. ► *The most common form of dementia is Alzheimer's disease.*

♦ άνοια

**impairment n** Disability: the condition of being unable to perform as a consequence of physical or mental unfitness. ► *This is greatly improving the quality of life for people with hearing impairment.* ♦ αναπηρία, ανικανότητα

**frontal lobe n** That part of the cerebral cortex in either hemisphere of the brain lying directly behind the forehead. ► *The frontal lobes are involved in motor function and problem solving among others.* ♦ μετωπιαίος λοβός

**temporal lobe n** That part of the cerebral cortex in either hemisphere of the brain lying inside the temples of the head. ► *The temporal lobe is involved in primary auditory perception, such as hearing.* ♦ κροταφικός λοβός

**limbic system n** A system of functionally related neural structures in the brain that are involved in emotional behaviour. ► *The limbic system supports a variety of functions including emotion, behaviour and motivation.* ♦ επιχείλιο σύστημα

**temporoparietal adj** Affecting the temporal and parietal lobes of the cerebral hemisphere. ♦ κροταφοβρεγματικός

**cortex n** The outer layer, especially of the brain and other organs. ♦ φλοιός

**amyloid plaque n** A plaque consisting of tangles of amyloid protein in nervous tissue. ♦ αμυλοειδής πλάκα

**neurofibrillary tangle n** Pathological protein aggregates found within neurons in cases of Alzheimer's disease. ♦ νευροϊνιδιακός κόμβος

**ultimate** **adj** Most extreme or important because either the original or final, or the best or worst. ▶ *Of course the ultimate responsibility for the present conflict without doubt lies with the aggressor.* ♦ έσχατος, ύστατος, τελικός

**mutation** **n** The way in which genes change and produce permanent differences. ▶ *It is well known that radiation can cause mutation.* ♦ μετάλλαξη, μεταλλαγή

**progression** **n** The act of moving forward and developing. ▶ *Drugs slow the progression of HIV, but cannot cure the disease.* ♦ πρόοδος, εξέλιξη

**behaviourist** **adj** A psychological theory that only looks at the way people behave and not how they feel. ▶ *Animal behaviourists have been studying these monkeys for decades.* ♦ συμπεριφορικός

**principal** **adj** First, highest in importance or rank. ▶ *This is the country's principal source of foreign exchange earnings.* ♦ κύριος, πρωταρχικός

**principle** **n** A general law and truth; an accepted way of behaving. ▶ *It's not just a matter of principle.* ♦ θεμελιώδης αρχή

**responder** **n** A person or thing that responds, acts in some way in reaction to something. ▶ *A first responder pushed a wheelchair-bound woman to safety.* ♦ αυτός που απαντά, αντιδρά

**ultimatum** **n** A final demand that something is done. ▶ *Unfortunately, he gave me an ultimatum.* ♦ τελεσίγραφο

**ultimacy** **n** The final or most extreme degree of something. ▶ *But fear does have a way of turning the mind to matters of ultimacy.* ♦ το απόλυτο

**ultima** **n** The last syllable of a word. ♦ ῥήγουσα

**temporal** **adj** Relating to time, ending at some point. ▶ *The present world crisis should in principle be analysed from different temporal perspectives.* ♦ χρονικός, προσωρινός

## Speaking – page 64

**unwind** **v**

To relax. ▶ *You should try to unwind.* ♦ χαλαρώνω

**outlook** **n**

An attitude. ▶ *He needs to broaden his outlook on life.*

♦ στάση

**exaggerate** **v**

To make something seem more, greater, bigger than it really is. ▶ *There is no need to exaggerate, it's no big deal.* ♦ υπερβάλλω

**mend** **v**

To repair, fix. ▶ *His foot injury will take a long time to mend.*

♦ επιδιορθώνω

## page 65

**genetically modified** **adj**

Food produced from organisms that had their DNA changed.

▶ *Genetically modified products are a rather controversial issue.* ♦ γενετικά τροποποιημένος

**far-flung** **adj**

For places, a long way away. ▶ *He has travelled to the far-flung corners of the world.* ♦ απομακρυσμένος

**tour operator** **n**

People or companies that organise holidays. ▶ *Tour operators make sure trips go according to plan.* ♦ ταξιδιωτικός πράκτορας

**boycott** **v**

To refuse to use, buy support something in order to express disapproval. ▶ *The community decided to boycott the new supermarket.* ♦ μποϊκοτάριω, κάνω εμπορικό αποκλεισμό

# TEST 6

## Listening – Part 1 – page 66

**asylum seeker** **n** A person who applies for protection from and the right of residence in a foreign country. ▶ *Only asylum seekers who are granted refugee status are allowed to work in the country.* ♦ ο αιτών άσυλο

## Listening – Part 1 – page 66

**torture** **v** To cause intense suffering. ▶ *They never again tortured a prisoner in his presence.* ♦ βασανίζω, τυραννώ

## Listening – Part 2 – page 67

**ignorant** **adj** If someone is ignorant of a fact, they do not know it. ▶ *People don't like to ask questions for fear of appearing ignorant.* ♦ αδαής, ανίδεος

**knowledgeable** **adj** Someone who is knowledgeable has or shows a clear understanding of many different facts about the world or about a particular subject. ▶ *We employ friendly and knowledgeable staff.* ♦ βαθύς γνώστης

**crash** **v** If a computer or a computer program crashes, it fails suddenly. ▶ *The computer crashed for the second time in 10 days.* ♦ χαλάω, κρσάρω

**irrational** **adj** If you describe someone's feelings and behaviour as irrational, you mean they are not based on logical reasons or clear thinking. ▶ *Unfortunately, she has an irrational fear of science.* ♦ παράλογος

## Reading – Part 1 – page 68

**pigeon** **n** A pigeon is a bird, usually grey in colour, which has a fat body. Pigeons often live in towns. ▶ *I looked up to see gigantic white pigeons in the treetops.* ♦ περιστέρι

**perennial** **adj** situations or states that keep occurring or which seem to exist all the time; used especially to describe problems or difficulties. ▶ *Drugs and poverty are perennial urban problems.* ♦ μακροχρόνιος, αιώνιος

**feud** **n** A quarrel in which two people or groups remain angry with each other for a long time, although they are not always fighting or arguing. ▶ *There was long and bitter feud between the state government and the villagers.* ♦ βεντέτα, διαμάχη

**critter** **n** A living creature. ▶ *A small pond was the home of cattails, small fish and other critters and plants.* ♦ πλάσμα, ού

**gutter** **n** The edge of a road next to the pavement, where rain water collects and flows away. ▶ *It is supposed to be washed down the gutter and into the city's vast sewerage system.* ♦ ρούκι, κράσπεδο πεζοδρομίου

**hatred** **n** An extremely strong feeling of dislike for someone or something. ▶ *Her hatred of them would never lead her to murder.* ♦ μίσος, απέχθεια

**feral** **adj** wild (animals) not owned or controlled by anyone, especially ones that belong to species which are normally owned and kept by people. ▶ *Animal rights activists object to euthanising stray and feral cats at either place.* ♦ άγριος, όχι ήμερος

**domesticate** **v** When people domesticate wild animals or plants, they bring them under control and use them to produce food or as pets. ▶ *We domesticated the dog to help us with hunting.* ♦ εξημερώνω

**dove** **n** A bird that looks like a pigeon but is smaller and lighter in colour. Doves are often used as a symbol of peace. ▶ *Such species as love birds, parrots and doves are spending more time near the water trough.* ♦ περιστέρι

**susceptible** **adj** If you are susceptible to a disease or injury, you are very likely to be affected by it. ► *Walking with weights makes the shoulders very susceptible to injury.* ♦ ευάλωτος, ευπαθής

**tuberculosis** **n** A serious infectious disease that affects someone's lungs and other parts of their body. ► *The hospital has three wards normally devoted to diseases such as tuberculosis.* ♦ φυματίωση

**sheer** **adj** You can use sheer to emphasise that a state or situation is complete and does not involve or is not mixed with anything else. ► *His music is sheer delight.* ♦ καθαρός, απόλυτος

**commonly** **adv** As a rule; frequently; usually. ► *Parsley is probably the most commonly used of all herbs.* ♦ συνήθως, κατά γενικό κανόνα

**evolutionary** **adj** Relating to a process of gradual change and development. ► *We are going through a period of evolutionary change.* ♦ εξελικτικός

**cavemen** **n** People in prehistoric times who lived mainly in caves. ► *I guess we are still not far away from our caveman ancestors.* ♦ άνθρωποι των σπηλαίων

**with the same brush** **expr** If some people in a group behave badly and if people then wrongly think that all of the group is equally bad, you can say that the whole group is tarred with the same brush. ► *We'll all get tarred with the same brush when there's trouble.* ♦ βάζω στο ίδιο τσουβάλι

**hostility** **n** Your hostility to something you do not approve of is your opposition to it. ► *There is hostility between good friends.* ♦ εναντίωση, αντίρρηση

**hawk** **n** A large bird with a short, hooked beak, sharp claws, and very good eyesight. ► *Hawks catch and eat small birds and animals.* ♦ γεράκι

**facelift** **n** If you give a place or thing a facelift, you do something to make it look better or more attractive. ► *Nothing gives a room a faster facelift than a coat of paint.* ♦ αναδιαμόρφωση, ανακαίνιση

**pedestrianisation** **n** The prohibition of traffic from part of the highway network and the change of its use to that solely by pedestrians. ► *Some say that the more pedestrianisation, the better.* ♦ πεζοδρόμηση

**asset** **n** Something or someone that is considered useful or helps a person or organization to be successful. ► *Her leadership qualities were the greatest asset of the Conservative Party.* ♦ πλεονέκτημα, θετικό στοιχείο

**credit (with)** **v** If people credit sb with an achievement or if it is credited to them, people say or believe that they were responsible for it. ► *The staff are crediting him with having saved Hythe's life.* ♦ αναγνωρίζω

**revere** **v** If you revere someone or something, you respect and admire them greatly. ► *The Chinese revered corn as a gift from heaven.* ♦ σέβομαι, τιμώ

**Darwin** An English naturalist who formulated the theory of evolution by natural selection. ► *Darwin was among the many scientists that have helped society evolve out of mysticism, superstition and faith.* ♦ Δαρβίνος

**Theory of Evolution** Charles Darwin's theory developed in AD 1859, in his book *Origin of Species*. Darwin theorised that humans evolved from a lower order of animals, such as primates. ♦ θεωρία της εξέλιξης, εξελικτική θεωρία

**hardcore** **n** You can refer to the members of a group who are the most committed to its activities or who are the most involved in them as a hardcore of members or as the hardcore members. ► *We've got a hardcore of customers that have stood by us.* ♦ σκληρός πυρήνας

**prosecution** **n** The action of charging someone with a crime and putting them on trial. ► *Yesterday the head of government called for the prosecution of those responsible for the deaths.* ♦ ποινική δίωξη

**fine** **n** A punishment in which a person is ordered to pay a sum of money because they have done something illegal or broken a rule. ► *There were no sanctions, no fines and no penalties.* ♦ πρόστιμο

