

SMART SKILLS ENGLISH-GREEK GLOSSARY

UNIT 1

page 4

temper n If you refer to sb's temper or say that they have a temper, you mean that they become angry very easily. ► *He had a temper and could be nasty.* ♦ ψυχική κατάσταση, "διάθεση", χαρακτήρας

mood n If sb is in a mood, the way they are behaving shows that they are feeling angry and impatient. ► *She was obviously in a mood.*

♦ (ψυχική) διάθεση

rude adj When people are rude, they act in an impolite way towards other people or say impolite things about them. ► *He's rude to her friends and obsessively jealous.* ♦ αγενής

let out If sth or sb lets water, air, or breath out, they allow it to flow out or escape. ► *It lets sunlight in but doesn't let heat out.*

♦ εκλύω, εκβάλλω, αφήνω

let down If you let sb down, you disappoint them, by not doing sth that you have said you will do or that they expected you to do.

► *Don't worry, Xiao, I won't let you down.*

♦ απογοητεύω

criticism n Criticism is the action of expressing disapproval of sth or sb. A criticism is a statement that expresses disapproval. ► *The policy had repeatedly come under strong criticism on Capitol Hill.* ♦ επικρίση, κριτική

review n A review of a situation or system is its formal examination by people in authority. This is usually done in order to see whether it can be improved or corrected.

► *The president ordered a review of US economic aid to Jordan.* ♦ αξιολόγηση

make a scene To make a scene is to cause a commotion. ► *The little boy made a scene, kicking and screaming and crying, when his mother wouldn't buy him an ice cream cone.*

♦ δημιουργώ πρόβλημα

sibling n Your siblings are your brothers and sisters. ► *His siblings are mostly in their early twenties.* ♦ αδελφή -ός

naughty adj If you say that a child is naughty, you mean that they behave badly or do not do what they are told. ► *Girls, you're being very naughty.* ♦ άτακτος

frustrated adj Disappointed, discouraged
► *Those questions frustrated me.*

♦ απογοητευμένος

indifferent adj If you accuse sb of being indifferent to sth, you mean that they have a complete lack of interest in it. ► *People have become indifferent to the suffering of others.*

♦ αδιάφορος

overprotective adj To be overprotective is to be a little too controlling over sb, but with good intentions. ► *The mother was overprotective of her daughter and wouldn't let her leave the house alone.* ♦ υπερπροστατευτικός

stressed adj If you are stressed, you feel tense and anxious because of difficulties in your life. ► *Work out what situations or people make you feel stressed and avoid them.*

♦ αγχωμένος

reluctant adj If you are reluctant to do sth, you are unwilling to do it and hesitate before doing it, or do it slowly and without enthusiasm. ► *The police are very reluctant to get involved in this sort of thing.* ♦ απρόθυμος

willing adj If sb is willing to do sth, they are fairly happy about doing it and will do it if they are asked or required to do it. ► *The military now say they're willing to hold talks with the*

political parties. ♦ πρόθυμος

grade n Your grade in an examination or piece of written work is the mark you get, usually in the form of a letter or number, that indicates your level of achievement. ► *What grade are you hoping to get?* ♦ βαθμός, βαθμολογία

permission n If sb who has authority over you gives you permission to do sth, they say that they will allow you to do it. ► *He asked permission to leave the room.* ♦ άδεια

license n A licence is an official document which gives you permission to do, use, or own sth. ► *He was driving without a driving license* ♦ άδεια

confuse v To confuse sb means to make it difficult for them to know exactly what is happening or what to do. ► *Politics surprised and confused him.* ♦ προκαλώ σύγχυση, μπερδεύω

refuse v If you refuse to do sth, you deliberately do not do it, or you say firmly that you will not do it. ► *He refused to comment after the trial.* ♦ αρνούμαι

prioritize v If you prioritize the tasks that you have to do, you decide which are the most important and do them first. ► *Make lists of what to do and prioritize your tasks.* ♦ δίνω ή καθορίζω προτεραιότητα

compromise v Adjust; settle, agree; strike a balance ► *You can't always have what you want; you have to compromise.*

♦ συμβιβάζομαι

prove v If sth proves to be true or to have a particular quality, it becomes clear after a period of time that it is true or has that quality.

► *We have been accused of exaggerating before, but unfortunately all our reports proved to be true.* ♦ αποδεικνύω-ομαι

approve v If sb in a position of authority approves a plan or idea, they formally agree to it and say that it can happen. ► *The Greek Parliament has approved a program of radical economic reforms.* ♦ εγκρίνω

entrust v If you entrust sth important to sb or entrust them with it, you make them responsible for looking after it or dealing with it.

► *He was forced to entrust an assistant with the important task of testing and demonstrating aircraft to prospective customers.*

♦ εμπιστεύομαι

priority n If sth is a priority, it is the most important thing you have to do or deal with, or must be done or dealt with before everything else you have to do. ► *Being a parent is her first priority.* ♦ προτεραιότητα

contradict v If you contradict sb, you say that what they have just said is wrong, or suggest that it is wrong by saying sth different.

► *She dared not contradict him.* ♦ αντικρούω

complain v If you complain about a situation, you say that you are not satisfied with it.

► *Miners have complained bitterly that the government did not fulfill their promises.* ♦ παραπονούμαι

peer pressure n Peer pressure is when sb feels forced to act in a certain way or conform to certain values or do certain things because of social pressure. ► *He didn't want to jump off the big rock into the lake but all his friends told him he should and he felt peer pressured into it.* ♦ επιρροή από τους φίλους ή συνομήλικους

aggressive adj An aggressive person or animal has a quality of anger and determination

that makes them ready to attack other people.

► *Some children are much more aggressive than others.* ♦ επιθετικός

confident adj If you are confident about sth, you are certain that it will happen in the way you want it to. ► *I am confident that everything will come out right in time.*

♦ βέβαιος, πεπεισμένος, σίγουρος

conscious adj If you are conscious of sth, you notice it or realize that it is happening. ► *He was conscious of the faint, musky aroma of aftershave.* ♦ συνειδητός, που έχει συνείδηση

get along with v If you get along with sb you like each other and don't have trouble being around each other. ► *At university I shared my bedroom with another girl. It was a good thing I got along with her.* ♦ έχω καλές σχέσεις με

communicate v If you communicate with sb, you share or exchange information with them, for example by speaking, writing, or using equipment. You can also say that two people communicate. ► *My natural mother has never communicated with me.* ♦ επικοινωνώ

independent adj If sb is independent, they do not need help or money from anyone else.

► *Phil was now much more independent of his parents.* ♦ ανεξάρτητος

guidance n Guidance is help and advice.

► *The nation looks to them for guidance.*

♦ καθοδήγηση, βοήθεια

leadership n Sb's leadership is their position or state of being in control of a group of people. ► *He praised her leadership during the crisis.* ♦ αρχηγία, ηγεσία

pessimistic adj Sb who is pessimistic thinks that bad things are going to happen. ► *Not everyone is so pessimistic about the future.*

♦ απαισιόδοξος

optimistic adj Sb who is optimistic is hopeful about the future or the success of sth in particular. ► *The President says she is optimistic that an agreement can be worked out soon.*

♦ αισιόδοξος

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ambitious adj Sb who is ambitious has a strong desire to be successful, rich, or powerful. ► *He's a very ambitious lad and he wants to play at the highest level.* ♦ φιλόδοξος

critical adj To be critical of sb or sth means to criticize them. ► *His report is highly critical of the trial judge.* ♦ επικριτικός

desire n A desire is a strong wish to do or have sth. ► *I had a strong desire to help and care for people.* ♦ επιθυμία

sensitive adj If you are sensitive about sth, you are easily worried and offended when people talk about it. ► *Young people are very sensitive about their appearance.* ♦ ευαίσθητος

arrogant adj Sb who is arrogant behaves in a proud, unpleasant way towards other people because they believe that they are more important than others. ► *He was so arrogant about everything that most of his friends stopped talking to him because they were sick of hearing it.* ♦ αλαζόνης, υπερόπτης

blush v When you blush, your face becomes redder than usual because you are ashamed or embarrassed. ► *'Hello, Maria,' he said, and she blushed again.* ♦ κοκκινίζω από ντροπή

easy-going adj If you describe sb as easy-going, you mean that they are not easily annoyed, worried, or upset, and you think this is a good quality. ► *He was easy-going and good-*

natured. ♦καλόβολος

creative adj A creative person has the ability to invent and develop original ideas, especially in the arts. ► *Like so many creative people he was never satisfied.* ♦δημιουργικός

find fault To find fault is to discover weakness in sth or sb. Usually refers to when somebody always tries to do this. ♦βρίσκω

ψεγάδια

reserved adj Sb who is reserved keeps their feelings hidden. ► *He was unemotional, quite quiet, and reserved.* ♦επιφυλακτικός, συγκρατημένος

aid n To offer aid to sb means to propose to help or assist them. ► *They offered aid to the flood victims.* ♦βοήθεια

hospitality n Hospitality is friendly, welcoming behaviour towards guests or people you have just met. ► *Every visitor to Georgia is overwhelmed by the kindness, charm and hospitality of the people.* ♦φιλοξενία

proposal n A proposal is a plan or an idea, often a formal or written one, which is suggested for people to think about and decide upon. ► *The President is to put forward new proposals for resolving the country's constitutional crisis.* ♦εισήγηση, πρόταση

patience n If you have patience, you are able to stay calm and not get annoyed, for example when sth takes a long time, or when sb is not doing what you want them to do. ► *He doesn't have the patience to wait.* ♦υπομονή

reputation n To have a reputation for sth means to be known or remembered for it.

► *He has a reputation for being a very depressing writer.* ♦υπόληψη, φήμη

sociable adj Sociable people are friendly and enjoy talking to other people. ► *She was, and remained, extremely sociable, enjoying dancing, golf, tennis, skating and bicycling.* ♦κοινωνικός

offensive adj Sth that is offensive upsets or embarrasses people because it is rude or insulting. ► *Some friends of his found the play horribly offensive.* ♦επιθετικός

generous adj A generous person gives more of sth, especially money, than is usual or expected. ► *The gift is generous by any standards.* ♦γενναιοδωρος

deceitful adj If you say that sb is deceitful, you mean that they behave in a dishonest way by making other people believe sth that is not true. ► *They claimed the government had been deceitful.* ♦απατηλός

hostile adj Sb who is hostile is unfriendly and aggressive. ► *Drinking may make a person feel relaxed and happy, or it may make her hostile, violent, or depressed.* ♦εχθρικός

obedient adj A person or animal who is obedient does what they are told to do. ► *He was very respectful at home and obedient to his parents.* ♦υπάκουος, ευπειθής

trustworthy adj A trustworthy person is reliable, responsible, and can be trusted completely. ► *He is a trustworthy and level-headed leader.* ♦άξιος εμπιστοσύνης, αξιόπιστος

stubborn adj Sb who is stubborn or who behaves in a stubborn way is determined to do what they want and is very unwilling to change their mind. ► *He is a stubborn character used to getting his own way.* ♦πεισματάρης, που δεν αλληλάζει γνώμη εύκολα

loyal adj Sb who is loyal remains firm in their friendship or support for a person or thing. ► *They had remained loyal to the president.* ♦αφοσιωμένος, πιστός

supportive adj If you are supportive, you are kind and helpful to sb at a difficult or unhappy

time in their life. ► *They were always supportive of each other.* ♦κάποιος που μπορείς να στηριχθείς

selfish adj If you say that sb is selfish, you mean that he or she cares only about himself or herself, and not about other people. ► *I think I've been very selfish. I've been mainly concerned with myself.* ♦εγωιστής

develop v If you develop an idea, theory, story, or theme, or if it develops, it gradually becomes more detailed, advanced, or complex. ► *I would like to thank them for allowing me to develop their original idea.*

♦αναπτύσσω-ομαι

strengthen v If sth strengthens a person or group or if they strengthen their position, they become more powerful and secure, or more likely to succeed. ► *To strengthen his position in Parliament, he held talks with leaders of the Peasant Party.* ♦ενισχύω-ομαι, ισχυροποιώ

arise v If a situation or problem arises, it begins to exist or people start to become aware.

► *The birds also attack crops when the opportunity arises.* ♦εμφανίζομαι, προκύπτω

devoted adj Sb who is devoted to a person loves that person very much. ► *Today, 50 years on and three children later, the couple are still devoted to one another.* ♦αφοσιωμένος

be attached to If you are attached to sb or sth, you like them very much. ► *She is very attached to her family and friends.*

♦συνδεόμενος με δεσμούς αγάπης

be fond of If you are fond of sb, you feel affection for them. ► *I am very fond of Michael.*

♦συμπαθώ, μου αρέσει

appeal v If sth appeals to you, you find it attractive or interesting. ► *On the other hand, the idea appealed to him.* ♦μου αρέσει

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conservative adj ♦ απρόθυμος να αποδεχθεί καινοτομίες, "συντηρητικός"

wiry adj ♦ συρματώδης (μυφ. λεπτός και νευρώδης)

average n ♦ μέσος όρος

balding adj ♦ που αρχίζει να αποκτά φαλάκρα

bushy adj ♦ δασύτριχος, τριχωτός, φουντωτός

torn adj ♦ σχισμένος

dreadlocked adj ♦ που έχει κόμμωση με πλεξούδες

shabby adj ♦ κακής κατάστασης, "άθλιος", "ελλεινός"

spiky adj ♦ που αγκυλιώνει, ακιδωτός, αγκαθερός, "άγριος"

slender adj ♦ λεπτός

freckled adj ♦ φακιδιάρης, φακιδιασμένος

plump adj ♦ αφράτος, παχουλός, στρουμπουλός

slim adj ♦ λεπτός, λεπτοκαμωμένος, ηυγερόκορμος

skinny adj ♦ λιπόσαρκος, κάτισχνος, πολύ αδύνατος

muscular adj ♦ μυώδης

adolescent n ♦ έφηβος

almond-shaped eyes adj ♦ αμυγδαλομάτης

crooked nose n ♦ γαμπή μύτη

worn out adj ♦ υπερβολικά φθαρμένος, κουρελιασμένος

looks like v ♦ μοιάζει με/ σαν..

spitting image n ♦ απεικόνιση, πανομοιότυπο

take after phr v ♦ μιμούμαι τον../ μοιάζω τού../παίρνω στο κατόπι τον..

look alike v ♦ μοιάζω

similar to adj ♦ όμοιος, παρόμοιος, παρεμφερής

features n ♦ χαρακτηριστικά (προσώπου)

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(in)secure adj ♦ ανασφαλής

(in)consistent adj ♦ στερούμενος σταθερότητας ή συνέπειας, άστατος, ευμετάβλητος, αλληλοπρόσαλλος

(in)consistency n ♦ έλλειψη σταθερότητας ή συνέπειας, "αστάθεια"

(dis)honest adj ♦ ανέντιμος

(im)patience n ♦ ανυπομονησία,

well-balanced adj ♦ συνετός και νηφάλιος

introvert adj ♦ εσωστρεφής

extrovert adj ♦ εξωστρεφής, εξωστρεφές άτομο

unstable adj ♦ ασταθής, "ρευστός",

ευμετάβλητος

firm v ♦ σταθεροποιώ, παγιώνω

mutual adj ♦ αμοιβαίος

fragile adj ♦ εύθραυστος

conflicting adj ♦ αντικρουόμενος

genuine adj ♦ γνήσιος, αυθεντικός

intimate adj ♦ οικείος, (στενά) φιλικός

rewarding adj ♦ που προσφέρει

ικανοποίηση ή δικαιώνει τους κόπους

hostile adj ♦ εχθρικός

constuctive adj ♦ επικοδομητικός

deceitful adj ♦ απατηλός

compassionate adj ♦ που αισθάνεται ή

δείχνει συμπόνια, συμπονετικός, σπλαχνικός

arrogant n ♦ αηζόνας, υπερόπτης

trustworthy adj ♦ άξιος εμπιστοσύνης,

αξιόπιστος

indiscreet adj ♦ στερούμενος αβρότητας ή τακτ, αδιάκριτος

indecisive adj ♦ μη αποφασιστικός

rebel v ♦ επαναστατώ

reserved adj ♦ επιφυλακτικός,

συγκρατημένος

superficial adj ♦ επιφανειακός, επιπόλαιος

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let down phr v ♦ προδίδω την

εμπιστοσύνη

stand by phr v ♦ συμπαρίσταμαι /

συντρέχω

fall out phr v ♦ φιλονικώ, διαπληκτίζομαι

put up with phr v ♦ ανέχομαι

make up phr v ♦ σταματώ τη διαμάχη

gets on with phr v ♦ έχω καλές σχέσεις

με...

look up to phr v ♦ σέβομαι τον..

break off phr v ♦ διακόπτω κάθε σχέση

με..

look down on phr v ♦ βλέπω αφ' υψηλού τον..

picks quarrel expr ♦ στήνω καυγά με..

trivial adj ♦ ασήμαντος, επουσιώδης,

αναξιολόγος

confidence slips expr ♦ χάνεται η

εμπιστοσύνη

set new priorities expr ♦ θέτω

προτεραιότητες

critical adj ♦ επικριτικός, επιτιμητικός

has a good sense of humour expr ♦ έχει

αίσθηση του χιούμορ

take everything to heart expr ♦ παίρνω τα

πάντα κατάκαρδα

badges n ♦ κονκάρδες

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crucial adj ♦ ζωτικός, κρίσιμος, καίριος,

ύψιστος σημασίας

nuclear family n ♦ οικογένεια (που

απαρτίζεται από πατέρα, μητέρα και παιδιά)

extended family n ♦ εκτεταμένη οικογένεια,

σσί, συγγενολί (θείοι, θείες, ξαδέλφια

κ.λ.π.)

