

SUCCEED in CPE COMPANION - Tests 1-8

Test 1

Reading

Part 1 - page 33

scorn n *an open or unqualified contempt: *Her attitude showed the scorn she felt.* = περιφρόνηση, χλεύη

laboratory n *a place equipped to conduct scientific experiments, tests, investigations or to manufacture chemicals, medicines, or the like: *School facilities are excellent and include a laboratory for teaching and research.* = εργαστήριο για έρευνα

genius n *a natural ability; strong inclination: *He has a special genius for leadership.* = δαιμόνιο πνεύμα, ιδιοφυΐα

pivotal adj *of vital or critical importance: *It's the wish of every doctor to make a pivotal contribution to the field.* = κρίσιμος, βασικός, ζωτικός

groundbreaking adj *something being like nothing done, experienced or created before: *It was a groundbreaking decision, even for a company with a long history of innovations.* = πρωτοποριακός, καινοτόμος

heap upon phr.v. *give or assign in great quantity; load: *The priest always heaps blessings upon the couples.* = φορτώνω, συσσωρεύω

pick on phr.v. *criticize or blame; tease: *The older boys always pick on the younger ones at school.* = παρενοχλώ, πειράζω, βάζω κάποιον στο μάτι

assemble v *fit together; put together the parts of: *Dad assembled the toy according to the manual.* = συγκεντρώνω, συναρμολογώ

virtually adv *practically; nearly: *Virtually every major company is now firing employees.* = πρακτικά, στην ουσία

substantially adv *to a great extent or degree: *The price went up substantially.* = αρκετά σημαντικά, ουσιαστικά

flaring adj *flaming or blazing unsteadily; shining out with a dazzling light: *How beautiful is the flaring fire!* = που τρεμοκαίει, που τρεμοπαίζει

glimmering adj *shining faintly or unsteadily; shimmering: *The moon was glimmering through the clouds.* = που τρεμοπαίζει, θαμποφέγει

sparkling adj *shining with little gleams of light, as a brilliant gem; glittering: *Her bright eyes were sparkling.* = αστραφτερός, λαμπερός

flickering adj *moving to and fro; quivering: *The light in the room was flickering.* = που τρεμοπαίζει, που τρεμοφέγγει

surveillance n *supervision; a watch kept over a suspect, prisoner, or the like: *Since she was suspected of committing the crime, the police kept her under surveillance.* = παρακολούθηση, επιθεώρηση, επιτήρηση

bereft adj *deprived; parted: *They are bereft of all happiness, since their son died.* = στερημένος

Part 2 - page 34

layer n *a thickness of some material covering a surface or forming an overlying part: *Mum baked a cake with four layers.* = στρώση, στρώμα

proactive adj *acting in advance to deal with a difficulty; anticipatory: *The government has taken proactive steps to prevent terrorism.* = ενεργητικός, δραστήριο

Part 3 - page 34

bank over phr.v. *incline an airplane laterally when turning: *The pilot had to bank the aircraft over the ocean.* = προσδίδω κλίση πάνω από..., γέρνω (για αεροπλάνο) καθώς στρίβω

gaze v *look intently, as with great curiosity, interest or wonder: *She was standing there, gazing at the horizon.* = κοιτάζω, ατενίζω

canopy n *a cover formed by the leafy upper branches of the trees in a forest: *If you're looking for some shade, pick a tree with a wide canopy.* = φύλλωμα δέντρων

appoint v *assign to a position, an office, or the like; designate: *A new judge was appointed.* = διορίζω σε κάποια θέση, αναθέτω

latterly adv *in a later part of a period: *Latterly he became human-rights activist.* = εσχάτως, πρόσφατα

curator n *a person in charge of a museum, etc; a manager: *He is a former zoological curator.* = επιμελητής, έφορος

impact n *influence; effect: *Pollution's impact on the environment is evident.* = επίπτωση, επιρροή

Part 5 - page 36

tyro n *a beginner in learning anything: *The German boy was a tyro in English.* = πρωτάρης, άπειρος

lithe adj *bending easily; flexible: *A ballerina should have a lithe body.* = ευκίνητος, ευλύγιστος

of its own accord phr *of one's own free will: *She did it of her own accord, without being forced to.* = με τη θέληση του

tack n *a course of action or conduct, especially one differing from some preceding course: *The two competitors differed highly in tack.* = τακτική, τρόπος ενέργειας

placid adj *pleasantly calm or peaceful; serenely quiet or undisturbed: *The placid waters of the lake were brilliant to look at.* = ήρεμος, γαλήνιος

tabby adj *striped or brindled: *The tabby cat laid in bed.* = με ριγωτή γούνα, παρδαλός

preserve n *something considered as being the exclusive province of sb: *The lion defended its preserve until it's death.* = καταφύγιο

encroach v *trespass upon the property or rights of another; advance beyond limits: *There is no reason to encroach on individual freedom.* = καταπατώ, παραβιάζω

inmate n *someone who is confined in a prison, hospital, etc.: *The inmates protested because of the horrible living conditions in prison.* = τρόφιμος, φυλακισμένος

vigorously adv *strongly; actively; powerfully: *She defended her ideas vigorously.* = σθεναρά, δυναμικά

cunning n *cleverness; skill in deception: *To succeed one needs some cunning, too.* = πονηριά, πανουργία

spirited adj *having or showing courage, vigour, liveliness, etc.: *He wanted to provoke a spirited debate.* = ζωηρός, δυναμικός

take the edge off idm *ease; make less severe: *The snack took the edge off our hunger.* = μειώνω την ένταση ανεπιθύμητης κατάστασης

viciousness n *aggressive disposition; cruelty: *This criminal's attack were characterised by extreme viciousness.* = μοχθηρότητα, επιθετικότητα, κτηνωδία

snarl v *growl threateningly or viciously, baring the teeth: *The dog started snarling when he saw the burglar.* = γρυλίζω, βρυχώμαι

rave v *make a wild or furious sound; rage: *The wind was raving outside.* = μαίνομαι, φρενιάζω

purr v *make a low, continuous, murmuring sound expressive of pleasure: *The cat was purring with delight.* = γουργουρίζω

take aback v *astonish; fill with surprise or wonder: *Everyone was taken aback when they heard I was promoted.* = ξαφνιάζω, εκπλήσσω

sacking n *coarse woven material of hemp or the like, chiefly for making sacks: *A piece of sacking was used to make a groceries bag.* = ύφασμα, λινάτσα

chop v *cut in small pieces: *The chef chopped the meat to prepare his dish.* = ψιλοκόβω

outboard engine n *a portable gasoline engine with propeller on the stern of a boat: *Small boats with outboard engines are perfect for fishing.* = εξωλέμβια μηχανή τοποθετημένη στο πίσω μέρος

fling v *move (oneself) violently with impatience, or the like: *The dog flung itself at its food.* = τινάζω, εκσφενδονίζω, 'ρίχνω'

with bated breath idm *with breath held because of anticipation or suspense: *The boy was opening his presents with bated breath.* = με κομμένη την ανάσα

mew n *a tiny, high-pitched sound a cat or kitten makes: *The kitten's mew was barely heard.* = νιαούρισμα

muffle v *deaden sound: *Earplugs can muffle loud noises.* = σιγάζω, πνίγω (για ήχο)
ponder v *consider something deeply and thoroughly; meditate: *Many people like to ponder on the mysteries of the universe.* = σκέφτομαι, αναλογίζομαι
daintily adv *delicately; elegantly: *That lady was very daintily dressed.* = χαριτωμένα, 'σικάτα'
lap v *take in (liquid) with the tongue: *The dog lapped water from the bowl.* = πίνω με την γλώσσα (για ζώα)
morsel n *a bite or small portion of food, candy, etc.: *The girl enjoyed that tasty morsel of meat.* = μπουκιά, κομμάτι

Part 6 - page 38

earnest adj *seriously important; demanding or receiving serious attention: *The president made an earnest speech about third world countries.* = με σοβαρότητα, 'χωρίς να αστειεύεται'
dump v *drop or let fall in a mass: *Dump the topsoil here.* = αδειάζω, απιθώνω
low-pressure system n *area of minimum air pressure, and cyclonic air movement, responsible for triggering showers and thunderstorms: *Right now there is a large pressure system over the Atlantic.* = χαμηλό βαρομετρικό
atrocious adj *extremely brutal; shockingly bad: *The crime he committed was atrocious.* = άγριος, κακός, απαίσιος
guise n *general external appearance: *The guise of the shepherd is particularly recognizable.* = εξωτερική εμφάνιση
root v *to poke, pry, or search, as if to find something: *She was rooting around in a drawer for loose coins.* = ερευνώ, ψάχνω
lows and highs phr *lower atmospheric pressure than that of the surrounding area and higher atmospheric pressure accordingly: *The forecast informed us about lows and highs.* = χαμηλά και υψηλά βαρομετρικά
stake n *commercial interest, concern: *He had a big stake in the success of the firm.* = (οικονομικό) ενδιαφέρον
boost v *increase; raise: *The sales dropped since we boosted the prices.* = αυξάνω, ενισχύω, τονώνω
ratings n *a percentage indicating the number of listeners or viewers of a specific TV or radio programme: *The ratings of the show were very low this year.* = 'νούμερα', ποσοστά ακροαματικότητα
get overblown phr *done to excess; overdone: *The controversies around stars sometimes get overblown.* = αναφέρομαι υπερβολικά, αποδίδομαι πομπωδώς
telegenic adj *having or showing a pleasant television image: *People adore her; she is very telegenic indeed.* = αρεστός στο τηλεοπτικό κοινό
coverage n *a reporting or broadcasting of news: *The media coverage of the royal wedding was constant.* = δημοσιογραφική κάλυψη
over-hyped adj *being promoted or publicized to excess: *I think it's enough with his over-hyped achievements.* = υπερβολικά προβεβλημένος
bloodshed n *the destruction of life, as in war or murder; slaughter: *The peacemakers goal is to avoid another bloodshed.* = αιματοχυσία

page 39

blizzard n *a heavy and prolonged snowstorm covering a wide area: *After the first snow, blizzard conditions are expected tonight.* = χιονοθύελλα
balmy adj *mild and refreshing: *How comforting is this balmy weather!* = ευχάριστος
put out *publish; make known: *A newsletter is put out weekly.* = (εδώ:) 'βγάζω', ανακοινώνω
advisory n *a report giving information, especially a warning: *The weather advisory warned their people to stay inside tonight.* = ενημερωτικό, προειδοποιητικό δελτίο
contentious adj *involving, or characterized by argument or controversy: *Certain issues, such as the death sentence, remain contentious.* = επίμαχος, που αποτελεί αντικείμενο συζήτησης
inexhaustible adj *not exhaustible; incapable of being depleted:

We should realize that our water supply is not inexhaustible. = ανεξάντλητος, ακούραστος
tangible adj *real or actual, rather than imaginary: *Tangible evidence were used to convict the man.* = απτός, χειροπιαστός
home and hearth idm *your home and family: *Sometimes she feels no nostalgic about her home and hearth.* = οικογενειακή εστία
slushy adj *of slush; liquid mud: *He got dirty from the slushy ground.* = λασπωμένος
puddle n *a small pool of water, as of rainwater on the ground: *The kids love to play in the puddles.* = λακκούβα, λιμνούλα
voyeuristic adj *providing someone pleasure by watching: *Voyeuristic observations are prohibited by law.* = 'ηδονοβλεπτικός'

Part 7 - page 40

embrace v *take or receive gladly; accept willingly: *The children embraced the idea of recycling at school.* = αποδέχομαι, ενστερνίζομαι, ασπάζομαι
colony n *the country or district settled by a group of people who leave their native country: *Many Western countries are former European colonies.* = αποικία

page 41

universalizing adj *giving a universal character or application to something; available for all: *The message suddenly acquired a universalizing sense.* = παγκοσμιοποιημένος
acclaim n *a loud shout or other demonstration of welcome or approval: *The new king gained acclaim with his victories.* = αποδοχή, επιδοκμασία
silver screen n *motion pictures; the motion-picture industry: *Tom Cruise is a star of the silver screen.* = κινηματογραφική οθόνη
sweeps of the tongue phr *mistakes made while speaking: *No one can avoid some sweeps of the tongue.* = ολισθήματα, λάθη της γλώσσας
reinforce v *give more force or effectiveness to; strengthen: *The news reinforced their hopes.* = ενισχύω, δυναμώνω
blunt adj *abrupt; insensitive: *He was always a blunt man.* = ωμός, σκληρός
remnant n *a trace; vestige: *The remnants of imperialism are still evident in the world.* = απομεινάρι, κατάλοιπο
denote v *be a mark or sign of; indicate: *A fever usually denotes an infection.* = δείχνω, μαρτυρώ, υποδηλώνω
depict v *represent or characterize in words; describe: *He has the ability to depict well known matters in a unique way.* = περιγράφω, αναπαριστάνω
occupation n *possession, settlement, or use of land or property: *European settlers exploited a country's resources during their occupation.* = κατοχή
settler n *a person who settles in a new country or a colony: *New England became the home of many British settlers.* = άποικος
entity n *being or existence, especially when considered as distinct or independent: *She conceived of society as composed of particular entities requiring special treatment.* = οντότητα
obscure v *conceal by confusing (the meaning of a statement, poem, etc.); make dark, indistinct: *His effort aimed at obscuring the debate.* = συγκαλύπτω, συσκοτίζω
abstract v *think of (a quality or concept) generally without reference to a specific example; regard theoretically: *There is no point in abstracting the issue.* = καθιστώ αφηρημένη έννοια
perspective n *a way of considering situations, facts, etc and judging their relative importance: *We should consider things with a more long-term perspective.* = προοπτική, οπτική γωνία
utter v *give audible expression to; speak or pronounce: *She was unable to utter her feelings.* = αρθρώνω, ξεστομίζω
render v *portray or depict (something): *The woman was rendered as the suspect.* = απεικονίζω, αποδίδω
dragging of heels idm *intentional slowness; delay: *There shouldn't be such a dragging of heels in hospitals.* = εσκεμμένη καθυστέρηση
unrefined adj *crude; lacking in refinement of taste, manners, language, etc.: *He is a little unrefined but has the potential to im-*

prove.= ακαλλιέργητος, άξεστος

hairline crack n *a break without complete separation of parts: *There was a hairline crack on the ceiling.*= πολύ λεπτή γραμμή ή χαρακιά

bildungsroman n *a type of novel concerned with the education, development, and maturing of a young protagonist: *I am very fond of Bildungsromans; there's always something to learn.*= λογοτεχνικό είδος που επικεντρώνεται στην ψυχική και ηθική εξέλιξη ενός υγιούς χαρακτήρα

to an extent phr *up to a certain degree: *What you did is understandable to an extent.*= σε ένα βαθμό

stake v *support; secure: *Your rights are staked by your contract.*= διεκδικώ, υποστηρίζω

address v *to deal with or discuss: *This essay addresses the issue of gender.*= ασχολούμαι

stalk v *proceed or spread through in a steady or sinister manner: *The disease stalked the country.*= караδοκώ, παραμονεύω

wholly adv *entirely; totally: *It's the time for a wholly new education system.*= πέρα ως πέρα, τελείως

pay homage phr *show or express special honour or respect publicly: *This is a film that pays homage to the country's cultural heritage.*= αποδίδω φόρο τιμής, δείχνω σεβασμό

hamlet n *a small village: *Life is hard in Africa's hamlets.*= μικρό χωριό, χωριουδάκι

subjugate v *bring under control; conquer; enslave: *The small tribe was subjugated by the army.*= υποτάσσω, κυριαρχώ

damnation n *eternal punishment as a consequence of sin: *People used to fear of damnation.*= καταδίκη

assertion n *statement of having existence; affirmation: *Rituals are a form of assertion of a country's cultural identity.*= δήλωση, ισχυρισμός

Listening

Part 1 - page 44

see sb off phr.v. *take leave of someone setting out on a journey; accompany to the place of departure: *She went to the airport to see them off.* = αποχαιρετώ, κατευοδώνω, ξεπροβοδίζω

put down to phr.v. *attribute; ascribe: *The teacher put John's mistakes down to nervousness.* = αποδίδω κάτι σε κάποιον λόγο

ensor v *examine books, plays, TV. Programs etc. for the purpose of suppressing parts objectionable on moral, or other grounds: *His new film was censored.*= κριτικάρω, λογοκρίνω

Part 3 - page 46

substantial adj *of ample or considerable amount, quantity, size, etc.: *A substantial sum of money is at stake.*= σημαντικός, ουσιαστικός

compassionate adj *having or showing deep sympathy and sorrow for another who is stricken by misfortune: *He wrote her a compassionate letter for her loss.*= συμπονετικός, πονόψυχος

fund v *provide a supply of money for a program, project etc: *More money is spent now in the fight against AIDS.*= χρηματοδοτώ

donor n *someone that makes a gift, grant, or contribution of something: *He is one of our major donors.*= χορηγός

busyness n *lively but meaningless activity; the condition of being busy: *I am so fed up with the busyness of city life.*= πολλή απασχόληση, φόρτος εργασίας

Test 2

Reading

Part 1 - page 47

anecdotal adj *based on personal observation, case study reports, or random investigations rather than systematic scientific evaluation: *Anecdotal evidence suggests that there might be a potential danger.*= ατεκμηρίωτος, όχι επιστημονικός

benign adj *not malignant; self-limiting: *Fortunately her tumor was malignant.* = καλοήθης

decline v *cause to slope or incline downward: *The percentage of at-home- mothers declines steadily over the years.*= πέφτω, μειώνομαι

bun n *any of a wide variety of variously shaped bread rolls, usually slightly sweetened: *The freshly baked buns smelled wonderfully.*= ψωμάκι, κουλουράκι

resentful adj *full of or marked by displeasure or indignation at some act, remark, person, etc. : *Her attitude towards me was resentful for no reason.*= πικραμένος, πικρόχολος, χολωμένος

oblivious adj *unconscious; unaware: *She was oblivious of his admiration.*= ανυποψίαστος

back v *support, as with authority, influence, help, or money: *The candidate was backed by a local campaign.*= υποστηρίζω

suppress v *keep in or repress: *She tried to suppress her tears but couldn't.*= καταπιέζω, καταπνίγω, περιορίζω

persevere v *persist in anything undertaken; maintain a purpose in spite of difficulty or obstacles: *Only those that persevere can succeed.*= εμμένω, επιμένω

acknowledge v *admit to be real or true; recognize the existence or truth of: *Forgiveness can be earned when one acknowledges his mistakes.*= αναγνωρίζω, παραδέχομαι

allocate v *set apart for a particular purpose; assign: *Extra funds have been allocated to fight poverty in third world countries.*= κατανέμω, διανέμω, επιμερίζω

concrete adj *constituting an actual thing or instance; real: *To believe him I need a concrete proof of his sincerity.*= απτός, χειροπιαστός

Part 2 - page 48

canon law n *officially established rules governing the faith and practice of the members of a Christian church: *Christians must abide by the Canon Law.*= εκκλησιαστικός κανόνας

enduring adj *still existing; lasting; permanent: *He is a poet of enduring greatness.*= αιώνιος, παντοτινός

unsung adj *not celebrated; not praised or acclaimed: *Sadly, the heroes of war remain unsung.*= αφανής, χωρίς αναγνώριση

charge v *command; place a burden upon or assign responsibility to: *I was charged to take the message to headquarters.*= αναθέτω, επιφορτίζω, βάζω υπεύθυνο

crucifixion n *the death of Jesus upon the Cross: *Jesus's crucifixion is one of the saddest moments in Christian history.*= Σταύρωση

decree v *command, ordain: *The King could only decree.*= αποφασίζω, διατάζω, θεσπίζω

vernal equinox n *the time when night and day are of approximately equal length all over the earth, occurring about March 21: *The vernal equinox is estimated with precision.*= εαρινή ισημερία

Part 3 - page 48

time warp n *a hypothetical distortion of time in which people and events from one age can be imagined to exist in another age: *If something like a time warp existed, that would be very exciting.*= παραμόρφωση/ στρέβλωση χρόνου

bouffant adj *a woman's hair style in which the hair is teased to give an overall puffed-out appearance: *Bouffant hairstyles were very fashionable in the 80's.*= κρεπαρισμένος, φουσκωτός (για μαλλιά)

soft landing n *a landing during which the passengers remain unharmed: *The aircraft just completed a soft landing.*= ομαλή προσγείωση

Dark Ages n *a period or stage marked by repressiveness, a lack

of enlightenment or advanced knowledge, etc.: *This is a novel depicting the dark ages in the aftermath of a global war.* = 'Μεσαιωνας'

household name n *a person or thing that is very well known: *Brad Pitt is a household name.* = ευρέως γνωστό πρόσωπο ή πράγμα