**by-law** **n** a law which is made by a local authority and which applies only in their area. ► *The by-law makes it illegal to drink in certain areas.* ♦ νόμος της τοπικής αυτοδιοίκησης

**loophole** **n** A loophole in the law is a small mistake which allows people to do something that would otherwise be illegal. ► *It is estimated that 60,000 shops open every Sunday and trade by exploiting some loophole in the law to avoid prosecution.* ♦ «παραθυράκι» του νόμου, κενό της νομοθεσίας

## page 69

**bird of prey** **n** Any bird that hunts and kills other animals. ► *Although owls are probably my favourite birds of prey, I love hawks as well.* ♦ αρπακτικό πουλί

## Reading – Part 2 – page 70

**pampered** **adj** Treated with extreme or excessive care and attention. ► *Famous people just love being pampered.* ♦ παραχαϊδωμένος

**gainfully** **adv** If you are in gainful employment, you have a job for which you are paid. ► *Both parents were gainfully employed.* ♦ αποδοτικά, ωφέλιμα

**canine** **n** Relating to dogs. ► *There has been a lot of research into canine diseases.* ♦ των σκύλων, των κυνοειδών

**seeing-eye** **n** Assistance dogs trained to lead blind and vision impaired people around obstacles. ► *She now owns a seeing-eye dog to help her move around.* ♦ σκύλος οδηγός τυφλών

**sheep herder** **n** A dog which guards sheep, especially in flocks. ► *Max was his loyal sheep herder.* ♦ τσπανόσκυλο

**hunting dog** **n** A dog who assists humans in hunting. ► *Hunting dogs are trained to sniff out their prey.* ♦ κυνγόσκυλο

**preeminent** **adj** If someone or something is preeminent in a group, they are more important, powerful, or capable than other people or things in the group. ► *He considers his fifty years as the preeminent political figure in the country.*

♦ εξέχων, διαπρεπής

**prestigious** **adj** A prestigious institution, job, or activity is respected and admired by people. ► *It's one of the best equipped and most prestigious schools in the country.*

♦ διάσημος, λαμπρός

**controversial** **adj** Someone or something which are the subject of intense public argument, disagreement, or disapproval. ► *Immigration is a controversial issue in many countries.* ♦ αντιφατικός, αμφιλεγόμενος

**embark** **v** If you embark on something new, difficult, or exciting, you start doing it. ► *He's embarking on a new career as a writer.* ♦ ξεκινώ, αρχίζω

**pup(py)** **n** A young dog. ► *One Sunday he began trying to teach the two puppies to walk on a leash.* ♦ κουτάβι

**freelance** **adj** Someone who does freelance work or who is, for example, a freelance journalist or photographer is not employed by one organization, but is paid for each piece of work they do by the organization they do it for. ► *She is a freelance journalist.* ♦ ανεξάρτητος, ελεύθερος επαγγελματίας

**legal pad** **n** A large writing pad, made using yellow paper. ► *She scribbled a few things on a yellow legal pad.* ♦ σημειωματάριο, μπλοκ

**scratch** **v** To rub and tear or mark the surface of with something sharp or jagged. ► *Knives will scratch the worktop.* ♦ γδέρνω, γρατσουνίζω

**bound** **v** If a person or animal bounds in a particular direction, they move quickly with large steps or jumps. ► *He bounded up the steps and pushed the bell of the door.* ♦ σπεύδω, τρέχω



**intently adv**

With strained or eager attention. ► *He listened intently, then slammed down the phone.* ♦ προσεκτικά, με προσήλωση

**anticipation n** A feeling of excitement about something pleasant or exciting that you know is going to happen. ► *There's been an atmosphere of anticipation around here for a few days now.* ♦ ανυπομονησία, ήλπιση

**headlong adj** Quick and with no careful planning. ► *I doubt he'll be able to pull out of this headlong dive before he smashes into the ground.* ♦ γρήγορος, απότομος

**leap n** A light, self-propelled movement upwards or forwards. ► *Smith took Britain's fifth medal of the championships with a leap of 2.37 metres.* ♦ άλμα, σάητο

**snatch v** If you snatch something or snatch at something, you take it or pull it away quickly. ► *Mick snatched the cards from Archie's hand.* ♦ αρπάζω

**prime v** To apply the first colour, coating, or preparation. ► *Prime the wall and allow to dry thoroughly.* ♦ προετοιμάζω, περνώ το πρώτο χέρι

**in spurts expr** If something happens in spurts, there are periods of activity followed by periods in which it does not happen. ► *The deals came in spurts: three in 1977, none in 1978, three more in 1979.* ♦ σταδιακά, με διαλείμματα

**punctuate v** To break into or interrupt at intervals. ► *The steady tick of the clock punctuated the silence.* ♦ διακόπτω

**shred v** If you shred something such as food or paper, you cut it or tear it into very small, narrow pieces. ► *Finely shred the carrots, cabbage and cored apples.* ♦ κόβω, σκίζω

**growl v** When a dog or other animal growls, it makes a low noise in its throat, usually because it is angry. ► *The dog was biting, growling and wagging its tail.* ♦ γρυλίζω

**menacingly adv** In a way that shows that someone is likely to cause you harm or put you in danger. ► *A group of men suddenly emerged from a doorway and moved menacingly forward to block her way.* ♦ απειλητικά

**rip apart phr.v.** To tear someone or something apart into pieces. ► *The automobile accident ripped the car apart.* ♦ διαλύω, (ξε)σκίζω

**tidbit n** A small piece of food. ► *When you are out with your puppy always have a tidbit in your pocket.* ♦ μεζεδάκι, λιχουδιά

**squirrel n** A small animal with a long furry tail. ► *Squirrels live mainly in trees.* ♦ σκίουρος

**notably adv** You use notably to specify an important or typical example of something that you are talking about. ► *The divorce will be granted when more important problems, notably the fate of the children, has been decided.* ♦ ιδίως, κυρίως

**coverage n** The coverage of something in the news is the reporting of it. ► *Now a special TV network gives live coverage of most races.* ♦ κάλυψη

**page 71**

**indifferent adj** If you describe something or someone as indifferent, you mean that their standard or quality is not very good, and often quite bad. ► *She had starred in several very indifferent movies.* ♦ αδιάφορος, απρατήρητος

**Use of English – Part 1 – page 72****lettuce n**

A plant with large green leaves that is the basic ingredient of many salads. ► *Did you know that there are so many different varieties of lettuce?* ♦ μαρούλι

**remorse n**

A strong feeling of sadness and regret about something wrong that you have done. ► *He was full of remorse.* ♦ τύψεις

**Use of English – Part 2 – page 73****do wonders expr**

If you say that a person or thing does wonders, you mean that they have a very good effect on something. ► *A few moments of relaxation can do wonders.* ♦ κάνω θαύματα

**alleviated adj** A pain or sorrow that is made easier to bear. ► *Back pain can be alleviated after some rest.* ♦ ανακουφισμένος

**rejuvenated adj** Someone who feels or looks young again. ► *After the birth of his child, he felt rejuvenated again.* ♦ αναγεωμένος, αναζωογονημένος

**presumptuous adj**

If you describe someone or their behaviour as presumptuous, you disapprove of them because they are doing something that they have no right or authority to do. ► *It would be presumptuous to judge what the outcome will be.* ♦ αυθαίρετος

**preoccupied adj** If you are preoccupied, you are thinking a lot about something or someone, and so you hardly notice other things. ► *The Detective was preoccupied with the missing child and did not want to devote time to the new murder.* ♦ απορροφημένος, απασχολημένος

**strain v** To strain something means to make it do more than it is able to do. ► *The volume of scheduled flights is straining the air traffic control system.* ♦ ζορίζω, "πιέζω"

**yield v** If you yield to someone or something, you stop resisting them. ► *Will she yield to growing pressure for her to retire?* ♦ υποχωρώ, υποκύπτω

**yawn v** If you yawn, you open your mouth very wide and breathe in more air than usual, often when you are tired or when you are not interested in something. ► *She yawned, and stretched lazily.* ♦ χασμουριέμαι

**sniff v** If you sniff something or sniff at it, you smell it by sniffing. ► *Suddenly, he stopped and sniffed the air.* ♦ μυρίζω, σφριζομαι

**replicate n** If you replicate someone's experiment, work, or research, you do it yourself in exactly the same way. ► *He invited her to his laboratory to see if she could replicate the experiment.* ♦ αντιγράφω

**turn up phr.v** If you say that someone or something turns up, you mean that they arrive, often unexpectedly or after you have been waiting a long time. ► *Richard had turned up on Christmas Eve with Tony.* ♦ εμφανίζομαι, παρουσιάζομαι

**take off phr.v** If something, such as a product, an activity, or someone's career takes off, it suddenly becomes very successful. ► *In 1944, he met Edith Piaf, and his career took off.* ♦ απογειώνω, -ομαι, γνωρίζω μεγάλη επιτυχία

**show off phr.v** If you say that someone is showing off, you are criticising them for trying to impress people by showing in a very obvious way what they can do or what they own. ► *All right, there's no need to show off.* ♦ κάνω μόστρα, επίδειξη

**come out phr.v.** When a new product such as a book or CD comes out, it becomes available to the public. ► *The book comes out this week.* ♦ βγαίνω, κυκλοφορώ στην αγορά

**clue n** A clue to a problem or mystery is something that helps you to find the answer to it. ► *Geneticists in Canada have discovered a clue to the puzzle of why our cells get old and die.* ♦ στοιχείο

**subtle adj** Something that is subtle is not immediately obvious or noticeable. ► *Intolerance can take subtler forms too.* ♦ δυσδιάκριτος, λεπτός

**blink v** When you blink or when you blink your eyes, you shut your eyes and very quickly open them again. ► *Kathryn blinked and forced a smile.* ♦ ανοιγοκλείνω τα μάτια

**squint v** If you squint at something, you look at it with your eyes partly closed. ► *The girl squinted at the photograph.* ♦ παρατηρώ ή κοιτάζω με μισόκλειστα μάτια