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charismatic adj ♦ χαρισματικός,

προικισμένος (από το θείο ή τη φύση)

integrity n ♦ ακεραιότητα

UNIT 2

page 16

superior adj ♦ ανώτερος
triumph n ♦ θρίαμβος
determination n ♦ αποφασιστικότητα
struggle n ♦ αγώνας, μάχη
pay off v ♦ αποδίδω
refer v ♦ αναφέρομαι
ambition n ♦ φιλοδοξία, στόχος
fulfil v ♦ εκπληρώνω
inspire v ♦ εμπνέω
apparent adj ♦ φανερός, εμφανής
emerge v ♦ προβάλλω, αναδύομαι, φαίνομαι
initially adv ♦ αρχικά, πρώτα
surpass v ♦ ξεπερνάω
sustain v ♦ διατηρώ, συντηρώ

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absent adj ♦ απών
motive n ♦ κίνητρο
graduate v ♦ αποφοιτώ
benefit n ♦ πλεονέκτημα, προνόμιο
entail v ♦ συνεπάγομαι, συνεπιφέρω
enforce v ♦ εφαρμόζω, επιβάλλω
enroll v ♦ γράφομαι, δηλώνομαι
enquire v ♦ ρωτώ
administration n ♦ διοίκηση
sacrifice n ♦ θυσία
sort n ♦ είδος, τύπος
tuition fees ♦ δίδακτρα
attendance n ♦ παρουσία
subject n ♦ μάθημα
accommodation n ♦ στέγασμα
drop out n ♦ ο φοιτητής που έχει εγκαταλείψει τις σπουδές του
distraction n ♦ περισπασμός, σύγχυση
freshman n ♦ πρωτοετής
compulsory adj ♦ υποχρεωτικός
dormitory n ♦ φοιτητική εστία, κοιτώνας
orientation n ♦ ενημέρωση, καθοδήγηση, προσανατολισμός
corporal punishment ♦ σωματική ποινή
outrageous adj ♦ εξοργιστικός
regain v ♦ ανακτώ
consciousness n ♦ αισθήσεις

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power cut n A power cut is a period of time when the electricity supply to a particular building or area is stopped, sometimes deliberately. ► *There was a power cut and everything got dark!* ♦ διακοπή ρεύματος

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wreath n ♦ στεφάνι λουλουδιών
parade n ♦ παρέλαση
resolution n ♦ απόφαση, ψήφισμα
practical joke n ♦ φάρσα
anniversary n ♦ επέτειος
propose/ drink a toast v ♦ εγείρω πρόποση
burn the guy expr ♦ τελετουργική ή προειδοποιητική πυρά καύσης απορριμμάτων / υπαίθρια εορταστική πυρά
float n ♦ (αποκριάτικο κλπ.) άρμα
christen v ♦ δίνω (με θρησκευτική τελετή) χριστιανικό όνομα, βαπτίζω
graduation n ♦ αποφοίτηση
bride n ♦ νύφη, νυμφευόμενη
bridegroom n ♦ γαμπρός, νυμφίος
tuxedo n ♦ επίσημο βραδινό ανδρικό κοστούμι, σμόκιν
best man n ♦ κουμπάρος / κουμπάρος (γάμου) / παράνυμφος
bridesmaid n ♦ (νεαρή γυναίκα) παράνυμφος

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come round phr v ♦ επισκέπτομαι
dress up phr v ♦ ντύνομαι επίσημα
try on phr v ♦ προβάρω (ρούχο)
call up phr v ♦ τηλεφωνώ

hang up phr v ♦ κλείνω τηλέφωνο
spirits n ♦ πνεύματα, ψυχές
disguise v ♦ μεταμφιέζω, μασκαρεύω
conspirator n ♦ συνωμότης, σκευωρός
blow up phr v ♦ ανατινάζω
spectacular adj ♦ θεαματικός
firework displays n ♦ επίδειξη με πυροτεχνήματα

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content v ♦ αρκούμαι
semi-detached house n ♦ διπλοκατοικία, ημιανεξάρτητο σπίτι (μίας ή δύο μεσοτοιχιών)
former adj ♦ πρώην
features n ♦ χαρακτηριστικά

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caterer n ♦ προμηθευτής, τροφοδότης / ιδιοκτήτης ή διευθυντής ξενοδοχείου, εστιατορίου κτλ.

UNIT 3

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brochure n ♦ φυλλάδιο, προσπέκτους
incline v ♦ κλίνω, τείνω
sophisticated adj ♦ εξελιγμένος, πολύπλοκος
spotlessly adv ♦ άψογα
equipped adj ♦ εξοπλισμένος
maintenance n ♦ συντήρηση
obtain v ♦ αποκτώ
latest adj ♦ τελευταίος
up-to-date adj ♦ ενημερωμένος, σύγχρονος
supervision n ♦ επιτήρηση
lecture n ♦ διάλεξη
set up v ♦ στήνω, ιδρύω
extend v ♦ επεκτείνω
support staff ♦ προσωπικό υποστήριξης
unique adj ♦ μοναδικός
encounter v ♦ αντιμετωπίζω, συναντώ
insufficient adj ♦ ανεπαρκής
qualified adj ♦ προσοντούχος
staff n ♦ προσωπικό
outdated adj ♦ ξεπερασμένος, πεπαλαιωμένος
inadequate adj ♦ ανεπαρκής
funding n ♦ χρηματοδότηση, επιχορήγηση

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satisfy v ♦ ικανοποιώ
involve v ♦ περιλαμβάνω, εμπλέκω
include v ♦ περιλαμβάνω, περιέχω
pretend v ♦ προσποιούμαι, υποκρίνομαι
defend v ♦ υπερασπιζομαι
swallow v ♦ καταπίνω
chew v ♦ μασάω
nibble v ♦ τσιμπολογήω
decrease v ♦ μειώνω, ελαττώνω
deteriorate v ♦ επιδεινώνω, χειροτερεύω
devour v ♦ καταβροχθίζω, κατατρώνω
edible adj ♦ βρώσιμος, φαγώσιμος
indigestible adj ♦ δύσπεπτος, δυσκοιλωμένος
chewing gum n ♦ τσίχλα, μαστίχα
substance n ♦ ουσία, υλική υπόσταση
assumption n ♦ υπόθεση, θεώρηση, εικασία
casualty n ♦ απώλεια
vanish v ♦ εξαφανίζομαι
abandon v ♦ εγκαταλείπω, παρατάω
profitable adj ♦ επικερδής, αποδοτικός
achievable adj ♦ εφικτός, επιτεύξιμος
reduce v ♦ μειώνω, ελαττώνω
expenses n ♦ έξοδα, δαπάνες
consumption (n) κατανάλωση
nutritionist (n) διατροφολόγος

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on the point of phr When you are on the point of doing sth you are about to do it. Most commonly it is used for emphasis. ► *I am on the point of just calling this marriage off!*
♦ στο σημείο να...

about to phr When you are about to do sth you are going to do it in the very near future and you are prepared. ► *I am about to go to the gym, but I'll call you when I get back.*
♦ έτοιμος να...

in store phr When you have sth in store it means there is sth that is going to happen at some point in the future. ► *I know he has sth in store for me when I finally get back home.*
♦ αναφέρεται σε κάτι που επίκειται να συμβεί
shuttle spacecraft n A shuttle spacecraft is a reusable spacecraft with wings for controlled descent in the atmosphere, designed to transport astronauts between Earth and an orbiting space station and also used to deploy and retrieve satellites. ► *The shuttle spacecraft will be launched at noon.* ♦ διαστημόπλοιο

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stumble v ♦ σκοντάφτω, σκουντουφλώ
plaster n ♦ γύψος
crutches n ♦ δεκανίκια, πατερίτσες
stitches n ♦ ράμματα
acupuncture n ♦ βελονοθεραπεία, βελονισμός, βελονοβυσία
reflexology n ♦ ρεφλεξολογία
virus n ♦ ιός
build up phr v ♦ αποκτώ ή αναπτύσσω
immune system n ♦ ανοσοποιητικό σύστημα

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break down phr v ♦ γκρεμίζω / εξουδετερώνω / κατεδαφίζω / συντρίβω
run over sb phr v ♦ χτυπάω με το όχημά μου κάποιον και περνάω από πάνω του
run into/ crash into phr v ♦ προκαλώ πρόσκρουση / σύγκρουση με.. / τρακάρω με
set out/ off phr v ♦ ξεκινώ
pull out phr v ♦ έλκω, τραβώ, σύρω
pull up phr v ♦ (για όχημα) σταθμεύω
overtake v ♦ καταφθάνω, προφταίνω, "πιάνω"

poor visibility n ♦ κακή ορατότητα
stationary adj ♦ ακίνητος, στάσιμος, σταθερός
collide with v ♦ προσκρούω, συγκρούομαι, τρακάρω
competent adj ♦ ικανός, άξιος

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health is failing phr ♦ κατάρρευση κατάστασης υγείας
get over an illness phr ♦ ξεπερνάω / συνέρχομαι από ασθένεια, αρρώστια
throw off an illness expr ♦ απαλλάσσομαι από μια ασθένεια
health is picking up expr ♦ η υγεία μου καλύτερεύει
not feeling myself expr ♦ δεν νιώθω τον εαυτό μου
swollen eyes n ♦ μάτια ηρησμένα

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passer-by adj ♦ αυτός που γυρνάει πίσω σε ένα συγκεκριμένο μέρος ειδικά όταν έχει συμβεί κάτι παράξενο
mumps n ♦ μαγουλιάδες
infectious adj ♦ μολυσματικός, λοιμώδης, μεταδοτικός, "κολλητικός"

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regret v ♦ θλίβομαι, λυπούμαι,

στενοχωρούμαι

appreciated **adj** ♦ αντιλαμβάνομαι και επιδοκιάζω, απολαμβάνω / εκτιμώ

UNIT 4

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petty **adj** (problems, rules, arguments) unimportant or relate to unimportant things.

► *He was miserable all the time and rows would start over petty things.* ♦ ασήμαντος

petty offence ♦ πταίσμα, μικροπαράπτωμα

homicide **n** Homicide is the illegal killing of a person. ► *The police arrived at the scene of the homicide.* ♦ ανθρωποκτονία

juvenile delinquency **n** destruction of property and other criminal behaviour that is committed by young people who are not old enough to be legally considered as adults.

♦ εγκληματικότητα ανηλίκων

link **n** If there is a link between two things or situations, there is a relationship between them, for example because one thing causes or affects the other. ► *...the link between smoking and lung cancer.* ♦ "συνδεδεμένος κρίκος", σχέση, σύνδεσμος

astray **adv** If you are led astray by sb or sth, you behave badly or foolishly because of them.

► *The judge thought he'd been led astray by older children.* ♦ έξω από το σωστό δρόμο, σε ξεστράτημα

to have bone to pick If you have a bone to pick with sb, you have a dispute to settle with them. ► *Don't you dare leave yet, I have a bone to pick with you.* ♦ έχω (προνοούμενες) διαφορές

far-reaching **adj** If you describe actions, events, or changes as far-reaching, you mean that they have a very great influence and affect a great number of things. ► *The economy is in danger of collapse unless far-reaching reforms are implemented.* ♦ έντονος, μακρηπρόθεσμος

repercussion **n** If an action or event has repercussions, it causes unpleasant things to happen some time after the original action or event. (FORMAL) ► *Members of congress were warned of possible repercussions if their vote went through.* ♦ απόηχοι, αντίκτυπος, επιπτώσεις

outbreak **n** If there is an outbreak of sth unpleasant, such as violence or a disease, it suddenly starts to happen. ► *The four-day festival ended a day early after an outbreak of violence involving hundreds of youths.* ♦ ξέσπασμα, "έκρηξη"

detention **n** a punishment for naughty school-children, who are made to stay at school after the other children have gone home. ► *The teacher kept the boys in detention after school.* ♦ κράτηση μετά το σχολείο (ως τιμωρία)

suspension **n** Sb's suspension is their removal from school, a job or position for a period of time or until a decision is made about them. ► *The athlete received a two-year suspension following a positive drug test.*

♦ αποβολή ηλών ημερών

expulsion **n** Expulsion is when sb is forced to leave a school, university, or organization.

► *Her hatred of authority led to her expulsion from high school.* ♦ οριστική αποβολή, αποπομπή

plead **v** When sb charged with a crime pleads guilty or not guilty in a court of law, they officially state that they are guilty or not guilty of the crime. ► *Morris had pleaded guilty to robbery.* ♦ δηλώνω ένοχος

on trial If sb is on trial, they are being tried in a court of law. A trial is a formal meeting in a law court, at which a judge and jury listen to evidence and decide whether a person is guilty of a crime. ► *He will go on trial later this month charged with murder.* ♦ σε δίκη, υπό εκδίκαση

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law **n** a system of rules that a society or government develops in order to deal with crime, business agreements, and social relationships.

You can also use the law to refer to the people who work in this system. ► *Obscene and threatening phone calls are against the law.*

♦ νόμος

enforcement **n** If sb carries out the enforcement of an act or rule, they enforce it. ► *The doctors want stricter enforcement of existing laws, such as those banning sales of cigarettes to children.* ♦ (για νόμους κτλ.) επιβολή, εφαρμογή

crime **n** A crime is an illegal action or activity for which a person can be punished by law.