Part 5 - page 50

intimate adj *very private; closely personal: *I think you shouldn't get involved; that is a very intimate affair.* = προσωπικός, ενδόμυχος

articulate adj *expressed or presented with clarity and effectiveness: *His ideas were very articulate for a boy his age.* = σαφής, κατανοητός

impart v *give; communicate: *The teacher had a unique way of imparting knowledge.* = μεταδίδω, μεταλαμπαδεύω

invariable adj *not changing; static or constant: *The rules in this house are invariable.* = αμετάβλητος

convey v *communicate; impart; make known: *He needed to convey his message to the world.* = μεταφέρω, εκφράζω

thus adv *accordingly; consequently: *It is late, and thus you must go.* = έτσι, συνεπώς

patron n *a person who supports with money, gifts, or endorsement an artist, writer, museum, or the like: *He was always a patron of the arts.* = ευεργέτης, υποστηρικτής

sculptor n *a person who practices the art of sculpture: *He is a renown sculptor around the world.* = γλύπτης

scribe n *a writer or author: *She is famous for being a very prolific scribe.* = (εδώ:) συγγραφέας

couch v *express indirectly or obscurely: *The threat couched under his polite speech.* = εκφράζω, διατυπώνω

bequeath v *hand down; pass on: *His wish was to bequeath his works to us.* = κληροδοτώ, 'αφήνω κληρονομιά'

diminish v *make or cause to seem smaller, less, less important, etc.; lessen; reduce: *The funds are more likely to diminish than increase.* = μειώνω, ελαττώνω

virtuosity n *character, ability, or skill: *His virtuosity was remarkable.* = δεξιοτεχνία

huckster n *one who uses aggressive, showy, and sometimes devious methods to promote or sell a product: *I can't stand the methods of hucksters.* = 'ενοχλητικός' έμπορος

sorrow n *distress caused by loss, disappointment, etc.; grief, sadness, or regret: *Her sorrow seemed unending.* = οδύνη, θλίψη, λύπη

in verse phr *in the form of poems; poetry: *She always found it easier to express herself in verse.* = σε ποίημα, σε στίχους

propose v *offer or suggest: *He proposed considering the matter again.* = σκοπεύω, προτιθέμαι

unsophisticated adj *simple; without complexity or refinements: *It is a relatively unsophisticated method.* = απλοϊκός, ακαλλιέργητος

repulsive adj *causing repugnance or aversion: *His awful manners were at times repulsive.* = αποκρουστικός, απεχθής

extol v *praise highly; laud; eulogize: *The beauty of Rome is to be extolled.* = εξυμνώ, εκθειάζω

noble adj *of an exalted moral or mental character or excellence: *This young man should be praised for his noble ideas.* = ευγενής, 'υψηλός'

forgo v *abstain or refrain from; do without: *How can you forgo responsibility when it is clearly your fault?* = αποποιούμαι, παραιτούμαι

to the core phr *all the way through; basically and essentially: *He seems to me evil to the core.* = μέχρι τον πυρήνα, στο βάθος

culpably adv *deserving of blame or censure as being wrong, improper, or injurious: *The look on his face showed that he was culpably ignorant.* = ένοχα, αξιοκατάκριτα

solidarity n *union or fellowship arising from common responsibilities and interests, as between members of a group or between classes, peoples, etc.: *Our goal is to promote solidarity among our staff.* = αλληλεγγύη, αλληλοϋποστήριξη

Page 51

prolific adj *producing in large quantities or with great frequency; highly productive: *T.S.Eliot was a prolific writer.* = δημιουργικός, πολυγραφότατος

induce v *lead or move by persuasion or influence, as to some action or state of mind: *The are trying to induce people to buy their products.* = προκαλώ, πείθω, 'κάνω'

degeneration n *a fall below a normal or desirable level in physical, mental, or moral qualities; deterioration: *The modern society's degeneration upsets me.* = εκφυλισμός, παρακμή

pursuit n *any occupation, pastime, or the like, in which a person is engaged regularly or customarily: *His literary pursuits were known to everyone.* = δραστηριότητα, ασχολία, ενασχόληση

integrity n *adherence to moral and ethical principles: *She was honoured for her integrity.* = ακεραιότητα, χρηστότητα

Part 6 - page 52

injection n *the act of forcing a fluid into a passage, cavity, or tissue: *Injection programs are necessary in Africa.* = εμβολιασμός

the luck of the draw idm *the results of chance; the lack of any choice: *It was just the luck of the draw that we succeeded.* = θέμα τύχης

prevalent adj *widespread; of wide extent or occurrence: *Smoking is the prevalent cause of lung cancer.* = κυρίαρχος, επικρατής, συχνός

plight n *an unfavorable or unfortunate condition, state, or situation: *I don't know how anyone could survive this plight.* = δοκιμασία, δύσκολη κατάσταση

measles n *an acute infectious disease occurring mostly in children, characterized by an eruption of small red spots: *You should get the shot for measles.* = ιλαρά (ασθένεια)

polio n *an acute viral disease, usually affecting children and young adults, resulting in a motor paralysis, followed by muscular atrophy and often permanent deformities: *Polio is a very dangerous disease.* = πολιομυελίτιδα (ασθένεια)

debilitate v *make weak or feeble: *Pneumonia debilitated her completely.* = εξασθενώ, αποδυναμώνω

vaccine n *any preparation used as a preventive inoculation to confer immunity against a specific disease: *Vaccines should be accessible to all children around the world.* = εμβόλιο

shot n *a hypodermic injection: *You should get the flu shot soon, if you don't want to get sick.* = υποδόρια ένεση, εμβόλιο

philanthropy n *altruistic concern for human welfare and advancement, usually manifested by donations of money to needy persons and generosity to other socially useful purposes: *We hope that your philanthropy will make a change.* = φιλανθρωπία

empower v *give power or authority to: *I empowered my agent to make the deal for me.* = δίνω δύναμη, εξουσία

crystallize v *give definite or concrete form to: *He tried to crystallize the idea for us to understand.* = αποκρυσταλλώνομαι, γίνομαι ξεκάθαρος

impoverished adj *in the state or condition of having little or no money, goods, or means of support; being poor: *Financial support is sent to impoverished countries.* = φτωχός, εξαθλιωμένος

limb n *a part of a body distinct from the head such as a leg or arm: *After the accident he has to walk with the help of an artificial limb.* = άκρο

go limp phr *walk with an uneven step because of a weak or injured leg: *I'm afraid that your dog might go limp.* = κουτσαίνω

by circumstance phr *without plan; accidentally: *Punishment should not be inflicted by circumstance.* = τυχαία, κατά περίπτωση

immunization n *the fact or process of becoming protected against a disease: *Routine immunization is highly effective for preventing many diseases.* = εμβολιασμός

envision v *picture mentally, especially some future event or events: *Our only hope is to envision a bright future.* = φαντάζομαι, οραματίζομαι

return n *an act or an instance of reciprocation or repayment: *I gave him my trust in return for his word.* = ανταπόδοση

initiative n *an introductory act or step; leading action: *Someone has to take an initiative in order to solve the problem.* = πρωτοβου-

λία

tuberculosis n *an infectious disease that may affect almost any tissue of the body, especially the lungs: *He is suffering of tuberculosis.* = φυματίωση (ασθένεια)

daunting adj *causing fear or discouragement; intimidating: *The prospect of being alone seemed very daunting.* = τρομακτικός, δύσκολος

page 53

fatalities n *deaths resulting from a disaster: *Our hope is not to have any more fatalities.* = θάνατοι, θύματα

applaud v *express approval; give praise; acclaim: *His new plan was applauded by the board.* = επιδοκιμάζω, επικροτώ

substantial adj *of ample or considerable amount, quantity, size, etc.: *A substantial sum of money is at stake.* = σημαντικός

blend v *mix smoothly and inseparably together: *You should make sure that you blend all the ingredients together.* = συνδυάζω

top v *exceed in height, amount, number, etc.: *The bill has topped 100 pounds.* = ξεπερνάω, υπερβαίνω

inoculate v *implant an antigen in a person to stimulate disease resistance: *The children have to be inoculated against the disease.* = εμβολιάζω

eradicate v *remove or destroy utterly; extirpate: *Our goal is to eradicate poverty throughout the world.* = εξουδετερώνω, εξαλείφω

foundation n *an institution that provides funds for charities, research, etc: *Our foundation helps hundreds of children each year.* = φιλανθρωπικό ίδρυμα

advance n *improvement; progress in development: *There have been major technological advances the past few years.* = επίτευγμα, πρόοδος

newsworthy adj *of sufficient interest to the public or a special audience to warrant press attention or coverage: *The president's resignation is certainly something newsworthy.* = άξιος δημοσίευσης, προβολής

agenda n *a list, plan, outline, or the like, of things to be done, matters to be acted or voted upon, etc.: *The manager says we have a lengthy agenda this afternoon.* = ημερήσια διάταξη, θέμα ημερησίας διάταξης

heart-wrenching adj *causing great sadness; heartbreaking: *It is really heart-wrenching to see children suffering.* = θλιβερός, αποκαρδιωτικός

sanitation n *the development and application of sanitary measures for the sake of cleanliness, protecting health, etc.: *One of the major problems Africa is facing, is poor sanitation conditions.* = υγιεινή

meager adj *deficient in quantity or quality; lacking fullness or richness; scanty; inadequate: *The farmer was worried about the meager harvest.* = πενιχρός, ανεπαρκής, λιγιστός

malnutrition n *lack of proper nutrition; insufficient or poorly balanced diet: *Unfortunately, kids in Africa still suffer from malnutrition.* = υποσιτισμός

parasitic adj *caused by a parasite: *Many parasitic diseases are highly dangerous.* = παρασιτικός

susceptible adj *accessible or especially liable or subject to some influence, mood, agency, etc.: *The poor child was susceptible to the illness.* = εύάλωτος, ευπαθής

Part 7 - page 54

figure n *a character or personage, especially a prominent or notable one; personality: *He is a highly important figure in politics.* = φυσιογνωμία, πρόσωπο

physical adj *of or pertaining to that which is material: *She was attracted to physical sciences.* = υλικός, φυσικός

feature n *a prominent or conspicuous part or characteristic: *Patience is one of his major features.* = γνώρισμα, χαρακτηριστικό

page 55

sentiment n *an attitude toward something; regard; opinion: *The protesters had an anti-racist sentiment in common.* = 'αίσθημα', άποψη

canvas n *a closely woven, heavy cloth of cotton, hemp, or linen on which a painting is made: *He just loved expressing himself through his works on canvas.* = καμβάς, μουσαμάς

tag n *a graffiti featuring a word or words, especially the author's name, rather than a picture: *His tag was all over the city's old buildings.* = μήνυμα καλλιτέχνη graffiti

appropriate v *authorize, or legislate for some specific purpose or use: *These funds are appropriated for secondary education.* = προορίζω

mobiliser n *any person or thing which mobilizes, instigates action: *Her extreme will to succeed worked as a mobilizer for her.* = κινητήριος δύναμη, παρακινήτης

contractual adj *of, pertaining to, or secured by an agreement between two or more parties for the doing or not doing of something specified: *There has been an contractual agreement between them.* = με συμβόλαιο, που διέπεται από συμβόλαιο

saleability n *profitability; the quality of affording gain or benefit or profit: *The saleability of this business is at stake.* = εμπορικότητα

ultimately adv *in the end; at last; finally: *He ultimately agreed to her proposal.* = τελικά, στην τελική

usher in phr.v. *be a precursor of; introduce: *The fall of the Berlin Wall ushered in the post-Cold War period.* = αναγγέλλω, σηματοδοτώ

infer v *hint; imply; suggest: *A relation between the two studies may be inferred.* = υπαινίσσομαι, υπονοώ, υποδεικνύω

curtail v *cut short; reduce; diminish: *The celebrations had to be curtailed because of bad weather.* = περιορίζω, περιστέλλω

hold v *cause to take place; carry on: *On Thursday we are going to hold a yard sale.* = κάνω, διοργανώνω

procession n *a group of people or vehicles, moving along in an orderly, formal manner: *Processions were forbidden at the time of the occupation.* = πομπή, πορεία

reverence n *a feeling or attitude of profound respect, usually reserved for the sacred or divine: *He was brought up with a deep reverence for religion.* = ευλάβεια

pilgrim n *a person who journeys, especially a long distance, to some sacred place as an act of religious devotion: *There were millions of pilgrims travelling to the Holy Land.* = προσκυνητής

proposition n *the act of offering or suggesting something to be considered: *His main proposition was that the plan had to be revised.* = (εδώ:) θεωρία

invoke v *make someone feel a particular emotion or see a particular image in their minds: *Popular art invoked the image of a happy and contented family.* = προκαλώ

positivist n *someone who emphasizes observable facts and excludes metaphysical speculation about origins or ultimate causes: *He always had a positivist outlook on life.* = θετικιστικός

crouch v *bend low with the limbs pulled up close together: *He crouched down to help the child.* = κάθομαι με λυγισμένα τα γόνατα

partitioned adj *divided (used for a country or territory) into separate, usually differing political entities: *Germany spend many years being partitioned.* = διχοτομημένος, τεμαχισμένος

break away phr.v. *sever connections or allegiance, as to tradition or a political group: *They decided that it was time to break away from the past.* = διαχωρίζομαι, υφίσταμαι απόσχιση

reclaim v *bring back to a preferable manner of living, sound principles, ideas, etc.: *Now the land can be reclaimed after all those years of occupation.* = αναβιώνω, 'ανακτώ'

lapse n *an interval or passage of time; elapsed period: *There was a lapse of ten minutes before the program resumed.* = πάροδος χρόνου, απόλεια

uncanny adj *mysterious; arousing superstitious fear or dread; uncomfortably strange: *Uncanny sounds filled the house.* = μυστηριώδης, απόκοσμος

draw up phr.v. *move near someone or something: *The car drew up.* = πλησιάζω, προσεγγίζω

echo v *be repeated by or as by an echo: *Shouts echoed through the street.* = μιμούμαι, επαναλαμβάνω, αντηχώ

unnervingly adv *in a disturbing manner: *His eyes were unnerv-*

ingly keen as he watched her.= εκνευριστικά, τρομακτικά
divulge v *disclose or reveal; make known: *His secret was divulged.*= αποκαλύπτω, φανερώνω
traumatically adv *in a psychologically painful manner: *He had to traumatically accept the situation.*= τραυματικά
gunny adj *of a strong, coarse material made commonly from jute, used especially for bags or sacks: *Could you get me this gunny bag?*= φτιαγμένος από λινάτσα
incision n *a cut: *The incision was unavoidable.*= (μτφ) τομή, διάνοιξη
origin n *something from which anything arises or is derived; source: *The custom's origin lies in Ancient Greece.*= ρίζες, προέλευση
partition n *a separation, as of two or more things: *The partition that Germany experience was hard.*= διαχωρισμός, διχοτόμηση
inhabit v *exist or be situated within; dwell in: *Strange thoughts inhabit my mind.*= (εδώ:) κατέχω, βρίσκομαι σε
ambivalence n *uncertainty or fluctuation: *There is a certain ambivalence in his sayings.*= αμφιταλάντευση, αμφιθυμία
precariously adv *in a precarious manner; unstably: *He was precariously proceeding towards the exit.*= επισφαλώς, ασταθώς
narrative n *a story or account of events, experiences, or the like, whether true or fictitious: *Narratives describe the palace as being haunted.*= διήγηση, αφήγηση
retain v *be able to hold; keep in one's possession: *He wasn't able to retain any of his possessions because of his gambling.*= διατηρώ
analogous adj *having analogy; corresponding in some particular: *A brain and a computer are analogous.*= ανάλογος
nationhood n *the state or quality of having status as a separate and independent nation: *That was the first African colony that achieved nationhood.*= ανεξαρτητοποίηση έθνους
demonstrate v *make evident or establish by arguments or reasoning; prove: *He managed to demonstrate a philosophical principle through concrete examples.*= δείχνω καθαρά, αποδεικνύω

Writing

Part 1 - page 56

fairtrade n *trade that satisfies certain criteria on the supply chain of the goods involved, usually including fair payment for producers: *Only fair trade benefits the economy.*= 'νόμιμο εμπόριο' (σε καλές τιμές και με υψηλή ποιότητα προϊόντων)
seem v *give the impression of being; appear: *He doesn't seem sick any more.*= φαίνομαι, δείχνω
brand name n *a name by which a commodity or service is known to the trade: *Coca-Cola is one of the most known brand names around the world.*= εμπορικό όνομα, μάρκα προϊόντος
for the sake of idm *to someone's advantage or own good: *Please don't say anything for the sake of our friendship.*= για χάρη, προς όφελος
bandwagon n *a cause or movement, that by its mass appeal or strength readily attracts many followers: *Everyone was eager to follow the new bandwagon.*= δημοφιλής τάση που αποκτά υποστηρικτές
of late adv *lately; recently: *The days have been getting warmer of late.*= πρόσφατα, τώρα τελευταία
by a long shot idm *to any extent; at all. Usually used in negative sentences: *You haven't done your share of work by a long shot.*= καθόλου, σε καμία περίπτωση
pittance n *a small sum of money; a scanty income: *It is not worth it to work for a pittance.*= εξευτελιστική αμοιβή, 'πενταροδεκάρες'

Listening

Part 1 - page 58

illustrate v *make clear or intelligible: *The drawing illustrates perfectly human anxiety.*= απεικονίζω, εξιστορώ, επεξηγώ
cosmetic surgery n *plastic surgery for improving a person's appearance: *Many young women go through cosmetic surgery to look like celebrities.*= επέμβαση σε πλαστικό χειρουργό

bully v *intimidate; domineer: *Older boys sometimes bully younger ones at school.*= εκφοβίζω, καταπιέζω
prompt n *something serving to suggest or remind: *In an interview it is always advisable to give oral prompts of interest.*= υπενθύμιση

Part 2 - page 59

neuron n *a specialized cell that conducts nerve impulses: *The brain consists of billions of neurons.*= νευρώνας εγκεφάλου
phrenologist n *craniologist; a doctor concerned with the localization of function in the human brain: *I am afraid that a phrenologist has to examine you.*= κρανιολόγος (γιατρός)

Part 3 - page 60

unethical adj *not in accord with the standards of a profession: *She treated patients outside the area of her training, and was punished for unethical behaviour.*= ανήθικος, αντιεπαγγελματικός, αντιδεοντολογικός
session n *a meeting with a doctor for diagnosis of problems and instruction: *Our next session will be held on Tuesday.*= συνεδρία με γιατρό
consent n *acceptance or approval of what is planned or done by another: *There is nothing we can do without the patient's consent.*= συγκατάθεση, συναίνεση
sober adj *not intoxicated or affected by the use of drugs or alcohol: *When driving one has to be sober.*= νηφάλιος, ξεμέθυστος
perceive v *comprehend; grasp: *You should have perceived the importance of the case.*= αντιλαμβάνομαι
trance n *a half-conscious state, seemingly between sleeping and waking: *Her hypnotherapist stayed by her side throughout, monitoring her trance state.*= υπνωτική κατάσταση
prematurely adv *occurring, coming, or done too soon: *She was anxious about giving birth prematurely.*= πρόωμα
as a last resort idm *when all other methods have failed: *If we can't get the money in any other way, I suppose we could, as a last resort, sell the house.*= ως λύση ανάγκης, ως έσχατο καταφύγιο

Test 3

Reading

Part 1 - page 61

steam v *move or travel by the agency of steam: *The boated steamed in the ocean.*= κινούμαι με ατμό, πλέω (για ατιμόπλοιο)
steward n *an employee on a ship who waits on and is responsible for the comfort of passengers, takes orders for or distributes food, etc.: *The steward was very polite.*= φροντιστής, καμαρότος πλοίου
crow's nest n *a platform or shelter for a lookout at or near the top of a mast: *A sailor at the crow's nest was looking for a sign of land.*= παρατηρητήριο πλοίου
haze n *reduced visibility in the air as a result of condensed water vapour, dust, etc, in the atmosphere: *I couldn't see anything because of the haze.*= άχλη, καταχνιά, πούσι
binoculars n *an optical device, providing good depth effect, for use with both eyes, consisting of two small telescopes fitted together side by side: *He used his binoculars to have a closer look on the landscape.*= κιάλια, διόπτρες
jerk v *pull, move or throw with a quick, suddenly arrested motion: *She jerked the child by the hand.*= τραβώ απότομα, χτυπώ
sputter v *utter or spit out words or sounds explosively or incoherently, as when angry or flustered: *'Oh my God I think we are going to die!', he sputtered.*= φωνάζω, τσιρίζω
collision n *the act of colliding; a coming violently into contact;

crash: *Fortunately, no one was injured during the collision.* = σύγκρουση
iceberg n *a large floating mass of ice, detached from a glacier and carried out to sea: *The most known iceberg in history is the one that caused Titanic to sink.* = παγόβουνο
impact n *the striking of one thing against another; forceful contact; collision: *The impact of the colliding cars broke the windshield.* = σύγκρουση
liner n *a passenger ship used commercially for pleasure cruises: *We had a great time on the liner.* = κρουαζιερόπλοιο, υπερωκεάνιο
congregation n *an assembly of persons brought together for common religious worship: *The congregation was formed by men and women of every age.* = εκκλησίασμα, συνάθροιση
see off phr.v. *take leave of someone setting out on a journey; accompany to the place of departure: *I went to the airport to see her off.* = κατευοδώνω, ξεπροβοδίζω
make out phr.v. *decipher; discern: *I couldn't make out what he wrote on the note, so I called him.* = ξεχωρίζω, διακρίνω
alien n *a foreigner; a creature from outer space: *When he came to New York he felt like an alien with his British accent.* = εξωγήτινος, ξένος, αλλοδαπός
rehearse v *practice (a musical composition, a play, a speech, etc.) in private prior to a public presentation: *He managed to do well in the concert because he had been rehearsing every day.* = κάνω δοκιμή, προβάρω
fit v *supply with that which is needed: *The house is fitted with everything you might need.* = προμηθεύω, εξοπλίζω
float v *rest or remain on the surface of a liquid: *The hollow ball floated.* = επιπλέω

Part 2 - page 62

tuck into phr.v. *eat with hearty or keen enjoyment: *He was so hungry that he tucked into his food.* = καταβροχθίζω, τρώω λαίμαργα
imprinting n *rapid learning that occurs during a brief receptive period and establishes a long-lasting behavioral response to a specific individual or object, as attachment to parent, offspring, or site: *I think my love for this place is a case of imprinting.* = εντύπωση
chronicle v *record or register of events in chronological order: *The rise of collectivism in Britain has been chronicled by several historians.* = καταγράφω, εξιστορώ
demise n *termination of existence or operation: *Everyone celebrated the demise of the dictatorship.* = κατάλυση, διάλυση
nurture v *support and encourage; help grow or develop: *The teacher slowly nurtured the student's talent.* = (μτφ) καλλιιεργώ, τρέφω
the odd straggler phr *someone who strays or falls behind: *I felt like the odd straggler when I realised I was all alone in the streets.* = παράξενος που έχει ζεμείνει πίσω, αδέσποτος

Part 3 - page 62

white-collar job n *office and professional workers whose jobs generally do not involve manual labor or the wearing of a uniform or work clothes: *I always thought that white collar jobs are a bit boring.* = δουλειά υπαλλήλου γραφείου, μεσαίας τάξεως
timber n *the wood of growing trees suitable for structural uses: *Contracts for timber harvesting should be carefully considered.* = ξυλεία
containerization n *a method of shipping freight in relatively uniform, sealed, movable containers whose contents do not have to be unloaded at each point of transfer: *The containerization of cargo has improved international trade a lot.* = εισαγωγή εμπορευματοκιβωτίων
man-day n *an industrial unit of production equal to the work one person can produce in a day.: = φόρτος εργασίας που εκτελείται από ένα εργάτη ανά μέρα, ανθρωποημέρα