**twilight n** The time just before night when the daylight has

almost gone but when it is not completely dark. ► *They returned at twilight and set off for the bar.* ♦ ἠυκόφως  
**dawn** **n** The time of day when light first appears in the sky, just before the sun rises. ► *Nancy and her mother woke at dawn.* ♦ αυγή, χάραμα  
**chip** **v** If you chip something or if it chips, a small piece is broken off it. ► *The blow chipped the woman's tooth.* ♦ σπάω, ραγίζω  
**sprain** **v** If you sprain a joint such as your ankle or wrist, you accidentally damage it by twisting it or bending it violently. ► *He fell and sprained his ankle.* ♦ στραμπουλήω, παθαίνω διάστρεμμα  
**vindicate** **v** If a person or their decisions, actions, or ideas are vindicated, they are proved to be correct, after people have said that they were wrong. ► *The director said he had been vindicated by the experts' report.* ♦ δικαιώνω  
**overthrow** **v** When a government or leader is overthrown, they are removed from power by force. ► *That government was overthrown in a military coup three years ago.* ♦ ανατρέπω  
**peer** **n** Your peers are the people who are the same age as you or who have the same status as you. ► *His engaging personality made him popular with his peers.* ♦ συνομιλήκος  
**ancestor** **n** Your ancestors are the people from whom you are descended. ► *He could trace his ancestors back seven hundred years.* ♦ πρόγονος  
**shoplifter** **n** Someone who steals goods from a shop by hiding them in a bag or in their clothes. ► *The shoplifter got a bottle of perfume from the shelf.* ♦ κλέφτης μικροαντικειμένων σε κατάστημα  
**animosity** **n** A strong feeling of dislike and anger. ► *There's a long history of animosity between the two nations.* ♦ εχθρότητα, έχθρα  
**inclination** **n** A feeling that makes you want to act in a particular way. ► *He had neither the time nor the inclination to think of other things.* ♦ τάση, κλίση  
**for good** **phr** If something changes or disappears for good, it never changes back or comes back as it was before. ► *The days of big-time racing has gone for good.* ♦ για πάντα  
**take for granted** **phr** To no longer appreciate something because you are so used to having it. ► *You can never take anything for granted in this life.* ♦ θεωρώ κάτι σαν δεδομένο  
**get round to** **phr.v** To (finally) find the time to do something. ► *I'm not sure when I'll get round to doing my chores.* ♦ βρίσκω χρόνο για κάτι  
**get through to** **phr.v** If you get through to someone, you succeed in contacting them on the telephone. ► *I've been calling him all morning, but I can't get through to him.* ♦ βρίσκω στο τηλέφωνο  
**get out of** **phr.v** To manage not to have to do something (that you didn't want to do). ► *I don't think we can get out of this mess now.* ♦ αποφεύγω κάτι  
**get over** **phr.v** To recover from. ► *He's slowly getting over his illness.* ♦ ξεπερνώ, συνέρχομαι  
**read between the lines** **expr** To work out what someone really means even though they don't say it directly. ► *You have to read between the lines to understand what he is actually saying.* ♦ καταλαβαίνω από τα συμφοραζόμενα  
**for fear of** **phr** Used to say that you will not do something because you are worried about the possible consequences. ► *She was afraid to say anything to them for fear of hurting their feelings.* ♦ μνη τυχόν  
**with a view to** **phr** With the intention of. ► *He's saving up money with a view to going to college.* ♦ με σκοπό να  
**on the verge of** **phr** Be about to. ► *He was on the verge of giving up when he decided to give it a last try.* ♦ έτοιμος να  
**on behalf of** **phr** (Done) for someone else. ► *He came to see me on behalf of the whole department.* ♦ εκ μέρους  
**keep a cool head** **expr**

To stay calm, not panic. ► *You have to keep a cool head in times of emergency.* ♦ μένω ήρεμος  
**give someone the cold shoulder** **expr** To be unfriendly and not respond to someone. ► *I was surprised when I saw that he was giving me the cold shoulder.* ♦ αποφεύγω, στομπάρω κάποιον  
**get cold feet** **expr** To decide not to do something (at the last minute) because you are nervous. ► *Minutes before the jump, I got cold feet.* ♦ δεν κάνω κάτι επειδή είμαι αγχωμένος  
**lose your cool** **expr** To become angry. ► *Suddenly he lost his cool and started shouting at her.* ♦ χάνω την ψυχραιμία μου

## Use of English – Part 3 – page 74

### social capital **n**

The network of social connections that exist between people, and their shared values and norms of behaviour. ► *A powerful store of social capital still exists.* ♦ κοινωνικό κεφάλαιο

**undermine** **v** If you undermine sth such as a feeling or a system, you make it less strong or less secure than it was before, often by a gradual process or by repeated efforts. ► *Offering advice on each and every problem will undermine her feeling of being adult.* ♦ υπονομεύω, υποσκάπτω

**engagement** **n** the act of being actively involved in sth such as an activity. ► *He had to attend a number of business-related social engagements.* ♦ δέσμευση, ηθική υποχρέωση

**turnout** **n** The turnout in an election is the number of people who vote in it, as a proportion of the number of people who have the right to vote in it. ► *In 1988 the turnout was 50%.* ♦ προσέλευση

**attendance** **n** The attendance at an event is the number of people who are present at it. ► *This year attendances were 28% lower than forecast.* ♦ παρουσία, αριθμός παρισταμένων ή συμμετεχόντων

**cite** **v** If you cite sth, you quote it or mention it, especially as an example or proof of what you are saying. ► *I am merely citing his reaction as typical of British industry.* ♦ παραθέτω, αναφέρω

**litany** **n** If you describe what sb says, especially when it is a long list of things, as a litany, you mean that you have often heard it repeated, and you think it is boring or insincere. ► *She remained in the doorway, listening to his litany of complaints against her client.* ♦ κατεβατό

**aggregate** **adj** An aggregate amount or score is made up of several smaller amounts or scores added together. ► *England have beaten the Welsh three times in succession with an aggregate score of 83-12.* ♦ συνολητικός, συγκεντρωτικός

**migrate** **v** If people migrate, they move from one place to another, especially in order to find work or to live somewhere for a short time. ► *People migrate to cities like Jakarta in search of work.* ♦ αποδημώ, μεταναστεύω (& μτφ)

**illustrate** **v** If you say that sth illustrates a situation that you are drawing attention to, you mean that it shows that the situation exists. ► *The case also illustrates that some women are now trying to fight back.* ♦ αποτελώ ένδειξη, δείχνω

**league** **n** a group of teams that play the same sport or activity against each other. ► *The club are on the brink of promotion to the Premier League.* ♦ αθλητικός όμιλος, σύλλογος

**reverse** **v** When sb or sth reverses a decision, policy, or trend, they change it to the opposite decision, policy, or trend. ► *They have made it clear they will not reverse the decision to increase prices.* ♦ ανατρέπω, αντιστρέφω

**decay** **n** The decay of sth such as a society, system, or institution, occurs when it gradually becomes weaker or its condition gets worse. ► *There are problems of urban decay and gang violence.* ♦ παρακμή, αποσύνθεση

**claim** **n** sth which sb says which they cannot prove and which may be false. ► *He repeated his claim that the people*

of *Trinidad and Tobago* backed his action. ♦ ισχυρισμός  
**corrupt adj** Sb who is corrupt behaves in a way that is morally wrong, especially by doing dishonest or illegal things in return for money or power. ► He had accused three opposition members of corrupt practices. ♦ διεφθαρμένος  
**priceless adj** Very important, valuable or special. ► *The smile on her face was simply priceless.* ♦ ανεκτίμητος  
**trivial adj** Not important. ► *Her comments were trivial so no one paid attention to her.* ♦ ασήμαντος  
**undergo v** To experience something, typically unpleasant. ► *She underwent a life-saving operation.* ♦ υποβλήνομαι, υφίσταμαι  
**undermine v** Ignore someone's authority or position. ► *You have no right to undermine my work.* ♦ υπονομεύω  
**turnover v** The amount of business done in a certain time/amount of customers a business has. ► *Her annual turnover is around £45,000.* ♦ τζίρος  
**takeover n** When a company buys another business. ► *Failure would result in a government takeover.* ♦ εξαγορά  
**takeout n** Cooked food that you buy to eat at home. ► *I don't feel like cooking, let's get some takeout on the way home.* ♦ φαγητό σε πακέτο  
**descent n** The act of moving from a higher to lower position. ► *Sixteen of the youngsters set off for help, but during the descent three collapsed in the cold and rain.* ♦ κατάβαση, κάθοδος

## Use of English – Part 4 – page 75

### mine n

A place where deep holes and tunnels are dug under the ground in order to obtain a mineral such as coal, diamonds, or gold. ► *He used to work in a coal mine when he was young.* ♦ ορυχείο

### glow v

If something glows, it produces a dull, steady light. ► *The night lantern glowed softly in the darkness.* ♦ λάμπω

### ultraviolet adj

Ultraviolet light or radiation is what causes your skin to become darker in colour after you have been in sunlight. ► *The sun's ultraviolet rays are responsible for both tanning and burning.* ♦ υπεριώδης

### fluoresce v

To produce, undergo, or exhibit fluorescence (luminescence that is caused by the absorption of radiation at one wavelength followed by nearly immediate reradiation usually at a different wavelength and that ceases almost at once when the incident radiation stops). ♦ φθορίζω

### make-up n

The make-up of something consists of its different parts and the way these parts are arranged. ► *The ideological make-up of the unions is now radically different from what it had been.* ♦ σύσταση, σύνθεση

### albeit adv

You use *albeit* to introduce a fact or comment which reduces the force or significance of what you have just said. ► *Charles's letter was indeed published, albeit in a somewhat abbreviated form.* ♦ αν και, παρόλο που

### be located adj

If something is located in a particular place, it is present or has been built there. ► *A boutique and beauty salon are conveniently located within the grounds.* ♦ βρίσκομαι

### identifiable adj

Easily recognised or identified. ► *Fighting is clearly identifiable, but intimidation may be more difficult to establish.*

### ♦ αναγνωρίσιμος

### exposition n

An exposition of an idea or theory is a detailed explanation or

account of it. ► *The fullest exposition of Coleridge's thought can be found in the Statesman's Manual.* ♦ παρουσίαση

### reactivity n

The state of responding to something else. ► *In another asthma model, airway reactivity and lung inflammation were enhanced in the lung.* ♦ αντιδραστικότητα

### abuse v

To treat badly or use in a bad way. ► *Riders who abuse their horses should be prosecuted.* ♦ κακομεταχειρίζομαι, καταχρώμαι

### knowledgeable adj

Knowing a lot about something. ► *Teachers need to be knowledgeable.* ♦ γνώστης, που έχει πολλή γνώση

### acknowledge v

Recognise that something exists or is happening. ► *Naylor acknowledged, in a letter to the judge, that he was a drug addict.* ♦ αναγνωρίζω

### referential adj

Containing or of the nature of references or allusions. ► *The other way to think of music is in its own terms - not referential to anything else.* ♦ που αναφέρεται

### compost n

Plants, vegetables, fruit etc that have been put in a container for months so that it rots and then can be put in the ground to fertilise it. ► *My job was to add fresh compost to the rows to make them rich for planting.* ♦ κομπόστ, λίπασμα

### composure n

State of calmness and self-control. ► *She was struggling to regain her composure.* ♦ αυτοέλεγχος, αυτοσυγκράτηση

## Writing – page 76

### disqualify v

Take someone out of a competition because they have broken a rule. ► *Two top athletes have been disqualified from the championship after positive drug tests.* ♦ αποκλείω

### rehabilitation n

The act of helping someone to become well again or to be a responsible member of society again. ► *Many amputees in the early stages of their rehabilitation feel despair.* ♦ αποκατάσταση, επανένταξη

### offender n

A criminal. ► *This led to a large number of convicted offenders being released from prison.* ♦ παραβάτης, εγκληματίας

## Speaking – page 76

### foodstuff(s) n

Anything that can be used as food. ► *Basic foodstuffs include sugar, cooking oil and cheese.* ♦ τρόφιμα

### ratio n

Relationship in amount, number, size between two or more things, proportion. ► *The adult to child ratio is 1 to 6.*

### ♦ αναλογία

### adversely adv

In a negative way. ► *His self-confidence was adversely affected for years to come.* ♦ αντίθετα, με αρνητικό τρόπο