► *Endangering their lives will be regarded as a crime against humanity.* ♦ έγκλημα, (ποινικό) αδίκημα, κακούργημα

rate **n** The rate at which sth happens is the number of times it happens over a period of time. ► *Britain held the unenviable record of having the highest divorce rate in Europe.* ♦ αναλογία, ποσοστό

criminal record **n** a list of crimes for which an accused person has been previously convicted. ► *The burglar had a criminal record a mile long.* ♦ ποινικό μητρώο

death penalty **n** the punishment of death used in some countries for people who have committed very serious crimes. ► *If convicted for murder, both youngsters could face the death penalty.* ♦ θανατική ποινή

life imprisonment **n** If sb is sentenced to life imprisonment, they are sentenced to stay in prison for the rest of their life, or for a very long period of time. ♦ ισόβια κάθειρξη

burglar alarm **n** an electric device that makes a bell ring loudly if sb tries to enter a building by force. ♦ αντιδιαρρηκτικό σύστημα συναγερμού, συναγερμός

theft **n** the crime of stealing. ► *Art theft is now part of organised crime.* ♦ κλοπή

behind bars If you say that sb is behind bars, you mean that they are in prison. ► *Fisher was behind bars last night, charged with attempted murder.* ♦ πίσω από τα κάγκελα (φυλακής)

vow **n** If you vow to do sth, you make a serious promise or decision that you will do it. ► *While many models vow to go back to college, few do.* ♦ υπόσχεση, όρκος

deserve **v** If you say that a person or thing deserves sth, you mean that they should have it or receive it because of their actions or qualities. ► *Government officials clearly deserve some of the blame as well.* ♦ δικαιούμαι, αξίζω, μου αξίζει, μου πρέπει

grant a request If you grants sb's request, you do what they ask you do it (usually politely). ► *I granted his requested and tidied up my room.* ♦ ικανοποιώ αίτημα

lay a trap If you lay a trap for sb you create a situation or scenario in which to deceive them. ♦ στήνω παγίδα

lay the foundations If you lay the foundation for sth you set up or begin the early work that forms the basis for future work. ► *He really laid the foundations for the research, but it is up to me to follow through on it.* ♦ θέτω, βάζω τα θεμέλια

lay an ambush If sb is laying an ambush, they are planning to attack sb by hiding and waiting for them. ► *We laid an ambush that we will carry out later today.* ♦ στήνω καρτέρι

legislation **n** Legislation consists of a law or laws passed by a government. (FORMAL) ► *...a letter calling for legislation to protect women's rights.* ♦ νομοθεσία

blunder **n** A blunder is a stupid or careless mistake. ► *I think he made a tactical blunder by announcing it so far ahead of time.* ♦ γκάφα

probation **n** Probation is a period of time during which a person who has committed a crime has to obey the law and be supervised by a probation officer, rather than being sent to prison. ► *A young woman admitted three theft charges and was put on probation for two years.* ♦ υπό αστυνομική επιτήρηση

forgery **n** The crime of printing money, documents, or paintings illegally, or without authorization. ► *He was found guilty of forgery.*

♦ πλαστογράφηση, πλαστογραφία

blackmail **v** To Blackmail sb is to threaten to reveal a secret about sb, unless they do sth you tell them to do, such as giving you money. ► *It looks like the pictures were being used for blackmail.* ♦ εκβίαζω

smuggle **v** If sb smuggles things or people into a place or out of it, they take them there illegally or secretly. ► *My message is 'If you try to smuggle drugs you are stupid.'* ♦ διεξάγω

λαθρεμπόριο, διακίνω παράνομα

joyride **v** If sb joyrides, they steal a car and drive around in it at high speed. ♦ οδηγώ κλεμμένο αυτοκίνητο με μεγάλη ταχύτητα

mug **v** If sb mugs you, they attack you in order to steal your money. ► *I was walking out to my car when this guy tried to mug me.* ♦ (κακοποιώ και) ληστεύω σε ανοικτό χώρο

vandalism **n** Vandalism is the deliberate damaging of things, especially public property. ► *He is a 13-year-old boy whose crime file include theft, vandalism and bullying.* ♦ βανδαλισμός

kidnap **v** To kidnap sb is to take them away illegally and by force, and usually to hold them prisoner in order to demand sth from their family, employer, or government. ► *Police in Brazil uncovered a plot to kidnap him.* ♦ απαγάγω άνθρωπο

terrorize **v** If sb terrorizes you, they keep you in a state of fear by making it seem likely that they will attack you. ► *Bands of gunmen have hijacked food shipments and terrorized relief workers.* ♦ τρομοκρατώ

robbery **n** Robbery is the crime of stealing money or property from a bank, shop, or vehicle, often by using force or threats. ► *The gang members committed dozens of armed robberies over the past year.* ♦ ληστεία

accuse **v** If you accuse sb of doing sth wrong or dishonest, you say or tell them that you believe that they did it. ► *My mom was really upset because he was accusing her of having an affair with another man.* ♦ κατηγορώ, καταγγέλλω

execute **v** To execute sb means to kill them as a punishment for a serious crime. ► *This boy's father had been executed for conspiring against the throne.* ♦ θανατώνω, εκτελώ κατάδικο ή κρατούμενο

convict **v** If sb is convicted of a crime, they are found guilty of that crime in a law court. ► *In 1977 he was convicted of murder and sentenced to life imprisonment.* ♦ κηρύσσω ένοχο, καταδικάζω

prosecute **v** If the authorities prosecute sb,

they charge them with a crime and put them on trial. ► *The police have decided not to prosecute because the evidence is not strong enough.* ♦ ενάγω, διώκω ποινικώς

charge v When the police charge sb, they formally accuse them of having done sth illegal. ► *They have the evidence to charge him.*

♦ καταγγέλλω, κατηγορώ, προσάπτω (κατηγορία)

suspect v If you suspect that sth dishonest or unpleasant has been done, you believe that it has probably been done. If you suspect sb of doing an action of this kind, you believe that they probably did it. ► *He suspected that the woman staying in the flat above was using heroin.* ♦ θεωρώ (κάποιον ή κάτι) ύποπτο, υποπτεύομαι

arrest v If the police arrest you, they take charge of you and take you to a police station, because they believe you may have committed a crime. ► *Police arrested five young men in connection with one of the attacks.*

♦ συλλημβάνω, θέτω (προσωπο) υπό κράτηση

defend v When a lawyer defends a person who has been accused of sth, the lawyer argues on their behalf in a court of law that the charges are not true. This lawyer is commonly called the defense. ► *He has hired a lawyer to defend him against the allegations.*

♦ υπερασπίζω (ως συνήγορος)

offend v If sb offends the law or rules, they commit a crime. ► *In Western countries girls are far less likely to offend than boys.*

♦ παραβιάζω ή παραβαίνω το νόμο

offence n An offence is a crime that breaks a particular law and requires a particular punishment. ► *Thirteen people have been charged with treasonman offence which can carry the death penalty.* ♦ παράβαση (νόμου κτλ.) παρανομία, αδίκημα

sentence v When a judge sentences sb, he or she states in court what their punishment will be. ► *A military court sentenced him to death in his absence.* ♦ καταδικάζω, απαγγέλλω ή επιβάλλω ποινή

condemn v If sb is condemned to a punishment, they are given this punishment. ► *He was condemned to life imprisonment.*

♦ καταδικάζω, ορίζω ποινή

evidence n Evidence is the information which is used in a court of law to try to prove sth. Evidence is obtained from documents, objects, or witnesses. ► *The evidence against him was purely circumstantial.* ♦ (αποδεικτικό) "στοιχείο"

motive n Your motive for doing sth is your reason for doing it. ► *Police have ruled out robbery as a motive for the killing.* ♦ κίνητρο

alibi n If you have an alibi, you can prove that you were somewhere else when a crime was committed. ► *Her alibi seemed suspicious.*

♦ ἄλληθοι

verdict n In a court of law, the verdict is the decision that is given by the jury or judge at the end of a trial. ► *The jury returned a unanimous guilty verdict.* ♦ ετυμνηγορία ενόρκων

confiscation n Confiscation is the action of taking sth away from sb, usually as a punishment. ► *The new laws allow the confiscation of assets purchased with proceeds of the drugs trade.* ♦ κατάσχεση, δήμευση

allegation n An allegation is a statement saying that sb has done sth wrong. ► *The company has denied the allegations.* ♦ ισχυρισμός

violation n A violation of the law is a crime that is less serious than a felony. ► *Disrupting the peace is violation of the law and you can*

receive a fine if you do it. ♦ παράβαση, παραβίαση

intruder n sb who goes into a place where they are not supposed to be. ► *The intruder came in through the window.* ♦ καταπατητής (ξένης παρουσίας), εισβολέας

deterrent n is sth that prevents people from doing sth by making them afraid of what will happen to them if they do it. ► *They seriously believe that capital punishment is a deterrent.* ♦ αποτρεπτικό μέτρο/μέσο, "φόβητρο"

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permission n If sb who has authority over you gives you permission to do sth, they say that they will allow you to do it. ► *He asked permission to leave the room.* ♦ άδεια

certainty n Certainty is the state of being definite or of having no doubts at all about sth. ► *I have told them with absolute certainty there'll be no change of policy.* ♦ βεβαιότητα

logical assumption n A logical assumption is an hypothesis based on reason. ► *He made the logical assumption that she wouldn't go out tonight since he knew she had to work early in the morning.* ♦ λογική υπόθεση, σκέψη

prohibition n A prohibition is a law or rule forbidding sth. ► *There are prohibitions against feeding birds at the airport.*

♦ απαγόρευση

necessity n A necessity is sth that you must have in order to live properly or do sth. ► *Water is a basic necessity of life.*

♦ αναγκαιότητα, ανάγκη

obligation n If you have an obligation to do sth, it is your duty to do that thing. ► *When teachers assign homework, students usually feel an obligation to do it.*

♦ υποχρέωση

suggestion n If you make a suggestion, you put forward an idea or plan for sb to think about. ► *The dietitian was helpful, making suggestions as to how I could improve my diet.*

♦ πρόταση

request n If you make a request, you politely or formally ask someone to do something. ► *He made an official request that the meeting be postponed.* ♦ αίτημα

possibility n A possibility is one of several different things that could be done. ► *The government now owns a lot of our landmone possibility would be to compensate us with other property.* ♦ πιθανότητα

refusal n Sb's refusal to do sth is the fact of them showing or saying that they will not do it, allow it, or accept it. ► *Her country suffered through her refusal to accept change.*

♦ άρνηση

impossibility n Sth that is impossible cannot be done or cannot happen. ► *It was impossible for anyone to get in because no one knew the password.* ♦ το αδύνατο, το απραγματοποίητο

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fad n You use fad to refer to an activity or topic of interest that is very popular for a short time, but which people become bored with very quickly. ► *Hamnett does not believe environmental concern is a passing fad.*

♦ περαστική μόδα, "τρέλα"

specialty (speciality - British) n Sb's specialty is a particular type of work that they do most or do best, or a subject that they know a lot about. ► *His specialty is international law.*

♦ ειδικότητα, ειδικευση

preference n If you have a preference for sth, you would like to have or do that thing

rather than sth else. ► *The Bill will allow parents the right to express a preference for the school their child attends.* ♦ προτίμηση

prospect n If there is some prospect of sth happening, there is a possibility that it will happen. ► *Unfortunately, there is little prospect of seeing these big questions answered.* ♦ προσδοκία, δυνατότητα, προοπτική

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homicide n ♦ ανθρωποκτονία

vandalism n ♦ βανδαλισμός

arrest n ♦ σύλληψη

capture n ♦ σύλληψη

release n ♦ άφεση, (απ) ελευθέρωση

condemn n ♦ αποδοκιμασία, "κατάδικη"

flee n ♦ φυγή

sentence n ♦ καταδίκη, ποινή

charge n ♦ καταγγελία, κατηγορία

defend n ♦ υπεράσπιση

accuse v ♦ κατηγορώ

convict n ♦ κατάδικος

sue v ♦ ενάγω, εγείρω αγωγή

prosecute v ♦ ενάγω, διώκω ποινικώς

motive n ♦ κίνητρο

alibi n ♦ ἄλληθοι

incentive n ♦ κίνητρο

witness n ♦ μάρτυρας

evidence n ♦ ένδειξη, (αποδεικτικό)

"στοιχείο"

clues n ♦ (καθοδηγητική) ένδειξη, ίχνος (plural)

accused adj ♦ κατηγορούμενος

defendant adj ♦

εναγόμενος/κατηγορούμενος

victim n ♦ θύμα

interrogation n ♦ ανάκριση

fraud n ♦ απάτη

deceit n ♦ απάτη, δόλος, κατεργαριά

rebellion n ♦ ανταρσία, εξέγερση, επανάσταση

demonstration n ♦ απόδειξη

riot n ♦ αναταραχή, ταραχή, διασάλλευση

της δημόσιας τάξης

restore v ♦ αποδίδω στον προκάτοχο,

"επιστρέφω"

blunder n ♦ γκάφα, σφάλμα

put on probation phr ♦ θέτω κάποιον

κάτω από αστυνομική επιτήρηση

stand trial v ♦ δικάζομαι / με περνούν από

δίκη

restore law and order phr ♦ αποκαθιστώ

την τάξη και το νόμο

catch sb red-handed phr ♦ πιάνω κάποιον

επ' αυτοφώρω / στα πράσα

receive a fine phr ♦ λαμβάνω, παίρνω

πρόστιμο, χρηματική ποινή

traffic offence n ♦ τροχαία παράβαση

Juvenile delinquency n ♦ εγκληματικότητα

ανηλικών

homelessness n ♦ το να είσαι άστεγος

unemployment n ♦ ανεργία

drug addiction n ♦ τοξικομανία

peer pressure n ♦ πίεση από τους συνομηλί-

κους

poverty-stricken n ♦ περιοχή που έχει

πληγεί από ανέχεια, φτώχεια

slums n ♦ (πυκνοκατοικημένη)

φτωχοσυνοικία, φτωχογειτονιά (plural)

urban adj ♦ αστικός, χαρακτηριστικός

αστικού κέντρου

roam v ♦ περιπλανώνμαι, περιφέρομαι

stroll n ♦ περίπατος, βόλτα

kidnapping n ♦ βίαιη απαγωγή

(ανθρώπου)

mugging n ♦ ληστεία σε ανοικτό χώρο

joyriding n ♦ κλοπή αυτοκινήτου

buzzing adj ♦ συνεχής

appalling adj ♦ απαίσιος

weird adj ♦ αφύσικος, αλλόκοτος,

απόκοσμος

rustling adj ♦ που προκαλεί ή αναδίδει ήχο

θροϊσματος ή τσαλακώματος
crashing adj ♦ που προκαλεί βρόντο, κρότο, πάταγο από βίαιη πτώση, πλήγμα ή σπάσιμο
creaking adj ♦ που παράγει οξύ και ξερό κρότο
faint v ♦ λιποθυμώ, χάνω τις αισθήσεις μου
dull adj ♦ μουντός, θαμπός
shrill adj ♦ (για ήχους:) οξύς, διαπεραστικός
harsh adj ♦ τραχύς
deafening adj ♦ εκκωφαντικός
earsplitting adj ♦ υπερβολικά οξύς, διαπεραστικός
clicking adj ♦ που βγάζει οξύ, μεταλλικό ήχο

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gasp v ♦ αγκομαχώ, κοντανασαιώ, ασθμαίνω
stagger v ♦ παραπαίω, κλονίζομαι, τρεκλίζω
mumble v ♦ μουρμουρίζω (κατά τρόπο στερούμενο ευκρίνειας) ψελθίζω
limp v ♦ χωλαίνω, κουτσαίνω
dash v ♦ κινούμαι απότομα και γρήγορα, τρέχω, σπεύδω
exclaim v ♦ αναφωνώ, ανακράζω, κραυγάζω
shriek v ♦ ξεφωνίζω, τσιρίζω, στριγκλίζω
wander v ♦ περιπλανώνμαι, περιφέρομαι (άσκοπα)
stride v ♦ κινούμαι με μεγάλα βήματα, διασκελίζω, "δρασκελίζω", βηματίζω
yell v ♦ κραυγάζω, φωνάζω
creep v ♦ έρπω, σύρομαι (κλεφτά), "γλιστρώ" (κινούμαι ύπουλα και αθόρυβα)
whisper v ♦ ψιθυρίζω, μουρμουρίζω
tip toe v ♦ περπατώ στά νύχια (των ποδιών)
crawl v ♦ έρπω, σέρνομαι
moan v ♦ βογκώ, γογγύζω, στενάζω
groan v ♦ βογγώ, στενάζω
cockroach n ♦ κατσαρίδα
sob v ♦ κλαίω με δακρύους / λέγω με αναφιλητά
stare v ♦ ατενίζω, θωρώ, κοιτάζω επίμονα
glance v ♦ ρίχνω μιά (βιαστική) ματιά, ρίχνω βλέμμα, κοιτάζω
glare v ♦ λήμπω εκτυφλιωτικά, λαμποκοπώ, απαστράπτω
gaze v ♦ ατενίζω, βλέπω επίμονα, παρατηρώ, θωρώ
shed (tears) v ♦ χύνω (δάκρυα) / χάνω (φύλλα κτλ.), "ρίχνω"
weep v ♦ χύνω δάκρυα, κλαίω
peep v ♦ κοιτώ κλεφτά, κρυφοκοιτάζω
peer v ♦ κρυφοκοιτάζω
rage n ♦ οργή, φρένιασμα
deliberately adv ♦ προμελετημένα, σκοπίμως, σκόπιμα
threateningly adv ♦ απειλητικά
incredibly adv ♦ απίστευτα
skillfully adv ♦ με επιδεξιότητα, με μαστοριά
de-activated adj ♦ μη ενεργός

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overcast adj ♦ που σκεπάζεται με σύννεφα
gorgeous adj ♦ λαμπρός, θαυμάσιος
bulky adj ♦ ογκώδης
dim adj ♦ σκοτεινός
nasty adj ♦ άσχημος, δυσάρεστος, αντιπαθής
massive adj ♦ ογκώδης, τεράστιος
to my horror phr ♦ με τρόπο μου
petrified adj ♦ κοκαλωμένος (από τρόμο)
seized with fear adj ♦ φοβισμένος
over the moon phr ♦ πάνω απ'το φεγγάρι (μτφ. τρισευτυχισμένος)
send a chill down my spine expr ♦ μου