Part 5 - page 64

perish v *die or be destroyed through violence, privation, etc.: *Unfortunately many people perished in the earthquake.* = χάνομαι,

πεθαίνω
element n *atmospheric agencies or forces; weather: *He was afraid to be exposed to the elements.* = στοιχείο της φύσης
intensify v *increase in extent or intensity: *His efforts to win were intensified.* = εντείνω, εντατικοποιώ
demystify v *rid of mystery or obscurity; clarify: *Demystifying medical procedures was a major advancement.* = απομυθοποιώ, κατανοώ
trait n *a distinguishing characteristic or quality, especially of one's personal nature: *I can't stand his bad traits of character.* = χαρακτηριστικό, γνώρισμα
succumb v *yield to disease, wounds, old age, etc.; die: *Unfortunately, he succumbed to his injuries.* = υποκύπτω, χάνω τη μάχη, παραδίδομαι
trigger v *initiate or precipitate a chain of events, a psychological process, etc.): Their small protest triggered a mass demonstration. = πυροδοτώ, θέτω σε λειτουργία
shift into gear phr *start working properly: *The machine finally shifted into gear after many hours.* = ξεκινώ να λειτουργώ αποτελεσματικά
pump v *raise (usually adrenaline) to a higher energy level: = αυξάνω
deprivation n *the state of being deprived of food, money etc.: *He was very strong and managed to survive through a state of terrible deprivation.* = στέρηση, απώλεια
overwhelm v *overcome by superior force; defeat completely and decisively: *Our team overwhelmed the visitors by 40 points.* = καταβάλλω, εξουδετερώνω
stamina n *strength of physical constitution; power to endure disease, fatigue, etc.: *He has incredible stamina.* = αντοχή σώματος, σθένος
trickster n *deceiver; cheat; fraud: *She is known to be a trickster.* = κατεργάρης, απατεώνας, ζαβολιάρης
rule v *control or direct; exercise dominating power, authority, or influence over: *He ruled the empire with severity.* = κυβερνώ, διέπω
reserved adj *formal or self-restrained in manner and relationship; avoiding familiarity or intimacy with others: *He has always been a quiet reserved man.* = επιφυλακτικός, συνεσταλμένος, απόμακρος
dinghy n *any small boat designed as a tender or lifeboat: *At the shipwreck a dinghy saved her life.* = λέμβος, βάρκα πλοίου
adrift adv *floating without control; drifting; not anchored or moored: *The survivors were adrift in the rowboat for three days.* = ανεμοδαρμένος, έρμαιος, ακυβέρνητος
delirious adj *experiencing a temporary state of mental confusion and fluctuating consciousness resulting from high fever, intoxication, shock, or other causes: *After the accident I was delirious and blacked out several times.* = που παραληρεί, τρελαμένος
overboard adv *over the side of a ship or boat, especially into or in the water: *He slipped and fell overboard; fortunately he didn't drown.* = έξω από τη βάρκα, στη θάλασσα
blister n *a thin vesicle on the skin, containing watery matter or serum, as from a burn or other injury: *Compresses can relieve pain and swelling and may keep a blister from forming.* = φλύκταινα, φουσκάλα
hang on phr.v. *continue with effort; persevere: *Hang on, I'll call someone for help.* = εμμένο, αντέχω, 'κρατάω'
increment n *an amount by which something increases or grows: *She got a weekly increment of \$25 in salary.* = μικρή ποσότητα, επαύξηση
dwel on phr.v. *spend a lot of time thinking or talking about something: *He tends to dwell on the negative aspects of his performance.* = σκέφτομαι διαρκώς, 'κολλάω' σε κάτι
isolation n *being separated from other persons or things, alone or solitary: *He spend three years in isolation after his wife died.* = απομόνωση
doomed adj *marked by or promising bad fortune; marked for certain death: *After all the misfortune he went through, he considered himself doomed.* = καταδικασμένος
delusion n *a fixed false belief that is resistant to reason or con-

frontation with actual fact: *As his mental illness progressed he started having paranoid delusions.* = αυταπάτη, παραίσθηση, πλάνη

shed v *rid oneself of something: *He started shedding all unnecessary clothes.* = αποβάλλω, απορρίπτω, βγάζω

garment n *any article of clothing: *In store you can find dresses, skirts and any other garments.* = ένδυμα, ρούχο

interpret v *construe or understand in a particular way: *He interpreted his smile as a fake one.* = ερμηνεύω, εξηγώ

endure v *hold out against; sustain without impairment or yielding: *He could no longer endure the financial pressure.* = υπομένω, αντέχω

tenacious adj *persistent, stubborn, or obstinate: *His tenacious character makes some people dislike him.* = πεισματικός, επίμονος, ανυποχώρητος

lose my head idm *lose one's poise or self-control: *Don't panic or else you'll lose your head.* = χάνω την αυτοκυριαρχία, χάνω τον αυτοέλεγχο

attribute v *regard as resulting from a specified cause; consider as caused by something indicated: *She attributed his bad temper to ill health.* = αποδίδω

flotation n *an act or state of being buoyed up on water or other liquid: *The rafts hold up to six adults and come with paddles and flotation devices.* = επίπλευση

finite adj *having bounds or limits; not infinite; measurable: *Finite resources can only support a finite population.* = μετρήσιμος

abyss n *a deep, immeasurable space; vast chasm: *The ocean is often described as a deep blue abyss.* = άβυσσος

blink v *be startled, surprised, or dismayed: *She blinked at his sudden fury.* = πτούμαι, απογοητεύομαι, αποκαρδιώνομαι

page 65

precede v *go before, as in place, order, rank, importance, or time: *Stone tools precede bronze tools.* = προηγούμαι

vessel n *a craft, especially one larger than a rowboat, designed to navigate on water: *The fishing vessel was out in the ocean all night.* = σκάφος, λέμβος

abstract adj *thought of apart from concrete realities, specific objects, or actual instances: *I find it difficult to understand abstract ideas.* = αφηρημένος, θεωρητικός

Part 6 - page 66

hold-up n *a delay; stoppage: *I'm afraid that there is going to be a hold up in the city centre because of the traffic.* = καθυστέρηση

Home Counties n *the counties/area surrounding London: *Surrey and Sussex are two of the Home Counties.* = επαρχίες γύρω από το Λονδίνο

dawn n *the first appearance of daylight in the morning: *Dawn broke over the valley.* = αυγή, ξημέρωμα

GP (General Practitioner) n *a physician whose practice is not oriented to a specific medical specialty but instead covers a variety of medical problems in patients of all ages: *If the cough doesn't stop maybe you should consult your GP.* = παθολόγος

referral n *the act of handing over for consideration, reconsideration, or decision: *The clerk suggested a referral of the complaint to another department.* = παραπομπή, παραπεμπτικό σημείωμα

do the trick idm *achieve the desired effect or result: *Another try should do the trick.* = έχω το επιθυμητό αποτέλεσμα, είμαι αρκετός

esoteric adj *restricted to or intended for a minority, especially because of abstruseness or obscurity: *Most people cannot understand esoteric philosophical theories.* = απόκρυφος, μυστικός

outcome n *a final product or end result; consequence: *Our course of action depends on the outcome of these experiments.* = αποτέλεσμα, έκβαση

booth n *a small compartment or boxlike room for a specific use by one occupant: *He stopped to make a phonecall in the telephone booth.* = θάλαμος

drizzle n *a very light rain: *The drizzle had stopped and the sun was breaking through.* = ψιλοβρόχι, ψιχάλισμα

page 67

hatred n *intense dislike or extreme aversion or hostility: *Sometimes hatred towards someone can be completely unreasonable.* = εμπάθεια, μίσος

tentatively adv *hesitantly or cautiously: *He didn't know the answer so he answered tentatively.* = διερευνητικά, διστακτικά

condition n *state of health: *He was reported to be in critical condition.* = κατάσταση υγείας

refuge n *a place of shelter, protection, or safety: *He found refuge in the church.* = καταφύγιο

relentless adj *unyieldingly severe, strict, or harsh: *There was an extreme difficulty facing him as he was a relentless enemy.* = διαρκής, έμμονος

thundering adj *producing a loud, explosive, resounding noise or effect like thunder: *Please stop that thundering noise, it is very annoying.* = βροντερός, εκκωφαντικός

give sb the creeps idm *cause one to experience uneasiness, fear or repugnance: *That house gives me the creeps.* = προκαλώ ανησυχία και φόβο, συνήθως αναίτια

thumping adj *palpitating or beating violently, as the heart: *Her heart was thumping because of her anxiety.* = που βροντοχτυπά

shiver n *a tremulous motion; a tremble or quiver: *The thought sent a shiver down her spine.* = ρίγος

comforting adj *affording comfort or solace: *His support was really comforting.* = κατευναστικός, παρήγορος, ανακουφιστικός

volume n *a large mass or quantity: *The volume of the protest was impressive.* = ποσότητα, ένταση, φόρτος

hubby n *husband: *I can't wait to go home to my hubby.* = σύζυγος, αντρούλης

pass away phr.v. *die: *I am very sorry that your grandma passed away.* = πεθαίνω

slip road n *a short road giving access to an expressway: *You have to start speeding up in the slip road.* = λωρίδα εισόδου σε αυτοκινητόδρομο

tap v *strike with a light but audible blow or blows; hit with repeated, slight blows: *He tapped the door twice.* = χτυπά ελαφρώς

Part 7 - page 68

distinction n *a marking off or distinguishing as different: *The is a distinction between electro and house music.* = διάκριση

gender assignment n *the act of assigning gender to a person: *Gender assignment occurs at birth.* = επιλογή φύλου

page 69

binary adj *consisting of, indicating, or involving two: *In binary logic there can only be black and white, not grey.* = διττός, μόνο με δύο 'επιλογές'

décor n *style or mode of decoration, as of a room, building, or the like: *I love the idea of a bedroom having a Spanish décor.* = διακόσμηση

misogynistic adj *reflecting or exhibiting hatred, dislike, mistrust, or mistreatment of women: *A woman should not tolerate any kind of misogynistic comments.* = μισογύνικος

pin down phr.v. *bind or hold to a course of action, a promise, etc: *Since she trusted him, he was pinned down to keep his promise.* = δεσμεύω, καθηλώνω, 'στριμώχνω'

dawn on sb phr.v. *become evident or understood: *It finally dawned on him that he was expected to call them.* = γίνομαι αντιληπτός

demarcation n *separation by distinct boundaries: *A line of demarcation was drawn between them.* = διαχωρισμός, διαχωριστική γραμμή

in the public domain phr *able to be discussed and examined freely by the general public: *The issue was now in the public domain for people to decide.* = ανοιχτός στο δημόσιο διάλογο

cursorly adj *going rapidly over something, without noticing details; superficial: *He had a cursory glance at the newspaper article.* = βιαστικός, επιπόλαιος, πρόχειρος

performative adj *denoting an utterance that constitutes some act: *'Promise' is a performative verb.* = υπεύθυνος για πράξεις, επιτελεστικός

dispose of phr.v. *get rid of, throw out: *Can we dispose of the trash in this barrel?* = εγκαταλείπω, 'πετάω', 'ξεφορτώνομαι'

notion n *a general understanding; vague or imperfect conception or idea of something: *His notion of how this should be done is distorted.* = ιδέα, αντίληψη

connotational adj *making associations, suggested by a word or phrase: *Your connotational logic is not always correct.* = που κάνει συνειρμούς, που αναζητά συνάφειες

utterance n *any speech sequence consisting of one or more words: *His utterances were barely audible.* = έκφραση, φραστική διατύπωση

critique n *a criticism or critical comment on some problem, subject, etc.: *Other intellectuals found his critique of totalitarianism too harsh.* = κριτική

pick up the thread idm *go on with, take something up, carry something on: *When she paused, her daughter picked up the thread to finish the story.* = συνεχίζω από εκεί που άφησε κάποιος κάτι, 'πιάνω το νήμα'

encase v *enclose in or as in a case: *We encased the ancient vase in glass to preserve it.* = περικλείω

finery n *elaborate or showy decoration: *The wedding guests arrived in all their finery.* = (μυφ.) στολίδια, πολυτελή ενδύματα

genitals n *the organs of reproduction, especially the external organs: *A drunk man pulled down his trousers and showed his genitals in public.* = γεννητικά όργανα

mutilate v *deprive (a person or animal) of a limb or other essential part: *Mutilated bodies is one of the many tragedies of war.* = ακρωτηριάζω

explicitly adv *fully and clearly expressed; leaving nothing implied: *He expressed his wish explicitly.* = ρητά, ξεκάθαρα

subversion n *an act or instance of overthrowing something established: *A subversion of the current government is feared.* = ανατροπή, υπονόμευση

overdo v *do to excess; exaggerate: *Be careful not to overdo it with diet!* = μεγαλοποιώ, υπερβάλλω, παρακάνω

hyperbolically adv *in an exaggerated manner: *The hyperbolically anxious girl was difficult to deal with.* = υπερβολικά

complacently adv *The defendant sat complacently until his opportunity arrived for reply. := αυτάρεσκα, με ικανοποίηση

reverse n *the opposite or contrary of something: *Unfortunately, the results are the reverse of what we anticipated.* = αντίθετο, αντίστροφο

Writing

Part 1 - page 70

deprive v *remove or withhold something from the enjoyment or possession of (a person or persons): *I strongly believe that nobody has the right to deprive a man of life.* = στερώ, αποστερώ

offence n *in law, an offence is a violation of the penal law, that can range from a simple misdemeanour (e.g. a traffic violation) to a felony (e.g. capital murder): *He has to undergo trial for this offence.* = αδίκημα, παράβαση

desperate adj *reckless or dangerous because of despair or urgency: *He was characterised as a desperate killer.* = απελπισμένος, απεινωμένος

perpetrator n *a person who perpetrates, or commits, an illegal, criminal, or evil act: *The perpetrators of this heinous crime must be found and punished to the fullest extent of the law.* = δράστης, αυτουργός

Part 2 - page 71

efficient adj *satisfactory and economical to use: *Our new air conditioner is more efficient than our old one.* = αποτελεσματικός, αποδοτικός

cost-effective adj *economical in terms of the goods or services received for the money spent: *We are seeking for a more cost-effective alternative.* = οικονομικά αποδοτικός

tight adj *difficult to deal with or manage: *I find myself in a tight situation right now.* = περιορισμένος, 'σφιχτός' οικονομικά

resource n *a source of supply, support, or aid, especially one

that can be readily drawn upon when needed: *Luckily, I was able to find some resources to help me with my project.* = πόρος, μέσο

Listening

Part 1 - page 72

sculpture n *a three-dimensional artwork created by shaping or combining hard materials, typically stone or marble, metal, glass, or wood: *The new sculpture gallery presents more than nine hundred works of art.* = γλυπτό

matinee n *an entertainment, especially a dramatic or musical performance, held in the daytime, usually in the afternoon: *If you're attending a matinee you should wear something casual but neat.* = απογευματινή παράσταση

concentration camp n *a guarded compound for the detention or imprisonment of aliens, members of ethnic minorities, political opponents, etc.: *The arbitrary internment of civilians by the state reached a climax with Nazi concentration camps.* = στρατόπεδο συγκέντρωσης

bitter adj *characterized by intense antagonism or hostility: *His bitter remarks make him seem very unfriendly.* = δηκτικός, εχθρικός, γεμάτος μίσος

knight v *dub or make (a man) a knight.: *In the Middle Ages, it was a great honour to be knighted.* = χρίζω ιππότη

Part 2 - page 73

stranded adj *driven or left aground or ashore: *The receding tide left the whale stranded on the shore.* = που έχει εγκαταλειφθεί, που έχει εξοκείλει

Part 3 - page 74

inspire v *influence or impel: *Competition inspired her to greater efforts.* = εμπνέω

reflect v *give back or show an image of; mirror: *Her sunglasses reflected his image.* = αντανακλώ, αντικατοπτρίζω, 'καθρεφτίζω'

hitchhiking n *travel by soliciting free rides along a road: *Hitchhiking can be very dangerous.* = ωτοστόπ

commitment n *obligation: *We have made a commitment to pay our bills on time.* = δέσμευση

compromise n *something midway between two or more different things: *He had to make a compromise between his friends and his girlfriend.* = συμβιβασμός

Test 4

Reading

Part 1 - page 75

gel n *a semirigid jelly-like colloid in which a liquid is dispersed in a solid: *This soap comes also in gel.* = τζέλ, πηχτή ουσία

sustain v *undergo, experience, or suffer (injury, loss, etc.): *He sustained multiple injuries but still managed to survive.* = υποφέρω, υφίσταμαι

gunshot n *shot fired from a gun: *Mom heard the first gunshot but didn't know where it came from.* = πυροβολισμός όπλου

tissue n *a part of an organism consisting of a large number of cells having a similar structure and function: *There is a small damage on his nerve tissue.* = μυϊκός ιστός

swell up phr.v. *expand abnormally as by inflation, accumulation of fluids, or the like: *Her ankles swelled up from standing.* = πρήζομαι, 'φουσκώνω'

implant v *establish firmly; inculcate; instil: *The teacher struggled to implant sound moral principles to the children.* = εμφυτεύω

instill v *infuse slowly or gradually into the mind or feelings; insinuate; inject: *The father tried to instill courtesy in his child.* = εμφυσώ, ενσταλάζω

inject v *force (a fluid) into a passage, cavity, or tissue: *The doctor injected the medicine into the patient's veins.* = εγχέω, εισάγω μέσω ένεσης

impose v *lay on or set as something to be borne, endured, obeyed, fulfilled, paid, etc: *We are speculating that higher taxes will be imposed soon.* = επιβάλλω

vitalize v *give vitality or vigor to; animate: *The treatment at the spa vitalized the old woman.* = αναζωογονώ

collateral adj *accompanying; additional: *She received a scholarship and collateral aid.* = παράλληλος, συμπληρωματικός

coincident adj *happening at the same time: *The system crashed because there were coincident failures in more than one of the servers.* = συμπίπτων, ταυτόχρονος

integrate v *bring together or incorporate (parts) into a whole: *His success was caused by the fact that he integrated the new procedures into the work routine.* = ενσωματώνω, εντάσσω

herald v *proclaim; announce: *The cheers we heard heralded the team's arrival.* = αναγγέλλω, προαναγγέλλω

usher v *lead, introduce, or conduct: *She ushered them to their seats.* = εισάγω, συνοδεύω, αναγγέλλω

penultimate adj *next to the last: *Everyone cried in the penultimate scene of the play.* = προτελευταίος

Part 2 - page 76

substance n *the essence, meaning, etc, of a written or spoken thought; solid or meaningful quality: *It is questionable whether anything of substance has been achieved.* = ουσία, περιεχόμενο, ποιότητα

counterpart n *: = αντίστοιχο, τάιρι, ομόλογος

boast v *speak with exaggeration and excessive pride, especially about oneself: *He likes to boast about his achievements.* = καυχέμαι, υπερηφανεύομαι

sanitised adj *sterile: *I have never seen such a sanitised performer.* = (εδώ μτφ) αποστειρωμένος

fizz out phr.v. *burst: *The new trend fizzed out of nowhere.* = ξεσπάω, εκρήγνυμαι

budding adj *beginning to develop: *There are valid arguments for supporting budding industries in developing countries.* = εκκολαπτόμενος

caliber n *degree of merit or excellence; quality: *One can only worry about the low moral caliber of the era.* = ποιότητα, σπουδαιότητα

act n *a short performance of skill, a comic sketch, dance, etc or those giving such a performance: *The Scorpions act really moved everyone.* = ερμηνεία, καλλιτέχνης

second fiddle n *a secondary role: *I won't stay around here playing second fiddle for someone half my age and ability!* = δευτερέων ρόλος

champion v *act as champion of; defend; support: *He felt that he had to champion their cause, too.* = προασπίζω, υπερασπίζομαι

cause n *the ideals, etc, of a group or movement: *The cause of this foundation is to eradicate poverty.* = σκοπός, όραμα

plucky adj *having or showing pluck or courage; brave: *The drowning swimmer was rescued by a plucky schoolboy.* = θάρραλέος, γενναίος

Part 3 - page 76

brainchild n *a product of one's creative work or thought: *I'm afraid your brainchild won't work.* = πνευματικό δημιούργημα

barren adj *unproductive; unfruitful: *The hurricane left the land barren.* = άγονος, στέρφος

wasteland n *land that is uncultivated or barren: *To real estate developers, the canyons were empty wasteland, waiting to be turned into homes.* = έρημος, ερημιά

on the face of it phr *from appearances alone; apparently: *On the face of it, the problem seems minor.* = απ'ότι φαίνεται, προφανώς

whiteout adj *a condition of heavily falling or blowing snow in which visibility is very poor: *Winds are expected to increase throughout the day and evening causing whiteout conditions in many areas.* = χαμηλής ορατότητας

Part 4 - page 77

qualify v *demonstrate the required ability in a contest: *He managed to qualify to the finals after years of practise.* = προκρίνομαι στον επόμενο γύρο

dock n *the place in a courtroom where a prisoner is placed during trial: *The defendant was asked to sit in the dock.* = εδώλιο κατηγορουμένου

lawyer for the defence n *a lawyer that tries to explain that the actions of the defendant are in opposition to the complaints made against him or her: *The lawyer for the defence claimed that his client was innocent.* = συνήγορος υπεράσπισης