## page 77

**unattended adj** Alone, without a (responsible) person with them. ► *It is not acceptable for parents to leave children unattended at that age.* ♦ ασυνόδευτος

**substitute n** Something or someone that is used instead of something else. ► *Soya milk is used as a substitute for dairy milk.* ♦ υποκατάστατο

**inferior adj** Not as good as, not of a high quality. ► *This resulted in overpriced and often inferior products.* ♦ κατώτερος



# TEST 7

## Listening – Part 1 – Section A – page 78

### underage adj

Underage activities such as drinking or smoking are carried out by people who are legally too young to do them. ► *There are laws against underage sex and underage drinking.* ♦ που ανήκει ή αναφέρεται σε ανηλίκους

**binge n** An occasion when an activity is done in an extreme way, especially eating, drinking or spending money. ► *He went on a five day drinking binge.* ♦ κραιπάλη

**hesitation n** When you pause before doing something, especially because you are nervous or not certain. ► *Asked if he would go back, Mr Searle said after some hesitation, 'I'll have to think about that'.* ♦ δισταγμός, ενδοιασμός

### guidance n

Help and advice about how to do something or about how to deal with problems connected with your work, education, or personal relationships. ► *I've always looked to my father for guidance in these matters.* ♦ συμβουλή, καθοδήγηση

## Listening – Part 1 – Section B – page 78

### culprit n

A fact or situation that is the reason for something bad happening. ► *Children in this country are getting much too fat, and sugar and sweets are the main culprits.* ♦ ένοχος, υπαίτιος

**curriculum n** The group of subjects studied in a school, college, etc. ► *Russian is the one compulsory foreign language on the school curriculum.* ♦ σχολικό πρόγραμμα

## Listening – Part 2 – page 79

**bad-tempered adj** A person who becomes angry and annoyed easily. ► *She's very bad-tempered in the mornings!* ♦ κακοδιάθετος, ευερέθιστος

## Reading – Part 1 – page 80

**brainwave n** If you have a brainwave, you suddenly have a clever idea. ► *In 2016 she had a brainwave that changed her life.* ♦ έμπνευση, φαινή ιδέα

**detour n** If you make a detour on a journey, you go by a route which is not the shortest way, because you want to avoid sth such as a traffic jam, or because there is sth you want to do on the way. ► *He did not take the direct route to his home, but made a detour around the outskirts of the city.* ♦ παράκαμψη

**trust n** A trust is a group of people or an organization that has control of an amount of money or property and invests it on behalf of other people or as a charity. ► *The National Childbirth Trust has recently conducted a survey of 1,271 new mothers.* ♦ ίδρυμα, κοινοπραξία

**camouflage n** Camouflage consists of things such as leaves, branches, or brown and green paint, which are used to make it difficult for an enemy to see military forces and equipment. ► *They were dressed in camouflage and carried automatic rifles.* ♦ παρατήλαξη, καμουφλάζ

**scope n** A scope is a short form of the word telescope. ► *On the flat roof of the house is a dome enclosing a large scope.* ♦ τηλεσκόπιο

**twitch n** A metaphor used here to describe an operation in which participants worked towards a common goal. ♦ επιχείρηση

**(in) operation n** If sth is in operation, it is working or it is being active. ► *How long has the business been in operation?* ♦ σε λειτουργία, σε εξέλιξη

**attire n** Your attire is the clothes you are wearing. ► *The seven women dressed in their finest attire.* ♦ ενδυμασία, ντύσιμο, περιβολή

**paved adj** If a road or an area of ground has been paved, it has been covered with flat blocks of stone or concrete, so that it is suitable for walking or driving on. ► *The avenue had never been paved, and deep mud made it impassable in winter.* ♦ στρωμένος (δρόμος), πλακόστρωτος

### blend in phr.v

If sb blends in a particular group or situation, they seem to belong there, because their appearance or behaviour is similar to that of the other people involved. ► *He blended in with the crowd at the art sale.* ♦ σμίγω, ανακατεύομαι

### ant trail n

Ant trail is a line of people walking one behind the other, just like the way ants walk to and from a source of food. ♦ πηθήθος ανθρώπων που προχωράνε ο ένας πίσω από τον άλλο, ουρά salt marsh n

A salt marsh is an area of flat, wet ground which is sometimes covered by salt water or contains areas of salt water. ► *Viewed from the salt marshes and mud flats of the Newport wetlands, things look very different.* ♦ αλμυρός βάλτος, αλατούχο έλος

**fuss n** Fuss is anxious or excited behaviour which serves no useful purpose. ► *I don't know what all the fuss is about.* ♦ αναστάτωση, φασαρία

**birder n** a person who studies birds by observing them closely, especially as a hobby. ► *The man was probably a birder, carrying his binoculars with him all the time.*

♦ πτηνοδίφης, παρατηρητής πουλιών

**mystified adj** If you are mystified by sth, you find it impossible to explain or understand. ► *The audience must have been totally mystified by the plot.* ♦ σαστισμένος, απορημένος

**buff adj** sth that is buff is pale brown in colour. ► *He took a largish buff envelope from his pocket.* ♦ χωροκίτρινος

### sand n

Sand is the same as sandpiper. ♦ μπεκατσόνι, αγριοπουλίδα

**semi-p n** an abbreviation of semi-palmated, which is used to refer to birds to mean that it has partly webbed toes. ♦ (για πτηνά) με μερικώς νηκτική μεμβράνη στα πόδια

**sandpiper n** Sandpiper is used to refer to any of various ground-dwelling wading birds inhabiting shores in the North Hemisphere, with long legs and bills, camouflaged plumage, and a high-pitched piping call. ♦ μπεκατσόνι, αγριοπουλίδα

**grassy adj** area of land covered in grass. ► *Its buildings are half-hidden behind grassy banks.* ♦ χορταριασμένος

**bank n** A bank of ground is a raised area of it with a flat top and one or two sloping sides. ► *We were resting upon a grassy bank.* ♦ ανάχωμα

**muddy adj** Sth that is muddy contains mud or is covered in mud. ► *The ground was still very muddy.* ♦ λασπώδης

**floodplain n** a flat area on the edge of a river, where the ground consists of soil, sand, and rock left by the river when it floods. ♦ έκταση κοντά σε ποτάμι

**ungainly adj** If you describe a person, animal, or vehicle as ungainly, you mean that they look awkward or clumsy, often because they are big. ► *Paul swam in his ungainly way to the side of the pool.* ♦ άγαρμος, άχαρος

**fashion n** If you do sth in a particular fashion or after a particular fashion, you do it in that way. ► *It is happening in this fashion because of the obstinacy of one woman.* ♦ τρόπος

**authoritative adj** Sb or sth that is authoritative has a lot of knowledge of a particular subject. ► *The first authoritative study of polio was published in 1840.* ♦ έγκυρος, δόκιμος

**excuse (for) n** An excuse for sth is a very poor or bad example of sth. ► *You'll never sell this excuse for a painting.* ♦ κακό παράδειγμα

**paranoid adj** If you say that sb is paranoid, you mean that they are extremely suspicious and afraid of other people. ►

*I'm not going to get paranoid about it.* ♦ παρανοϊκός

**laden adj**

If you describe a person or thing as laden with sth, particularly sth bad, you mean that they have a lot of it. ► *Many of their heavy industries are laden with debt.* ♦ φορτωμένος, γεμάτος

**scorn n**

If you treat sb or sth with scorn, you show contempt for them and no respect at all. ► *Researchers greeted the proposal with scorn.* ♦ περιφρόνηση, χλευασμός

**strain v**

If you strain to do sth, you make a great effort to do it when it is difficult to do. ► *They strained their eyes, but saw nothing.* ♦ πασχίζω, αγωνίζομαι

**absurd adj**

If you say that sth is absurd, you are criticising it because you think that it is ridiculous or that it does not make sense.

► *I've known clients of mine go to absurd lengths, just to avoid paying me a few pounds.* ♦ παράλογος, γελοίος

**o'clock adv**

O'clock is usually used to indicate position or direction relative to the observer and with reference to an imaginary clock face, twelve o'clock being directly ahead or above. ► *Enemy aircraft at two o'clock.* ♦ προσανατολισμός με βάση το δείκτη του ρολογιού

**pale n**

A pale is a wooden or metal post or stake used for making fences. ► *To make it more secure push stones into the ground around the edge of the pale.* ♦ πάσσαλος φράχτη

**gent n**

Gents is used when addressing men in an informal, humorous way, especially in the expression 'ladies and gents'. ► *Don't be left standing, ladies and gents, while a bargain slips past your eyes.* ♦ κύριος, άνδρας

**(take) pity expr**

If you take pity on sb, you feel sorry for them and help them.

► *No woman had ever felt the need to take pity on him before.* ♦ συμπονώ, λυπημάι

**nonetheless adv**

Nonetheless means the same as nevertheless. ► *His face is serious but nonetheless very friendly.* ♦ παρόλ'αυτά, εντούτοις

**wader n**

A wader is a bird with long legs and a long neck, which lives near water and feeds on fish. There are several different kinds of waders. ♦ καθοβατικό πουλί

**pang n**

A pang is a sudden strong feeling or emotion, for example of sadness or pain. ► *For a moment she felt a pang of guilt about the way she was treating him.* ♦ οδυνηρό συναίσθημα

**amid prep.**

If sth is amid other things, it is surrounded by them.

► *It stands in a valley amid green hills on the banks of the steel-blue Pichola lake.* ♦ ανάμεσα, μεταξύ

**uncelebrated adj**

A person or thing that is not famous and not much admired.

► *Just like Camille Rodin, like Jeanne Hebertune with Modigliani, like so many other uncelebrated and forgotten women of achievement.* ♦ άγνωστος, απαρατήρητος

**gloomy adj**

If people are gloomy, they are unhappy and have no hope.

► *Miller is gloomy about the fate of the serious playwright in America.* ♦ μελαγχολικός, λυπημένος

**treacherous adj**

If you say that sth is treacherous, you mean that it is very dangerous and unpredictable. ► *The current of the river is fast flowing and treacherous.* ♦ ύπουλη επικίνδυνος

**stretch n**

A stretch of road, water, or land is a length or area of it.

► *This stretch of Lost River was broader and deeper.*

♦ έκταση, περιοχή

**kitted out phr.v**

If sb or sth is kitted out, they have everything they need at a particular time, such as clothing, equipment, or furniture.