προκάλεσε ρίγη στη ραχοκοκαλιά
I was scared to death expr ♦ φοβήθηκα, τρόμαξα μέχρι θανάτου
my hair stood on end expr ♦ τα μαλλιά μου ορθώθηκαν

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roam v ♦ περιπλανώνμαι, περιφέρομαι
trivial matters n ♦ ασήμαντα θέματα
identification n ♦ αναγνώριση, εξακρίβωση ότι κάτι υπάρχει ή είναι αλήθεια
round up phr v ♦ (περι)μαζεύω / συγκεντρώνω

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suspiciously adv ♦ με καχυποψία, καχύποπτα
within fractions of a second expr ♦ σε κλάσματα του δευτερολέπτου

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my heart pounding wildly expr ♦ η καρδιά μου πήγαινε να σπάσει

UNIT 5

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reduce v If you reduce sth, you make it smaller in size or amount, or less in degree. ► *It reduces the risks of heart disease.* ♦ μειώνω
reuse v When you reuse sth, you use it again instead of throwing it away. ► *In several countries public pressure for recycling plastics is greater than the pressure to reuse paper.* ♦ επαναχρησιμοποιώ
recycle v If you recycle things that have already been used, such as bottles or sheets of paper, you process them so that they can be used again. ► *All glass bottles which can't be refilled can be recycled.* ♦ ανακυκλώνω
natural resources n Natural resources are all the land, forests, energy sources and minerals existing naturally in a place that can be used by people. ► *Angola was a country rich in natural resources.* ♦ φυσικές πηγές, φυσικοί πόροι
measures n When sb, usually a government or other authority, takes measures to do sth, they carry out particular actions in order to achieve a particular result. ► *The government warned that police would take tougher measures to contain the trouble.* ♦ μέτρα
prevent v To prevent sth means to ensure that it does not happen. ► *Further treatment will prevent cancer from developing.* ♦ αποσοβώ, αποτρέπω
pretend v If you pretend that sth is the case, you act in a way that is intended to make people believe that it is the case, although in fact it is not. ► *Sometimes the boy pretended to be asleep.* ♦ προσποιούμαι, υποκρίνομαι, "παριστάνω"
habitat n The habitat of an animal or plant is the natural environment in which it normally lives or grows. ► *Few countries have as rich a diversity of habitat as South Africa.* ♦ φυσική κατοικία, φυσικό περιβάλλον
subordinate adj Sth that is subordinate to sth else is less important than the other thing. ► *It was an art in which words were subordinate to images.* ♦ κατώτερος, δευτερεύων
rights n Privileges that individuals or groups have or should have. ► *The students knew they had rights and weren't going to continue living in such bad conditions.* ♦ δικαιώματα
select v If you select sth, you choose it from a number of things of the same kind. ► *Voters are selecting candidates for both US Senate seats and for 52 congressional seats.* ♦ επιλέγω

protect v To protect sb or sth means to prevent them from being harmed or damaged. ► *So, what can women do to protect themselves from heart disease?* ♦ προστατεύω
endanger v To endanger sth or sb means to put them in a situation where they might be harmed or destroyed completely. ♦ θέτω σε κίνδυνο
species n A species is a class of plants or animals whose members have the same main characteristics and are able to breed with each other. ♦ είδος ζώου
endangered species n ► *They wanted to protect endangered species such as lynx, wolf and several species of vulture.* ♦ είδος απειλούμενο με εξαφάνιση
convince v If sb or sth convinces you to do sth, they persuade you to do it. ► *That weekend in Plattsburgh, he convinced her to go ahead and marry Bud.* ♦ πείθω
convert v If one thing is converted or converts into another, it is changed into a different form. ► *The signal will be converted into digital code.* ♦ προσληυτίζω
stray adj A stray dog or cat has wandered away from its owner's home. ► *A stray dog came up to him.* ♦ αδέσποτο ή "χαμένο" ζώο
tame adj A tame animal or bird is one that is not afraid of humans. ► *They never became tame; they would run away if you approached them.* ♦ εξημερωμένος
contempt n If you have contempt for sb or sth, you have no respect for them or think that they are unimportant. ► *He has contempt for those beyond his immediate family circle.* ♦ περιφρόνηση, καταφρόνια
affection n If you regard sb or sth with affection, you like them and are fond of them. ► *She thought of him with affection.* ♦ στοργή, τρυφερότητα
adopt v If you adopt sb else's child, you take it into your own family and make it legally your son or daughter. (This can also be applied to pets.) ► *There are hundreds of people desperate to adopt a child.* ♦ υιοθετώ
adapt v If you adapt to a new situation or adapt yourself to it, you change your ideas or behaviour in order to deal with it successfully. ► *The world will be different, and we will have to be prepared to adapt to the change.* ♦ προσαρμόζω, εναρμονίζω, ταιριάζω
rescue v If you rescue sb, you get them out of a dangerous or unpleasant situation. ► *Helicopters rescued nearly 20 people from the roof of the burning building.* ♦ σώζω, διασώζω
imminent adj If you say that sth is imminent, especially sth unpleasant, you mean it is almost certain to happen very soon. ► *They warned that an attack is imminent.* ♦ (για κάτι ανεπιθύμητο) επικείμενος, κάτι που επικείται να συμβεί
extinction n The extinction of a species of animal or plant is the death of all its remaining living members. ► *An operation is beginning to try to save a species of crocodile from extinction.* ♦ εξάλειψη, εξαφάνιση
prediction n If you make a prediction about sth, you say what you think will happen. ► *He was unwilling to make a prediction for the coming year: 'It's hard to tell which of our books are going to sell.'* ♦ πρόβλεψη
mugger n A mugger is a person who attacks sb violently in a street in order to steal money from them. ► *The mugger stole the girl's purse.* ♦ κακοποιός, που επιτίθεται βίαια με σκοπό τη ληστεία
poacher n Sb who illegally catches fish, animals, or birds on sb else's property. ► *Many*

national parks set up to provide a refuge for wildlife are regularly invaded by people poaching game. ♦ *θηροκοκνηγός, ληθοροήρας*
protest *v* If you protest against sth or about sth, you say or show publicly that you object to it. In American English, you usually say that you protest it. ► *Groups of women took to the streets to protest against the arrests.*

♦ **διαμαρτύρομαι**

confess *v* If sb confesses to doing sth wrong, they admit that they did it. ► *He had confessed to seventeen murders.* ♦ *ομολογώ, (ενοχή κτλ.) παραδέχομαι*

captivity *n* Captivity is the state of being kept imprisoned or enclosed. ► *He had been kept in a small room, bound and blindfolded for much of his captivity.* ♦ *αιχμαλωσία*

deprive *v* If you deprive sb of sth that they want or need, you take it away from them, or you prevent them from having it. ► *They've been deprived of the fuel necessary to heat their homes.* ♦ *στερώ, αποστερώ*

deny *v* When you deny sth, you state that it is not true. ► *She denied both accusations.*

♦ *διαψεύδω, αρνούμαι ότι κάτι ισχύει ή ότι έκανα κάτι*

resent *v* If you resent sb or sth, you feel bitter and angry about them. ► *She resents her mother for being so tough on her.* ♦ *δυσφορώ, δυσαρεστούμαι*

respect *v* If you respect sb, you have a good opinion of their character or ideas. ► *He respects his professors.* ♦ *σεβόμαι*

discourage *v* If sb or sth discourages you, they cause you to lose your enthusiasm about your actions. ► *It may be difficult to do at first. Don't let this discourage you.* ♦ *αποθαρρύνω*

discharge *v* If sb discharges their duties or responsibilities, they do everything that needs to be done in order to complete them. ► *...the quiet competence with which he discharged his many college duties.* ♦ *ξεφορτώνομαι, αποβάλλω*

omission *n* An omission is sth that has not been included or has not been done, either deliberately or accidentally. ► *The duke was surprised by his wife's omission from the guest list.* ♦ *παράλειψη*

emission *n* An emission of sth such as gas or radiation is the release of it into the atmosphere. ► *The emission of gases such as carbon dioxide should be stabilised at their present level.* ♦ *έκλυση, εκπομπή*

affect *v* If sth affects a person or a thing, it influences them or causes them to change in some way. ► *Nicotine adversely affects the functioning of the heart and arteries.*

♦ **ενηρεάζω**

effect *n* The effect of one thing on another is the change that the first thing causes in the second thing. ► *Parents worry about the effect of music on their adolescent's behaviour.*

♦ **επίπτωση, επίδραση**

awareness *n* If you are aware of sth, you know about it. ► *Smokers are well aware of the dangers to their own health.* ♦ *επίγνωση, συναίσθηση, συνειδητοποίηση*

carelessness *n* If you are careless, you do not pay enough attention to what you are doing, and so you make mistakes, or cause harm or damage. ► *Some parents are accused of being careless with their children's health.*

♦ **απροσεξία**

threat *n* A threat to a person or thing is a danger that sth unpleasant might happen to them. A threat is also the cause of this danger. ► *Some couples see single women as a threat to their relationships.* ♦ *απειλή, φοβέρα*

warning *n* A warning is an advance notice of sth that will happen, often sth unpleasant or dangerous. ► *The soldiers opened fire without warning.* ♦ *προειδοποίηση*

associate *v* If you associate sb or sth with another thing, the two are connected in your mind. ► *Through science we've got the idea of associating progress with the future.*

♦ **συνδέω, συσχετίζω**

process *v* When raw materials or foods are processed, they are prepared in factories before they are used or sold. ► *The material will be processed into plastic pellets.*

♦ **επεξεργάζομαι**

consumption *n* The consumption of fuel or natural resources is the amount of them that is used or the act of using them. ► *The laws have led to a reduction in fuel consumption in the US.* ♦ *κατανάλωση*

product *n* A product is sth that is produced and sold in large quantities, often as a result of a manufacturing process. ► *Try to get the best product at the lowest price.* ♦ *προϊόν*

pesticide *n* Pesticides are chemicals which farmers put on their crops to kill harmful insects. ► *The farmer sprayed pesticides on his corn to keep away the insects.*

♦ **παρασιτοκτόνο**

cosmetics *n* Cosmetics are substances such as lipstick or powder, which people put on their face to make themselves look more attractive. ► *She started working at the cosmetics counter, selling makeup to women and girls.*

♦ **καλλυντικά**

goods *n* Goods are things that are made to be sold. ► *Money can be exchanged for goods or services.* ♦ *αγαθά*

assault *n* Attack ► *The gang assaulted him with iron bars.* ♦ *επίθεση*

developer *n* A developer is a person or a company that buys land and builds houses, offices, shops, or factories on it, or buys existing buildings and makes them more modern. ► *...common land which would have a high commercial value if sold to developers.*

♦ **οικοδομική εταιρεία**

deforestation *n* If an area is deforested, all the trees there are cut down or destroyed. ► *...the 400,000 square kilometres of the Amazon basin that have already been deforested.*

♦ *αποψίλιση (από δάση)*
menace *n* If you say that sb or sth is a menace to other people or things, you mean that person or thing is likely to cause serious harm. ► *In my view you are a menace to the public.*

♦ **απειλή**

assistance *n* If you give sb assistance, you help them do a job or task by doing part of the work for them. ► *Since 1976 he has been operating the shop with the assistance of volunteers.* ♦ *βοήθεια, αρωγή*

existence *n* The existence of sth is the fact that it is present in the world as a real thing. ► *Public worries about accidents are threatening the very existence of the nuclear power industry.* ♦ *ύπαρξη*

donate *v* If you donate sth to a charity or other organization, you give it to them. ► *He frequently donates large sums to charity.* ♦ *δωρίζω, προβαίνω σε δωρεά*

squander *v* If you squander money, resources, or opportunities, you waste them. ► *He had squandered his chances to win.* ♦ *(κατα) σπαταλώ*

sponsor *v* If you sponsor a proposal or suggestion, you officially put it forward and support it. ► *Eight senators sponsored legislation to stop the military funding.* ♦ *χρηματοδοτώ*

fund-raising *n* Fund-raising is the activity of collecting money to support a charity or political campaign or organization. ► *She did fund-raising for her trip to Spain with her school.* ♦ *η εξεύρεση πόρων, έρανος*

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greenhouse effect *n* The greenhouse effect is the problem caused by increased quantities of gases such as carbon dioxide in the air.

These gases trap the heat from the sun, and cause a gradual rise in the temperature of the Earth's atmosphere. ► *Because of the greenhouse effect the earth's temperature is rising.*

♦ **φαινόμενο θερμοκηπίου**

ozone layer *n* Ozone is a colourless gas which is a form of oxygen. There is a layer of ozone high above the earth's surface. ► *Ozone is best known for its role in screening the Earth from harmful ultraviolet rays from the Sun.*

♦ **στρώμα όζοντος**

renewable resources *phr* Renewable resources are natural ones such as wind, water, and sunlight, which are always available. ► *There are plenty of renewable energy sources, like solar power and wind power.*

♦ **ανανεώσιμες μορφές ενέργειας**

global warming *n* Global warming is the gradual rise in the earth's temperature caused by high levels of carbon dioxide and other gases in the atmosphere. ► *The threat of global warming will eventually force the US to slow down its energy consumption.* ♦ *το φαινόμενο της υπερθέρμανσης της ατμόσφαιρας της γης*

solar energy *n* Solar energy is obtained from the sun's light and heat. ► *They used solar energy to heat their home and ended up saving a lot of money.* ♦ *ηλιακή ενέργεια*

nuclear energy *n* Nuclear energy is obtained from the splitting of the nuclei of atoms. ► *The city began using nuclear energy even though some people felt it was too dangerous.*

♦ **πυρηνική ενέργεια**

chemical waste *n* Chemical waste is a left-over toxic substance. ► *There was a big problem because the factory had a lot of chemical waste and didn't know how to dispose of it.*

♦ **χημικά απόβλητα**

environmental issues *n* Environmental issues are all matters which related to nature and the natural world. ► *As the world becomes more industrialized, there are more and more environmental issues that humans need to deal with.* ♦ *περιβαλλοντολογικά ζητήματα*

acid rain *n* Acid rain is rain polluted by acid that has been released into the atmosphere from factories and other industrial processes. Acid rain is harmful to the environment. ► *Acid rain is a sign of pollution and too much industrialization.* ♦ *όξινη βροχή*

garbage dump *n* A garbage dump is a place where people get rid of their trash. ► *He went to the garbage dump every Sunday afternoon to drop off the family's trash.* ♦ *χωματερή, χώρος απόθεσης απορριμμάτων*

conserve *v* To conserve sth means to protect it from harm, loss, or change. ► *There was a big increase in US aid to help developing countries conserve their forests.* ♦ *διατηρώ, συντηρώ*

preserve *v* If you preserve a situation or condition, you make sure that it remains as it is, and does not change or end. ► *We will do everything to preserve peace.* ♦ *διατηρώ, προφυλάσσω*

reserve *v* If you reserve sth such as a table, ticket, or magazine, you arrange for it to be kept specially for you, rather than sold or given

to sb else. ► *I'll reserve a table for five.*

♦ κλείνω θέση, κάνω κράτηση

reverse *v* When sb or sth reverses a decision, policy, or trend, they change it to the opposite decision, policy, or trend. ► *They have made it clear they will not reverse the decision to increase prices.* ♦ αναστρέφω, αντιστρέφω

reach an agreement To reach an agreement is to come to a conclusion between people or groups. ► *The husband and wife finally reached an agreement in their divorce settlement.* ♦ φτάνω σε συμφωνία

reach a decision To reach a decision is to come to a final conclusion and choose sth that is best of various possible choices. ► *They reached a decision about which school to attend.* ♦ αποφασίζω

reach a conclusion To reach a conclusion is to decide sth is true after you have thought about it carefully and have considered all the relevant facts. ► *Over the years I've reached the conclusion that she's a very great musician.* ♦ καταλήγω σε συμπέρασμα

take action To take action is to make a move and a decision. It often refers to situations where a decision has been avoided. ► *They took action and finally started the new project.* ♦ αναλαμβάνω δράση, δράω

take sth for granted To take sth (sth) for granted is to not appreciate sth and assume it will always be there. ► *She took for granted that her parents would always be there for her.* ♦ θεωρώ κάτι σίγουρο, δεδομένο

take sides To take sides is to choose a part of a debate or controversy to agree with. ► *She always takes his side when it comes to arguing about politics.* ♦ μεροληπτώ, τάσσομαι (με το μέρος..)