Part 5 - page 78

salinated adj *salted: *The ocean's water is salinated.* = αλατισμένος, μεγάλης περιεκτικότητας σε αλάτι

hostile adj *not friendly, warm, or generous; not hospitable: *His treatment of us was so hostile that one would imagine he didn't even want us there.* = εχθρικός

bar adv *except; omitting; but: *Everyone came bar Mary.* = εκτός από

smattering n *a small amount: *There was only a smattering of raindrops.* = μικρή, διάσπαρτη ποσότητα

miniscule fungi n *a diverse group of small organisms that live by decomposing and absorbing the organic material in which they grow, comprising mushrooms, molds and others: *Some miniscule fungi are responsible for diseases.* = μικροσκοπικοί μύκητες

land elevation n *the condition of land being elevated: *In this area there isn't much land elevation.* = υψόμετρο

prique v *excite or arouse: *This phenomenon piqued Dr. Drake's interest.* = ερεθίζω, κεντρίζω το ενδιαφέρον

abundant adj *abounding with; rich: *This region is abundant in wildlife.* = άφθονος

potash n *any of several chemical compounds that contain potassium: *Potash is of great use in making fertilisers.* = ποτάσσα, κάλιο

diminutive adj *extremely small in size; tiny: *We all were surprised by the diminutive figure that stood at the entrance.* = ελάχιστος, μικροσκοπικός

venture v *take a risk; dare: *He ventured and proceeded into the wilderness.* = τολμώ, ριψοκινδυνεύω, ρισκάρω

stinking adj *unpleasant or disgusting: *They were locked up in a stinking cell.* = απαίσιος, δυσώδης

harsh adj *rough; difficult: *He had to make some harsh decisions.* = δριμύς, δύσκολος

terrain n *an area of land; ground: *He climbed a tree to view the surrounding terrain.* = έδαφος

property n *a characteristic trait, especially one serving to define or describe its possessor: *Each region has its own properties.* = ιδιότητα

luminary n *a person who has attained eminence in his or her field or is an inspiration to others: *He is one of the luminaries in the field of medical science.* = αθηντία, διασημότητα, 'φωστήρας'

bitumen n *any of various natural substances, as asphalt, maltha, or gilsonite, consisting mainly of hydrocarbons: *Both processes produce bitumen, which needs extra treatment before it can be refined into petrol.* = άσφαλτος, πίσσα

embalming n *the treatment of a dead body so as to preserve it, as with chemicals, drugs, or balsams: *So there is a chance that this is not a tomb at all, but rather a cache for used embalming materials.* = ταρίχευση

ascetic n *a person who leads an austere simple life, especially one who abstains from the normal pleasures of life or denies himself or herself material satisfaction: *He is an ascetic living a peaceful life.* = ασκητής

fugitive n *a person who is fleeing, from prosecution, intolerable circumstances, etc.; a runaway: *There have been many fugitives from the dictatorial regime.* = φυγάς, πρόσφυγας

shun v *keep away from (a place, person, object, etc.), from motives of dislike, caution, etc: *He is more or less shunned at school.* = αποφεύγω, συνομπάρω

grasp v *get hold of mentally; comprehend; understand: *I don't grasp its meaning.* = καταλαβαίνω, συνειδητοποιώ

wont n *custom; habit; practice: *It was her wont to walk three miles before breakfast.* = συνήθεια
bestow v *present as a gift; give: *The trophy was bestowed upon the winner.* = απονέμω, παρέχω
outright adj *complete or total: *We suffered an outright loss.* = αδιαμφισβήτητος, 'καθαρός'
disdain n *a feeling of contempt for anything regarded as unworthy; haughty contempt; scorn: *She showed disdain towards the man asking her for some change.* = περιφρόνηση, απαξία
inflow n *something that flows in; influx: *There is a constant inflow of water into the ocean.* = εισροή νερού
evaporation n *change from a liquid or solid state into vapor; passing off in vapor: *In hot days there is a high percentage of evaporation.* = εξάτμιση
in perpetuum phr *for ever: *Unless we do something this situation will continue in perpetuum.* = συνεχώς, επ' άπειρον
swathe n *area; section: *On May 1st the army took over another swathe of territory.* = κομμάτι, λωρίδα
saline adj * of, containing, or resembling common table salt; salty or saltlike: *This water has a slightly saline taste.* = αλατούχος, αλμυρός
ensure v *secure or guarantee: *This letter will ensure you a hearing.* = εγγυώμαι, εξασφαλίζω
status quo n *the existing state or condition: *Everyone seems to be satisfied with the existing status quo.* = ισχύουσα κατάσταση, κατεστημένο
divert v *turn aside or from a path or course; deflect: *The flow of the river had to be diverted.* = εκτρέπω, αλλάζω τη ροή ποταμού
irrigation n *the artificial application of water to land to assist in the production of crops: *Big irrigation projects have made the desert bloom and enabled an agro-export boom.* = άρδευση, πότισμα
water-guzzling adj *consuming water frequently or plentifully: *There are many water-guzzling activities that need to be cut down on.* = που καταναλώνει γρήγορα νερό, υδροβόρος
replenishment n *supplying of what is lacking, used up, etc.: *The water tank needs immediate replenishment.* = ανεφοδιασμός, αναπλήρωση
receding adj *withdrawing: *Be careful the ground there is receding!* = που υποχωρεί
brine n *water saturated or strongly impregnated with salt: *It is difficult to grow crops here since the soil is saturated with brine.* = άλμη, νερό με περιεκτικότητα αλατιού
runoff n *something that drains or flows off, as rain that flows off from the land in streams: *There is a lot of rainwater runoff these days.* = απορροή
dissolve v *disintegrate, break up, or disperse: *The substances are gradually being dissolved.* = διαλύομαι
inglorious adj *not famous or honored: *He is still an inglorious writer.* = άδοξος, άγνωστος, άσημος

page 79

virulent adj *actively poisonous; intensely noxious: *He suffered a virulent insect bite.* = τοξικός, δηλητηριώδης
steer clear of phr *avoid: *Try to steer clear of sweets for your health's sake.* = αποφεύγω
unflattering adj *not flattering; not receiving complimentary remarks: *She was wearing a very unflattering dress.* = υποτιμητικός, καθόλου κολακευτικός
devoutly adv *devoted to divine worship or service; pious; religious: *He has remained all his life a devout Catholic.* = με ευλάβεια
fleeing adj *running away, as from danger or pursuers: *He was one of the many fleeing figures during the dictatorship.* = φεύγων, που το 'σκάει'

Part 6 - page 80

put off phr.v. *repel or repulse: *His indifferent attitude has put us off.* = αποτρέπω, αποθαρρύνω
balk v *stop, as at an obstacle, and refuse to proceed or to do something specified: *He balked at making the speech.* = σταματώ,

αρνούμαι, 'κολώνω'
manoeuvre v *change position or course: *He had to manoeuvre in his seat to feel comfortable.* = ελίσσομαι, στριφογυρίζω
contorted adj *twisted out of shape: *Drops of sweat flew from her contorted face.* = παραμορφωμένος, 'στραμπουληγμένος'
cramped adj *confined or severely limited in space: *I can't put all my clothes in this cramped closets.* = στριμωγμένος
long-haul n * a journey over a long distance: *I can't stand long-hauls; they're too tiring.* = μακρινό ταξίδι
craterous adj *referring to the cup-shaped depression or cavity on the surface of the earth marking the orifice of a volcano: *The craterous peak of the mountain is beautiful to look from the above.* = που αποτελείται από κρατήρα ηφαιστείου
lava n *the molten, fluid rock that issues from a volcano or volcanic vent: *At the time of the eruption lava covered everything.* = λάβα ηφαιστείου
reminiscent adj *awakening memories of something similar; suggestive (usually followed by of): *His style of writing is reminiscent of Melville's.* = που θυμίζει, ενθυμητικός
keep sb on one's toes idm *force someone to continue giving all their attention and energy to what they are doing: *He gave me a couple of extra things to do just to keep me on my toes.* = κρατάω κάποιον σε εγρήγορση
patently adv *readily open to notice or observation; evidently; obviously: *He is patently lying; he is making silly excuses.* = φανερά, αναντίρρητα, ξεκάθαρα
kick off phr.v. *initiate; begin: *A rally tomorrow night will kick off the campaign.* = ξεκινώ, δίνω το εναρκτήριο λάκτισμα
elf n *a being with magical powers, having capricious and often mischievous interference in human affairs: *Only small children believe in elves.* = ζωτικό
pop up phr.v. *appear suddenly: *He popped up before me and I was very scarred.* = 'πετιέμαι', ξεπετάγομαι, εμφανίζομαι
one-trick pony idm *something which limits itself in only one aspect: *That actor proved to be a one-trick pony.* = μονόπλευρος, περιορισμένος σε ένα στοιχείο
patchwork quilt n *a quilt made by sewing patches of different materials together: *My grandma left me this patchwork quilt.* = πάπλωμα με διάφορα σχέδια, (μτφ) μωσαϊκό
hankering n * a longing; craving: *You have to leave aside your hankering for a new car at the moment.* = λαχτάρα
a stone's throw away idm *a short distance; a relatively short distance: *Let's walk it's only a stone's throw away.* = πολύ κοντά
quaint adj *charmingly odd, especially in an old-fashioned way: *Prague has some lovely quaint alleys.* = γραφικός, ασυνήθιστος, ιδιόμορφος
albeit adv * even though; although: *The restaurants on the island are wonderful, albeit expensive.* = μολονότι, εντούτοις
lodging n *sleeping accommodations: *There is a variety of lodgings to choose from.* = κατάλυμα
pry away phr.v. *force someone away of something: *He tried to pry us away from each other.* = αποχωρίζω, απομακρύνω
muster v *call forth; summon up: *She was mustering up her strength for the ordeal.* = επιστρατεύω, καλώ
harness v *exploit the power of: *We should harness natural forces and resources wisely.* = εκμεταλλεύομαι
fiery adj *consisting of or containing fire: *People set up fiery barricades.* = πύρινος, φλογερός

page 81

perspective n *a way of regarding situations, facts, etc, and judging their relative importance: *I think it's time for you to change perspective.* = άποψη, οπτική
outdoorsy adj *fond of outdoor life: *He was an outdoorsy type who always swam before breakfast.* = φυσιολάτρης
dreaded adj *feared greatly: *He wouldn't go near that dreaded spider.* = τρομακτικός, φρικτός
cost cutter adj *cheaper than other alternatives: *I'd rather take a cost-cutter flight, as I'm afraid I can't afford a regular one.* = οικονομικός
disembark v *leave a vehicle or aircraft: *Passengers should mind*

their personal belongings as they disembark.= αποβιβάζομαι
on the sore side phr *having one side of body ache: *We are so packed in here that we might get off on the sore side.*= με μουδιασμένη, πιασμένη τη μια πλευρά του σώματος
wear n *tire, fatigue, drain: *I feel such a wear after spending all day shopping.*= εξάντληση
semblance n *appearance, image: *He struggles for a semblance of normal life.*= εξωτερική ομοιότητα, εικονικότητα, όψη
inland adv *the interior part of a country or region: *We were heading for the inland cities.*= προς την ενδοχώρα
rift n *a gap or space made by cleaving or splitting: *A wide rift was caused by the earthquake.*= ρήγμα
tectonic plate n *the two sub-layers of the earth's crust (lithosphere) that move, float, and sometimes fracture and whose interaction causes continental drift, earthquakes, volcanoes, mountains, and oceanic trenches: *The earthquake was the result of tectonic plates' collision.*= τεκτονική πλάκα
earth's crust n *the solid outer shell of the earth: *The earth's crust is the visible part of it.*= φλοιός γης
intent adj *determined or resolved; having the mind or will fixed on some goal: *His enemy was intent on revenge.*= προσηλωμένος, αφοσιωμένος
bedlam n *a scene or state of wild uproar and confusion: *I could neither hear nor see anything in that bedlam.*= χαμός, πανικός
penny savvy adj *experienced and well-informed with money: *No one can fool him he is penny savvy.*= έμπειρος με τα χρήματα
hustle v *push or force someone: *There is no need to hustle yourself; take your time.*= βιάζω, σπρώχνω
gem n *a person or thing held to be a perfect example; treasure: *No one has anything to say about him; he's a gem.*= 'κόσμημα', στολίδι
stay put idm *remain in the same position; refuse to move: *The baby wouldn't stay put, and kept trying to climb out of the playpen.*= μένω εκεί που είμαι
splendiferous adj *splendid; magnificent; fine: *I haven't seen such a splendiferous view for years.*= έξοχος, θαυμάσιος
foul adj *morally or spiritually offensive; wicked; vile: *I believe that he hasn't performed such bad deeds.*= δυσάρεστος, κακός, εχθρικός
cauldron n *a large kettle or boiler: *He made soup in the cauldron.*= καζάνι
vent v *release or discharge (liquid, smoke, etc.): *Gases were vented to subdue the crowd.*= απελευθερώνω, βγάζω (συνήθως αέριο)
chasm n *a yawning fissure or deep cleft in the earth's surface: *There was a chasm on the ground.*= χάσμα, ρήγμα
sojourn n *a temporary stay: *He tried to visit as many attractions as he could during his sojourn in Paris.*= παραμονή, προσωρινή διαμονή
fruits de mer n *a French term for a serving of assorted seafood: *He ordered fish and some assorted fruits de mer.*= θαλασσινά, οστρακοειδή
pretentious adj *having or creating a deceptive outer appearance of great worth; ostentatious: *His attitude was highly pretentious; his real self has nothing to do with what you saw.*= εξζητημένος
haunt n *a place frequently visited: *I am very happy to return to my old haunts.*= στέκι
interminably adv *monotonously or annoyingly protracted or continued; unceasingly; incessantly: *But local and national politicians squabbled interminably about new projects.*= δίχως τέλος
nudge n *a slight or gentle push or jog, especially with the elbow: *I felt a nudge so I turned around to see who it was.*= σκούντηγμα
dawdle v *waste time; idle: *Stop dawdling and help me with these packages!*= χασομερώ, τεμπελιάζω
enrapture v *delight beyond measure: *We were enraptured by her singing.*= θέλω, εκστασιάζω
thriftiness n *frugality in the expenditure of money or resources: *The Scots are famous for their thriftiness.*= φειδώ, τσιγκουνιά
quest n *the act or an instance of looking for or seeking; search: *They were in the middle of a quest for diamonds.*= αναζήτηση

Part 7 - page 82

spectacle n *a public show or display, especially on a large scale: *The coronation was a lavish spectacle.*= θέαμα
influx n *an inflow (as opposed to outflux): *There is a high influx of tourists this season.*= συρροή, μαζική προέλευση
partake v *take or have a part or share along with others; participate: *He won't partake in the victory celebration.*= λαμβάνω μέρος
straddle v *be on both sides of; extend over or across: *Watch out! There is a car straddling the centerline.*= διασκελίζω, απλώνομαι σε

page 83

carnivore n *an animal that eats flesh: *Lions are one of the main carnivore species.*= σαρκοφάγο ζώο
mouth n *the point where a river issues into a sea or lake: *There was rich fauna around the river's mouth.*= άνοιγμα, εκβολές ποταμού
resume v *take up or go on with again after interruption; continue: *Now that we rested it's time to resume our journey.*= ξαναρχίζω, συνεχίζω
swell v *grow or cause to grow in size, amount, intensity, or degree: *The party is swelling with new recruits.*= διογκώνομαι, μεγαλώνω
cuddly adj *suitable for holding close, embracing or hugging: *He loved his little cuddly teddy bear.*= λούτρινος, σαν χνουδωτό παιχνίδι
lethal adj *causing death; deadly; fatal: *His anger was turned into a lethal weapon.*= θανάσιμος
sleek adj *smooth or glossy, as hair, an animal, etc: *His hair was so sleek and shiny.*= λείος, στιλπνός
jagged adj *having ragged notches, points, or teeth: *Be careful of the jagged edge of the saw.*= οδοντωτός, πριονωτός
rugged adj *having a roughly broken, rocky or jagged surface: *The rugged ground was difficult to climb on.*= τραχύς, απότομος, άγριος
lured adj *being attracted, enticed, or tempted: *She was lured by his good looks.*= παρασυρμένος, δελεασμένος
moose n *a large, long-headed mammal of the deer family, having enormous palmate antlers: *When you live in the suburbs, it is usual to see mooses running around.*= άλκη, αμερικανικό ελάφι
elk n *a large deer, the male of which has large, spreading antlers: *Elks are very beautiful animals.*= τάρανδος, μεγάλο ελάφι
cougar n *a mountain lion, panther, puma: *Cougars are hardly ever friendly with man.*= ορεινό λιοντάρι, πούμα
grizzly bear n *a large North American brown bear: *Grizzly bears are now threatened with extinction.*= καφέ αρκούδα
thriving adj *growing strongly and vigorously: *The once thriving industry has now significant losses.*= ακμάζων
torrent n *a stream of water flowing with great rapidity and violence: *Mind that the torrent is harsh.*= χείμαρρος
fall n *a steep fall or flow of water in a watercourse from a height, as over a precipice; cascade: *Niagara Falls is the most known fall around the world.*= καταρράκτης
gorge n *a narrow cleft with steep, rocky walls, especially one through which a stream runs: *Around here there are many gorges to explore.*= φαράγγι, χαράδρα
daredevil n *a recklessly daring person: *It doesn't surprise me that he wants to go cliff diving; he has always been a daredevil.*= παράτολμος, ρισοκίνδυνος
tightrope walker n *an acrobat who performs on a tightrope: *Everyone was watching the tightrope walker with short breath.*= ακροβάτης που βαδίζει σε τεντωμένο σχοινί
insanity n *extreme foolishness; folly; senselessness: *Trying to drive through that traffic would be pure insanity.*= παραφροσύνη, παράνοια
perilous adj *involving or full of grave risk or peril; hazardous; dangerous: *No one was in for that perilous voyage across the Atlantic in a small boat.*= επικίνδυνος
gushing adj *flowing out suddenly, copiously, or forcibly, as a fluid from confinement: *The water came gushing from the broken pipe.*= ορμητικός, αναβλύζων

itinerary n *a detailed plan for a journey, especially a list of places to visit; plan of travel: *That museum was not in our itinerary but I'm glad we managed to visit it.* = δρομολόγιο, πρόγραμμα ταξιδιού

resplendence n *a brilliant or splendid appearance: *The resplendence of the Palace is extremely charming.* = μεγαλοπρέπεια, λάμψη

shabby adj *run-down, seedy, or dilapidated: *There was no way I could stay in such a shabby hotel.* = βρόμικος, σε μαύρα χάλια

diversity n *the state or fact of being diverse; difference; unlikeness: *We must protect diversity in the ecosystem.* = ποικιλομορφία, ποικιλότητα

outlet n *the mouth of a river: *This river's outlet is in the ocean.* = εκροή, διέξοδος

dotted adj *scattered or placed in a random manner: *The landscape was dotted with small houses.* = διάσπαρτος

Writing

Part 1 - page 84

articulate v *express coherently in words: *Since teenagers don't read much anymore, they have problems articulating themselves.* = εκφράζομαι

hunched up adj *with one's back and shoulders bent forward: *He sat hunched up near the fire.* = σκυμμένος, καμπουριασμένος

virtual adj *simulated, or in relation to a computer or computer network: *Teenagers today spend their time having virtual conversations in chatrooms.* = εικονικός

clique n *a small exclusive group of friends or associates: *All schools have their cliques: athletic guys, beautiful girls, etc.* = κλίκα, ομάδα, παρέα

mockery n *ridicule, contempt, or derision: *This action makes a mockery of the government's plans.* = κοροϊδία, χλευασμός

premise n *a statement that is assumed to be true and from which a conclusion can be drawn: On the premise that he has been injured we can infer that he will not play. = βάση, υπόθεση

cast v *throw with force: *Waves were casting against the rock.* = εκσφενδονίζω, πετάω, ρίχνω

zoned in adj *noticing or being interested in what is happening around you: *Today one has to be very zoned in to know what to do with his life.* = ενήμερος, 'συνδεδεμένος'

Part 2 - page 85

feature v *give special attention to; display, publicize, or make prominent: *Today's newspaper features the story of the new champion.* = προβάλλω, παρουσιάζω

aspiration n *a strong desire for high achievement: *He was very dissatisfied that he could no longer fulfill his aspiration.* = φιλοδοξία, προσδοκία

Listening

Part 1 - page 86

civil partners n *two people of the same sex who have an official relationship with one another and have the same rights in law as a husband or wife in a marriage: *Civil partners do not have the same rights in every country.* = ζευγάρι ατόμων του ίδιου φύλου

assets n *anything of material value or usefulness that is owned by a person or company: *His assets are at risk now that he went bankrupt.* = περιουσιακά στοιχεία

tax allowance n *income that is not taxed: *I only make \$10,000 a year, so I don't have to pay tax, because of the tax allowance.* = αφορολόγητο εισόδημα

curriculum n *all the courses of study offered by an educational institution: *We need to reconsider our curriculum to introduce more up-to-date subjects.* = διδακτέα ύλη, πρόγραμμα μαθημάτων

religious order n *a subdivision of a larger religious group: *Today there are many smaller religious orders.* = θρησκευτικό τάγμα

segregate v *separate or isolate from others or from a main body or group: *This neighborhood is unfortunately still segregated.* = διαχωρίζω, απομονώνω

Part 2 - page 87

double helix n *the form of the molecular structure of DNA, consisting of two helical chains linked by hydrogen bonds and coiled around the same axis: *The double helix was one of the major discoveries of the past century.* = έλκα του DNA

jointly adv *in collaboration or cooperation: *This paper was written jointly.* = από κοινού, μαζί

conclusively adv *in a decisive way: *He conclusively showed that he was telling the truth.* = οριστικά, αδιάψευστα

hereditary adj *transmitted or capable of being transmitted genetically from parent to offspring: *Eye colour is one of the many hereditary traits.* = κληρονομικός

adept adj *very skilled: *He was adept at managing the task he was given.* = ικανός, άξιος, έμπειρος

quest n *the act or an instance of seeking or pursuing something; a search: *Their quest for discovering the truth ended when the perpetrator confessed.* = έρευνα

Part 3 - page 88

along the lines of phr *similar in type: *I can't remember exactly what words he used but it was something along those lines.* = σύμφωνα, παρόμοιος

grant n *a giving of funds for a specific purpose: *Recently we received some federal grants for medical research.* = υποτροφία, επιχορήγηση

mock v *treat with ridicule or contempt; deride: *The new constitution mocks all democratic principle.* = κοροϊδεύω, περιγελώ

counterproductive adj *tending to hinder rather than serve one's purpose: *Living on credit while trying to save money is counterproductive.* = αντιπαραγωγικός, όχι επικερδής

hand-out n *a portion of food, clothing, or money given to or as if to a beggar: *There should be more hand-outs available for those in need.* = κοινωνική απολαβή, επίδομα

on financial grounds phr *due to financial reasons: *I refuse to be exploited on financial grounds.* = για οικονομικούς λόγους

overtime n *working hours in addition to those of a regular schedule: *The newspaper staff worked overtime.* = υπερωρία