► *She was kitted out with winter coat, skirts, jumpers, nylon stockings.* ♦ πλήρως εξοπλισμένος

**drip with phr.v**

If you say that sth is dripping with a particular thing, you mean that it contains a lot of that thing. ► *His voice was dripping with sarcasm.* ♦ ξεχειλίζω, βριθω

**condescension n**

Behaviour which shows that sb thinks they are superior to other people. ► *There was a tinge of condescension in the way the girl received me.* ♦ έπαρση, κομπασμός

**fumble v**

When you are trying to say sth, if you fumble for the right words, you speak in a clumsy and unclear way. ► *He fumbled his lines, not knowing what he was going to say.* ♦

δυσκολεύομαι να βρώ τις κατάλληλες λέξεις, μπερδεύω τα λόγια μου

**comeback n**

A comeback is a quick, clever or angry reply to sth. ► *Some of my best comebacks just go right over people's heads.*

♦ εύστοχη απάντηση

**manic adj**

If you describe sb's smile, laughter, or sense of humour as manic, you mean that it seems excessive or strange, as if they were insane. ► *He gave us a manic grin and then just left.*

♦ μανιακός

**bag v**

Bag means to put sth into a bag. ♦ μαζεύω σε τσάντα

**tick n**

A tick is the the strong cover of a mattress or pillow. ♦ θήκη που περιβάλλει στρώμα ή μαξιλάρι

**sparrow n**

A sparrow is a small brown bird that is very common in Britain. ♦ σπουργίτης

**bolt v**

If a person or animal bolts, they suddenly start to run very fast, often because sth has frightened them. ► *I made some excuse and bolted for the exit.* ♦ παίρνω δρόμο, το βάζω στα πόδια

**page 81****reluctant adj**

If you are reluctant to do sth, you are unwilling to do it and hesitate before doing it, or do it slowly and without enthusiasm.

► *Mr Spero was reluctant to ask for help.* ♦ απρόθυμος

**Reading – Part 2 – page 82****conservation n**

The protection of plants and animals, natural areas, and interesting and important structures and buildings, especially from the damaging effects of human activity. ► *Tree-planting and other conservation projects are really important for the environment.* ♦ προστασία, διατήρηση

**breeding ground n**

The breeding ground for a particular type of creature is the place where this creature breeds easily. ► *Warm milk is the ideal breeding ground for bacteria.* ♦ περιοχή / μέρος αναπαραγωγής

**malnourished adj**

Weak and in bad health because of having too little food or too little of the types of food necessary for good health.

► *About thirty per-cent of the country's children were malnourished.* ♦ υποσιτισμένος

**deplete v**

To reduce something in size or amount, especially supplies of

energy, money, etc. ► *If we continue to deplete the Earth's natural resources, we will cause serious damage to the environment.* ♦ μειώνω, αποδεκατίζω

**primarily adv**

Mainly. ► *We're primarily concerned with keeping expenditure down.* ♦ κυρίως, βασικά

**bottom-dwelling adj**

Belonging or relating to fish and marine life that dwell on the bottom of a body of water. ► *All too often bottom dwelling fish are underfed.* ♦ ζώο που ζει στον πυθμένα της θάλασσας, στο βυθό

**worm n**

A small animal with a long narrow soft body without arms, legs or bones. ► *The kiwi eats worms, other invertebrates, and berries.* ♦ σκουλήκι

**crustacean n**

Any of various types of animal which live in water and have a hard outer shell. ► *Crustaceans include animals such as crabs, lobsters and shrimp.* ♦ μαλακόστρακο, καρκινοειδές

**abundant adj**

More than enough. ► *There is abundant evidence that cars have a harmful effect on the environment.* ♦ άφθονος, υπεραρκετός

**sediment n**

A soft substance that is like a wet powder and consists of very small pieces of a solid material which have fallen to the bottom of a liquid. ► *There was a brown sediment in the bottom of the bottle.* ♦ ιζημα

**excavate v**

To remove earth that is covering very old objects buried in the ground in order to discover things about the past.

► *Tintagel Castle is being excavated.* ♦ ανασκάπτω

**trail v**

To (allow something to) move slowly along the ground or through the air or water, after someone or something. ► *As the boat moved along, he trailed his hand in the water.*

♦ σέρνω, σύρω

**brink n**

The point where a new or different situation is about to begin.

► *Extreme stress had driven him to the brink of a nervous breakdown.* ♦ όριο, χείλος

**latterly adv**

Recently. ► *Latterly, her concentration hasn't been so good.*

♦ πρόσφατα, τελευταία

**migrate v**

When an animal migrates, it travels to a different place, usually when the season changes. ► *These animals migrate annually in search of food.* ♦ αποδημώ, μεταναστεύω

**stretch v**

To spread over a large area or distance. ► *A huge cloud of dense smoke stretched across the horizon.* ♦ εκτείνομαι, απλώνομαι

**peninsula n**

A long piece of land which sticks out from a larger area of land into the sea or into a lake. ► *The postwar partition of the Korean peninsula has been the scene of scarcely conceivable humanitarian catastrophe.* ♦ χερσόνησος

**link n**

A connection between two people, things or ideas. ► *There's a direct link between diet and heart disease.* ♦ σύνδεση

**slump n**

A fall in the price, value, sales, etc. of something. ► *There's been a slump in the demand for new cars.* ♦ πτώση, ύφεση

**indefinitely adv**

For a period of time with no fixed end. ► *The negotiations have been put off indefinitely.* ♦ επ' αόριστον

**kelp n**

A large brown plant that grows in the sea, used in some foods

and medicines. ► *There are several kelps found in the lower zones.* ♦ φαιοφύκη

**lynx n**

A wild animal of the cat family which has brown hair, sometimes with dark spots on it, pointed ears and a short tail.

► *This is also one of the last known habitats of the Eurasian lynx.* ♦ λιύγκας

**factor n**

A fact or situation which influences the result of something.

► *People's voting habits are influenced by political, social and economic factors.* ♦ παράγοντας, συντελεστής

**melt v**

To turn from something solid into something soft or liquid, or to cause something to do this. ► *The snow usually melts by mid-March.* ♦ ηιώνω

**deprive v**

To take something, especially something necessary or pleasant, away from someone. ► *He claimed that he had been deprived of his freedom.* ♦ (απο)στερώ

**accumulate v**

To gradually increase in number or amount. ► *A thick layer of dust had accumulated in the room.* ♦ συσσωρεύομαι, αυξάνομαι

**page 83****puzzle v**

To cause someone to feel confused and slightly worried because they cannot understand something. ► *The findings of the survey puzzle me - they're not at all what I would have expected.* ♦ προβληματίζω, απασχολώ

**shortage n**

When there is not enough of something. ► *There's a shortage of food and shelter in the refugee camps.* ♦ έλλειψη, ανεπάρκεια

**Use of English – Part 1 – page 84****outset n**

The beginning. ► *I told him from the outset I wasn't interested.*

♦ ξεκίνημα, αρχή

**unwittingly adv**

Without knowing or planning. ► *I regret any anxiety which I may, unwittingly, have caused.* ♦ άθελα, κατά λάθος

**inconsiderate adj**

Not thinking or worrying about other people or their feelings; selfish. ► *Our neighbours are very inconsiderate - they're always playing loud music late at night.* ♦ απερίσκεπτος, εγωιστικός

**Use of English – Part 2 – page 85****sloppy adj**

Describes clothes which are large, loose and often untidy.

► *At home I tend to wear big sloppy jumpers and jeans.*

♦ ατημέλητος, τσαπατσούλικος

**write up phr.v**

To report someone for not obeying a law or rule. ► *The cop said he'd have to write me up for not stopping at the red light.* ♦ αναφέρω, "γράφω"

**write off phr.v**

To decide that a particular person or thing will not be useful, important or successful. ► *A lot of companies seem to write people off if they're over 50.* ♦ ξεγράφω, υποτιμώ

**write out phr.v**

To put all the information that is needed on a document.

► *Please will you write out your name and address in full.*

♦ συμπληρώνω, γράφω

**write down phr.v**

To write something on a piece of paper so that you do not forget it. ► *Did you write down Jo's phone number?* ♦ σημειώνω, καταγράφω



**outcome n**

A result or effect of an action, situation, etc. ► *It's too early to predict the outcome of the meeting.* ♦ έκβαση, αποτέλεσμα

**branch out phr.v.**

To start to do something different from what you usually do, especially in your job. ► *This designer has recently branched out into children's wear.* ♦ στρέφομαι, αλληάζω

**spread out phr.v.**

If people spread out, they move from being close together in a group to being in different places across a larger area. ► *They spread out to search the whole area.* ♦ απλώνομαι, χωρίζομαι

**damp adj**

Slightly wet, especially in a way that is not pleasant or comfortable. ► *The grass is still damp.* ♦ υγρός, νοτισμένος

**stuffy adj**

A stuffy room or building is unpleasant because it has no fresh air. ► *It's really hot and stuffy in here - let's open the window.* ♦ απονικτικός, πνιγηρός

**sordid adj**

Dirty and unpleasant. ► *There are lots of really sordid apartments in the city's poorer areas.* ♦ άθλιος, βρώμικος

**jerk v**

To make a short sudden movement, or to cause someone or something to do this. ► *The car made a strange noise and then jerked to a halt.* ♦ τινάζω-ομαι

**shake v**

To move backwards and forwards or up and down in quick, short movements, or to make something or someone do this. ► *A young boy climbed into the apple tree and shook the branches so that the fruit fell down.* ♦ (ταρα)κουνώ, τινάζω

**shrug v**

To raise your shoulders and then lower them in order to say you do not know or are not interested. ► *He shrugged his shoulders as if to say that there was nothing he could do about it.* ♦ ανασκώνω τους ώμους

**efficiency n**

When someone or something uses time and energy well, without wasting any. ► *What is so impressive about their society is the efficiency of the public services.* ♦ αποδοτικότητα

**receptive adj**

Willing to listen to and accept new ideas and suggestions. ► *The government is not receptive to the idea of a Freedom of Information Act.* ♦ δεκτικός

**hospitable adj**

Friendly and welcoming to guests and visitors. ► *The villagers were very hospitable to/towards anyone who passed through.* ♦ φιλόξενος

**rind n**

The hard outer layer or covering of particular fruits and foods. ► *Decorate with some grated lemon rind.* ♦ φλούδα

**strip v**

To remove, pull or tear the covering or outer layer from something. ► *Because of the pollution, the trees are almost completely stripped of bark.* ♦ αφαιρώ, βγάζω

**peel v**

To remove the skin of fruit and vegetables. ► *Peel, core and chop the apples.* ♦ ξεφλουδίζω

**shell v**

To remove peas, nuts, etc. from their shells or their natural protective covering. ► *She shelled and ate a few nuts.*

♦ ξεφλουδίζω, αφαιρώ τσόφλη, κέλυφος

**fatal adj**

A fatal illness or accident, etc. causes death. ► *His illness is fatal in almost all cases.* ♦ μοιραίος, θανάσιμος

**contagious adj**

A disease that can be caught by touching someone with the disease or a piece of infected clothing. ► *The infection is highly contagious, so don't let anyone else use your towel.*

♦ μεταδοτικός, μολυσματικός

**slip v**

To slide without intending to. ► *She slipped on the ice.*

♦ γλιστρώ (και πέφτω)

**trip v**

To lose your balance after knocking your foot against something when you are walking or running, or to cause someone to do this. ► *He tripped and fell over, grazing his knee.*

♦ σκοντάφτω

**slide v**

To (cause to) move easily and without interruption over a surface. ► *When I was little I used to like sliding on the polished floor in my socks.* ♦ γλιστρώ, τσουλήω

**in succession expr**

Following one after the other. ► *He was exhausted; he'd been up two nights in succession, running the tests.* ♦ διαδοχικά