run a campaign To run a campaign is to manage some sort of movement, usually in politics or for a certain cause. ► *She needed to choose the perfect person to run her political campaign.* ♦ διεξάγω εκστρατεία

run an errand to run an errand is to do some sort of everyday task outside the home. ► *He will be right back he just went to go run an errand; I think it was to go to the post office.* ♦ κάνω θέλημα, εκδούλευση για κάποιον

run a car To run a car is to turn a car on. A car is running when it is turned on. ► *Tell him to go run the car so it is warm when we get into it.* ♦ ανάβω την μηχανή του αυτοκινήτου

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shallow *adj* A shallow container, hole, or area of water measures only a short distance from the top to the bottom. ► *Put the milk in a shallow dish.* ♦ ρηχός

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highly *adv* Highly is used before some adjectives to mean 'very'. ► *Mr Singh was a highly successful salesman.* ♦ πάρα πολύ, σε μεγάλο βαθμό, εξαιρετικά

widely *adv* You use wide to describe sth that includes a large number of different things or people. ► *At present, no widely approved vaccine exists for malaria.* ♦ ευρέως

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acid rain *n* ♦ όξινη βροχή

renewable resources *n* ♦ ανανεώσιμοι φυσικοί πόροι

chemical waste *n* ♦ χημικά απόβλητα

global warming *n* ♦ παγκόσμια υπερθέρμανση

ozone layer *n* ♦ στιβάδα "στρώμα" όζον-

τος

rubbish dump *n* ♦ χωματερή / χώρος απόρριψης σκουπιδιών

solar/ nuclear energy *n* ♦ ηλιακή / πυρηνική ενέργεια

greenhouse effect *n* ♦ φαινόμενο θερμοκηπίου (παγίδευσης της ηλιακής θερμότητας στη γήινη ατμόσφαιρα)

fossil fuels *n* ♦ ορυκτά καύσιμα

oil spill *n* ♦ πετρελαιοκηλίδα

wind farms/ mills *n* ♦ αιολικό πάρκο (ηλεκτροπαραγωγής) / ανεμόμυλος

conserve *v* ♦ προστατεύω, προφυλάσσω

conservation *n* ♦ διατήρηση, συντήρηση

consume *v* ♦ καταναλίσκω, αναλίσκω

consumption *n* ♦ (διαδικασία με την οποία συντελείται η) κατανάλωση

contaminate *v* ♦ μολύνω

contamination *n* ♦ μόλυνση

organise *v* ♦ οργανώνω

organisation *n* ♦ (δι)οργάνωση,

συστηματοποίηση, μέθοδος

pollute *v* ♦ ρυπαίνω

pollution *n* ♦ ρύπανση

preserve *v* ♦ διατηρώ (αναλλοίωτο ή σε καλή κατάσταση)

preservation *n* ♦ διατήρηση, συντήρηση

prevent *v* ♦ αποτρέπω

prevention *n* ♦ πρόληψη, αποτροπή

produce *v* ♦ προβαίνω στην παραγωγή, παράγω

production *n* ♦ (ως διαδικασία και ως αποτέλεσμα): παραγωγή

reduce *v* ♦ ελιττώνω, μειώνω

reduction *n* ♦ ελάττωση, μείωση, περιστολή

excessive *adj* ♦ υπερβολικός

ultimate *objective* ♦ τελικός στόχος, επιδίωξη

promotion *n* ♦ προαγωγή, προβιβασμός

released into the atmosphere *phr* ♦ που (α)ελευθερώνεται στην ατμόσφαιρα

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water reserves *n* ♦ αποθέματα νερού

deforestation *n* ♦ αποψίλωση (από δάση)

regulations should be enforced *phr* ♦ οι κανονισμοί πρέπει να επιβληθούν

last but not least *phr* ♦ εξ ίσου σημαντικό(ς).. / τελευταίος αλλ' εξ ίσου σημαντικό(ς)..

install *v* ♦ εγκαθιστώ

solar panels *n* ♦ πίνακας συλλογής ηλιακής ενέργειας

rotating *adj* ♦ περιστρεφόμενος

conventional *adj* ♦ συμβατικός, σύμφωνος με τα κοινωνικά πρότυπα

generate *v* ♦ παράγω, δημιουργώ

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dispose of *v* ♦ τοποθετώ καταλλήλως, διευθετώ, διατάσσω, τακτοποιώ

drained *adj* ♦ αποξηραμένος

drought *n* ♦ (παρατεταμένη) ξηρασία

malnutrition *n* ♦ (ανωμαλία που επιφέρει ο) υποσιτισμός

casualties *n* ♦ θύματα (ατυχήματος, πολέμου κτλ.) "απόλλειες"

suffocating *adj* ♦ ασφυκτικός, αποπνικτικός, πνιγηρός

lung diseases *n* ♦ αρρώστιες, νοσήματα του πνεύμονα

shortages *n* ♦ ελλείψεις

accumulate *v* ♦ συσσωρεύω, "συγκεντρώνω", συναθροίζω

flood *v* ♦ πλημμυρίζω, κατακλύζω

intensive *adj* ♦ εντατικός

organic farming *n* ♦ οργανική καλλιέργεια

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crop *n* ♦ σοδειά, συγκομιδή

debris *n* ♦ θραύσματα, συντρίμια,

ερείπια, χαλάσματα

inferno *n* ♦ κόλλαση, κολλαστήριο

fiercely *adv* ♦ άγρια, μανιασμένα

excess *n* ♦ υπέρβαση ορίου

underfed *adj* ♦ υποσιτισμένος

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contribute *v* ♦ συνεισφέρω

overflow (with) ♦ υπερ(ε)χειλίζω,

ξεχειλίζω (από)

fertilizer *n* ♦ λίπασμα (εδάφους κτλ.)

ουσία εμπλουτισμού (εδάφους κτλ.)

pesticide *n* ♦ παρασιτοκτόνο

biodegradable *adj* ♦ βιοδιασπώμενος

recyclable *adj* ♦ ανακυκλώσιμος

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treatment *n* ♦ μεταχείριση, συμπεριφορά,

φέρσιμο

untold *adj* ♦ που δεν έχει ληχθεί ή

αποκαλυφθεί

artificial *adj* ♦ τεχνητός

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growth *n* ♦ (διαδικασία που συνεπάγεται)

ανάπτυξη, μεγάλωμα

undeniably *adv* ♦ χωρίς αμφιβολία

UNIT 6

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no gains without pains No gains without pains means you can't achieve anything without hard work or some kind of sacrifice. ► *I'm so sick of working this many hours! But, you know what they say, no gains without pains!* ♦ τα αγαθά κόποις κτώνται

vice *n* a habit which is regarded as a weakness in sb's character, but not usually as a serious fault. ► *His only vice is to get drunk on champagne after concluding a successful piece of business.* ♦ αδυναμία, ελάττωμα

virtue *n* Virtue is thinking and doing what is right and avoiding what is wrong. ► *Virtue is not confined to Christian world.* ♦ αρετή

earn a living to survive on your own by working. ► *He couldn't quit his job because he needed to earn a living.* ♦ βγάζω/κερδίζω

τίμια το ψωμί μου

make ends meet To make ends meet means to be able to survive financially. ► *Even though she worked two jobs, Barbara could barely make ends meet.* ♦ βγάζω, κερδίζω τα προς το ζειν

guardian *n* sb who defends and protects sth. ► *The National Party is lifting its profile as socially conservative guardian of traditional values.* ♦ προστάτης

advisor *n* An advisor is an expert whose job is to give advice to another person or to a group of people. ► *In Washington, the President and his advisors spent the day in meetings.* ♦ σύμβουλος

white collar *adj* White-collar workers work in offices rather than doing physical work such as making things in factories or building things. ► *White-collar workers now work longer hours.* ♦ υπάλληλος γραφείου

blue collar *adj* Blue-collar workers work in industry, doing physical work, rather than in offices. ► *By 1925, blue-collar workers in manufacturing industry had become the largest occupational group.* ♦ εργάτης ή τεχνίτης

manual *adj* Manual work is work in which you use your hands or your physical strength rather than your mind. ► *They have no reservations about taking factory or manual jobs.* ♦ χειρωνακτικός

skilled *adj* Skilled work can only be done by people who have had some training. ► *New in-*

dustries demanded skilled labor not available locally. ♦ ειδικευμένος

unskilled adj Unskilled work does not require any special training. ► *In the US, minorities and immigrants have generally gone into low-paid, unskilled jobs.* ♦ ανεπίδοτος

underpaid adj People who are underpaid are not paid enough money for the job that they do. ► *Women are frequently underpaid for the work that they do.* ♦ που δεν πληρώνεται όσο αξίζει, κακοπληρωμένος
suppose v If you suppose that sth is true, you believe that it is probably true, because of other things that you know. ► *The policy is perfectly clear and I see no reason to suppose that it isn't working.* ♦ υποθέτω

presuppose v If one thing presupposes another, the first thing cannot be true or exist unless the second thing is true or exists. ► *All your arguments presuppose that he's a rational, intelligent man.* ♦ προϋποθέτω

assertive adj Sb who is assertive states their needs and opinions clearly, so that people take notice. ► *Women have become more assertive in the past decade.* ♦ δυναμικός, κατηγορηματικός

submissive adj If you are submissive, you obey sb without arguing. ► *Most doctors want their patients to be submissive.* ♦ υπάκουος

steady adj A steady situation continues or develops gradually without any interruptions and is not likely to change quickly. ► *A student doesn't have a steady income.* ♦ σταθερός

insecure adj Sth that is insecure is not safe or protected. ► *There were many low-paid, insecure jobs in the city.* ♦ ανασφαλής

be forced To be forced to do sth or into sth means to be made to do sth against your will. ► *He was forced into the car by the three big men dressed in black.* ♦ εξαναγκάζομαι

part-time adj If sb is a part-time worker or has a part-time job, they work for only part of each day or week. ► *Many businesses are cutting back by employing lower-paid part-time workers.* ♦ μερικής απασχόλησης

full-time adj Full-time work or study involves working or studying for the whole of each normal working week rather than for part of it. ► *He was 35 and still had never had a full-time job.* ♦ πλήρους απασχόλησης

colleagues n the people you work with, especially in a professional job. ► *Without consulting his colleagues he flew from Lisbon to Split.* ♦ συνάδελφοι

employee n An employee is a person who is paid to work for an organization or for another person. ► *He is an employee of Fuji Bank.* ♦ υπάλληλος

defective adj If sth is defective, there is sth wrong with it and it does not work properly. ► *Her sight was becoming defective.*

♦ ελαττωματικός

efficient adj If sth or sb is efficient, they are able to do tasks successfully, without wasting time or energy. ► *With today's more efficient contraception women can plan their families and careers.* ♦ αποδοτικός, αποτελεσματικός

to be fired To be fired from a job is to be made to stop working there. ► *He was fired after coming into work late every day for three weeks.* ♦ απολύομαι

to be made redundant If sb is made redundant they are fired or laid-off. ► *He was made redundant after the company downsized.*

♦ απολύομαι ως μη απαραίτητος

plentiful adj Things that are plentiful exist in such large amounts or numbers that there is enough for people's wants or needs. ► *Fish are*

plentiful in the lake. ♦ άφθονος

lay-off If workers are laid off, they are told by their employers to leave their job, usually because there is no more work for them to do.

► *They did not sell a single car for a month and had to lay off workers.* ♦ απολύω

unemployment compensation n Unemployment compensation is financial compensation for unemployed workers, provided in the United States chiefly by state governments.

► *It had been almost two years since he had lost his job and he wouldn't have been able to survive without unemployment compensation from the state.* ♦ επίδομα ανεργίας

welfare services n Welfare services are provided to help with people's living conditions and financial problems. ► *Child welfare services are well established and comprehensive.*

♦ (σύστημα) κοινωνικής πρόνοιας

bonus n an extra amount of money that is added to sb's pay, usually because they have worked very hard. ► *Workers in big firms receive a substantial part of their pay in the form of bonuses and overtime.* ♦ "επίδομα"

problems arise Saying that a problem has arisen means that there has been some sort of trouble that has come up. ► *There are many problems that tend to arise at the end of each week.* ♦ παρουσιάζονται προβλήματα

undoubtedly adv Undoubtedly means having no doubts or being sure. ► *He was undoubtedly going to be promoted because he was such a good worker.* ♦ αναμφίβολα

vacancies n A vacancy is a job or position which has not been filled. ► *They had a short-term vacancy for a person on the foreign desk.* ♦ κενές θέσεις

location n A location is the place where sth happens or is situated. ► *The first thing he looked at was his office's location.* ♦ τοποθεσία

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permanent adj Sth that is permanent lasts for ever. Heavy drinking can cause permanent damage to the brain. ♦ μόνιμος

fixed adj You use fixed to describe sth which stays the same and does not or cannot vary.

► *They issue a fixed number of shares that trade publicly.* ♦ σταθερός

satisfied adj If you are satisfied with sth, you are happy because you have got what you wanted or needed. ► *We are satisfied with these results.* ♦ ικανοποιημένος

be employed v To be employed means to have a job. ► *I have been employed at the same job for almost ten years now.* ♦ έχω προσληφθεί, είμαι εργαζόμενος

freelance adj Sb who does freelance work or who is, for example, a freelance journalist or photographer is not employed by one organization, but is paid for each piece of work they do by the organization they do it for. ► *Jill was starting to get some freelance writing jobs from trade magazines.* ♦ ελεύθερος (επαγγελματίας)

flexible adj Sth or sb that is flexible is able to change easily and adapt to different conditions and circumstances as they occur. ► *Look for software that's flexible enough for a range of abilities.* ♦ ευπροσάρμοστος

discontented adj If you are discontented, you are not satisfied with your situation. ► *The government tried to appease discontented workers.* ♦ δυσαρεστημένος

corporate adj relating to business corporations or to a particular business corporation. ► *He was one of the top US corporate execu-*

tives. ♦ "εταιρικός"

nap n If you have a nap, you have a short sleep, usually during the day. ► *Use your lunch hour to have a nap in your chair.* ♦ υπνάκος

hire v If you hire sb, you employ them or pay them to do a particular job for you. ► *Sixteen of the contestants have hired lawyers and are suing the organisers.* ♦ μισθώνω, προσλαμβάνω

according to If sb says that sth is true according to a particular person, book, or other source of information, they are indicating where they got their information. ► *Philip stayed at the hotel, according to Mr Hemming.* ♦ σύμφωνα με...

make sense If sth makes sense it is coherent or intelligible. ► *It makes sense to go to the restaurant before we see the movie instead of after.* ♦ έχει λογική

lack n If there is a lack of sth, there is not enough of it or it does not exist at all. ► *Despite his lack of experience, he got the job.*

♦ έλλειψη

accident prone adj If you describe sb as accident prone, you mean that a lot of accidents or other unpleasant things happen to them. ► *Yesterday I saw her fall down the stairs, trip on the sidewalk and step on a nail... she is definitely accident prone.* ♦ επιρρεπής σε ατυχήματα

oblige v If you are obliged to do sth, a situation, rule, or law makes it necessary for you to do that thing. ► *The storm got worse and worse. Finally, I was obliged to abandon the car and continue on foot.* ♦ υποχρεώνω

dictate v If one thing dictates another, the first thing causes or influences the second thing. ► *The film's budget dictated a tough schedule.* ♦ υπαγορεύω

lose interest to stop paying attention to sth; usually because it has become boring. ► *I lost interest in the game and fell asleep.* ♦ χάνω το ενδιαφέρον μου

reject an offer To reject an offer is to turn down a proposal. ► *I rejected the job offer from the new company.* ♦ απορρίπτω μια προσφορά

fill a post To fill a post is to get sb to occupy a vacancy in a company. ► *They need to fill the post by next week or they won't be able to finish the project on time.* ♦ έχω θέση εργασίας

fill a vacancy To fill a vacancy is to get sb to occupy a position. ► *Luckily they didn't have a hard time filling the vacancy left when Sarah suddenly quit.* ♦ συμπληρώνω κενή θέση εργασίας

apply for a post To apply for a post is to attempt to get work at a certain position in a company. ► *He applied for the post even though he didn't have enough experience.*