Test 5

Reading

Part 1 - page 89

badland n *a barren area in which soft rock strata are eroded into varied, fantastic forms: *South Dakota is known for its badland.* = άγονη και βραχώδης γη που έχει υποστεί έντονη διάβρωση

fossil bed n *an area rich in remnants or traces of organisms of a past geologic age, such as a skeleton or leaf imprint: *Fossil beds are of great interest to paleontologists.* = περιοχή πλούσια σε απολιθώματα

on account of phr *for the sake of; because of: *Extra safety measures were taken on account of the President's visit.* = εξαιτίας

willow n *any of various deciduous trees or shrubs of the genus Salix, having usually narrow leaves, flowers and strong lightweight wood: *He sat under a willow to rest.* = ιτιά

cottonwood n *any of several North American poplar trees, especially Populus deltoides, which has triangular leaves and a tuft of cottony hairs on the seeds: *The cottonwood in the garden is so beautiful!* = λευκή φλαμουριά

aforementioned adj *mentioned previously: *As for the aforementioned issue, I have a solution.* = προαναφερθείς

graze v *feed on growing grasses and herbage: *The sheep grazed on the field.* = βόσκω

predatory adj *living by preying on other organisms: *Lion is a predatory mammal.* = αρπακτικός

skull n *the part of the skeleton that forms the framework of the head, consisting of the bones of the cranium, which protect the brain, and the bones of the face: *He fractured his skull.* = κρανίο

horned adj *having a horn, horns, or a hornlike growth: *The unicorn is a mythical horned horse.* = που έχει κέρατο
protracted adj *relatively long in duration: *The war was bitter and protracted.* = επιμηκυμένος, μακρόσυρτος
apportion v *divide and assign according to a plan; allot: *The tendency persists to apportion blame as suits the circumstances.* = καταμερίζω, μοιράζω
uniformity n *a state or condition in which everything is regular, homogeneous, or unvarying: *Caramel was used to maintain uniformity of color in the brandy.* = ομοιομορφία
fluctuation n *constant change; vacillation; instability: *Don't worry about tiny fluctuations in your weight.* = διακύμανση, αυξομείωση
thrive v *grow vigorously; flourish: *Today his company continues to thrive.* = ευδοκιμώ
elevate v *move (something) to a higher place or position from a lower one; lift: *Jack elevated the gun at the sky.* = ανυψώνω
extrapolation n *an inference about the future (or about some hypothetical situation) based on known facts and observations: *Her extrapolation was indeed accurate.* = συμπίερασμα, τεκμήριο, πρόβλεψη με βάση υπάρχοντα δεδομένα
asset n *a useful or valuable quality, person, or thing; an advantage or resource: *She proved herself an asset to the company.* = προσόν, πλεονέκτημα, ενεργητικό

Part 2 - page 90

decorated soldier phr *a person who serves in an army or is engaged in military service, who has received medals for exceptional service: *He was a decorated soldier with the Congressional Medal of Honor.* = στρατιώτης που του έχουν απονεμηθεί παράσημα
unwavering adj *not hesitant; resolute: *He was an unwavering advocate of pro-life and pro-family values.* = ακλόνητος, σταθερός
disillusionment n *the condition or fact of being disenchanted; dissatisfaction: *There is a general sense of disillusionment with the government.* = απογοήτευση
realignment n *the act or instance of restoring or changing to a previous or different position: *A realignment of the existing political structure is needed.* = αναδιάταξη, μετέπτωση, αλλαγή
staunch adj *loyal, firm, and dependable: *For years he has been a staunch supporter of our cause.* = αφοσιωμένος, πιστός
cause n *the interests of a person or group engaged in a struggle: *Many claim to fight in the cause of peace.* = σκοπός, ζήτημα
armament n *the weapons and supplies of war: *Its purpose is to serve as an inspector of great variety of armament material.* = εξοπλισμός
truce n *a suspension of hostilities for a specified period of time by mutual agreement of the warring parties; cease-fire: *There was scope for further strife, even after the two sides signed that truce.* = εκεχειρία, ανακωχή

Part 3 - page 90

breakthrough n *an important discovery: *The cure for cancer would be a real breakthrough.* = επαναστατική ανακάλυψη, σημαντική εξέλιξη
ovarian adj *of or relating to an ovary (a part of female reproductive organs): *Unfortunately she was diagnosed with ovarian cancer.* = ωοθηκικός
transplant n *an operation in which tissue or an organ is transplanted: *He had to undergo a heart transplant.* = μεταμόσχευση
menopause n *the time in a woman's life in which the menstrual cycle ends: *Menopause usually occurs around the age of 50.* = εμμηνόπαυση
ovary n *the usually paired female reproductive organ that produces ova: *The doctor examined her ovaries.* = ωοθήκη
conceive v *become pregnant with (offspring): *She had slim chances of conceiving at her age.* = συλλαμβάνω
controversy n *dispute, argument, or debate, especially one concerning a matter about which there is strong disagreement: *The proposed cuts have caused considerable controversy.* = αντιπαράθεση, διαμάχη
ominously adv *in a menacing or threatening manner: *The sun*

darkened ominously. = απειλητικά, δυσσώωνα

Part 4 - page 91

prospective adj *likely to become or be: *We are waiting for some prospective clients.* = πιθανός, ενδεχόμενος

Part 5 - page 92

pristine adj *having its original purity; uncorrupted or unsullied: *The pristine shoreline is a beauty.* = άθικτος, παρθένος
array n *an impressive display: *It was a bewildering array of books.* = συλλογή, ποικιλία
howler monkey n *a large monkey inhabiting tropical forests in South America and having a loud howling cry: *The howler monkey was so noisy.* = είδος τροπικού πιθήκου που παράγει δυνατά ουρλιαχτά
smattering n *a small amount: *There was only a smattering of raindrops.* = μικρή, διάσπαρτη ποσότητα
incentive n *something serving to induce or motivate: *The manager announced an incentive bonus for high productivity.* = κίνητρο
reserve n *a tract of land set aside for the protection and conservation of wild animals, flowers, etc: *There are many wild animals in that nature reserve.* = καταφύγιο ζώων
extortiate adj *greatly exceeding bounds of reason or moderation: *I refuse to pay the extortiate price of designer clothes.* = εξωφρενικός
prematurely adv *too soon; in a premature manner: *I spoke prematurely.* = πρόωρα, από νωρίς
merit n *superior quality or worth; excellence: *This is a proposal of some merit.* = πλεονέκτημα, προσόν
robust adj *sturdily or powerfully built: *Don't worry, this is a robust shelter.* = σθεναρός, ρωμαλέος, στιβαρός
plush adj *luxurious; extravagant: *They own a plush Georgian house in Mayfair.* = πολυτελής, εντυπωσιακός
aptly adv *appropriately; suitably: *As my friend aptly says it is not the same without her.* = ορθώς
hammock n *a hanging, easily swung length of canvas or heavy netting suspended between two trees or other supports and used as a seat or bed: *He relaxed in the hammock.* = αιώρα, κρεμαστό κρεβάτι
mod cons phr *modern conveniences; the usual installations of a modern house, such as hot water, heating, etc.: *I think I couldn't live without today's mod cons.* = σύγχρονες ανέσεις
indulgence n *desire; whim; luxury: *The car is one of my few indulgences.* = προσωπική ικανοποίηση, καλοπέραση, πολυτέλεια
heed v *pay close attention to: *Heed the advice of the old men.* = προσέχω, λαμβάνω υπόψη μου
beguile v *charm; fascinate: *His paintings beguiled the Prince of Wales.* = γοητεύω, σαγηνεύω
repose n *calmness; tranquillity: *The atmosphere is one of repose.* = γαλήνη, ηρεμία
riptide n *a strong current, especially one flowing outwards from the shore, causing disturbance on the surface: *If you want to go swimming mind the riptide.* = επιφανειακή παλίρροια με φορά προς τα ανοικτά
mercury n *temperature: *The mercury had fallen rapidly by morning.* = υδράργυρος, θερμοκρασία
correlate v *establish or show a correlation: *Obesity correlates with increased risk of heart disease and stroke.* = συμβαδίζω, συμπίπτω
inflated adj *raised at abnormal rates: *They had to buy everything at inflated prices at the ranch store.* = 'φουσκωμένος', 'τσιμπημένος' (για τιμή)
horde n *a large group or crowd; a swarm: *A horde of people was screaming for tickets.* = ορδή, πλήθος
tranquility n *the quality or state of being tranquil; serenity: *He faced his problems with tranquility.* = ηρεμία, γαλήνη
intrepid adj *resolutely courageous; fearless: *He was an intrepid space traveler.* = απρόμητος, άφοβος
sublime adj *inspiring awe; impressive: *One can only marvel the sublime beauty of nature.* = πανέμορφος, επιβλητικός, μεγαλειώδης

page 93

posh hotel n *elegant, or fashionable hotel: *She only stays in posh hotels.* = σικ, κομψό ξενοδοχείο
confines n *the limits of a space or area; the borders: *The movie is set entirely within the confines of the abandoned factory.* = όρια, σύνορα
refreshment n *a snack or light meal and drinks: *Some refreshments would be nice.* = σνακς και αναψυκτικά
one-off payment n *a single act of paying: *I would like to make an one-off payment.* = πληρωμή μια κι έξω

Part 6 - page 94

prone adj *having an inclination to do something: *For all her experience, she was still prone to nerves.* = επιρρεπής
taunt n *mockery or teasing: *For years they suffered racist taunts.* = χλευασμός, πείραγμα
provocation n *something that causes indignation, anger, etc.: *They kept their tempers in the face of severe provocation.* = πρόκληση
stem v *stop or hold back: *He was still conscious, trying to stem the bleeding with his right hand.* = σταματώ
volatility n *tendency to vary often or widely: *Volatility can be a blessing or a curse.* = ευμεταβλητότητα
outburst n *a sudden, violent display, as of activity or emotion: *He had an outburst of indignation.* = ξέσπασμα
pitch n *the field of play: *He does really well on the football pitch.* = ποδοσφαιρικό γήπεδο
capriciousness n *the trait of acting unpredictably and more from whim or caprice than from reason or judgment: *His capriciousness is unbearable at times.* = ιδιοτροπία, παραξενιά
penchant n *a definite liking; a strong inclination: *He had a penchant for playing jokes on people.* = κλίση, προτίμηση, γούστο
roll the dice idm *take a risk: *He sometimes likes to roll the dice.* = παίρνω το ρίσκο
prodigious adj *extraordinary; marvelous: *He is a prodigious talent.* = καταπληκτικός, κολοσσιαίος
shenanigan n *reckless or malicious behavior that causes discomfort or annoyance in others: *I am tired of your shenanigans.* = ανοησία, διαβολιά
devilment n *devilish or mischievous conduct: *We sent him a Valentine card out of sheer devilment.* = σκανταλιά, αταξία, κατεργαριά
look towards pastures new idm *leave a job, a home, or a situation for something one thinks will be much better: *I think it's time for me to look towards pastures new.* = αφήνω μια δουλειά για μια άλλη
antics n *absurd or grotesque acts or postures: *She tolerated his antics.* = απρέπεια, ανάρμοστη συμπεριφορά
disintegrate v *fall apart; collapse: *The empire began to disintegrate.* = διαλύομαι, συνθλιβόμαι
loose cannon idm *a person whose reckless behavior endangers the efforts or welfare of others: *I think this loose cannon is out of control.* = απρόβλεπτος, ανεξέλεγκτος χαρακτήρας που δημιουργεί κινδύνους
deploy v *put into use or action: *He said he had no intention of deploying ground troops.* = χρησιμοποιώ, εκμεταλλεύομαι
qualm n *uneasiness about the fitness of an action: *I had a sudden qualm that all might not be well.* = δισταγμός, ενδοιασμός
aura n *a distinctive but intangible quality that seems to surround a person or thing; atmosphere: *An aura of defeat pervaded the candidate's headquarters.* = αύρα, ύφος
rapt adj *deeply absorbed; engrossed: *She was rapt in thought all evening.* = εκστασιασμένος, συνεπαρμένος
pen v *write or compose: *She penned a short memo to his secretary.* = γράφω
mighty adj *having or showing great power, skill, strength, or force: *He is a mighty orator.* = ισχυρός, δυνατός
courtesy of phr *kindness of: *This was a courtesy of Angelo.* = χάρη από κάποιον
hurdle n *a difficult problem to be overcome; obstacle: *He managed to overcome all hurdles.* = εμπόδιο

glare n *a focus of public attention: *He enjoyed being at the glare of all media.* = δημόσια προβολή, έκθεση
veil n *mask; cover: *This is just a veil; he is very different in reality.* = 'μάσκα'
machismo n *an exaggerated sense of strength or toughness: *He had to prove his machismo by going on the scariest rides.* = αντρίλίκι, μαγκιά
empathise v *be understanding of; show empathy: *His ability to empathise with people made him an excellent marriage counselor.* = κατανοώ, συμπεριζόμαι
cement v *reinforce or consolidate: *Once a friendship is cemented it will last for life.* = στερεώνω
estranged adj *alienated: *He had a meeting with his estranged wife.* = αποξενωμένος, 'απομακρυσμένος'
tomfoolery n *foolish behavior: *Were you serious, or was that a bit of tomfoolery?* = ανόητη, άμυαλη συμπεριφορά
liability n *inconvenience; burden: *What was once a vote-catching policy is now a political liability.* = επιβάρυνση, ευθύνη, βάρος
oyster n *something from which advantage, delight, profit, etc., may be derived: *The world is his oyster.* = (εδώ: μτφ) 'αποθήκη εμπειριών', 'οπλοστάσιο'
mellow v *mature; soften: *Age and experience mellowed him over the years.* = ηρεμώ, μαλακώνω, ωριμάζω

page 95

indiscretion n *misbehaviour; recklessness: *Occasionally they paid for their indiscretion with their lives.* = ανάρμοστη συμπεριφορά, επιπολαιότητα
detrimental adj *damaging; harmful: *These foods are considered detrimental to health.* = επιβλαβής
beam v *smile radiantly; express joy through one's facial expression: *She was beaming with joy.* = 'λάμπω' από χαρά
elate v *make proud or joyful: *Her success elated the family.* = χαροποιώ
precocious adj *characterized by or characteristic of exceptionally early development or maturity: *Lucy was always a precocious child.* = ανεπτυγμένος, ώριμος
don v *put on (clothing): *The princess donned a long blue dress.* = φοράω, κοτσάρω
jersey n *a football shirt: *It's the first time he wears the team's jersey.* = φανέλα
docile adj *easy to manage, control, or discipline: *They were docile, obedient children.* = πειθήνιος, υπάκουος
foray n *involvement: *She made her first foray into politics.* = σύντομη ενασχόληση, ανάμιξη
appraisal n *assessment; opinion: *Self-appraisal is never easy.* = εκτίμηση
unceremonious adj *without the due formalities; abrupt: *He had an unceremonious departure.* = μη-εθιμοτυπικός
sacking n *the termination of someone's employment (leaving them free to depart): *Let's hope there will be no more sackings.* = απόλυση
cocky adj *overly self-assertive or self-confident: *He was a little cocky because he was winning all the time.* = αλαζόνας
immaculate adj *free from fault or error: *He has an immaculate record.* = άψογος, αψεγάδιαστος
bumpy adj *rough; unsmooth: *The road towards success is a bumpy one.* = ανώμαλος
twists and turns idm *complications; difficulties: *Life has many twists and turns.* = (εδώ: μτφ.) απότομες στροφές, δυσχέρειες
delve v *search deeply and laboriously: *They delved into the court records to find out the truth.* = σκάβω, σκαλίζω
evocative adj *moving; meaningful: *Aaron Copland's 'Appalachian Spring' is beautiful and evocative.* = συναισθηματικός
stark adj *sharp; clear; striking: *They are in stark contrast to each other.* = (εδώ:) έντονος, εμφανής
descent n *hereditary derivation; lineage: *He is of African descent.* = καταγωγή
foster mum n *a mum providing parental care and nurture to children not related to her through legal or blood ties: *He loved his foster mum more than his biological one.* = ανάδοχη μητέρα

cramped adj *uncomfortably small or restricted: *These cramped living quarters are not suited for us.* = στριμωγμένος
intestinal condition n *a disease affecting the abdominal area and intestines: *He suffered from an intestinal condition.* = πάθηση του εντέρου
endearing adj *inspiring affection or warm sympathy: *Who can resist the endearing charm of a little child?* = αγαπητός, προσφιλής
dreadlocks n *one of many long thin braids of hair radiating from the scalp; rasta: *I don't like guys with dreadlocks.* = ράστα
autograph n *something written along with your signature: *He went backstage and asked for her autograph.* = αυτόγραφο
scarred adj *deeply affected or marked by mental or physical pain or injury: *Could her scarred mind ever be free of fear?* = 'σημαδεμένος'
ammunition n *information that can be used to attack or defend a claim or argument or viewpoint: *His admission provided ammunition for his critics.* = πυρομαχικά, (εδώ:) αφορμή
bravado n *defiant or swaggering behavior: *He strove to prevent our courage from turning into bravado.* = ψευτοπαλληκαριά, μαγκιά
smokescreen n *an action intended to conceal or confuse or obscure: *Requesting new powers of surveillance is just a smokescreen to hide their failures.* = αντιπερισπασμός
by virtue of phr *because of: *Many people believe that he will avoid jail by virtue of his money and connections.* = επίσημα, τυπικά
roguishness n *reckless or malicious behavior that causes discomfort or annoyance in others: *His roguishness will no more be tolerated.* = αλητεία, κατεργαριά

Part 7 - page 96

out of his comfort zone idm*:not a situation or position in which a person feels secure, comfortable, or in control: *The therapist is encouraging people to work outside their comfort zone.* = κατάσταση χωρίς τη συνηθισμένη σιγουριά και άνεση
impede v *prevent or delay the start or progress of: *Progress on the building of the road was impeded by a fall of rock.* = παρεμποδίζω, ενοχλώ
quest n *mission; the act of pursuing something: *His quest to find true love continues.* = αναζήτηση, αποστολή
grand slam n *win in a major tennis competition: *This was his first grand slam.* = νίκη σε ένα σημαντικό τουρνουά τένις
attribute n *something attributed as belonging to a person, thing, group, etc.; a quality or characteristic: *Sensitivity is one of his attributes.* = χαρακτηριστικό γνώρισμα, ιδιότητα
devastating adj *wreaking or capable of wreaking complete destruction: *The hurricane's impact was devastating.* = ολέθριος, συνταρακτικός
handicap n *something that interferes with or delays action or progress: *The loss of a finger would be a handicap for a pianist.* = εμπόδιο, μειονέκτημα
jeopardise v *pose a threat to; present a danger to: *This scandal might jeopardise his political campaign.* = θέτω σε κίνδυνο
longevity n *long life; great duration of life: *His longevity vexed his heirs.* = μακροβιότητα
enclosure n *position: *He wasn't the one in the winner's enclosure.* = 'χώρος', 'βάθρο'
pit v *for antagonists to compete one against the other: *An ordinary chess player pitted against the Russian champion.* = αντιτάσσω
smash v *break: *He smashed the record again.* = καταρρίπτω, 'σπάω'
amass v *accumulate or assemble a large quantity of: *The astronomers had amassed compelling evidence that the galaxies indeed were speeding away from the earth and from each other.* = συγκεντρώνω, μαζεύω
radiate v *show; display; demonstrate: *She radiates happiness and health.* = 'εκπέμπω'
ruffle v *annoy; worry; upset: *My refusal to let him ruffle me infuriated him.* = ταράζω, αναστατώνω
lofty adj *superior; elevated: *Amid the chaos, he had lofty aims.* =

υψηλός
tally n *record; score: *They do not keep a tally of visitors to the palace.* = καταμέτρηση, υπολογισμός
prominence n *fame; the state of being widely known: *He came to prominence during the World Cup in Italy.* = σπουδαιότητα, υπεροχή
on the wane *in a period of decline or decrease: *His career prospects were clearly on the wane.* = μειώνομαι
pass on the baton idm *hand over the reins to somebody else: *It's time to pass on the baton to someone younger.* = 'δίνω τη σκυτάλη'
haul n *literally: the goods obtained from a robbery; here: collection; sum: *He has a haul of trophies.* = μπάζα, συγκομιδή, συλλογή
high-stakes phr *important: *That was a high-stakes match.* = βασικός, σημαντικός
redemption n *the act of being redeemed; reestablishment: *He is in need of redemption.* = εξιλέωση, αποκατάσταση φήμης
arch adj *chief; principal: *John is their arch foe.* = ο μεγαλύτερος

page 97

clay n *water soaked soil; soft wet earth: *Take off your boots you have been walking on clay.* = λάσπη, 'χώμα'
boycott v *abstain from: *The main opposition parties are boycotting the elections.* = αποφεύγω
disdain n *a feeling or show of contempt and aloofness; scorn: *She showed disdain towards the man asking her for some change.* = περιφρόνηση
pundit n *expert: *He is a well-known political pundit.* = κριτικός, ειδήμονας
legacy n *heritage: *The 'fight or flight syndrome' is a legacy from the days of our ancestors.* = κληρονομιά
second fiddle n *a secondary role: *I won't stay around here playing second fiddle for someone half my age and ability!* = δευτερεύων ρόλος
conspire v *act together towards some end as if by design: *The elements conspired to spoil our picnic.* = συνωμοτώ
watershed n *an event marking a unique or important historical change of course or one on which important developments depend: *The agreement was a watershed in the history of both nations.* = καμπή, σταθμός
prize away phr.v. *extract or obtain with difficulty: *They had to prize away the news out of him.* = αποκτώ με δυσκολία, 'κλέβω'
tussle n *fight; competition; struggle: *They are involved in a legal tussle over who gets custody of the children.* = αναμέτρηση, σύγκρουση
anomaly n *deviation or departure from the normal or common order, form, or rule: *Their wariness of opera is an anomaly in Europe.* = ανωμαλία, περίεργη κατάσταση
stash n *supply: *A large stash of drugs had been found aboard the yacht.* = ποσότητα, απόθεμα
coveted adj *greatly desired: *That was a coveted prize for everyone.* = επιθυμητός, ποθητός, που τον εποφθαλμιούν
tantalizing adj *arousing desire or expectation for something unattainable; tempting: *His recent win gave him a tantalising sense of success.* = βασανιστικός
encumber v *put a heavy load on; burden: *Since he became a father his life has always been encumbered with responsibilities.* = επιβαρύνω, παραφορτώνω
debutant n *a person who is making a first appearance in a particular capacity: *Debutant goalkeeper, Mike Stewart, leaped to push the ball away.* = πρωτοεμφανιζόμενος
string together phr.v. *compose, assemble: *There's more to devising an effective slogan than stringing together some words.* = μαζεύω, βάζω στη σειρά
run n *a continuous sequence of performances: *The play had a good run.* = σειρά
contender n *candidate; competitor: *Her trainer said yesterday that she would be a strong contender for a place in the British team.* = υποψήφιος, διεκδικητής
in leaps and bounds idm *very quickly: *This tree is growing by leaps and bounds.* = πολύ γρήγορα

susceptible adj *accessible or especially liable or subject to some influence, mood, agency, etc.: *The poor child was susceptible to the illness.* = ευάλωτος, ευπαθής
plague v *pester or annoy persistently or incessantly: *She was plagued by weakness, fatigue, and dizziness.* = βασανίζω, μαστίζω
frailty n *physical or moral weakness: *His success is a triumph of will over human frailty.* = αδυναμία