**in advance expr**

Before something happens. ► *You should have called me in advance if you were planning to drop by.* ♦ εκ των προτέρων

**in vain expr**

Without success. ► *He stopped at the door, waiting in vain for her to acknowledge his presence.* ♦ μάταια

**in retrospect expr**

Thinking about something after it has happened. ► *In retrospect, I wish that I had thought about alternative courses of action.* ♦ εκ των υστέρων

**go along with phr.v**

Agree with what is said or happening. ► *Whatever the majority decided I was prepared to go along with.* ♦ συμφωνώ, στηρίζω

**go back on phr.v**

Not keep a promise or commitment. ► *He was an unreliable man, highly likely to go back on his promise.* ♦ δεν κρατώ την υπόσχεσή μου

**go in for phr.v**

Enjoy (a thing or activity). ► *They go in for tennis and bowls.* ♦ απολαμβάνω, ευχαριστιέμαι

**go down with phr.v**

Become ill. ► *The little boy went down with the flu.* ♦ αρρωσταίνω

**bend the rules expr**

Not do something exactly as you are supposed to according to the rules. ► *Sometimes it's necessary to bend the rules to get what you want.* ♦ δεν τηρώ τους κανονισμούς

**lose heart expr**

Lose enthusiasm and hope. ► *There's no reason to lose heart; we're going to find a way.* ♦ χάνω την ελπίδα ή τον ενθουσιασμό μου

**lose ground expr**

Be in a position where you are less successful, advanced or strong than you were. ► *Do you agree that left-wing politics are losing ground among the working classes?* ♦ χάνω έδαφος, βρίσκομαι σε χειρότερη θέση από πριν

**lose count expr**

To not know how many times something has happened because it has happened too often; to forget which number you had reached when you were counting something. ► *Imagine having so much money that you lose count of what you earn.*

♦ χάνω το λογαριασμό

**lose face expr**

No longer impress people who used to respect you; to feel embarrassed or ashamed. ► *England doesn't want a war but it doesn't want to lose face.* ♦ ταπεινώνομαι

**off the beaten path expr**

For a place that not many people go to. ► *Tiny secluded beaches can be found off the beaten path.* ♦ μακριά από τουριστικά μέρη

**Use of English – Part 3 – page 86****councillor n**

An elected member of a local government. ► *The first black New York City councillor was Benjamin Davis Jr.* ♦ σύμβουλος

**outlaw v**

To make something illegal or unacceptable. ► *The new law will outlaw smoking in public places.* ♦ κυρήσσω παράνομο, καταδικάζω

**argue v**

To give the reasons for your opinion, idea, belief, etc. ► *The minister argued that cuts in military spending were needed.* ♦ υποστηρίζω

**injury n**

Physical harm or damage to someone's body caused by an accident or an attack. ► *Injuries to the spine are common amongst these workers.* ♦ κάκωση, τραυματισμός

**strain n**

A force or influence that stretches, pulls or puts pressure on something, sometimes causing damage. ► *Their constant arguments were putting a strain on their marriage.* ♦ πίεση, βάρος, φορτίο

**fracture n**

A break or crack in something hard, especially a bone. ► *He suffered multiple fractures in a motorcycle accident.* ♦ κάταγμα

**petrified adj**

Very frightened. ► *I've always been petrified of being alone.* ♦ τρομοκρατημένος

**restructure v**

Change the way something is organised, planned or made. ► *The President called on educators and politicians to help him restructure American education.* ♦ αναδιαρθρώνω

**renovate v**

Repair and improve something to make it look new again. ► *The couple spent thousands renovating the house.* ♦ ανακαινίζω

**Use of English – Part 4 – page 87****plot n**

The story of a book, film, play, etc. ► *The film has a very simple plot.* ♦ πλοκή

**masterpiece n**

A work of art such as a painting, film or book which is done or made with great skill, and is often a person's greatest work. ► *'The Last Supper' is widely regarded as Leonardo da Vinci's masterpiece.* ♦ αριστούργημα

**intertwine v**

To twist or be twisted together, or to be connected so as to be difficult to separate. ► *The town's prosperity is inextricably intertwined with the fortunes of the factory.* ♦ συνυφαίνω-ομαι, διαπλέκω-ομαι, συνεμπλέκω

**pun n**

A humorous use of a word or phrase which has several meanings or which sounds like another word. ► *She made a couple of dreadful puns.* ♦ λογοπαίγνιο

**allusion n**

Something that is said or written that is intended to make you think of a particular thing or person. ► *The film is full of allusions to Hitchcock.* ♦ μνεία, αναφορά

**folk hero n**

Someone who is popular with and respected by ordinary people. ► *The mayor is still a folk hero in Chicago's black community.* ♦ ηθαίρετος ήρωας

**uncomprehending adj**

Not understanding. ► *He gave the bottle a long, uncomprehending look.* ♦ μπερδεμένος

**psychotic adj**

Having a serious mental illness that makes someone behave in a violent and dangerous way. ► *The man, who police believe is psychotic, is thought to be responsible for eight attacks.* ♦ ψυχωτικός, ψυχασθενής

**psychic adj**

Having the power to know what is going to happen in the future and what people are thinking. ► *Trevor helped police by using his psychic powers.* ♦ με μεταφυσικές ικανότητες

**concur v**

Agree with someone. ► *Local feeling does not necessarily concur with the press.* ♦ συμφωνώ, συμπίπτω

**incur v**

Experience something bad or unpleasant especially as a result of something you have done. ► *The government had also incurred huge debts.* ♦ υφίσταμαι

**beset v**

Cause someone to experience difficulty or danger over a period of time. ► *The country is beset by severe economic problems.* ♦ βασανίζω

**futureless adj**

Without a future, without a chance of success. ► *But those were just dreams, things to talk about in sleepy afternoons, futureless plans.* ♦ χωρίς μέλλον

**futurity n**

A future time or event. ► *There would be no offspring to carry this face into futurity.* ♦ ένα μελλοντικό γεγονός

**Writing – page 88****eliminate v**

Remove or get rid of. ► *Academic departments are being eliminated.* ♦ εξαλείφω

**make a living expr**

Earn enough money to live off. ► *Nowadays, it's hard to make a living taking into account existing salaries.* ♦ βγάζω τα προς το ζην

**Speaking – page 88****innate adj**

Natural. ► *Her capability for organization was innate.* ♦ έμφυτος, φυσικός

**recreational adj**

For leisure, relaxation and fun. ► *Parks and other recreational facilities are needed in the area.* ♦ ψυχαγωγικός

**page 89****acquisition n**

The act of gaining, getting or learning. ► *Expect heavy mergers and acquisitions activity in Germany.* ♦ απόκτημα, εξαγορά

**subsidise v**

Pay part of the cost of something. ► *Around the world, governments have subsidised the housing of middle and upper-income groups.* ♦ επιδοτώ

# TEST 8

## Listening – Part 1 – Section A – page 90

**misinterpret** v

To form an understanding that is not correct of something that is said or done. ► *My speech has been misinterpreted by the press.* ♦ παρερμηνεύω

**plummet** v

To fall very quickly and suddenly. ► *House prices have plummeted in recent months.* ♦ πέφτω απότομα, κατακυλιώ

**eradicate** v

To get rid of completely or destroy something bad. ► *The government claims to be doing all it can to eradicate corruption.* ♦ εξαλείφω, αποκλείω

## Listening – Part 1 – Section B – page 90

**plead** v

To make an urgent, emotional statement or request for something. ► *He was on his knees, pleading for mercy.* ♦ παρακαλώ, εκλιπαρώ, κάνω έκκληση

## Listening – Part 2 – page 91

**itinerary** n

A detailed plan or route of a journey. ► *The tour operator will arrange transport and plan your itinerary.* ♦ δρομολόγιο

**remodel** v

To give a new shape or form to something. ► *We've completely remodelled the kitchen.* ♦ αλλιάζω τη δομή, αναδιαρθρώνω

**bridesmaid** n

A girl or woman who during the marriage ceremony helps the woman who is getting married. ► *It is a great honour to be one of your best friend's bridesmaids.* ♦ παράνυμφος

**sapphire** adj

Having a bright blue colour. ► *My favourite item is a sapphire scarf my mum has given me as a present.* ♦ ζαφειρένιος

## Reading – Part 1 – page 92

**engaged reading** n

When sb is interacting with text in ways that are both strategic and motivated. ► *Engaged reading is highly desirable.*

♦ μεθοδική / συστηματική ανάγνωση

**merger** n

An occasion when two or more companies join together to make one larger company. ► *She's an attorney who advises companies about mergers and takeovers.* ► συγχώνευση, συνένωση

**seek** v

To try or attempt. ► *They sought to reassure the public.*

♦ προσπαθώ, επιδιώκω

**mastery** n

If someone has a mastery of something, they are extremely skilled at it. ► *Her mastery of the violin.* ♦ βαθιά γνώση, "κατοχή"

**intrinsically** adv

In an intrinsic manner; internally; essentially. ► *Sometimes I wonder if people are intrinsically evil.* ♦ εσωτερικά

**self-efficacy** n

Belief in one's own ability to perform a task. ► *Perceived self-efficacy refers to people's beliefs about their capabilities to exercise control over their own activities.* ♦ αυτεπάρκεια

**prominent** adj

Very well-known and important. ► *The government should be playing a more prominent role in promoting human rights.*

♦ εξέχων, διαπρεπής

**relevant** adj

Connected with what is happening or being discussed.

► *Education should be relevant to the child's needs.*

♦ συναφής, σχετικός

**coherent** adj

If an argument, set of ideas or a plan is coherent, it is clear and carefully considered, and each part of it connects or follows in a natural or sensible way. ► *He has failed to work out a coherent strategy for modernising the service.* ♦ που χαρακτηρίζεται από συνοχή, συνεκτικός

**fuse** v

To join or become combined. ► *Genes determine how we develop from the moment the sperm fuses with the egg.*

♦ ενώνω, συγκεντρώνω

**quality** n

A characteristic or feature of someone or something. ► *He has a lot of good qualities but being organised isn't one of them.* ♦ προσόν, αρετή

**devotion** n

Loyalty and love or care for someone or something. ► *He inspired respect and devotion from his pupils.* ♦ πίστη, αφοσίωση

**span** v

To exist or continue for a particular length of time. ► *Tennis has a history spanning several centuries.* ♦ εκτείνομαι στο χρόνο

**culminate** v

If an event or series of events culminates in something, it ends with it, having developed until it reaches this point.