♦ υποβάλω αίτηση πρόσληψης

apply for a grant To apply for a grant means to attempt to get a grant. A grant (noun) is an amount of money that a government or other institution gives to an individual or to an organization for a particular purpose such as education or home improvements. ► *They applied for a special grant to encourage research.* ♦ υποβάλω αίτηση για παροχή επιχορήγησης

apply for a position To apply for a position means to attempt to get a certain job. ► *He applied for the position of store manager.*

♦ υποβάλω αίτηση πρόσληψης για συγκεκριμένη θέση εργασίας

hold a degree To hold a degree means to have a degree. ► *He held a degree in economics from Harvard.* ♦ διαθέτω πτυχίο

hold an appointment To hold an appointment means to have an appointment. ► *They held their appointment on Saturday morning.* ♦ έχω συνάντηση
hold a meeting To hold a meeting means to have a gathering to talk about sth specific. ► *They held the meeting on Monday evening so everyone could attend.* ♦ έχω συμβούλιο

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determiner n In grammar, a determiner is a word which is used at the beginning of a noun group to indicate, for example, which thing you are referring to or whether you are referring to one thing or several. ► *Common English determiners are 'a', 'the', 'some', 'this', and 'each'.*

♦ προσδιορισμός

goose (geese pl) n A goose is a large bird that has a long neck and webbed feet. Geese are often farmed for their meat. ► *For Christmas dinner they ate a large goose.* ♦ χήνα
deer (deer pl) n a large wild animal that eats grass and leaves. A male deer usually has large, branching horns. ► *The white-tailed deer paused and looked back at us before running back into the forest.* ♦ ελάφι

means (means pl) n a method, instrument, or process which can be used to do it. Means is both the singular and the plural form for this use. ► *The change is a means to fight crime.*

♦ τα μέσα

leggings n Leggings are close-fitting trousers, usually made out of a stretchy fabric, that are worn by women and girls. ► *She is wearing tight, black leggings and a baggy green jersey.* ♦ κοιλάν

garbage n Garbage is rubbish or trash, especially waste from a kitchen. ► *There were rotting piles of garbage everywhere.* ♦ σκουπίδια

trash n Trash consists of unwanted things or waste material such as used paper, empty containers and bottles, and waste food. ► *The yard is overgrown and cluttered with trash.*

♦ σκουπίδια

mumps n a disease usually caught by children. It causes a mild fever and painful swelling of the glands in the neck. ► *The little girl went to the doctor because her mother thought she had mumps.* ♦ παρωτίτιδα

chickenpox n Chickenpox is a disease which gives you a high temperature and red spots that itch. ► *Sometimes parents try to expose their children to chickenpox at a young age because the disease is worse if you are older when you get it.* ♦ ανεμοβλογιά

loaf n A loaf of bread is bread which has been shaped and baked in one piece. ► *It is usually large enough for more than one person and can be cut into slices. They ate a loaf of crusty bread for lunch.* ♦ φραντζόλα

clap/rumble of (thunder) the loud noise thunder produces. ► *There was a rumble of thunder and we all jumped.* ♦ πολύ δυνατή βροντή

gust of (wind) A gust of wind is a short, fast breeze. ► *There was a gust of wind and my umbrella blew away.* ♦ ριπή ανέμου, δυνατός άνεμος

stroke of (luck) A stroke of luck is a time when sb is lucky. ► *I had a stroke of luck and found my keys just in time.* ♦ άγγιγμα τύχης

fit of (temper) A fit of temper is a sudden outburst of emotion or temper. ► *He cried out in a fit of temper.* ♦ ξέσπασμα (θυμού)

block of (wood) A block of wood is a chunk, usually square or rectangular, of wood. ► *He picked up the block of wood and examined it carefully.* ♦ κομμάτι ξύλο

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tube of (toothpaste) A tube of toothpaste is a long, thin container which you squeeze in order to get toothpaste out. ► *He couldn't find his tube of toothpaste so he just didn't brush his teeth.* ♦ σωληνάριο (οδοντόκρεμας)

gang n A gang is a group of criminals who work together to commit crimes. ► *Police were hunting for a gang who had allegedly stolen fifty-five cars.* ♦ συμμορία
shoal/school n A shoal/school of fish is a large group of them swimming together. Among them swam shoals of fish. ♦ κοπάδι ψαριών

flock n A flock of birds, sheep, or goats is a group of them. ► *They kept a small flock of sheep.* ♦ αγέλη

herd n A herd is a large group of animals of one kind that live together. ► *The herd of horses saw the wolf and ran off into the hills.*

♦ κοπάδι

a pack n A pack of wolves or dogs is a group of them that hunt together. ► *The pack of wolves stalked their prey.* ♦ αγέλη

swarm n A swarm of bees or other insects is a large group of them flying together. ► *The swarm of bees got nearer and nearer until the boys decided to run away.* ♦ σμήνος

flight n A flight of steps or stairs is a set of steps or stairs that lead from one level to another without changing direction. ► *We walked in silence up a flight of stairs and down a long hallway.* ♦ σειρά από σκαλοπάτια

heap n A heap of things is a pile of them, especially a pile arranged in a rather untidy way. ► *There was a heap of bricks behind the house.* ♦ σωρός, στοίβα

clump n A clump of things such as trees or plants is a small group of them growing together. ► *There was a clump of trees bordering a side road.* ♦ συστάδα

bunch n (of flowers) a number of flowers with their stalks held or tied together. ► *He had left a huge bunch of flowers in her hotel room.* ♦ ανθοδέσμη, μπουκέτο

crew n The crew of a ship, an aircraft, or a spacecraft is the people who work on and operate it. ► *The mission for the crew of the space shuttle is over.* ♦ προσωπικό, πλήρωμα
wasp n A wasp is an insect with wings and yellow and black stripes across its body.

► *Wasps have a painful sting like a bee but do not produce honey.* ♦ σφήκα

attic n An attic is a room at the top of a house just below the roof. ► *We went into the dusty attic to try to find our grandmother's old photo album.* ♦ σοφίτα

cutlery n Cutlery consists of the knives, forks, and spoons that you eat your food with. ► *She arranged plates and cutlery on a small table.* ♦ μαχαιροπήρουνα

session n A session is a meeting of a court, parliament, or other official group. ► *There was an emergency meeting of parliament.*

♦ συνεδρίαση

cookbook n A cookbook is a book that contains recipes for preparing food. ► *I had to refer to the cookbook several times when making the soup.* ♦ οδηγός μαγειρικής

charity event n A charity event is an event (affair, occasion, happening) put on to make money for some kind of good cause. ► *The dinner party was a charity event, with all proceeds going to help victims of AIDS.* ♦ φιλανθρωπικό γεγονός

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vacancies n ♦ κενές θέσεις (για εργασία)

resignation n ♦ (έγγραφο) παραιτήση

application n ♦ (έγγραφο με το οποίο υποβάλλεται) αίτηση

CV (Curriculum Vitae) n ♦ βιογραφικό σημείωμα

permit v ♦ επιτρέπω, δίνω την άδεια, δίνω το ελεύθερο

prior adj ♦ που έχει προτεραιότητα, πρώτος, πρότερος, προηγούμενος

qualifications n ♦ προσόντα

fired adj ♦ απολυμένος

firm n ♦ (εμπορικός) οίκος, επιχείρηση, εταιρία, φίρμα

union n ♦ αποτέλεσμα συνένωσης, ένωση

handle v ♦ αγγίζω ή πιάνω με τα χέρια

gain v ♦ κερδίζω

reputation n ♦ υπόληψη, φήμη, "όνομα", "αναγνώριση"

shifts n ♦ ωράρια εργασίας, βάρδιες

dedication n ♦ αφοσίωση, προσήλωση

reluctance n ♦ απροθυμία

reject v ♦ απορρίπτω

apply (for) v ♦ υποβάλλω αίτηση για..

satisfaction n ♦ ικανοποίηση

efficient adj ♦ (για πρόσωπα:) ικανός

sacked adj ♦ απολυμένος από εργασία

blue collar n ♦ εργάτης ή τεχνίτης

white collar n ♦ υπάλληλος γραφείου

tip n ♦ φιλοδώρημα

wage n ♦ μισθός

salary n ♦ μισθός, αποδοχές

discontent n ♦ δυσαρέσκεια, παράπονο

strike n ♦ απεργία

raise n ♦ αύξηση αποδοχών

rate n ♦ αναλογία, ποσοστό, "τιμή", "δείκτης"

profits n ♦ κέρδη, οφέλη

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absorbing adj ♦ που σε απορροφά (μτφ)

seize v ♦ αρπάζω, πιάνω, συλλαμβάνω

golden promising adj ♦ πολλά υποσχόμενος

stimulating adj ♦ διεγερτικός

disability n ♦ ανικανότητα

unemployment benefit n ♦ επίδομα ανεργίας

take over phr v ♦ αναλαμβάνω (έλεγχω, διοίκηση κλπ.) / εξαγοράζω ή παίρνω στην κατοχή μου

take sb on phr v ♦ προσλαμβάνω

take up phr v ♦ αρχίζω, "πιάνω" εργασία

turn down phr v ♦ απορρίπτω

get on phr v ♦ πορεύομαι / προοδεύω / προχωρώ

deal with v ♦ αντιμετωπίζω, μεταχειρίζομαι

look for phr ♦ ψάχνω

dedicated adj ♦ αφιερωμένος, (ολόψυχα) αφοσιωμένος

in/with reference to phr ♦ αναφορικά με.. /σχετικά με..

response n ♦ απάντηση, απόκριση

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highly qualified adj ♦ που διαθέτει τα απαιτούμενα προσόντα

fluent adj ♦ χαρακτηριζόμενος από ευχέρεια λόγου, ευφραδής

familiar with phr ♦ είμαι αρκετά εξοικειωμένος με..

accounting n ♦ λογιστικά

efficient adj ♦ (για πρόσωπα:) ικανός

efficiency n ♦ αποδοτικότητα

inefficiency n ♦ (για πρόσωπα:) ανικανότητα, ανεπάρκεια

suitability n ♦ καταλληλότητα

unsuitability n ♦ ακαταλληλότητα

willingness n ♦ προθυμία

unwillingness n ♦ απροθυμία

decisiveness n ♦ αποφασιστικότητα

indecisiveness n ♦ αναποφασιστικότητα

decency n ♦ ευπρέπεια,

indecenty n ♦ απρέπεια
consistency n ♦ συνέπεια
inconsistency n ♦ έλλειψη σταθερότητας ή συνέπειας, "αστάθεια"
rational adj ♦ εύλογος, λογικός
rationality n ♦ το εύλογο, το λογικό
irrationality n ♦ παραλογισμός, το παράλογο
managerial adj ♦ διευθυντικός, διοικητικός
in due course phr ♦ εγκαίρως / σε εύθετο χρόνο / στον κατάλληλο χρόνο
outlining adj ♦ που σκιαγραφεί
insight n ♦ (εκδήλωση που φανερώνει) διορατικότητα, ενορατικότητα

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go on the dole ♦ αρχίζω να παίρνω επίδομα ανεργίας
filthy adj ♦ ακάθαρτος, βρομερός

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public sector n ♦ δημόσιος τομέας
civil servant n ♦ δημόσιος υπάλληλος
registered adj ♦ καταχωρημένος (σε μπρώα)

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enclose v ♦ περιφράσω / εσωκλεί(ν)ω
at your earliest convenience expr ♦ όποτε ευκαιρίσετε / όποτε μπορείτε / σε πρώτη ευκαιρία
forward v ♦ προωθώ
with respect to/ in reference to phr ♦ αναφορικά με.. / εν αναφορά προς.. / όσον αφορά τον..
in view of phr ♦ εν όψει του..
in anticipation of phr ♦ εν πρόβλεψη (εξέλιξης)...
with the view to phr ♦ με πρόθεση, προαίρεση να..

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require v ♦ προϋποθέτω, χρειάζομαι, απαιτώ

UNIT 7

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ingenious adj Sth that is ingenious is very clever and involves new ideas, methods, or equipment. ►...a truly ingenious invention... ♦(για αντικείμενα, συστήματα κτλ.) μεγαλοφυής, πρακτικής πρωτοτυπίας, "έξυπνος"
gadget n A gadget is a small machine or device which does sth useful. You sometimes refer to sth as a gadget when you are suggesting that it is complicated and unnecessary. ►...sales of kitchen gadgets including toasters, kettles and percolators. ♦πρωτότυπη μικροσυσκευή, γκάτζετ
device n A device is an object that has been invented for a particular purpose, for example for recording or measuring sth. ►...the electronic device that tells the starter when an athlete has moved from his blocks prematurely. ♦συσκευή, μηχανήμα
guarantee v If one thing guarantees another, the first is certain to cause the second thing to happen. ►Surplus resources alone do not guarantee growth. ♦εγγυώμαι
indispensable adj If you say that sb or sth is indispensable, you mean that they are absolutely essential and other people or things cannot function without them. ►She was becoming indispensable to him. ♦απολύτως απαραίτητος, αναγκαίος, αναντικατάστατος
tedious adj If you describe sth such as a job, task, or situation as tedious, you mean it is boring and rather frustrating. ►Such lists are long and tedious to read. ♦ανιαρός, βαρετός,

πληκτικός
currently adv Currently means happening, being used, or being done at the present time. ►Twelve potential vaccines are currently being tested on human volunteers. ♦ήδη, τώρα, κατά την παρούσα περίοδο
stimulate v To stimulate sth means to encourage it to begin or develop further. ►America's priority is rightly to stimulate its economy. ♦διεγείρω, "κεντρίζω", "ερεθίζω"
overjoyed adj If you are overjoyed, you are extremely pleased about sth. ►Shelley was overjoyed to see me. ♦περιχαρής, καταχαρούμενος
replace v If one thing or person replaces another, the first is used or acts instead of the second. ►The council tax replaces the poll tax next April. ♦αντικαθιστώ
operating theatre n An operating theatre is a special room in a hospital where surgeons carry out medical operations. (BRIT; in AM use operating room) ►χειρουργείο νοσοκομείου, αίθουσα εγχειρήσεων
genetic engineering n Genetic engineering is the science or activity of changing the genetic structure of an animal, plant, or other organism in order to make it stronger or more suitable for a particular purpose. ►Scientists have used genetic engineering to protect tomatoes against the effects of freezing. ♦γενετική μηχανική
clone v To clone is to produce an animal or plant artificially, for example in a laboratory, from the cells of another animal or plant. A clone is exactly the same as the original animal or plant. Cloning is a controversial subject. ♦κλωνοποιώ
eliminate v To eliminate sth, especially sth you do not want or need, means to remove it completely. (FORMAL) ►The Sex Discrimination Act has not eliminated discrimination in employment. ♦απαλείφω, εξαλείφω, εξουδετερώνω
terminal adj A terminal illness or disease causes death, often slowly, and cannot be cured. ►...terminal cancer. ♦καταληκτικός, μοιραίος, θανατηφόρος, ανιάτος
longevity n Longevity is long life. (FORMAL) ►Human longevity runs in families. ♦μακροβιότητα
launch v To launch a rocket, missile, or satellite means to send it into the air or into space. ►NASA plans to launch a satellite to study cosmic rays. ♦εκτοξεύω
trace n A trace is a sign which shows you that sb or sth has been in a place. ►The local church has traces of fifteenth-century frescoes. ♦ίχνος