Writing

Part 1 - page 98

foster v *promote the growth and development of; cultivate: *Our job is to detect and foster artistic talent.* = καλλιεργώ, ευνοώ
layabout n *a lazy or idle person; a loafer: *The sole witness, a gambler and layabout, was easily discredited.* = σκνηρός, τεμπέλης
obesity n *the condition of being obese; increased body weight caused by excessive accumulation of fat: *Excessive consumption of sugar and fat leads to obesity.* = παχυσαρκία
sedentary adj *characterized by or requiring much sitting: *I wouldn't do a sedentary job.* = καθιστικός
pursuit n *an activity, such as a vocation or hobby, engaged in regularly: *They both love outdoor pursuits.* = ασχολία, δραστηριότητα
maturity n *the state or quality of being fully grown or developed: *Humans experience a delayed maturity compared with other mammals.* = ωρίμανση, ενηλικίωση

Part 2 - page 99

adolescence n *the period of physical and psychological development from the onset of puberty to maturity: *Some young people suddenly become tongue-tied in early adolescence.* = εφηβεία
constrain v *inhibit or restrain; hold back: *Failing to control the growth of international debt will also constrain living standards.* = περιορίζω, δεσμεύω

Listening

Part 1 - page 100

consumerist adj *of or pertaining to consumer interests or consumerism: *Despite their market share, mortgage brokers have a mostly bad reputation in the press and among consumerist organizations.* = καταναλωτικός
launder money idm *conceal the source of illegally gotten money: *The House voted today to crack down on banks that launder drug money.* = κάνω 'ξέπλυμα' χρήματος
misconduct n *dishonest or bad management, especially by persons entrusted or engaged to act on another's behalf: *He was dismissed from his job for gross misconduct.* = κακοδιοίκηση, ατασθαλία, ηθική παρεκτροπή
stand trial phr *be the accused person in a trial before a judge; to be on trial. *He had to stand trial for perjury and obstruction of justice.* = περνά από δίκη, οδηγώ στη δικαιοσύνη
tactic n *a piece of tactics; tactical move: *His tactic to press on paid off.* = τακτική, στρατηγική
likeminded adj *having a similar or identical opinion, disposition, etc.: *Peter is a like-minded friend of mine.* = ομοϊδεάτης
undermine v *weaken; sabotage: *They are accused of trying to undermine the government.* = υπονομεύω
credibility n *the quality of being believed or trusted: *The president will have to work hard to restore his credibility with voters.* = αξιοπιστία
corruption n *the state of being corrupted; dishonesty: *He faces 54 charges of corruption and tax evasion.* = διαφθορά

Part 2 - page 101

advocacy n *active support: *I support your advocacy of free trade.* = υποστήριξη, συνηγορία
impoverishment n *the state of having little or no money and few or no material possessions: *His impoverishment didn't stop him from succeeding.* = εξαθλίωση, φτώχεια
wedlock n *the state of being married; matrimony: *He was born*

out of wedlock. = γάμος
lay sb to rest idm *place in a grave or tomb: *My grandfather was laid to rest last Sunday.* = θάβω νεκρό

Part 3 - page 102

dumb down phr.v. *make or become less intellectually demanding or sophisticated: *There have been several attempts to dumb down news coverage.* = απλοποιώ, μειώνω τα προσόντα, ρίχνω το επίπεδο
entitlement n *the state of being entitled: *This kind of entitlement can open your horizons.* = κατοχή τίτλου
rule out phr.v. *remove from consideration; exclude: *The option of starting over has been ruled out.* = αποκλείω

Part 4 - page 102

emulate v *strive to equal or excel, especially through imitation: *Tom was an older pupil whose accomplishments and style I emulated.* = μιμούμαι, αντιγράφω
thrill-seeker n *someone who likes living life "on the edge" by participating in somewhat dangerous activities such as bungee jumping, etc.: *He is a total thrill seeker; he goes parachuting every once in a while.* = κυνηγός συγκινησεων

Test 6

Reading

Part 1 - page 103

particle n *a very small piece of solid matter: *The scientists have discovered a new subatomic particle.* = μόριο, σωματίδιο
release n *the act or an instance of issuing something for publication, use, or distribution: *There is a new movie release this week.* = προβολή (κινηματογραφικής ταινίας), κυκλοφορία
loosely adv *in a loose manner; generally: *The book is loosely based around the real story of his life.* = χαλαρά, σε ελεύθερη απόδοση
debate n *a discussion involving opposing points; an argument: *There has been a lot of debate about this point.* = αντιπαράθεση, δημόσια συζήτηση
monumental adj *of outstanding significance: *Everyone is aware of Einstein's monumental contributions to physics.* = τεράστιος, μνημειώδης
accrue v *come to one as a gain, addition, or increment: *The interest is accruing in my savings account.* = προκύπτω, προέρχομαι
fraction n *a small part or item forming a piece of a whole: *You will find only a fraction of the collection on display.* = μικρό κομμάτι, τεμάχιο
spring v *appear or come into being quickly: *New businesses were springing up rapidly.* = 'γεννιέμαι', 'ξεφουτρώνω'
engross v *occupy exclusively; absorb: *A great novel engrosses the reader.* = απορροφώ, απασχολώ αποκλειστικά
hint n *indicate or make known in an indirect manner: *The President hinted he might make some changes in the government.* = υπαινίσσομαι, υπονοώ
hail v *greet or acclaim enthusiastically: *The crowds hailed the boxing champion.* = αποδέχομαι, χαριετίζω, καλώ
ultimatum n *a final peremptory demand: *An ultimatum has been issued to him to withdraw his troops from our territory.* = τελεσίγραφο

Part 2 - page 104

massif n *a large mountain mass or compact group of connected mountains: *We climbed several lower peaks to explore the massif.* = οροσειρά, ορεινός όγκος
treachery n *the act or an instance of wilful betrayal: *He was wounded by the treachery of old friends.* = προδοσία
dizzying adj *making one dizzy or confused: *Success can be dizzying.* = 'μεθυστικός', που σε ζαλίζει

surmount v *prevail over; get over: *He managed to surmount all difficulties.*= υπερπηδώ, υπερνικώ, κυριεύω
morbid adj *gruesome; horrid: *Some people have a morbid fascination with crime.*= νοσηρός
indelibly adv *in an indelible manner; permanently: *This tradition has left its mark indelibly upon the social and industrial fabric of this country.*= μόνιμα, ανεξίτηλα
ascent n *the act or process of rising or going upward: *He led the first ascent of K2.*= ανάβαση, άνοδος
pique v *provoke; arouse: *The portrait piqued her curiosity.*= ερεθίζω, προκαλώ, 'κεντρίζω'
atop adv *at the top: *The view from atop was brilliant.*= από την κορυφή
crest n *the highest part of a hill or mountain range; summit: *He was very excited that he reached the crest.*= κορυφογραμμή του βουνού
whence adv *out of which place; from or out of which: *We searched for him at Calcuta, whence he said he came from.*= από όπου
gusto n *vigorous enjoyment; zest: *Hers was a minor part, but she played it with gusto.*= ενθουσιασμός, ζήλος, κέφι

Part 3 - page 104

prophecy n *prediction about the future: *No one was taking into consideration her prophecies until they came true.*= προφητεία
taken to the extreme phr *taken very far, especially further than is thought to be reasonable: *Taken to the extreme, he could have even died.*= πηγαίνοντας το στα άκρα

Part 4 - page 105

planning n *plans or layouts for some project or enterprise:= σχέδιο, πλάνο
appeal n *review: *A cost appeal should be conducted.*= ανάλυση

Part 5 - page 106

esteemed adj *regarded with respect: *Our leader is highly esteemed.*= που χαιρεί μεγάλης εκτίμησης, που τον υπολήπτονται
adamant adj *stubbornly unyielding: *The minister is adamant that he will not resign.*= ανυποχώρητος, αδιάλλακτος
unanimous adj *sharing the same opinions or views; being in complete harmony or accord: *The members of the board made a unanimous decision.*= ομόφωνος
assertion n *statement; claim: *There are some assertions that the recession is truly over.*= δήλωση, ισχυρισμός
court painter n *an artist who painted for the members of a royal or noble family, sometimes on a fixed salary and on an exclusive basis: *Every palace used to have a court painter.*= ζωγράφος στο παλάτι
scant adj *barely sufficient: *The students paid scant attention to the lecture.*= ανεπαρκής, λιγοστός
consolation n *the comfort one feels when consoled in times of disappointment: *Second place was no consolation to him.*= παρηγοριά
espouse v *give one's loyalty or support to a cause, etc.; adopt.: *She ran away to Mexico and espoused the revolutionary cause.*= υιοθετώ, ασπάζομαι μια ιδέα
petulant adj *unreasonably irritable or ill-tempered: *He was a very petulant child as he grew up.*= οξύθυμος, νευριασμένος
heinous adj *grossly wicked or reprehensible; abominable: *He committed a heinous crime.*= αποτρόπαιος, στυγερός
fallible adj *capable of making an error: *Humans are only fallible.*= που μπορεί να κάνει λάθος
elitist adj *arrogant; snobbish: *He described skiing as an elitist sport.*= ελιτιστικός
bogus adj *fake; not genuine: *They tricked me with bogus insurance claims.*= πλαστός, ψεύτικος
authenticity n *the quality or condition of being authentic, trustworthy, or genuine: *No one can dispute the authenticity of the work.*= αυθεντικότητα
atop prep *on top of: *Atop a sheet of paper lays an envelope.*= πάνω σε

depiction n *representation by drawing or painting, etc: *His works feature depictions of naked women.*= απεικόνιση
presume v *take for granted that something is true or factual; suppose: *That's the new assistant, I presume.*= υποθέτω, θεωρώ
give away phr.v *reveal or make known, often accidentally: *He was given away by his accent.*= προδίδω, αποκαλύπτω, 'καρφώνω'
underpainting n *a painting underneath another one: *We were surprised when we realised that there was an underpainting.*= (εδώ:) πίνακας κάτω από άλλον πίνακα
trifle n *an article or thing of very little value: *He doesn't let such trifles worry him.*= ασήμαντο σε αξία, τιποτένιο
nuisance n *something that is inconvenient, annoying, or vexatious; a bother: *Having to stand in line was a nuisance.*= ενόχληση, μπελάς
drain v *consume; waste: *Deficits drain resources from the pool of national savings.*= καταναλώνω; σπαταλώ
shielding n *a protective device or structure: *A protective shielding should be placed to avoid injuries.*= ασπίδα, προστασία
inglorious adj *not famous or honored: *He is still an inglorious writer.*= άδοξος, άγνωστος, άσημος
bothersome adj *causing bother; troublesome: *It's all been very noisy and bothersome in Parliament this week.*= ενοχλητικός
matter n *something that has mass and exists as a solid, liquid, gas, or plasma: *A proton is an elementary particle of matter.*= ύλη
authenticate v *establish as genuine or valid: *There are many techniques used to authenticate a work of art.*= πιστοποιώ, εξακριβώνω, επιβεβαιώνω

page 107

contested adj *disputed or made the object of contention or competition: *The last elections were ones of the most contested of recent years.*= υπό αμφισβήτηση, αμφισβητούμενος
credit v *ascribe; give credit for something: *They credited him with the discovery.*= αποδίδω, 'πιστώνω'
crude adj *lacking tact or taste; blunt or offensive: *That was a crude remark.*= αδέξιος, 'χοντροκομμένος'
value v *regard highly; esteem: *Do you value your best friend enough?*= εκτιμώ, υπολογίζω
show up phr.v. *expose or reveal the true character or nature of: *We showed their efforts up as a waste of time.*= ξεπερνά, αποκαλύπτω τον πραγματικό χαρακτήρα
attributable adj *capable of being attributed: *The collapse of the movement was attributable to a lack of morale.*= αποδοτέος, που αποδίδεται

Part 6 - page 108

plucky adj *having or showing courage and spirit in trying circumstances: *He is a plucky young man.*= γενναίος, θαρραλέος
wow v *have a strong, usually pleasurable effect on: *He did a performance that wowed the audience.*= καταπλήσσω, αφήνω έκθαμβο
fervour n *great intensity of feeling or belief; ardour; zeal: *Last night's attack was an outbreak of religious fervour.*= ένταση, φλόγα
square v *be of equal status: *He managed to square his opponent.*= αντιμετωπίζω ισάξια
endurance n *the power to withstand hardship or stress: *The marathon tests a runner's endurance.*= αντοχή, διάρκεια, ανθεκτικότητα
trepidation n *a state of alarm or dread; apprehension: *It was with some trepidation that I viewed the prospect.*= τρόμος, ανησυχία
incline v *:= τείνω, κλίνω προς, 'γέρνω'
tirade n *outburst: *She launched into a tirade against the authorities.*= ξέσπασμα
outlandish adj *strikingly unfamiliar: *This idea is not as outlandish as it seems.*= ανοίκειος, αλλόκοτος
litmus test idm *a critical indication of future success or failure: *The next game will be the litmus test of their endurance.*= διαγνωστικό τεστ, κρίσιμη ένδειξη μελλοντικής επιτυχίας

buckle v *succumb, as to exhaustion or authority; give in: *He finally buckled under the excessive demands of the job.* = λυγίζω, κάμπτομαι, μτφ. υποκύπτω
mounting adj *rising: *He couldn't deal with the mounting pressure.* = συνεχώς αυξανόμενος
shoulder v *carry a burden, either real or metaphoric: *He shoulders all the burden of the family.* = κρατώ, βαστώ, επωμίζομαι
cocky adj *overly self-assertive or self-confident: *He was a little cocky because he was winning all the time.* = αλαζόνας
smirk v *smile in an affected, often offensively self-satisfied manner: *They nudged each other and smirked.* = χαμογελώ υπεροπτικά, αντάρεσκα
coveted adj *greatly desired: That was a coveted prize for everyone. = επιθυμητός, ποθητός, που τον εποφθαλμιούν
poster boy/girl phr *a person who appears on posters and typifies or represents a particular characteristic, cause, opinion, etc.: *She became a poster girl for late motherhood.* = πρόσωπο που γίνεται πόστερ στα δωμάτια της νεολαίας, 'αντιπρόσωπος' ιδέας ή κινήματος κλπ
as a means to an end idm *an agency, instrument, or method used to attain a specific purpose: *She used him as a means to her end.* = μεσολαβητής για επίτευξη ενός στόχου
inferiority complex phr *a persistent sense of inadequacy or a tendency to self-diminishment: *Unfortunately, he suffers from a severe inferiority complex.* = σύμπλεγμα κατωτερότητας
scribe n *a writer or journalist: *The newspaper scribes were up all night to write the story.* = δημοσιογράφος, συγγραφέας
eulogy n *a speech or writing in praise of a person or thing: He added his praise to the glowing eulogies given by her colleagues. = εγκώμιο
decipher v *determine the meaning of something obscure or illegible: *It seems impossible to decipher the note's meaning.* = καταλαβαίνω, συμπεραίνω
conspicuous adj *easy to notice; obvious: *Her conspicuous lack of warmth confirmed that they were no longer friends.* = εμφανής, καταφανής
morph v *be transformed: *Yesterday's filmstrip has morphed into today's school computer.* = μεταμορφώνομαι
stead n *the place, position, or function properly or customarily occupied by another: *Can you go in my stead?* = θέση
angst n *a feeling of dread, anxiety, or anguish: *Many kids suffer from acne and angst.* = ανησυχία, αγωνία, ταραχή
debutant n *a person who is making a first appearance in a particular capacity: *Debutant goalkeeper, Mike Stewart, leaped to push the ball away.* = πρωτοεμφανιζόμενος
grate v *irritate or annoy persistently: *His manner always grated on me.* = ενοχλώ, δίνω στα νεύρα
charisma n *personal magnetism or charm: *This television news program is famed for the charisma of its anchors.* = χάρισμα
rustle up phr.v. *prepare a meal, snack, etc. rapidly, especially at short notice: *He rustled up some pasta.* = ετοιμάζω στα γρήγορα (γεύμα κλπ)
pain killer n *a medication that reduces or eliminates pain: *He refuses to take any painkillers.* = παυσίπονο
palpable adj *easily perceived; obvious: *There was a palpable sense of expectation in the court.* = φανερός, προφανής
bid sb farewell idm *say goodbye to someone: *Everytime she goes away, he is there to bid her farewell.* = αποχαιρετώ
peck n *a light quick kiss: *He gave me a peck on the lips.* = πεταχτό φιλή
steady v *strengthen: *His support managed to steady her.* = κρατώ γερά, οπλίζω με θάρρος

page 109

obituary n *published notice of a death, sometimes with a brief biography of the deceased: *I read your brother's obituary in the Times.* = 'αγγελία θανάτου', επικήδειος
defy v *oppose or resist with boldness and assurance: *He defied the blockade by sailing straight through it.* = αφηφώ
formbook n *a tool used by attorneys to aid in the filing of pleadings, motions and other legal documents with a court or similar de-

cision-making body: *The lawyer took his formbook with him.* = βιβλίο καταχώρησης (κλασέρ) υποθέσεων (π.χ. δικηγόρων), μτφ. παράδοση
hatchet job idm *a malicious or devastating verbal or written attack: *He will not tolerate any hatchet job.* = νοσηρή επίθεση, συκοφάντηση, δυσφήμιση
duly adv *in a proper manner: *He is a duly appointed official.* = δεόντως, όπως πρέπει
scamper v *run or go quickly and lightly: *The children scampered off to play.* = τρέχω γρήγορα, το βάζω στα πόδια
amid prep *in the middle of; among: *We stayed in a tiny bungalow amid clusters of trees.* = ανάμεσα
furor n *a sudden widespread enthusiasm for something; craze: *The political furor has intensified.* = σάλος, πάταγος
oblivion n *the state of being completely forgotten or unknown: *He is a former movie star who is now in oblivion.* = αφάνεια, λησμονιά
quake v *shake or tremble, as from instability or shock: *She was quaking from anxiety.* = τρέμω
gorgonzola n *a pungent, blue-veined, pressed Italian cheese made of cow's milk: *I love eating gorgonzola.* = είδος τυριού
lap n *the front area from the waist to the knees of a seated person: *She placed the boy on her lap.* = 'αγκαλιά'
ritual n *a detailed method of procedure faithfully or regularly followed: *My household chores have become a morning ritual.* = 'τελετουργικό', 'ιεροτελεστία'
reach out for phr.v. *move forward or upward in order to touch or grab something: *He reached out for her hand.* = σκύβω για να πιάσω κάτι
drift off phr.v. *change from a waking to a sleeping state: *She was so tired that she drifted off.* = λαγοκοιμάμαι, με παίρνει ο ύπνος
resent v *feel bitter, indignant, or aggrieved at: *He still resents him because of his past betrayal.* = μισώ, απεχθάνομαι
despise v *dislike intensely; loathe: *He despises the frigid weather in January.* = απεχθάνομαι, σιχαίνομαι
unleash v *release or loose from or as if from a leash: *He unleashed the guard dogs.* = απελευθερώνω
embolden v *foster boldness or courage in; encourage: *Emboldened by his success, he started on a second novel.* = ενθαρρύνω
resoluteness n *the trait of being determined: *His resoluteness is admirable.* = αποφασιστικότητα
shiver n *an instance of shivering or trembling: *I can't stop these shivers.* = ρίγος, τρέμουλο
one-sided adj *with one party, contestant, side, etc., vastly superior; unbalanced; unequal: *It certainly was an one-sided fight.* = μονόπλευρος
possessed adj *spurred or moved by a strong feeling, madness, or a supernatural power: *The army fought as if possessed.* = δαιμονισμένος, 'τρελαμένος'
carefree adj *free of worries and responsibilities: *She remembered her years of carefree youth.* = ανέμελος, ξένοιαστος
upstart n *a person, group, etc. that has risen suddenly to a position of power or wealth: *He was just an upstart who had come from nowhere.* = (εδώ:) πρωτοεμφανιζόμενος
reserve n *something kept back or set aside, esp for future use or contingency: *The country's reserves of petrol are running very low.* = απόθεμα
pizzazz n *vigorous spirit; energy or excitement: *His pizzazz was lovely.* = ενθουσιασμός, ενεργητικότητα, σφρίγος
panache n *a dashing manner; style; swagger: *He rides with panache.* = κομψότητα, άνεση, 'αέρας'
chemo n *chemotherapy; the treatment of cancer using specific chemical agents or drugs that are selectively destructive to malignant cells and tissues: *He has to undergo chemo.* = χημειοθεραπεία
muster v *gather or bring together: *You have to muster the courage to do something.* = συγκεντρώνω, επιστρατεύω