► *My arguments with the boss got worse and worse, and it all culminated in my deciding to change jobs.* ♦ (απο)κορυφώνομαι

**valuable** adj

Valuable information, advice, etc. is very helpful or important. ► *He was able to provide the police with some valuable information.* ♦ πολύτιμος, σημαντικός

**intent** adj

To be determined to do or achieve sth. ► *I've tried persuading her not to go but she's intent on it.* ♦ αποφασισμένος

**distraction** n

Something that prevents someone from concentrating on what they are doing. ► *I can turn the television off if you find it a distraction.* ♦ περιπασμός, διάσπαση της προσοχής

**inferencing** n

The means by which the learner forms hypotheses, through attending to input, or using the situational context to interpret the input. ♦ εξαγωγή συμπεράσματος

**reveal** v

To make known or show something that is surprising or that was previously secret. ► *He was jailed for revealing secrets to the Russians.* ♦ αποκαλύπτω

**compensate** v

To provide something good or useful in place of something or to make someone feel better about something that has failed or been lost or missed. ► *Nothing will ever compensate for his lost childhood.* ♦ αντισταθμίζω, αναπληρώνω

**attribute sth to sb** phr.v

To think that someone or something has a particular quality or feature. ► *I wouldn't dream of attributing such a lack of judgment to you.* ♦ αιτιολογώ, αποδίδω

**agent** n A person or thing that produces a particular effect or change. ► *This is a powerful cleaning agent.* ♦ συντηρηστής, παράγοντας

**entail** v

To make something necessary, or to involve something.

► *Such a large investment inevitably entails some risk.*

♦ συνεπάγομαι, επιφέρω



**approach n**

A way of considering or doing something. ► *Since our research so far has not produced any answers to this problem, we need to adopt a different approach to it.* ♦ προσέγγιση

**interact v**

To communicate with or react to something. ► *Dominique's teacher says that she interacts well with the other children.*

♦ αλληλεπιδρώ, συνεργάζομαι

**multifaceted adj**

Many-sided: having many aspects. ► *It was a multifaceted undertaking.* ♦ πολύπλευρος

**investigator n**

A research worker: a scientist who devotes himself to doing research. ► *British air accident investigators were being sent to help with the inquiry.* ♦ ερευνητής

**extrinsic adj**

Coming from outside, or not related to something. ► *Extrinsic forces were responsible for the breakdown of the peace talks.*

♦ άσχετος ή εξωτερικός

**implication n**

The effect that an action or decision will have on something else in the future. ► *The company is cutting back its spending and I wonder what the implications will be for our department.* ♦ συνέπεια, επίπτωση

**foster v**

To encourage the development or growth of ideas or feelings. ► *I'm trying to foster an interest in classical music in my children.* ♦ εμπνέω, καθιερώνω

**page 93****inherently adv**

In an inherent way; naturally, innately, unavoidably. ► *There's nothing inherently wrong with his ideas.* ♦ εκ γενετής, έμφυτα

**rigorous adj**

Severe or strict. ► *There are rigorous controls governing the sale of shares.* ♦ αυστηρός

**pertinent adj**

Relating directly to the subject being considered. ► *Chapter One is pertinent to the post-war period.* ♦ συναφής, σχετικός

**monitor v**

To watch and check a situation carefully for a period of time in order to discover something about it. ► *The new findings suggest that women ought to monitor their cholesterol levels.*

♦ ελέγχω, παρακολουθώ

**hindrance n**

Something which makes it more difficult for you to do something or for something to develop. ► *I've never considered my disability a hindrance, but other people have.* ♦ κώλυμα, εμπόδιο

**facet n**

One part of a subject, situation, etc. that has many parts.

► *She has so many facets to her personality.* ♦ πλευρά, όψη

**sustainable adj**

Able to continue over a period of time. ► *That sort of extreme diet is not sustainable over a long period.* ♦ βιώσιμος, που έχει τη δυνατότητα να επιβιώσει

**introvert adj**

Someone shy, quiet and unable to make friends easily. ► *The music students here are a very introvert lot.* ♦ εσωστρεφής

**Reading – Part 2 – page 94****bold adj**

Brave; not fearing danger. ► *He was a bold and fearless climber.* ♦ τόλμηρός, θάρραλέος

**controversial adj**

Causing disagreement or discussion. ► *The book was very controversial.* ♦ αντιφατικός, αμφιλεγόμενος

**infrastructure n**

The basic systems and services, such as transport and power supplies, that a country or organization uses in order to work effectively. ► *The war has badly damaged the country's infrastructure.* ♦ υποδομή

**aspiration n**

Something that you hope to achieve. ► *I've never had any political aspirations.* ♦ ελπίδα, φιλοδοξία

**hail v**

To acclaim, to praise vociferously. ► *His statement was hailed as a positive step towards.* ♦ χαιρετώ, υποδέχομαι με ενθουσιασμό

**initiative n**

A new action or movement, often intended to solve a problem. ► *The peace initiative was welcomed by both sides.*

♦ πρωτοβουλία

**tackle v**

To try to deal with something or someone. ► *There are many ways of tackling this problem.* ♦ αντιμετωπίζω, ξεπερνώ

**(light) bulb n**

A rounded glass container with a thin thread of metal inside which produces light when an electric current goes through it. ► *The stairwell was lit by a single bulb.* ♦ ηλεκτρική λυχνία, λάμπα

**plank n**

An important principle on which the activities of a group, especially a political group, are based. ► *Educational reform was one of the main planks of their election campaign.*

♦ προεκλογική επαγγελία, προεκλογικό πρόγραμμα

**quarter n**

An area of a town where a particular group of people live or work or where a particular activity happens. ► *This is the bustling commercial quarter of the city.* ♦ συνοικία

**off-grid adv**

Refers to living in a self-sufficient manner without reliance on one or more public utilities. ► *We're interested in independent self-sufficient living, off-the-grid.* ♦ σε αυτόνομο σύστημα

**decentralise v**

To move the control of an organisation or government from a single place to several smaller ones. ► *We decentralised our operations last year and opened several regional offices.*

♦ αποκεντρώνω

**norm n**

If you say that a situation is the norm, you mean that it is usual and expected. ► *Families of six or seven are the norm in Borough Park.* ♦ κανόνας, νόρμα

**subsidy n**

Money given as part of the cost of something, to help or encourage it to happen. ► *The company received a substantial government subsidy.* ♦ επιχορήγηση, επιδότηση

**loft n**

A space at the top of a building under the roof used for storage and usually entered by a ladder, or sometimes made into a room. ► *The firm specialises in loft conversions.* ♦ σοφίτα, πατάρι

**insulation n**

Material which is used to stop heat, sound or electricity from escaping or entering. ► *Glass fibre is often used as roof insulation.* ♦ μόνωση

**behavioural adj**

Relating to behaviour. ► *She studied behavioural psychology at college.* ♦ που σχετίζεται με τη συμπεριφορά

**baldly adv**

In plain or basic language, without unnecessary words or details. ► *To put it baldly, I can't afford to take the risk.*

♦ ξεκάθαρα, σαράτα

**lobby v**

To try to persuade a politician, the government or an official

group that a particular thing should or should not happen, or that a law should be changed. ► *Small businesses have lobbied hard against changes in the tax laws.* ♦ ασκώ (παρασκηνακή) πολιτική πίεση

**comprehensive adj**

Complete and including everything that is necessary. ► *We offer you a comprehensive training in all aspects of the business.* ♦ αναλυτικός, περιεκτικός, εκτενής

**convergence n**

The convergence of different ideas, groups, or societies is the process by which they stop being different and become more similar. ► *There is a convergence between capitalist firms and co-operatives in terms of business strategy.* ♦ σύγκλιση

**derive from phr.v**

To come from something. ► *The English word 'olive' derives from the Latin word 'oliva'.* ♦ προέρχομαι

**curb v**

To control or limit something that is not wanted. ► *The Government should act to curb tax evasion.* ♦ καταστέλλω

**aviation n**

The activity of flying aircraft, or of designing, producing and keeping them in good condition. ► *The results come after the safest year on record for civil aviation.* ♦ αεροπορία, αεροναυπηγική

**sombre adj**

Serious, sad and without humour or entertainment. ► *I left them in a sombre mood.* ♦ σοβαρός, θλιβερός

**overdue adj**

Not done or happening when expected or when needed; late. ► *Changes to the tax system are long overdue.* ♦ καθυστερημένος, εκπρόθεσμος

**page 95****notorious adj**

Famous for something bad. ► *The company is notorious for paying its bills late.* ♦ διαβόητος, περιβόητος

**radically adv**

Completely or extremely. ► *She took a radically different approach.* ♦ ριζικά

**obstruct v**

To try to stop something from happening or developing. ► *He got five years in prison for withholding evidence and obstructing the course of justice.* ♦ εμποδίζω, (παρα)κωλύω

**Use of English – Part 1 – page 96****whine v**

If you whine, especially as a child, you complain or express disappointment or unhappiness repeatedly. ► *Alice, if you carry on whining like that I won't take you - do you understand?* ♦ κλαψουρίζω, γκρινιάζω

**make up one's mind expr**

To decide. ► *I'm not ready to make up my mind.* ♦ αποφασίζω

**narrow escape expr**

A situation in which an unfortunate incident is only just avoided. ► *It was such a narrow escape that we couldn't believe it.* ♦ παρά τριχα

**Use of English – Part 2 – page 97****sentence v**

To decide and say officially what a punishment will be. ► *He was sentenced to life imprisonment.* ♦ καταδικάζω

**evict v**

To force someone to leave somewhere. ► *Tenants who fall behind in their rent risk being evicted.* ♦ κάνω έξωσιν

**convict v**

To decide officially in a court of law that someone is guilty of a crime. ► *He has twice been convicted of robbery.*

♦ καταδικάζω

**depict v**

To depict sb or sth means to show or represent them in a work of art such as a drawing or painting. ► *We visited a gallery of pictures depicting Nelson's most famous battles.*

♦ απεικονίζω, αναπαριστάω

**predict v**

To say that an event or action will happen in the future, especially as a result of knowledge or experience. ► *It's still not possible to accurately predict the occurrence of earthquakes.*

♦ προβλέπω

**vice-president n**

The person who is responsible for a large important part of a company or organization. ► *She's vice president of sales and marketing.* ♦ αντιπρόεδρος

**dominate v**

To have control over a place or a person, or to be the most important person or thing. ► *He refuses to let others speak and dominates every meeting.* ♦ κυριαρχώ, επικρατώ

**pollinate v**

To fertilise by transferring pollen. ► *Bees pollinate the plants by carrying the pollen from one flower to another.* ♦ επικονιάζω

**alienate v**

To alienate a person from sb or sth that they are normally linked with means to cause them to be emotionally or intellectually separated from them. ► *His second wife, Alice, was determined to alienate him from his two boys.*

♦ αποξενώνω, απομακρύνω

**nominate v**

To officially choose someone for a job or to do something. ► *She was nominated as the delegation's official interpreter.*

♦ διορίζω, ονομάζω

**recline v**

To lean or lie back with the upper part of your body in a nearly horizontal position. ► *She was reclining elegantly on the sofa.* ♦ ανακλινόμαι, ξαπλώνω, πηλαγιάζω

**decline v**

To refuse. ► *I invited him to the meeting but he declined.*

♦ αρνούμαι

**incline v**

To (cause to) slope at a particular angle. ► *The ground inclined steeply towards the ridge in the distance.* ♦ γέρνω

**punch v**

To hit someone or something with your fist. ► *He punched him in the stomach.* ♦ γρονθοκοπώ, χτυπώ

**eligible adj**

Sb who is eligible to do sth is qualified or able to do it, for example because they are old enough. ► *Almost half the population are eligible to vote in today's election.* ♦ δικαιούχος

**legible adj**

Legible writing is clear enough to read. ► *My handwriting isn't very legible.* ♦ ευανάγνωστος

**edible adj**

Suitable or safe for eating. ► *Only the leaves of the plant are edible.* ♦ βρώσιμος, φαγώσιμος

**illegible adj**

Writing that is illegible is so unclear that you cannot read it. ► *His writing is totally illegible.* ♦ δυσανάγνωστος

**vanish v**

To disappear or stop being present or existing, especially in a sudden, surprising way. ► *The child vanished while on her way home from school.* ♦ εξαφανίζομαι

**vanquish v**

To defeat an opponent, especially in war. ► *The vanquished army surrendered their weapons.* ♦ νικώ, κατατροπώνω

**relinquish v**

If you relinquish sth such as power or control, you give it up.