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absurd adj If you say that sth is absurd, you are criticizing it because you think that it is ridiculous or that it does not make sense. ►It is absurd to be discussing compulsory redundancy policies for teachers. ♦παράλογος
specific adj You use specific to refer to a particular fixed area, problem, or subject. ►Massage may help to increase blood flow to specific areas of the body. ♦συγκεκριμένος, ειδικός
preventive adj Preventive actions are intended to help prevent things such as disease or crime. ►Too much is spent on expensive curative medicine and too little on preventive medicine. ♦προληπτικός, αποτρεπτικός
sophisticated adj A sophisticated machine, device, or method is more advanced or complex than others. ►Honeybees use one of the most sophisticated communication systems of

any insect. ♦εξελιγμένος, υπερσύγχρονος, πολύπλοκος
state of the art The highest level of development, as of a device, technique, or scientific field, achieved at a particular time ►Not too long ago, a simple cell phone was considered state of the art, now they all have cameras and internet. ♦προνυγμένως τεχνολογίας
virtual reality n Virtual reality is an environment which is produced by a computer and seems very like reality to the person experiencing it. ►One day virtual reality will revolutionize the entertainment industry. ♦εικονική πραγματικότητα
obstruction n An obstruction is sth that blocks a road or path. ►John was irritated by drivers parking near his house and causing an obstruction. ♦εμπόδιο
see stars To see stars means to experience bright, flashing sensations, as from a blow to the head. ►After the baseball hit me on my head, I saw stars for a good ten minutes. ♦(ελεύθερη απόδοση) μου 'ρχεται ο ουρανός σφοντύλι, βλέπω αστράκια, βλέπω τον ουρανό σφοντύλι
sign a check A check is a printed form on which you write an amount of money and who it is to be paid to. Your bank then pays the money to that person from your account. You must sign your name on the check in order to give the bank permission to pay that person. ►I wrote him a check for \$100 and then signed it. ♦υπογράφω επιταγή
sign a contract When you sign a contract, you write your name on it, usually at the end or in a special space. You do this to indicate that you have read the document, that you agree with what is written, or that you were present as a witness. ►I just signed my new job contract. ♦υπογράφω σύμβαση ή συμβόλαιο
strike a blow v To strike a blow means to affect adversely. ►Jessie really struck a blow when she didn't get the job she wanted. ♦εξαπολύω κτύπημα
strike the hours ♦(για ρολόγια) σημαίνω την ώρα
strike a match To strike a match, means to ignite it so that it starts burning. ►She struck the match and then lit the birthday candle's. ♦ανάβω σιρίτσο
develop film To develop film means to make negatives or prints from a photographic film. ►...after developing one roll of film. ♦εκτυπώνω, εμφανίζω τις φωτογραφίες από φιλμ
hold one's breath (1) κρατώ την αναπνοή μου ►I held my breath and sank under the water.
(2) If you say that sb is holding their breath, you mean that they are waiting anxiously or excitedly for sth to happen. ►The whole world holds its breath for this speech. ♦περιμένω με αγωνία, ανυπομονησία
joblessness n Joblessness is the circumstance of not having a job even though you would like one. ►Concern over the rising level of joblessness was a feature of yesterday's debate. ♦ανεργία
isolation n If sb does sth in isolation, they do it without other people being present or without their help. ►Malcolm, for instance, works in isolation but I have no doubts about his abilities. ♦απομόνωση
lethal weapon If you describe sth as lethal, you mean that it is capable of killing sb. A weapon is an object such as a gun, a knife, or a missile, which is used to kill or hurt people in a

fight or a war. ► *High-powered cars are lethal weapons in the hands of inexperienced drivers.*

♦φονικό όπλο

devastation n Devastation is severe and widespread destruction or damage. ► *A huge bomb blast brought chaos and devastation to the centre of Belfast yesterday.* ♦αφανισμός, όλεθρος, ερήμωση

consequence n The consequences of sth are the results or effects of it. ► *Her lawyer said she understood the consequences of her actions and was prepared to go to jail.*

♦συνέπεια, επακόλουθο, επίπτωση

invasion n If there is an invasion of a country, a foreign army enters it by force. ► *...seven years after the Roman invasion of Britain...*

♦εισβολή, επιδρομή

privacy n If sb or sth invades your privacy, they interfere in your life without your permission. ► *He said the press invaded people's privacy unfairly and unjustifiably every day.*

♦ατομική, προσωπική ή ιδιαίτερη ζωή
excessive adj If you describe the amount or level of sth as excessive, you disapprove of it because it is more or higher than is necessary or reasonable. ► *...the alleged use of excessive force by police...* ♦υπερβολικός

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rarely adv If sth rarely happens, it does not happen very often. ► *Rarely does a grand jury publicly disagree with a prosecutor.* ♦σπάνια, σπανίως, αραιά και πού

scarcely adv You use scarcely to emphasize that sth is only just true or only just the case. ► *He could scarcely breathe.* ♦μόλις (και μετά βίας)

seldom adv If sth seldom happens, it happens only occasionally. ► *They seldom speak. It's quite sad because they used to be best friends.* ♦σπανίως, (πολύ) σπάνια

gripping adj Sth that is gripping is fascinating and holds people's interest and attention. ► *The novel was so gripping I stayed up all night reading it.* ♦συγκλονιστικός, συναρπαστικός, ενδιαφέρων

pre-paid adj Pre-paid items are paid for in advance, before the time when you would normally pay for them. ► *Return the enclosed Donation Form today in the prepaid envelope provided.* ♦προπληρωμένος

unjustified adj If you describe a belief or action as unjustified, you think that there is no good reason for having it or doing it.

► *The commission concluded that the police action was unjustified.* ♦που δεν έχει δικαιολογηθεί, "αδικαιολόγητος"

integrate v If sb integrates into a social group, or is integrated into it, they behave in such a way that they become part of the group or are accepted into it. ► *He didn't integrate successfully into the Italian way of life.* ♦εντάσσονται σε ευρύτερο σύνολο, συγχωνεύομαι, αφομοιώνομαι

initiate v If you initiate sth, you start it or cause it to happen. ► *They wanted to initiate a discussion on economics.* ♦αρχίζω, ξεκινάω

notify v If you notify sb of sth, you officially inform them about it. (FORMAL) ► *The skipper notified the coastguard of the tragedy.*

♦γνωστοποιώ, ενημερώνω, ειδοποιώ

insert v If you insert an object into sth, you put the object inside it. ► *He took a small key from his pocket and slowly inserted it into the lock.* ♦εισάγω, θέτω, βάζω

indicate v If one thing indicates another, the first thing shows that the second is true or exists. ► *A survey of retired people has indicated*

that most are independent and enjoying life. ♦ εμφανίζω, "αναγράφω", "δειχνω", υποδεικνύω

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answering machine n ♦ αυτόματος τηλεφωνητής

long distance n ♦ μεγάλη/μακρινή απόσταση

cordless phone n ♦ ασύρματο τηλέφωνο

data bank n ♦ κεντρικό αρχείο Η/Υ / κεντρικό ηλεκτρονικό αρχείο / τράπεζα πληροφοριών

virtual reality ♦ εικονική πραγματικότητα

cable television n ♦ καλωδιακή τηλεόραση

floppy disk n ♦ (εύκαμπτη) δισκέτα

μικροϋπολογιστή

electrical appliances n ♦ ηλεκτρολογικές συσκευές

artificial intelligence n ♦ τεχνητή νοημοσύνη (των Η/Υ)

significant adj ♦ σημαντικός

breakthrough n ♦ σημαντική εξέλιξη ή ανακάλυψη

radical adj ♦ ριζικός

revolutionary n ♦ επαναστάτης

gene n ♦ γονίδιο

profit v ♦ αποκομίζω ή επιτυγχάνω κέρδος, κερδίζω

benefit v ♦ ωφελώ, ευεργετώ

genetically modified foods ♦ γενετικά τροποποιημένα τρόφιμα

resist v ♦ αντιστέκομαι, προβάλλω αντίσταση

persist v ♦ εμμένω (πεισματικά) επιμένω

pest n ♦ έντομο ή ζώο που καταστρέφει τα φυτά

aspect n ♦ άποψη, πλευρά, "διάσταση"

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process n ♦ διαδικασία

delete v ♦ διαγράψω

browse v ♦ αναζήτηση

enquiry n ♦ ερώτηση, έρευνα

directory n ♦ τηλεφωνικός κατάλογος

poacher n ♦ λαθροκυνηγός

degrade v ♦ ταπεινώνω, υποβαθμίζω

upgrade v ♦ αναβαθμίζω, προβιβάζω

obsolete adj ♦ ξεπερασμένος, απαρχαιωμένος

update v ♦ εισάγω νεότερα ή πρόσθετα στοιχεία

run up phr v ♦ ανεβάζω, μαζεύω

cut off phr v ♦ αποκόπτω, διακόπτω

log off phr v ♦ κλείνω τον υπολογιστή

hang up phr v ♦ προκαλώ την καθυστέρηση ή στασιμότητα

back up n ♦ κών αντίγραφο ασφαλείας

logged on phr v ♦ συνδέομαι

put through phr v ♦ συνδέω

hold on phr v ♦ κρατιέμαι

state-of-the-art ♦ κατάσταση των πραγμάτων

indispensable adj ♦ απαραίτητος

urgency n ♦ επείγουσα κατάσταση

emergency n ♦ επείγον περιστατικό

unload v ♦ "αδειάζω", "αφαιρώ", "βγάλω"

download v ♦ καταφορτώνω, λαμβάνω

interact v ♦ αλληλεπιδρώ

privacy n ♦ ιδιωτικό περιβάλλον

blackmail n ♦ εκβιασμός

text-bullying n ♦ κείμενο εκφοβισμού

tumour n ♦ όγκος

landline n ♦ σταθερο καλώδιο επικοινωνίας

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versus prep ♦ εναντίον, κατά

accuracy n ♦ ακρίβεια

assembly line n ♦ "αλυσίδα"

συναρμολόγησης

accomplish v ♦ ολοκληρώνω, πετυχαίνω

defuse v ♦ εξουδετερώνω

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span n ♦ διαστήριο, έκταση μεταξύ δύο σημείων

fit n ♦ ξέσπασμα, κρίση

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excite v ♦ συγκινώ, ενθουσιάζω

stimulate v ♦ υποκινώ, τονώνω

isolated adj ♦ απομονωμένος

depressed adj ♦ μελαγχολικός

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purchase v ♦ αγοράζω

beneficial adj ♦ ευεργετικός, ωφέλιμος

far-reaching adj ♦ "φιλόδοξος",

εκτεταμένος

UNIT 8

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dietician n A dietician is a person whose job is to give people advice about the kind of food they should eat. ► *Dieticians often work in hospitals. She went to the dietician for advice about what to eat while pregnant.*

♦διαιτολόγος

beautician n a person whose job is giving people beauty treatments such as doing their nails, treating their skin, and putting on their make-up. ► *She went to her favorite beautician before the wedding.* ♦αισθητικός

overtake v If a feeling overtakes you, it affects you very strongly. ► *Sth like panic overtook me in a flood.* ♦καταλαμβάνομαι, κυριεύομαι από ...

skip v If you skip sth that you usually do or sth that most people do, you decide not to do it. ► *It is important not to skip meals.*

♦παραλείπω

courageous adj Sb who is courageous shows courage. ► *It was a very frightening experience and they were very courageous.*

♦θαρραλέος

nutritious adj Nutritious food contains substances which help your body to be healthy. ► *It is always important to choose enjoyable, nutritious foods.* ♦θρεπτικός

nutrient n Nutrients are substances that help plants and animals to grow. ► *In her first book she explained the role of vegetable fibres, vitamins, minerals and other essential nutrients.* ♦θρεπτική ουσία

mixture n A mixture is a substance that consists of other substances which have been stirred or shaken together. ► *Prepare the gravy mixture.* ♦μείγμα, μίξη

fiber n Fiber consists of the parts of plants or seeds that your body cannot digest. ► *Fiber is useful because it makes food pass quickly through your body. Most vegetables contain fiber.* ♦φυτική ίνα

serial n A serial is a story which is broadcast on television or radio or is published in a magazine or newspaper in a number of parts over a period of time. ► *He liked to watch one of BBC television's most popular serials, Eastenders.* ♦(τηλεοπτική) σειρά

cereals n Cereal or breakfast cereal is a food made from grain. It is mixed with milk and eaten for breakfast. ► *I have a glass of fruit juice and a bowl of cereal every morning.*

♦δημητριακά

whole-grain adj Whole-grain foods are products (breads, pastas, bagels, etc.) that are made from the whole grain plant. In other words, whole-grain foods have not gone through a lot of processing. ► *Her new diet required her to eat only whole-grain foods.* ♦οληκής αλέσεως
mineral n a substance such as tin, salt, or sulphur that is formed naturally in rocks and in

the earth. Minerals are also found in small quantities in food and drink. ► *Salt is a type of mineral.* ♦μέταλλο, ορυκτό
calcium *n* a soft white element which is found in bones and teeth, and also in limestone, chalk, and marble. ► *Milk has a lot of calcium in it.* ♦ ασβέστιο
dairy *adj* Dairy is used to refer to foods such as butter and cheese that are made from milk. ► *She always ate a lot of dairy products. Her favorite was cheese.* ♦ γαλακτοκομικός
diary *n* A diary is a book which has a separate space for each day of the year. You use a diary to write down things you plan to do, or to record what happens in your life day by day. ► *She wrote in her diary every night before she went to bed.* ♦ (προσωπικό) ημερολόγιο
vital *adj* necessary or very important. ► *The port is vital to supply relief to millions of drought victims.* ♦ ζωτικός, σημαντικός
regular *adj* Regular events have equal amounts of time between them, so that they happen, for example, at the same time each day or each week. ► *We're going to be meeting there on a regular basis.* ♦ τακτικός, που επαναλαμβάνεται σε κατά τακτικά διαστήματα
circular *adj* A circular journey or route is one in which you go to a place and return by a different route. ► *Both sides of the river can be explored on this circular walk.* ♦ κυκλικός
conscious *adj* If you are conscious of sth, you notice it or realize that it is happening. She was very conscious of Max studying her. ♦ που έχει επίγνωση, συνείδηση
rigorous *adj* A test, system, or procedure that is rigorous is very thorough and strict. ► *The selection process is based on rigorous tests of competence and experience.*
♦ αυστηρός
sedentary *adj* Sb who has a sedentary lifestyle or job, sits down a lot of the time and does not take much exercise. ► *Obesity and a sedentary lifestyle has been linked with an increased risk of heart disease.* ♦ καθιστικός, χωρίς κίνηση
obesity *n* If sb is obese (adj), they are extremely fat. Obesity is the condition of being obese. ► *Eating excess fats and sugars can lead to obesity.* ♦ παχυσαρκία
gain *v* If a person or place gains sth such as an ability or quality, they gradually get more of it. ► *Students can gain valuable experience by working on the campus radio or magazine.*
♦ αποκτώ, παίρνω
infected *adj/pp* An infected place is one where germs or bacteria are causing a disease to spread among people or animals. ► *In heavily infected areas, half the population become blind.* ♦ μολυσμένος
influence *n* To have an influence on people or situations means to affect what they do or what happens. ► *Van Gogh had a major influence on the development of modern painting.*
♦ επιρροή
exposure *n* Exposure to sth dangerous means being in a situation where it might affect you. ► *Exposure to lead is known to damage the brains of young children.* ♦ έκθεση (σε επιδράσεις, κακουχίες, κίνδυνο κτλ.)
enclosure *n* an area of land that is surrounded by a wall or fence and that is used for a particular purpose. ► *This enclosure was so vast that the outermost wall could hardly be seen.* ♦ περιφραγμένη περιοχή
image *n* a picture of sb or sth. ► *A computer in the machine creates an image on the screen.* ♦ εικόνα

calorie controlled diet *n* A calorie controlled diet would be one where the number of calories (units to measure energy value in food) consumed are monitored. ► *She tried to live a calorie controlled lifestyle, consuming less than 1500 calories every day.* ♦ δίαιτα που ελέγχει ή περιορίζει τις θερμίδες που περιέχει το κάθε γεύμα, δίαιτα με υπολογισμό θερμίδων
dessert *n* sth sweet, such as fruit or a pudding, that you eat at the end of a meal. ► *She had homemade ice cream for dessert.*
♦ επιδόρπιο, γλυκό μετά το φαγητό
nutrition *n* Nutrition is the process of taking food into the body and absorbing the nutrients in those foods. ► *There are alternative sources of nutrition to animal meat.* ♦ διατροφή
appetite *n* Your appetite is your desire to eat. ► *He has a healthy appetite.* ♦ όρεξη
intake *n* Your intake of a particular kind of food, drink, or air is the amount that you eat, drink, or breathe in. ► *Your intake of alcohol should not exceed two units per day.*
♦ ποσότητα τροφής
input *n* Input consists of information or resources that a group or project receives. ► *It's up to the teacher to provide a variety of types of input in the classroom.* ♦ εισαγωγή, εισροή πληροφοριών κτλ.
fattening *adj* Food that is fattening is considered to make people fat easily. ► *Some foods are more fattening than others.*
♦ παχυντικός
life-threatening *adj* If sb has a life-threatening illness or is in a life-threatening situation, there is a strong possibility that the illness or the situation will kill them. ► *Anything but a rigorous approach is potentially life-threatening to patients.* ♦ απειλητικός για τη ζωή
have a sweet tooth *phr* If sb has a sweet tooth they like eating desserts and sugary foods. ► *She couldn't help but take another piece of pie; she always did have a sweet tooth.* ♦ (κάποιος) που του αρέσουν τα γλυκά
tasty *adj* If you say that food, especially savoury food, is tasty, you mean that it has a fairly strong and pleasant flavour which makes it good to eat. ► *Try this tasty dish for supper with a crispy salad.* ♦ γευστικός, εύγευστος
tasteful *adj* If you say that sth is tasteful, you consider it to be attractive, elegant, and in good taste. ► *The decor is tasteful and restrained.* ♦ καλαίσθητος
undergo *v* If you undergo sth necessary or unpleasant, it happens to you. ► *New recruits have been undergoing training in recent weeks.* ♦ υφίσταμαι, υποβάλλομαι σε
undermine *v* If you undermine sth such as a feeling or a system, you make it less strong or less secure than it was before, often by a gradual process or by repeated efforts. ► *Offering advice on each and every problem will undermine her feeling of being adult.* ♦ υπονομεύω, υποσκάπτω

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brisk *adj* A brisk activity or action is done quickly and in an energetic way. ► *Taking a brisk walk can often induce a feeling of well-being.* ♦ δραστήριος, γοργός, ζωηρός
spicy *adj* Spicy food is strongly flavoured with spices. ► *Thai food is hot and spicy.*
♦ πικάντικος
sour *adj* Sth that is sour has a sharp, unpleasant taste like the taste of a lemon. ► *The stewed apple was sour even with honey.*
♦ ξυνός, οξύς στη γεύση
fatty *adj* Fatty food contains a lot of fat.