Part 7 - page 110

pedigree n *a list of ancestors; a family tree: *His pedigree is completely unknown.* = καταγωγή

make a mockery of idm *make a deliberate parody or a poor imitation of something: *You have made a mockery of my position!* = εξευτελίζω, μειώνω την αξία, κοροϊδεύω
engage with phr.v. *become involved with, do, or take part in something: *You need to engage with more productive activities.* = ασχολούμαι, απορροφώμαι, καταγινομαι
overly adv *to an excessive degree: *My mother was always overly protective.* = υπερβολικά
constraint n *the state of being restricted or confined within prescribed bounds: *He was soon tired of the constraint of military life.* = περιορισμός

page 111

flaw v *become blemished, defective, or imperfect: *No one can deny that the plan is flawed.* = έχω ελαττώματα, έχω ελλείψεις
reprehensible adj *open to criticism or rebuke; blameworthy: *He started behaving in the most reprehensible manner.* = κατακριτέος, επιλήψιμος, άδικος
label v *identify or designate with a label; describe or classify: *They labeled them Yuppies.* = χαρακτηρίζω, θεωρώ, 'βάζω την ετικέτα'
set my sights low idm *set one's goals lower: *Even though you get frustrated, you shouldn't set your sights low.* = έχω χαμηλές προσδοκίες
underperform v *perform less well or with less success than expected: *John consistently underperforms, although he is very able.* = έχω χαμηλότερη επίδοση από τις δυνατότητές μου
two-tier adj *involving or comprising two levels of structure, policy, etc.: *The two-tier health care is at times really unfair.* = δύο βαθμίδων (σε δομές, πολιτικές κλπ)
tier n *a layer or ranking or classification-group: *The upper and the lower tier are not treated equally.* = βαθμίδα, επίπεδο
biased adj *marked by or exhibiting bias; prejudiced: *She gave a biased account of the trial.* = μεροληπτικός, προκατειλημμένος
outperform v *perform better than (someone or something): *The Austrian economy has outperformed most other industrial economies.* = έχω καλύτερη επίδοση, ξεπερνά σε απόδοση
exclusive adj *excluding some or most, as from membership or participation: *This is an exclusive club.* = αποκλειστικός, 'κλειστός'
uphill adj *marked by difficulty or strong resistance; laborious: *He conducted an uphill election campaign against a popular incumbent.* = ανηφορικός, κουραστικός, δύσκολος
pick n *the act of selecting or choosing; choice: *He got the first pick of the desserts.* = επιλογή
barrier n *a boundary or limit: *Cost is no barrier.* = εμπόδιο
groan v *voice a deep, inarticulate sound, as of pain, grief, or displeasure: *His parents were beginning to groan about the cost of it all.* = παραπονούμαι, 'βογγάω'
gut feeling phr *a personal, intuitive feeling or response: *I have a gut feeling that something bad is going to happen.* = διαίσθηση, προαίσθημα
second-to-none idm *better than everything else: *This is an excellent car.* = ο καλύτερος
burnout n *physical or emotional exhaustion, especially as a result of long-term stress: *After all that stress a burnout was inevitable.* = εξάντληση
partake v *take or have a part or share; participate: *Do you partake in dangerous sports?* = συμμετέχω
quote v *cite or refer to for illustration or proof: *Then he quoted a line from the play to prove his point.* = παραθέτω
innovation n *something newly introduced, such as a new method or device: *There have been many technological innovations the last few years.* = καινοτομία
state-of-the-art idm *the highest level of knowledge and development achieved in a technique, science, etc., especially at present: *We only use state of the art equipment.* = υπερσύγχρονος
formative adj *shaping; moulding: *That trip was a very formative experience.* = παιδαγωγικός, που διαπλάθει το χαρακτήρα
resource n *something that can be used for support or help: *The local library is a valuable resource.* = πόρος, βοήθημα

reap the benefits idm *get the benefit, etc. that is the result of your own actions: *She studied every evening and reaped the benefits at exam time.* = επωφελοúμαι, 'δρέπω τους καρπούς'
interactive adj *interacting with a human user, often in a conversational way, to obtain data or commands and to give immediate results or updated information: *For many years airline reservations have been handled by interactive computer systems.* = διαδραστικός, αλληλεπιδραστικός
vital adj *necessary to the existence, continuance, or well-being of something; indispensable; essential: *It is vital for a healthy society to acknowledge all humans' equal rights.* = ζωτικής σημασίας
kit out phr.v. *provide with: *It is important we kit out our house with some first aid equipment.* = εξοπλίζω, παρέχω
striking adj *noticeable; conspicuous: *His lack of enthusiasm was striking.* = εντυπωσιακός
water down phr.v. *weaken, soften, or adulterate with: *He tried to water down the unfavorable report.* = νοθεύω, (εδά:) μειώνω τη δυσκολία
incense v *cause to be extremely angry; infuriate: *He was incensed by her attitude.* = εξοργίζω, εξαγριώνω
overhaul n *a thorough examination and repair: *I think we need to consider an overhaul of the project.* = αναθεώρηση, επανεξέταση
assessor n *examiner: *They are assessors in the final exam.* = βαθμολογητής
devalue v *lessen or cancel the value of: *He totally devalues other people's work.* = υποτιμώ, υποβαθμίζω, απαξιώνω
objective n *something worked toward or striven for; a goal: *It is important in our lives to have objectives.* = στόχος

Writing

Part 1 - page 112

no-brainer n *something so simple or easy as to require no thought: *You can solve this math problem; it's a no-brainer!* = αυτονόητο, ευκολονόητο
venture out phr.v. *take a risk; dare: *He ventured and proceeded into the wilderness.* = τολμώ, ρισκινδυνεύω, ρισκάρω
downright adv *completely; totally: *What he said to you was downright rude.* = εντελώς, απόλυτα
sustain v *supply with necessities or nourishment; provide for: *He finds it very difficult to sustain the family on his own.* = συντηρώ οικονομικά
tend to phr.v. *look after; take care of: *It's a mother's responsibility to tend to their children.* = φροντίζω, περιποιούμαι
edge n *a margin of superiority; an advantage: *They had a slight edge over the opposition.* = πλεονέκτημα
pampered adj *treated with excessive indulgence: *Their child was very pampered.* = καλομαθημένος, παραχαϊδεμένος
proactive adj *disposed to take action or effectuate change: *Children have to learn to be proactive.* = ενεργητικός, δραστήριος, δυναμικός

Part 2 - page 113

eatery n *a restaurant: *We dined in an excellent eatery.* = εστιατόριο
overall adv *on the whole; generally: *We enjoyed the performance overall.* = γενικά, συνολικά
grievance n *a complaint or protestation: *You should express your grievances.* = παράπονο, διαμαρτυρία
preventative adj *tending to prevent or hinder: *It is better to take some preventative measures.* = προληπτικός
alleviate v *make pain, for example, more bearable: *This drug that alleviates cold symptoms is very effective.* = ανακουφίζω, ελαφραίνω

Listening

Part 1 - page 114

influx n *a mass arrival or incoming: *There has been an influx of visitors to the city.* = εισροή
harbour v *maintain; give shelter: *I would never harbour a crim-*

inal.= περιθάλπω, 'τρέφω'

discard v *throw away; reject: *Read the instructions before discarding the box.*= πετώ στα σκουπίδια, ξεσκαρτάρω

Part 2 - page 115

wholesome adj *conducive to or characteristic of physical or moral well-being: *His wholesome attitude was admirable.*= ηθικός, υγιής

extramarital adj *being in violation of marriage vows; adulterous: *He had an extramarital affair.*= εξωσυζυγικός

affair n *a romantic and sexual relationship, sometimes one of brief duration, between two people who are not married to each other: *His wife filed for a divorce after she found about his affair.*= δεσμός, σχέση

shield v *protect or defend with or as if with a shield; guard: *He shielded his head from the sun with an old sack.*= προστατεύω, προφυλάσσω

follow in sb' footsteps idm *carry on the behavior, work, or tradition of: *The mother was very excited that her daughter followed in her footsteps.*= ακολουθώ τα βήματα κάποιου

foray n *involvement: *She made her first foray into politics.* = σύντομη ενασχόληση, ανάμιξη

cap v *apply the finishing touch to; complete: *He decided to cap the meal with a dessert.*= αποτελώ το επιστέγασμα, την κορυφαία στιγμή

Part 3 - page 116

revenue n *yield from property or investment; income: *The revenues weren't great.*= έσοδα

potential n *possibility: *There is a potential for success.*= πιθανότητα, προοπτική

device n *an invention serving a particular purpose, especially a machine used to perform one or more relatively simple tasks: *This device can measure minute quantities of matter.*= συσκευή

app n *application; a program that gives a computer or a mobile phone instructions that provide the user with tools to accomplish a task: *He has tried several different word processing applications.*= εφαρμογή στον υπολογιστή

put sb off idm *repel or repulse, as from bad manners: *His indifferent attitude has put us off.*= προκαλώ αποστροφή, απωθώ κάποιον

share n *any of the equal parts, usually of low par value, into which the capital stock of a company is divided: *The company's stock share is of low value.*= μετοχή χρηματιστηρίου

wipe off phr.v. *reduce the value of something by a large amount: *Nearly \$20 billion was wiped off shares yesterday.*= αφαιρώ, εξαφανίζω

flop n *an utter failure: *That was a complete flop!*= αποτυχία, φιάσκο

prevail v *be greater in strength or influence: *They prevailed over the enemy.*= επικρατώ, υπερισχύω

short-sighted adj *dealing with things that are happening now but failing to consider what will happen in the future: *He always makes short-sighted plans.*= κοντόφθαλμος

Part 4 - page 116

asylum n *protection and immunity from extradition granted by a government to a political refugee from another country: *He was seeking asylum.*= πολιτικό άσυλο, προστασία

enroll v *enter or register in a roll, list, or record: *The mother enrolled the child in kindergarten.*= εγγράφομαι

inheritance n *property or money transferred due to death: *My aunt left me an inheritance.*= κληρονομιά

relocate v *move to or establish in a new place: *They relocated the business.*= μετακομίζω

rear v *care for (children or a child) during the early stages of life; bring up: *They reared their children exceptionally.*= ανατρέφω, μεγαλώνω

Test 7

Reading

Part 1 - page 117

demise n *death or decease: *The news of his demise spread fast.*= θάνατος, αφανισμός

evolution n *change in the gene pool of a population from generation to generation by such processes as mutation, natural selection, and genetic drift: *The theory of evolution is widely accepted.*= εξέλιξη με βάση τη θεωρία του Δαρβίνου

collective adj *of or characteristic of a group of individuals taken together: *We care for the collective wishes of the members.*= συλλογικός, συγκεντρωτικός

splendour n *brilliant or gorgeous appearance, coloring, etc.; magnificence: *We were enchanted by the splendour of the palace.*= μεγαλείο

sideline v *render a person incapable of participation; prevent a person from pursuing a particular activity: *An injury to his throwing arm sidelined the quarterback for two weeks.*= παραγκωνίζω, βάζω στην άκρη

upkeep n *the act or process of keeping something in good repair, esp over a long period; maintenance: *The machine's faulty operation shows that no one has attended to its upkeep.* = διατήρηση, συντήρηση

benevolent adj *intended for benefits rather than profit: *Fortunately there is a benevolent institution helping us.*= αφιλοκερδής

double-edged sword *something that has or can have both favorable and unfavorable consequences: *Freedom of expression can become a double-edged sword.*= 'δικοπο μαχαίρι'

irrespectively adv *without regard to something else, especially something specified; ignoring or discounting: *Irrespectively of my wishes, I should go.*= ανεξαρτήτως, ασχέτως

irreversibly adv *in an unable to change manner: *This old tradition is irreversibly disappearing.*= ανεπανόρθωτα, μη αναστρέψιμα

irreverently adv *without respect: *The student irreverently mimicked the teacher in his presence.*= ανευλαβώς, ασεβώς

coin v *make up: *Nowadays teenagers coin many phrases and words.*= επινοώ, εφευρίσκω

delineate v *portray in words; describe or outline with precision: *In her speech she delineated the city plan with great care.*= σκιαγραφώ, περιγράφω

debilitate v *make weak or feeble; enfeeble: *The siege of pneumonia debilitated her completely.*= εξασθενώ, αποδυναμώνω

cusp n *a point or pointed end: *Be ware of the cusp!*= ακμή, κόψη

boast v *be proud in the possession of: *The town boasts a new school.*= καμαρώνω

proceed n *the total amount derived from a sale or other transaction: *The proceeds from the deal were divided equally among us.* = κέρδος από συναλλαγή

Part 2 - page 118

conquest n *the act or state of conquering or the state of being conquered; vanquishment: *He had led the conquest of southern Poland in 1939.*= κατάκτηση

musket n *a heavy, large-caliber smoothbore gun for infantry soldiers, the predecessor of the modern rifle: *The fact that the military musket always was equipped with a bayonet made it the dependable weapon for all close fighting.*= μουσκέτο, караμπίνα

tromp v *walk heavily and noisily; tramp: *The tourists were tromping up the hill.*= περπατώ βαριά και με κόπο, οδοιπορώ με δυσκολία

make a quick buck *earn money quickly and often in a way that is not honest: *Times are hard - you have to make a fast buck wherever and however you can.*= πλουτίζω σε μικρό χρονικό διάστημα και με λίγη προσπάθεια

flout v *treat with contempt and disregard: *Behaviour that flouts convention will not be tolerated.*= περιφρονώ, αφηφώ

complicity n *the state of being an accomplice; partnership or involvement in wrongdoing: *Complicity in a crime is heavily punished.*= ανάμιξη, συμμετοχή

escalate v *increase in intensity, magnitude, etc.: *The new intrusion escalated the war.*= οξύνομαι, κλιμακώνομαι
stem v *stop, check, or restrain: *We tried to stem the tide.*= ανακόπτω, περιορίζω
nitwitted adj *lacking sense or understanding or judgment: *That is a nitwitted decision of yours.*= παράλογος, ανόητος

Part 3 - page 118

swap n *an exchange: *He got the radio in a swap.*= ανταλλαγή
buster n *a loud and crazy situation; party: *Last night was a buster.*= ευωχία, γλέντι
slouch v *go or move slowly or reluctantly: *Get up, don't slouch all day!*= τεμπελιάζω, χασομερώ

Part 5 - page 120

uncanny adj *having or seeming to have a supernatural or inexplicable basis; beyond the ordinary or normal: *That was a very uncanny series of events.*= εξωφρενικός, απόκοσμος
in sb's prime *when someone is in early manhood or womanhood: *He used to win all competitions in his prime.*= στην ακμή του, στα νιάτα του
unfold v *reveal or display: *The truth will be unfolded.*= αποκαλύπτω, ξετυλίγω
inconceivable adj *unbelievable; incredible: *What she has accomplished is almost inconceivable.*= αδιανόητος, ασύλληπτος
encumber v *burden or weigh down: *She was encumbered with a suitcase and several packages.*= επιβαρύνω, 'εμποδίζω'
ignominious adj *marked by or attended with ignominy; discreditable; humiliating: *They suffered an ignominious retreat.*= ατιμωτικός
lurid adj *causing shock: *They revealed some lurid details of the crime.*= συγκλονιστικός, αναπάντεχος
bide one's time *wait for further developments: *He bides his time until he receives the news he wants.*= καιροφυλακτώ
pounce v *spring or swoop: *The lion pounced at his prey.*= εφορμάω, χιμάω
illustrious adj *glorious, as deeds or works: *He has many illustrious achievements.*= ένδοξος, λαμπρός
budding adj *at an early stage of development but showing promise or potential: *He is a budding genius.*= 'εκκολαπτόμενος', 'στα σκαριά'
fall short of *prove inadequate or insufficient: *His skills fell short of the required standard.*= υπολείπομαι, αποτυγχάνω να εκπληρώσω
rub off *become transferred or communicated to by example or association: *Some of his good luck must have rubbed off on me.*= μεταδίδομαι
pitch v *attempt to promote or sell: *They showed up on local TV to pitch their views.*= πλασάρω
attribute n *something attributed as belonging to a person, thing, group, etc.; a quality or characteristic: *Sensitivity is one of his attributes.*= χαρακτηριστικό γνώρισμα, ιδιότητα
realm n *the region, sphere, or domain within which anything occurs, prevails, or dominates: *The unconscious deals with the realm of dreams.*= 'σφαίρα'
raucous adj *harsh; strident; grating: *One could only hear raucous voices.*= τραχύς, θορυβώδης
umpteenth adj *of an indefinitely large number in succession: *He was the umpteenth person to arrive.*= πολλοστός
make no bones about *acknowledge freely and openly: *He makes no bones about the fact that he is gay.*= μιλάω ανοιχτά, δεν μασάω τα λόγια μου
forge v *create; establish; set up: *She forged her own path to proceed.*= 'σφυρηλατώ', δημιουργώ, 'χαράζω'
set the world alight *impress others greatly; attract a great deal of attention to oneself: *He's already setting the world alight.*= 'βάζω φωτιά', εξάπτω τον κόσμο
glint n *gleaming brightness: *I saw a glint outside the window.*= λάμψη
arsenal n *a collection or supply of anything; store: *He came to the meeting with an impressive arsenal of new research data.*=

οπλοστάσιο

page 121

sheer adj *unmixed with anything else: *We drilled a hundred feet through sheer rock.*= αποκλειστικά
follow in sb's footsteps *carry on the behavior, work, or tradition of: *His son followed in his footsteps and became a doctor.*= ακολουθώ τα βήματα κάποιου
imply v *express or indicate indirectly: *His tone implied disapproval.*= υπονοώ, υπαινίσσομαι
fall out of favour with *lose someone's approval or acceptance: *This style of house has fallen out of favor with most people lately.*= πέφτω σε δημοτικότητα
court v *attempt to gain; seek: *Many nowadays are courting wealth and fame.*= επιζητώ
figment n *something invented, made up, or fabricated: *It was just a figment of the imagination.*= κατασκευάσμα (φαντασίας)
endorse v *give approval of or support to, especially by public statement; sanction: *The congressman endorsed the political candidate.*= υποστηρίζω
pedigree n *a list of ancestors; a family tree: *His entire pedigree has been warriors.*= καταγωγή, σόι
volatile adj *tending to vary often or widely: *She has very volatile emotions.*= ευμετάβλητος

Part 6 - page 122

baseline n *a line serving as a basis, as for measurement, calculation, or location: *They established a baseline for the budget.*= αφετηρία, σημείο εκκίνησης μιας σύγκρισης
predisposition n *the state of being predisposed; tendency, inclination, or susceptibility: *Abandoned children have a predisposition towards crime.*= προδιάθεση
father figure n *the presence of a biological or not father: *He is abandoned, so he lacks a father figure.*= πατρική φιγούρα, πρότυπο
innate adj *of or produced by the mind rather than learned through experience: *He has an amazing innate knowledge of right and wrong.*= έμφυτος, εγγενής
affinity n *a natural attraction, liking, or feeling of kinship: *You can see that there is some affinity between them.*= έλξη, συμπάθεια
bond v *join (two or more individuals) in or as if in a nurturing relationship: *The two men bonded by working together all those years.*= συνδέομαι συναισθηματικά
manifestation n *the act of demonstrating; display: *Such a manifestation of solidarity can only be encouraging.*= εκδήλωση, εμφάνιση
mischievous n *minor trouble or disturbance: *He was the first one to blame for mischiefs.*= αταξία, σκανδαλιά
in earnest *seriously: *We started studying in earnest.*= για τα καλά
nappy n *a diaper: *We have to change the baby's nappy again.*= πάνα
tire v *grow weary and bored: *You will soon tire of going out every night.*= κουράζομαι, βαριέμαι
facilitate v *make easy or easier: *Political agreements facilitated troop withdrawals.*= βοηθώ, διευκολύνω
bottle fed adj *(of an infant) given milk from a bottle: *The baby was bottle fed when his mum wasn't around.*= που ταΐζεται με το μπουκάλι
fluffy adj *sentimental or overromantic: *I can't follow a fluffy idealist.*= 'συναισθηματικός'
breadwinner n *one whose earnings are the primary source of support for one's dependents: *Usually men are the breadwinners.*= 'κουβαλητής', αυτός που φέρνει χρήματα στο σπίτι
juggle v *keep (more than two activities, for example) in motion or progress at one time: *She managed to juggle a full-time job and homemaking.*= συνδυάζω δύο δραστηριότητες
crave v *have an intense desire for: *He is craving for success.*= ποθώ, λαχταρώ
equation n *a situation or problem in which a number of factors need to be considered: *There are a lot of things one has to consider in this equation.*= 'εξίσωση'

page 123

upbringing n *the care and training of young children or a particular type of such care and training: *His religious upbringing fitted him to be a missionary.* = ανατροφή

constant adj *continuing without pause or letup; unceasing: *I wish that constant noise would stop!* = ακατάπαυστος, σταθερός

shirker n *a person who evades work, duty, responsibility, etc.: *Shirkers will not be tolerated.* = λουφαδόρος

ilk n *class, or kind: *Extremists of any ilk are not interested in another opinion.* = τύπος, είδος

concerted adj *contrived or arranged by agreement; planned or devised together: *A concerted effort was made to reach our goal.* = κοινός, συντονισμένος

feigned adj *pretended; sham; counterfeit: *Her feigned enthusiasm was obvious.* = προσποιητός, 'δήθεν'

offspring n *children of a particular parent: *He is proud of his offspring.* = απόγονος, παιδί

well-rounded adj *fully developed; well-balanced: *I'm very happy to see that you've become a well rounded individual.* = ακέραιος, ολοκληρωμένος

plight n *a condition, state, or situation, especially an unfavorable or unfortunate one: *They found themselves in a sorry plight.* = δοκιμασία, δυσκολία

paid leave n *time allowed away from work for holiday, illness, etc. during which you receive your normal pay: *Management authorized more bonuses and paid leave to honor good work.* = άδεια μετ' αποδοχών

endure v *bear without resistance or with patience; tolerate: *I cannot endure your insults any longer.* = υπομένω, ανέχομαι

heap v *give, assign, or bestow in great quantity; load: *He was heaped with work.* = στοιβάζω, συσσωρεύω

dazed adj *overwhelmed; dazzled: *He just stared at her dazed.* = σαστισμένος, ζαλισμένος

tuppence n *something of little value: *It's worth a tuppence.* = ασήμαντος

thereof adv *of that or it: *Affordability or the lack thereof also makes this city unliveable.* = από αυτό

pivotal adj *of vital or critical importance: *This is a pivotal event.* = ζωτικός, κείριος

newlywed n *a person who has recently married: *The newlyweds were ready for their honeymoon.* = νιόπαντρος

entail v *cause or involve by necessity or as a consequence: *That was a loss entailing no regret.* = συνεπάγομαι, συμπεριλαμβάνω

pop out *appear suddenly: *Spring popped out so suddenly.* = ξεπροβάλλω, προβάλλω

head start n *an early start that confers an advantage: *Although he had a head start he finally lost.* = προβάδισμα

intimately adv *closely; personally: *You have to be willing to get to know your partner intimately.* = στενά, προσωπικά

atypical adj *not conforming to type; unusual or irregular: *Atypical behavior is not the accepted type of response that we expect from children.* = ασυνήθιστος, μη συμβατικός

bundle n *something wrapped or tied up for carrying; a package: *This bundle was delivered this morning.* = 'πακέτο'