► *He does not intend to relinquish power.* ♦ εγκαταλείπω, παραχωρώ (αξίωμα, εξουσία)

**famished adj**

Extremely hungry. ► *Have some dinner with us - you must be famished!* ♦ πεινασμένος, που λιμοκτονεί

**juvenile adj**

Silly and typical of a child. ► *He has a juvenile sense of humour.*

♦ ανώριμος, "παιδιάστικος"

**adept adj**

Having a natural ability to do something that needs skill.

► *She's very adept at dealing with the media.* ♦ ειδήμονας, γνώστης

**proficient adj**

Skilled and experienced. ► *It takes a couple of years of regular driving before you become proficient at it.* ♦ καταρτισμένος

**sympathetic adj**

Describes someone who shows, especially by what they say, that they understand and care about someone's suffering.

► *He suffers from back trouble too, so he was very sympathetic about my problem.* ♦ συμπνετικός, συμπνετικός

**endorse v**

To make a public statement of your approval or support for something or someone. ► *The National Executive is expected to endorse these recommendations.* ♦ υποστηρίζω κάτι ανοιχτά

**entice v**

To persuade someone to do something by offering them something pleasant. ► *The adverts entice the customer into buying things they don't really want.* ♦ δελεάζω, σαγηνεύω

**engage v**

To employ someone. ► *I have engaged a secretary to deal with all my paperwork.* ♦ προσλαμβάνω, εργοδοτώ

**enact v**

To encourage the development or growth of ideas or feelings. ► *I'm trying to foster an interest in classical music in my children.* ♦ εμπνέω, καθιερώνω

**in the aftermath expr**

The after-effects of a significant unpleasant event. ► *In the aftermath of the hurricane, many people had to live in temporary accommodation while their homes were rebuilt.* ♦ ως επακόλουθο

**in conjunction phr**

Together. ► *Since iron destroys vitamin E, these two nutrients should not be taken in conjunction.* ♦ σε συνδυασμό, από κοινού

**in favour of phr**

In support of. ► *The policy was rejected in favour of a more cautious approach.* ♦ προτιμώ, υποστηρίζω

**pursuit n**

An attempt to achieve a plan or a situation usually over a long period of time. ► *He's a young man whose relentless pursuit of excellence is conducted with single-minded determination.* ♦ επιδίωξη

**stand out for phr.v**

To refuse to accept less than what you are asking for. ► *We are standing out for a fair reward for our hard work.* ♦ δεν κάνω πίσω ως προς τα χρήματα

**set out phr.v**

To begin a journey; to aim to do something. ► *When setting out on a long walk, always wear suitable boots.* ♦ ξεκινώ

**try sth out on sb phr.v**

To find out what someone thinks about something. ► *We tried out the new song on a couple of friends, but they didn't like it.* ♦ βρήνω αν κάτι αρέσει

**take up the reins expr**

To take charge of. ► *After the CEO announced that she had been diagnosed with dementia, her daughter gradually began*

*taking up the reins of the company.* ♦ αναλαμβάνω τα ινιά

**stand up to phr.v**

To take a stand against someone or something; to hold one's ground or principles in the face of a challenge. ► *He is a tough customer, and you have to learn to stand up to him.* ♦ αντιμετώπιζω, ορθώνω το ανάστημά μου σε

**stand in for phr.v**

To substitute for. ► *I had to stand in for her on Tuesday when she didn't show up.* ♦ αντικαθιστώ, αναπληρώνω

**stand for phr.v**

Be an abbreviation or a symbol for. ► *AIDS stands for Acquired Immune Deficiency Syndrome.* ♦ σημαίνω

**turn a blind eye expr**

Pretend not to notice. ► *But they turn a blind eye, as long as everything's kept discreet.* ♦ κάνω πως δεν βλέπω

**Use of English – Part 3 – page 98****conflict v**

An active disagreement between people with opposing opinions or principles. ► *There was a lot of conflict between him and his father.* ♦ διαμάχη

**yell v**

To shout something or make a loud noise, usually when you are angry, in pain or excited. ► *Our neighbours were yelling at each other this morning.* ♦ φωνάζω, ουρλιάζω

**shove v**

To push someone or something forcefully. ► *She was jostled and shoved by an angry crowd as she left the court.*

♦ σκουντώ, σηρώχνω

**foundation v**

The basis on which something is grounded. ► *There is little foundation for his objections.* ♦ βάση, θεμέλια

**succinctly adv**

With concise and precise brevity; to the point. ► *Please state your case as succinctly as possible.* ♦ ξεκάθαρα, σταράτα

**name-calling n**

Verbal abuse; a crude substitute for argument. ► *Under no circumstances will name-calling be tolerated.* ♦ παρατσούκλι, φραστική προσβολή

**harassment n**

Behaviour that annoys or upsets someone. ► *Sexual harassment of women workers by their bosses is believed to be widespread.* ♦ παρενόχληση

**stalking n**

Unwanted attention by individuals (and sometimes groups of people) to others. ► *The Home Secretary is considering a new law against stalking.* ♦ παρακολούθηση

**assert v**

To say that something is certainly true. ► *He asserts that she stole money from him.* ♦ διαβεβαιώνω

**verbal abuse n**

A form of abusive behaviour involving the use of language. ♦ εξύβριση, φραστική κακοποίηση

**back-stabbing n**

The betrayal or the breaking or violation of a presumptive social contract, trust, or confidence that produces moral and psychological conflict within a relationship amongst individuals. ► *She accused her colleagues of bullying and back-stabbing.* ♦ πισώπηλατο μαχαίρωμα, προδοσία

**rumour mongering n**

The act of spreading rumours. ► *A couple of years ago Brown found himself the subject of malicious, unfounded rumour mongering.* ♦ διάδοση φήμης

**tattle v**

To talk about other people's lives that is usually unkind, disapproving or not true. ► *That's a load of tabloid tattle.*

♦ κουτσομπολεύω



**prevalent adj**

Existing very commonly or happening often. ► *These diseases are more prevalent among young children.* ♦ διαδεδομένος, εξαπλωμένος

**provoke v**

To cause a reaction, especially a negative one. ► *The prospect of increased prices has already provoked an outcry.* ♦ προκαλώ, πυροδοτώ

**intolerable adj**

For something that cannot be tolerated or accepted. ► *They felt this would put intolerable pressure on them.* ♦ ανυπόφορος

**assert v**

To say with confidence or force. ► *Mr. Helm plans to assert that the bill violates the First Amendment.* ♦ υποστηρίζω, διακυρύσσω

**avert v**

To avoid or prevent sth. ► *Talks with the teachers' union over the weekend have averted a strike.* ♦ αποτρέπω

**prevalent adj**

Existing, happening over a wide area, common. ► *This condition is more prevalent in women than in men.* ♦ συχνός, που επικρατεί

**Use of English – Part 4 – page 99****tamper with phr.v**

To touch or make changes to something which you should not, usually without enough knowledge of how it works or when you are trying to damage it. ► *I could see at once that the lock had been tampered with.* ♦ σκαλίζω, πειράζω

**purely adv**

Only. ► *On a purely practical level, it is difficult to see how such proposals would work.* ♦ καθαρά, αποκλειστικά

**corporate adj**

Relating to a large company. ► *Corporate executives.* ♦ "εταιρικός", συλλογικός

**tag v**

To mark computer information so that you can process it later. ► *Make sure you tag the item first.* ♦ καταχωρώ ετικέτα (H/Y)

**pique v**

To provoke. ► *The portrait piqued her curiosity.* ♦ προκαλώ, κινώ

**encrypt v**

To change data or information into a secret code. ► *Account details are encrypted to protect privacy.* ♦ κρυπτογραφώ, κωδικοποιώ

**decrypt v**

To work out the secret code of something that has been encrypted. ► *Messages encrypted using the public key can be decrypted only by someone with the private key.* ♦ αποκρυπτογραφώ

**inconsiderable adj**

Small, unimportant. ► *He inherited a not inconsiderable sum.* ♦ ασήμαντος

**preview v**

If a journalist previews something such as a film, exhibition, or invention, they see it and describe it to the public before the public see it for themselves. ► *He knew about the interview prior to its publication and had actually previewed the piece.* ♦ βρήπω κάτι πριν κυκλοφορήσει επισήμως

**corporator n**

Someone who belongs to a large group of people (corporation) for business etc. ► *Yet, today, even corporators in the BCC Council complain that nothing is being done.* ♦ μέλος εταιρίας

**malpractice n**

When a professional person behaves in a way that they

should not. ► *There were only one or two serious allegations of malpractice.* ♦ αντιεπαγγελματική συμπεριφορά

**impersonate v**

To pretend to be another person or copy the way they speak, act etc. ► *He was returned to prison for impersonating a police officer.* ♦ παριστάνω

**personify v**

To be a typical example of how something or someone should be. ► *She seemed to personify goodness and nobility.* ♦ είμαι η προσωποποίηση

**Writing – page 100****confine v**

To keep in one place or situation. ► *Health officials have successfully confined the epidemic to the Tabatinga area.* ♦ περιορίζω

**sedentary adj**

Inactive, lazy. ► *Obesity and a sedentary lifestyle have been linked with an increased risk of heart disease.* ♦ καθιστικός

**Speaking – page 100****succumb v**

To give in to, be affected by, unable to resist or fight off. ► *The Minister said his country would never succumb to pressure.* ♦ υποκύπτω

**self-induced adj**

Caused by one's own actions. ► *It's even of more concern when the fact that much of it is self-induced is taken into account.* ♦ προκαλείται από τον εαυτό μας

**bias n**

Supporting or favouring one thing more than another. ► *There was evidence of bias against foreign applicants.* ♦ προκατάληψη

**bond n**

Connection, commitment. ► *The experience created a very special bond between us.* ♦ δεσμός

**page 101****literacy n**

The ability to read and write. ► *Many adults have some problems with literacy and numeracy.* ♦ γραφή και ανάγνωση, αλφαριθμητισμός

**insight n**

Understanding, information. ► *The project would give scientists new insights into what is happening to the Earth's atmosphere.* ♦ διορατικότητα, γνώση

**inaccessible adj**

For something that cannot be reached. ► *The route took us through scenery quite inaccessible to the motorist.* ♦ απρόσιτος

**unbearable adj**

For something that is too bad, painful etc to be tolerated or coped with. ► *War has made life almost unbearable for the civilians remaining in the capital.* ♦ ανυπόφορος

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