Part 7 - page 124

glaringly adv *conspicuously or obviously: *It was glaringly obvious that it was wrong.* = κατάφωρα, ολοφάνερα

civil disturbance n *group acts of violence and disorder prejudicial to public law and order: *Civil disturbance will not be tolerated.* = διατάραξη τάξης

defraud v *take away or withhold money, rights, property, etc., from (a person) by fraud; cheat: *They defrauded the immigrants by selling them worthless land deeds.* = εξαπατώ

vilify v *revile with abusive or defamatory language; malign: *He has been vilified in the tabloid press.* = διαπομπεύω, διασύρω

page 125

recession n *a period of an economic contraction, sometimes limited in scope or duration: *I hope that we'll soon get over the recession.* = οικονομική ύφεση

decent adj *respectable; worthy: *They are a very decent family.* = αξιοπρεπής, καθώς πρέπει

protest march *occasion when you can express opposition by marching without a license: *The only way we can oppose to the new taxes is a protest march.* = πορεία διαμαρτυρίας

descend v *move to a lower level, pitch, etc; fall: *She's got too much dignity to descend to writing anonymous letters.* = 'πέφτω'

condone v *overlook, forgive, or disregard (an offense) without protest or censure: *I could never condone such an offence.* = συγχωρώ, εγκρίνω

disintegrate v *lose cohesion or unity: *Financial pressures cause families to disintegrate.* = διαλύομαι, συνθλιβόμαι

bankroll v *provide the capital for; finance: *We need someone to bankroll our effort.* = χρηματοδοτώ

backer n *one that backs a person, group, or enterprise: *They are the financial backers of a ballet company.* = υποστηρικτής

vested interest *a special interest in an existing system, arrangement, or institution for particular personal reasons: *He has a vested interest in the business's success.* = προσωπικό συμφέρον

coffer n *a treasury; funds: *The coffers of the organization were rapidly filled by the contributions.* = χρηματοκιβώτιο, απόθεμα χρημάτων

buddy n *an informal word for friend: *Come here, buddy.* = φίλαράκι, παλιόφίλος

apathy n *lack of interest in or concern for things that others find moving or exciting: *Another reason for employees' apathy may be the lack of spare cash, particularly if they are not paid much.* = απάθεια

turn out *make an appearance: *He didn't turn out on their date.* = πηγαίνω, εμφανίζομαι

disenfranchised adj *deprived of the rights of citizenship especially the right to vote: *Many people feel nowadays that they are disenfranchised.* = αποστερημένος πολιτικών δικαιωμάτων

indictment n *any charge, accusation, serious criticism, or cause for blame: *Even after an indictment, proceedings could be slowed by mental-health issues.* = κατηγορητήριο

at fault *open to censure; blameworthy: *They are at fault for the mistake.* = άδικος, υπεύθυνος, υπαίτιος

entitle v *give (a person) the right to do or have something; qualify; allow: *He is not entitled to a raise.* = (εδώ:) επιτρέπω, δίνω το δικαίωμα σε κάποιον να κάνει κάτι

scapegoat n *a person or group made to bear the blame for others or to suffer in their place: *It's not right to blame him; he shouldn't be the scapegoat.* = εξιλαστήριο θύμα, αποδιοπομπαίος τράγος

woe n *grievous distress, affliction, or trouble: *His woe was almost beyond description.* = δράμα, συμφορά

downward adj *down from a source or beginning: *As the river flows downward, it widens.* = καθοδικός, φθίνων

naysayer n *a person who habitually expresses negative or pessimistic views: *Despite a general feeling that things were going well, a few naysayers tried to cast gloom.* = αυτός που έχει έντονα αρνητική στάση, αμφισβητίας

Writing

Part 1 - page 126

put a strain *burden or overload someone or something: *All this bad economic news puts a strain on everyone's nerves.* = βάζω σε δοκιμασία, επιβαρύνω

into the bargain *in addition to the other facts previously talked about: *Caffeine does not have any beneficial effects on health and is mildly addictive into the bargain.* = επιπροσθέτως αυτών που συζητήθηκαν πριν

Part 2 - page 127

prospective adj *likely to become or be: *We are expecting some prospective clients.* = πιθανός, ενδεχόμενος

crèche n *public nursery, where the young children of poor women are cared for during the day, while their mothers are at work: *I'll drop the kid into the crèche and go to work.* = δημόσιος παιδικός σταθμός, νηπιαγωγείο

slip v *decline from a former or standard level; fall off: *The level of education in this country has slipped.* = υποβαθμίζομαι
feedback survey *a gathering of a sample of data or opinions considered to be representative of a whole: *We are going to conduct a feedback survey to see what the problem is.* = έρευνα ανταπόκρισης

Listening

Part 1 - page 128

normative adj *relating to or dealing with norms: *Some normative notions are not easy to understand.* = κανονιστικός

sibling n *a brother or sister: *I have no siblings.* = αδελφός, -ή
adversely adv * in an harmful or adverse manner: *She was adversely affected by the new regulations.* = δυσμενώς

vocalise v *express or state clearly: *You should find a way to vocalise your anxiety.* = εκφράζω, εξωτερικεύω

Part 2 - page 129

bunker n * an obstacle on a golf course, usually a sand-filled hollow bordered by a ridge: *He hit the ball into a bunker.* = αμμόδους ανάχωμα σε γήπεδο γκολφ

wayward adj *turning or changing irregularly; irregular: *This was one of a wayward breeze!* = απρόβλεπτος, άναρχος

green n *an area of closely cropped grass surrounding the hole on a golf course: *The ball rolled across the green and into the bunker.* = γρασιδι γηπέδου γκολφ

fairway n *the part of a golf course covered with short grass and extending from the tee to the putting green: *He sent the ball into the fairway.* = χλοοτάπητας γκολφ

versatility n *having a wide variety of skills: *I always admired his versatility.* = πολυμέρεια, πολυπραγμοσύνη
scintillating adj * brilliantly clever: *His scintillating wit is one of his best traits.* = έξυπνος, λαμπρός

Part 3 - page 130

credentials n *a document attesting to the truth of certain stated facts: *He has the right credentials for the job.* = διαπιστευτήρια, πιστοποιητικά

proficient adj *having or marked by an advanced degree of competence, as in an art, profession, or branch of learning: *Many Egyptians are proficient in foreign languages.* = πλήρως καταρτισμένος, ικανός

facilitator n *someone who makes progress easier: *Parents have to be facilitators for their children.* = οργανωτής, παράγοντας διευκόλυνσης

sceptical adj *inclined to skepticism; having doubt: *She was a sceptical young woman.* = επιφυλακτικός, σκεπτικιστής

immerse v *involve deeply; engross: *He immersed himself in the problem and found a solution.* = απορροφώ, αφοσιώνομαι

attain v *reach, achieve, or accomplish; gain; obtain: *He finally managed to attain his goals.* = φτάνω, κατακτώ

Part 4 - page 130

uplifting adj *inspirational; offering or providing hope, encouragement, salvation, etc.: *That was a very uplifting sermon.* = εμπνευστικός, ανεβαστικός

minor n *a person below the age of eighteen: *You can't enter this pub if you are a minor.* = ανήλικος

Test 8

Reading

Part 1 - page 131

transmit v *send or forward, as to a recipient or destination; dispatch; convey: *They learn and leave, and often don't stay long enough to transmit their knowledge to the incoming members of the lab.* = μεταδίδω

convey v *communicate; impart; make known: He conveyed his last wish in secrecy. = εκφράζω, μεταφέρω

verbatim adv *in exactly the same words; word for word: *He could never repeat something verbatim; He always changed something.* = αυτολεξεί, κατά λέξη

intuitive adj *perceived by, resulting from, or involving immediate apprehension; irrational: *His knowledge of the subject was only intuitive.* = ενστικτώδης, διαισθητικός

manipulate v *handle, manage, or use, especially with skill: *It was very difficult to manipulate such a large tractor but he did it.* = χειρίζομαι, ελέγχω

rehearse v *practice: *Take each of the odd questions and rehearse ways you might answer it naturally.* = κάνω πρόβα, εξασκώμαι

hunch n *a premonition or suspicion; guess: *I have a hunch he'll run for reelection.* = διαίσθηση, προαισθηση

hub n *a center around which other things revolve or from which they radiate; a focus of activity, authority, commerce etc.: *Chicago is a railroad hub.* = κόμβος, κέντρο

gist n *the main or essential part of a matter: *What was the gist of his speech?* = ουσία, κεντρική ιδέα

instigation n *the act of instigating; incitement; urging: *Someone mentioned outside interference and instigation.* = παρότρυνση, παρακίνηση

iteration n *the act of repeating; a repetition: *The solution took hundreds of iterations.* = επανάληψη

boon n *something extremely useful, helpful, or beneficial; a blessing or benefit: *The car was a boon to him.* = χάρη, εύνοια, δώρο

prompt n *the inciting cause of something: *Her prompts were successful; she managed to persuade me.* = παρακίνηση

obscure v *conceal or conceal by confusing; make dark, dim, indistinct, etc: *He tried very hard to obscure the true meaning of his speech.* = αποκρύπτω, συγκαλύπτω

incidental adj *happening or likely to happen in an unplanned or subordinate conjunction with something else: *It was highly incidental that me met.* = συμπτωματικός

definitive adj *serving to define, fix or specify definitely: *He finally made a definitive statement about the case.* = οριστικός, αποφασιστικός

Part 2 - page 132

repository n *an abundant source or supply; storehouse: a repository of information: *This platform is a repository of information.* = 'αποθήκη'

encode v *convert (a message, information, etc.) into code: *The message had to be encoded so as no one else could read it.* = κωδικοποιώ

subset n *a set that is a part of a larger set: *Carnivores is a subset of animals.* = υποσύνολο

indigenous adj *originating in and characteristic of a particular region or country; native: *It is very interesting to meet the indigenous peoples of southern Africa.* = εγχώριος, ντόπιος

flora and fauna *plants and animals: *The magazine story described the flora and fauna of Panama.* = χλωρίδα και πανίδα

Part 3 - page 132

obsolete adj *of a discarded or outmoded type; out of date: *Fighting one to one is an obsolete battleship now.* = απαρχαιωμένος, ξεπερασμένος

spare v *save from strain, discomfort, embarrassment, or the like, or from a particular cause of it: *He was willing to spare him the bother.* = απαλλάσσω, γλιτώνω από κάτι

stand sb up *fail to show up for a meeting or a date. *He stood her up once too often, so she broke up with him.* = στήνω κάποιον σε ραντεβού

Part 5 - page 134

legacy n *anything handed down from the past, as from an ancestor or predecessor: *The legacy of ancient Rome is highly impressive.* = κληρονομιά

notch v *score, as in a game: *He notched another win.* = σημειώνω

conquer v *gain, win, or obtain by effort, personal appeal, etc.: *He conquered the hearts of his audience.* = κατακτώ

testicular cancer n *malignant tumor of the testis; usually occurring in older men: *He was diagnosed with testicular cancer.* = καρκίνος των όρχεων

aghast adj *struck with overwhelming shock or amazement; filled with sudden fright or horror: *They stood aghast at the sight of the plane crashing.* = εμβρόντητος, σοκαρισμένος

outpouring n *something that pours out or is poured out; an outflow, overflow, or effusion: *After the accident there was an outpouring of sympathy from her friends.* = ξεχείλισμα, 'πλημμύρα'

metastasize v *(of malignant cells or disease-producing organisms) to spread to other parts of the body: *Unfortunately the cancer metastasized, so we have to run a new course of treatment.* = εξαπλώνομαι, παθαίνω μετάσταση

malignancy n *a malignant tumor: *The malignancy showed no reduction.* = κακοήθεια

mourn v *feel or express sorrow or grief over (misfortune, loss or anything regretted); deplore: *Everyone mourned over his loss.* = θρηνώ, λυπάμαι

defiant adj *characterized by defiance; boldly resistant or challenging: *He was difficult to handle with such a defiant attitude.* = προκλητικός

cameo role n a minor part played by a prominent performer in a single scene of a motion picture or a television play: *His had just a cameo role in the TV series.* = σύντομος ρόλος

defy the odds *achieve something although there were a lot of problems and not a high likelihood to succeed: *Defying the odds, she conceived her first child at the age of 56.* = αφηφώ τα προγνωστικά, τις πιθανότητες

in consecution *in a row; in succession: *He won three gold medals in consecution.* = σε ακολουθία, στη σειρά

absorbing adj *extremely interesting; deeply engrossing: *His absorbing drama attracted many willing to help.* = γοητευτικός, συναρπαστικός

ray n *a gleam or slight manifestation: *There was a ray of hope for him.* = αχτίδα

sanguinity n *the quality or condition of being ardent, confident, or optimistic: *Sanguinity is one of his best traits.* = αισιοδοξία

excruciating adj *extremely painful; causing intense suffering; torturing: *Because of his injuries he was in excruciating pain.* = βασανιστικός, φρικτός

eulogy n *a speech or writing in praise of a person or thing: *He added his praise to the glowing eulogies given by her colleagues.* = εγκώμιο

illicit adj *not sanctioned by custom or law; unlawful: *Illicit trade has to be chased after.* = απαγορευμένος, παράνομος

nab v *arrest or capture: *He was nabbed just after he stole the man's wallet.* = συλλαμβάνω, τσακώνω

indicative adj *showing or pointing out; expressive or suggestive (usually followed by of): *Such a behavior is indicative of some sort of mental disorder.* = δηλωτικός, ενδεικτικός

plead v *put forward an answer on the part of a defendant to a legal declaration or charge: *The defendant had no other choice but to plead guilty.* = απαντώ στο κατηγορητήριο

strip v *deprive or divest: *They stripped him of all privileges after the scandal.* = αφαιρώ, απογυμνώνω

page 135

contender n *competitor, challenger: *He was one of the top contenders of his class.* = διεκδικητής, υποψήφιος

infer v *derive by reasoning; conclude or judge from premises or evidence: *They inferred his displeasure from his cool tone of voice.* = συμπεραίνω, υποθέτω

disprove v *prove (an assertion, claim, etc.) to be false or wrong; invalidate: *I disproved his claim by providing evidence.* = ανασκευάζω, διαψεύδω

Part 6 - page 136

saddler n *one that makes, repairs, or sells equipment for horses: *He has a great love for horses; otherwise he wouldn't have become a saddler.* = σαμαράς, σελοποιός

optic nerve n *the nerve that carries electrical signals from the retina in the eye to the brain: *After the accident he has a slight damage to the optic nerve.* = οπτικό νεύρο

embossing n *art of producing raised patterns on the surface of metal, leather, textiles, paper, and other similar substances: *He used embossing to decorate the sign.* = λάξευση, σμίλευση

attribute v *consider as made by the one indicated, especially with strong evidence: *Although they attributed the painting to this artist, it turned out that it was the work of someone else.* = αποδίδω, καταλογίζω

artillery n *troops or military units specializing in using guns, canons etc.: *Artillery officers are searching the area.* = πυροβολικός

pertain v *have reference or relation; relate: *I have brought the documents pertaining to the lawsuit.* = αναφέρομαι, σχετίζομαι

mandatory adj *authoritatively ordered; obligatory; compulsory: *It is mandatory that all students take two years of math.* = υποχρεωτικός, αναγκαστικός

notation n *a system of graphic symbols for a specialized use, other than ordinary writing: *He knew the musical notation perfectly well.* = σημειογραφία

footnote n *an explanatory or documenting note or comment at the bottom of a page, referring to a specific part of the text on the page: *When you're writing a paper don't forget the footnotes.* = υποσημείωση

unprecedented adj *without previous instance; never before known or experienced; unexampled or unparalleled: *That was indeed an unprecedented event.* = πρωτόγνωρος

page 137

correspondence n *a letter or letters that pass between correspondents: *It will take me all day to answer this business correspondence.* = αλληλογραφία

Minister of the Interior *the member of a country's government typically responsible for policing, national security, and immigration matters: *Fortunately, the Minister of the Interior provided a solution to the problem.* = Υπουργός Εσωτερικών

nominate v *propose for an honor, award, or the like: *He was nominated for the Oscar award.* = υποδεικνύω, προτείνω

ground v *provide a basis for (a theory, for example); justify: *His claims are grounded only by a hunch.* = δικαιολογώ, βασίζω

annihilate v *reduce to utter ruin or nonexistence; destroy utterly: *The heavy bombing almost annihilated the city.* = εξολοθρεύω, καταστρέφω

tactile adj *perceptible to the touch; tangible: *Hands are tactile organs.* = απτικός, που βασίζεται στην αφή

visually impaired *(of a person) having reduced vision so severe as to constitute a handicap: *There is an excellent training program to aid every visually impaired person.* = (μερικώς) τυφλός

exertion n *an effort: *He always showed a great exertion to help others.* = επώδυνη προσπάθεια, μόχθος

pierce v *penetrate into or run through (something), as a sharp, pointed object does: *He didn't pay attention and was pierced by the needle.* = διαπερνάω, τρυπώ

recreational adj *of or pertaining to recreation, enjoyment: *There are plenty recreational facilities in the park.* = ψυχαγωγικός

manual n *a small book, especially one giving information or instructions: *That manual of mathematical tables proved to be very useful.* = εγχειρίδιο, βιβλίο οδηγιών

Part 7 - page 139

exile n *a person banished from his or her native land: *Because he betrayed his country he is now considered an exile.* = εξόριστος

indentured servant *a person employed by another, especially to perform domestic duties that has signed a contract: *Many had to work as indentured servants.* = υπηρέτης με συμβόλαιο

convict n *a person proved or declared guilty of an offense: *The convicts were transferred to a new building.* = κατάδικος

creole adj *of, pertaining to, or characteristic of a Creole: *The creole language is unique.* = των κρεολών, των μιγάδων

spectrum n *an array of entities: *I find it difficult to understand the whole spectrum of 20th-century thought.* = φάσμα, εύρος

elite n *a group or class of persons enjoying superior intellectual, social, or economic status: *In addition to notions of social equality there was much emphasis on the role of elites and of heroes within them.* = 'αφρόκρεμα', ελίτ

fragmented adj *existing or functioning as though broken into separate parts; disunited: *It is such a fragmented society that no one cares.* = κατακερματισμένος, αποσπασματικός

peasant n *small farmer or farm laborer of low social rank: *He can't have much money; he is just a peasant.* = χωριάτης

labourer n *a person engaged in physical work, especially of an unskilled kind: *It is extremely tiring to be a labourer.* = εργάτης

retention n *the act of retaining; holding: *Water retention is key to keeping skin moisturized.* = διατήρηση, συγκράτηση

loan words *a word in one language that has been borrowed from another language and usually naturalized: In English there are too many loan words. = δανικές λέξεις (από άλλη γλώσσα)

spring n *a natural outflow of ground water, as forming the source of a stream: *He stopped to drink some water from the spring.* = πηγή

pidgin n *a simplified or broken form of a language, especially when used for communication between speakers of different languages: *In some countries there are pidgins.* = απλοποιημένη γλώσσα

heyday n *the stage or period of greatest vigor, strength, success, etc.; prime: *This is the heyday of the vaudeville stars.* = ακμή, περίοδος άνθησης

take precedence *become superior: *He takes precedence since he has better marks.* = αποκτώ προτεραιότητα

abolitionist movement n *the destruction and extinguishment of anything, but especially things of a permanent nature—such as institutions, usages, or customs related to slavery: *The abolitionist movement was a huge step in the field of human rights.* = κίνηση για την κατάργηση της δουλείας

Writing

Part 1 - page 140

white lie *a minor, polite, or harmless lie; fib: *Please don't be mad at me, it was only a white lie.* = αθώο ψέμα, μικρό ψέμα

lubricant n *a lubricating substance, such as oil: *Maybe you should add some lubricant for the machine to work better.* = (εδώ:μτφ) λιπαντικό, 'λάδι'

integrity n *adherence to moral and ethical principles; soundness of moral character; honesty: *I can't trust him; he is a man with no integrity.* = εντιμότητα, ακεραιότητα

Listening

Part 1 - page 142

autistic adj *a child with a pervasive developmental disorder, characterized by impaired communication, excessive rigidity, and emotional detachment: *He tried to do everything he could about his autistic son.* = αυτιστικός

perception n *the act or faculty of apprehending by means of the senses or of the mind; cognition; understanding: *His perception about the case is clearly wrong.* = αντίληψη

outlook n *mental attitude or view; point of view: *Despite the hardships, he has a positive outlook.* = αντίληψη

elicit v *draw or bring out or forth; educe; evoke: *I will make an attempt to elicit the truth.* = εκμαιεύω, αποσπώ

Part 2 - page 143

projection n *a prediction based on known evidence and observations: *His projection is not realistic.* = πρόβλεψη

sustain v *keep up or keep going, as an action or process: *I tried to sustain the conversation, but he showed no interest.* = συντηρώ, διατηρώ

Part 3 - page 143

disparate adj *distinct in kind; essentially different; dissimilar: *We have completely disparate ideas on the project.* = ανόμοιος, διαφορετικός

recruit v *find and attract employees, new members, athletes, etc.: *The team is looking to recruit new members.* = προσλαμβάνω, επιστρατεύω

Part 4 - page 144

intoxicated adj *affected by a substance that intoxicates; drunk; inebriated: *He was intoxicated and lost control of his vehicle.* = (εδώ:) μεθυσμένος

transmit v *send or forward, as to a recipient or destination; dispatch; convey: *He transmitted a signal and we were able to find them.* = εκπέμπω, μεταδίδω

break a fall *interrupt a tumble or descent: *It's a long way down over this cliff, with nothing to break your fall.* = μειώνω την ένταση πτώσης

diversion n *distraction: *I'm afraid that your relationship with him is a diversion.* = αντιπερισπασμός