► *Don't eat fatty food or chocolates.*

♦ παχυντικός, λιπαρός
dusty *adj* If a room, house, or object is dusty, it is covered with very small pieces of dirt. ► *The books looked faded, dusty and unused.* ♦ (κατα)σκοτισμένος
crash diet *n* A crash diet is a method of eating less in a very short period of time in order to lose a lot of weight very quickly. ► *She went on a crash diet of only pineapples and rice.*
♦ αυστηρή δίαιτα για γρήγορα αποτελέσματα
demanding *adj* A demanding job or task requires a lot of your time, energy, or attention. ► *He tried to return to work, but found he could no longer cope with his demanding job.*
♦ απαιτητικός
competitive *adj* Competitive is used to describe situations or activities in which people or firms compete with each other. ► *Only by keeping down costs will America maintain its competitive advantage over other countries.*
♦ ανταγωνιστικός
oriental *adj* coming from or associated with eastern Asia, especially China and Japan. ► *There were Oriental carpets on the floors.*
♦ ασιατικός, ανατολικός
realize an ambition To realize an ambition is to accomplish a goal. ► *Finally, when he turned 35, he realized his ambition to own his own company.* ♦ πραγματοποιώ, υλοποιώ
για φιλοδοξία, επιθυμία
realize a dream to accomplish sth you've very much wanted to do. ► *At the Olympics he finally had the chance to realize his dream of being the best in the world at sth.* ♦ κάνω πραγματικότητα το όνειρο μου
realize an error To realize an error is to recognize a mistake. ► *He realized his error and corrected it.* ♦ αναγνωρίζω ένα λάθος
realize a hope To realize a hope is to accomplish sth you've wished to accomplish. ► *She realized her hope of being with the man of her dreams forever.* ♦ γίνεται πραγματικότητα κάτι που ήλπιζα
realize a goal To realize a goal to accomplish sth you have aspired to accomplish. ► *He realized his goal of losing weight.* ♦ πραγματοποιώ το στόχο μου
follow a diet To follow a diet is to adhere to certain guidelines relating to the intake of food. ► *He had gained a lot of weight over the summer and knew he had to follow a diet if he wanted to lose the weight.* ♦ ακολουθώ μια δίαιτα
follow the fashion to pay attention and adhere to what is currently popular (usually refers to dress). ► *She always followed the fashion and bought the newest clothes and accessories.* ♦ ακολουθώ τη μόδα
follow sb's advice to listen to what sb advises you to do. ► *I followed my mother's advice and broke up with my boyfriend.* ♦ ακολουθώ την συμβουλή κάποιου
follow a career to start and continue along a certain occupation path. ► *He followed the career path that every judge follows; starting as a lawyer and working his way up.*
♦ ακολουθώ μια καριέρα
follow a program to pursue some kind of pre-existing set of guidelines for sth. For example, one might follow a fitness program. ► *He followed a fitness program and lost a lot of weight.* ♦ ακολουθώ κάποιο πρόγραμμα (γυμναστικής κτλ.)
follow instructions to listen to directions and then do whatever is directed. ► *He didn't follow the instructions the teacher gave him and did the exam incorrectly.* ♦ ακολουθώ

οδηγίες

achieve a goal to reach a point that you were trying to reach. ► *He achieved his goal of making a lot of money during the summer.*

♦ πετυχαίνω ένα στόχο

achieve sb's objectives To achieve sb's (somebody's) objectives is when one achieves their goals. ► *She achieved her objectives and finished all the items on the list.* ♦ πετυχαίνω τους στόχους μου

achieve an aim To achieve an aim is to accomplish a goal. ► *He achieved his aim of running 5 miles a day for a whole month.*

♦ πετυχαίνω ένα στόχο

achieve an ambition To achieve an ambition is to accomplish sth you have wanted to accomplish. ► *He finally achieved his ambition of becoming a singer.* ♦ υλοποιώ μια φιλοδοξία μου

achieve fame to become famous (or some kind of celebrity). ► *He achieved fame at the age of 12 with his incredible acting ability.*

♦ αποκτώ φήμη

perform one's duties to do the things you need to do. ► *He performed his duties at work very well.* ♦ εκτελώ τα καθήκοντα μου

perform a task to do a job or a chore or a duty. ► *She performed the task of making the bed every day for 35 years.* ♦ κάνω μια δουλειά

perform an experiment to do a test to see the outcome. It usually refers to scientific experiments. ► *He performed an experiment and didn't come to work for a week to see what his boss would do.* ♦ κάνω ένα πείραμα

out of practice Out of practice means you haven't done sth for a long time. ► *He was out of practice at playing baseball, but it only took him a few days to get back into it.* ♦ που δεν έχει ασχοληθεί με κάτι για πολύ καιρό, 'εκτός φόρμας'

on condition On condition is used to state what things may be necessary for sth else to happen. ► *You can have the apartment on condition that you keep it clean and pay the rent on time.* ♦ υπό τον όρο

on purpose On purpose means sb did sth not by accident. ► *Her brother threw the rock at her on purpose, even though he claimed it was an accident.* ♦ εσκεμμένα, με σκοπό να

by far By far is used to emphasize that sth was an extreme case or the very best, worst, etc. ► *His painting was the best by far.* ♦ κατά πολύ (καλύτερο, χειρότερο... από όλα τα άλλα)

out of shape Out of shape refers to sb not being fit and healthy. ► *After not going to the gym for three months he felt very out of shape.* ♦ χωρίς καλή φυσική κατάσταση, αγύμναστος

to a large extent To a large extent is used to mean most of the time. ► *To a large extent, people have stopped renting movies in town.* ♦ σε μεγάλο βαθμό

takeouts (takeaway - British) n Takeouts refers to fast food or food prepared at a restaurant and then brought home to eat. ► *Takeouts are becoming a lot more popular than home cooked meals in certain countries.* ♦ έτοιμο φαγητό "πακέτο" που παίρνουμε στο σπίτι

by means of By means of refers to the way sth is accomplished. ► *He felt better by means of rest of and vitamins.* ♦ με αυτό τον τρόπο, το μέσο, με την συνδρομή

under the weather Under the weather refers to feeling a little bit sick. The day after his crazy birthday party he was feeling a bit

under the weather. ♦ αδύναμος, αδιάθετος
on average On average refers to what is typical or what usually occurs if you take into consideration all the data. ► *On average we get six feet of snow every winter.* ♦ κατά μέσο όρο

go out of control To go out of control refers to sb getting to a point where they no longer have power over themselves. ► *On some nights she drank too much and went out of control to the point where her friends were scared for her.* ♦ χάνω τον έλεγχο

crash into v To crash into is to collide with sth. ► *He crashed into the railing and hurt his arm.* ♦ τρακάρω, συγκρούομαι με

on-coming bus An on-coming bus would be a bus coming towards you. ► *She swerved to avoid the on-coming bus.* ♦ λεωφορείο που έρχεται από την αντίθετη κατεύθυνση

cure v If doctors or medical treatments cure an illness or injury, they cause it to end or disappear. ► *An operation finally cured his shin injury.* ♦ θεραπεία

remedy n A remedy is sth that is intended to cure you when you are ill or in pain. ► *There are many different kinds of natural remedies to help overcome winter infections.* ♦ φάρμακο

recovery n If a sick person makes a recovery, he or she becomes well again. ► *He made a remarkable recovery from a shin injury.*

♦ ανάκτηση της υγείας, ανάρρωση

alternative medicine n Alternative medicine is the practice of medicine without the use of drugs, usually by natural means. ► *Conventional medicine wasn't working so he turned to alternative medicine to cure his backaches.*

♦ εναλλακτική ιατρική

acupuncture n Acupuncture is the treatment of a person's illness or pain by sticking small needles into their body at certain places. ► *All of those in the group who received acupuncture experienced pain relief.* ♦ βελονισμός

recipe n a list of ingredients and a set of instructions that tell you how to cook sth. ► *He used a traditional recipe for oatmeal biscuits.*

♦ συνταγή (μαγειρικής)

prescription n A prescription is the piece of paper on which your doctor writes an order for medicine and which you give to a chemist or pharmacist to get the medicine. ► *You will have to take your prescription to a chemist.*

♦ (ιατρική) συνταγή

write out v When you write out sth fairly long such as a report or a list, you write it on paper. ► *We had to write out a list of ten jobs we'd like to do.* ♦ γράφω σε ρίσα, παραθέτω ολογράφως

supplement n A supplement is a pill that you take or a special kind of food that you eat in order to improve your health. ► *I took a multiple vitamin and mineral supplement.*

♦ συμπλήρωμα (διατροφής) ή είδος

φαρμάκου

preservatives n A preservative is a chemical that prevents things from decaying. Some preservatives are added to food, and others are used to treat wood or metal. ► *Nitrates are used as preservatives in food manufacture.*

♦ συντηρητικά (σε τρόφιμα)

vegetarian n Sb who is a vegetarian never eats meat or fish. ► *She never liked meat so it wasn't difficult to become a vegetarian.*

♦ χορτοφάγος

vegan n Sb who is a vegan never eats meat, fish or any animal products such as milk or cheese. ► *Most people think it is fairly extreme to be a vegan.* ♦ χορτοφάγος ο οποίος δεν τρώει ούτε τροφές που παράγονται από ζώα

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permission n If sb who has authority over you gives you permission to do sth, they say that they will allow you to do it. ► *He asked permission to leave the room.* ♦ άδεια

certainty n Certainty is the state of being definite or of having no doubts at all about sth. ► *I have told them with absolute certainty there'll be no change of policy.* ♦ βεβαιότητα

logical assumption n A logical assumption is an hypothesis based on reason. ► *He made the logical assumption that she wouldn't go out tonight since he knew she had to work early in the morning.* ♦ λογική υπόθεση, σκέψη

prohibition n A prohibition is a law or rule forbidding sth. ► *There are prohibitions against feeding birds at the airport.*

♦ απαγόρευση

necessity n A necessity is sth that you must have in order to live properly or do sth. ► *Water is a basic necessity of life.*

♦ αναγκαιότητα, ανάγκη

obligation n If you have an obligation to do sth, it is your duty to do that thing. ► *When teachers assign homework, students usually feel an obligation to do it.* ♦ υποχρέωση

suggestion n If you make a suggestion, you put forward an idea or plan for sb to think about. ► *The dietitian was helpful, making suggestions as to how I could improve my diet.*

♦ πρόταση

request n If you make a request, you politely or formally ask someone to do something. ► *He made an official request that the meeting be postponed.* ♦ αίτημα

possibility n A possibility is one of several different things that could be done. ► *The government now owns a lot of our land whose possibility would be to compensate us with other property.* ♦ πιθανότητα

refusal n Sb's refusal to do sth is the fact of them showing or saying that they will not do it, allow it, or accept it. ► *Her country suffered through her refusal to accept change.*

♦ άρνηση

impossibility n Sth that is impossible cannot be done or cannot happen. ► *It was impossible for anyone to get in because no one knew the password.* ♦ το αδύνατο, το απραγματοποίητο,

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fad n You use fad to refer to an activity or topic of interest that is very popular for a short time, but which people become bored with very quickly. ► *Hamnett does not believe environmental concern is a passing fad.*

♦ περαστική μόδα, "τρέλλα"

specialty (speciality - British) n Sb's specialty is a particular type of work that they do most or do best, or a subject that they know a lot about. ► *His specialty is international law.*

♦ ειδικότητα, ειδίκευση

preference n If you have a preference for sth, you would like to have or do that thing rather than sth else. ► *The Bill will allow parents the right to express a preference for the school their child attends.* ♦ προτίμηση

prospect n If there is some prospect of sth happening, there is a possibility that it will happen. ► *Unfortunately, there is little prospect of seeing these big questions answered.* ♦ προσδοκία, δυνατότητα, προοπτική

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pork n ♦ χοιρινό

garlic n ♦ σκόρδο

pie n ♦ πίτα
 pasta n ♦ ζυμαρικό
 fizzy adj ♦ αεριούχος
 mineral adj ♦ μεταλλικός, ορυκτός
 cucumber n ♦ αγγούρι
 nourishing adj ♦ θρεπτικός
 spicy adj ♦ καυτερός, πικάντικος
 oriental adj ♦ ανατολίτικος
 wholesome adj ♦ υγιεινός, ωφέλιμος
 bitter adj ♦ πικρός, άγλυκος
 salty adj ♦ αλμυρός
 strenuous adj ♦ ενεργητικός, δραστήριος
 vigorous adj ♦ έντονος, ζωηρός

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skip v ♦ παραλείπω
 nutrient n ♦ θρεπτικό συστατικό
 cereals n ♦ δημητριακά
 dairy adj ♦ γαλακτοκομικός
 fibre n ♦ ίνα
 immune system n ♦ ανοσοποιητικό σύστημα
 adapt v ♦ προσαρμόζω, προσαρμόζομαι
 adopt v ♦ υιοθετώ
 raise v ♦ αυξάνω, ανεβάζω
 rise v ♦ ανεβαίνω, υψώνομαι
 obesity n ♦ παχυσαρκία
 acquire v ♦ αποκτώ
 artificial preservatives n ♦ τεχνητά συντηρητικά
 additive n ♦ προσθετικό
 satisfy my hunger phr ♦ ικανοποιώ την πείνα μου
 formation n ♦ διάπλαση
 let off phr v ♦ αφήνω να φύγει
 sedentary adj ♦ καθιστικός
 herbivore adj ♦ χορτοφάγος
 refreshment n ♦ ανανέωση, τόνωση
 munch v ♦ μασουλιά με έντονες κινήσεις των σαγονιών
 chew v ♦ μασώ
 crunch v ♦ μασώ κάνοντας θόρυβο, ροκνίζω
 sip v ♦ αργονίνω, ρουφώ
 devour v ♦ καταβροχθίζω
 gulp v ♦ καταπίνω βιαστικά ή λαιμαργα

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square meal v ♦ γεύμα της προκοπής
 have a sweet tooth phr ♦ έχω αδυναμία στα γλυκά
 fit for a king adj ♦ βασιλοπρεπής
 nasty adj ♦ δυσάρεστος
 piece of cake expr ♦ ευκολότατο (πράγμα)
 drinks like a fish expr ♦ πίνει τόσο πόλη όπως ένα ψάρι
 have a bite to eat expr ♦ "τσιμπάω" κάτι, τρώω κάτι
 cooking utensils n ♦ μαγειρικά σκεύη
 generous portion n ♦ γενναία μερίδα

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flatter v ♦ κοίτακew
 entail v ♦ συνεπάγομαι, συνεπιφέρω
 banquet n ♦ (επίσημο) δείπνο

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accessible adj ♦ προσιτός
 inaccessible adj ♦ δυσπρόσιτος
 remote adj ♦ απόμερος, μακρινός
 spacious adj ♦ ευρύχωρος
 cramped adj ♦ άβολος
 cosy adj ♦ άνετος, "ζεστός"
 packed adj ♦ στριμωγμένος
 stuffy adj ♦ αποπικτικός
 savouring adj ♦ γευστικός

UNIT 9

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treatment n Treatment is medical attention given to a sick or injured person or animal.
 ► Many patients are not getting the medical

treatment they need. ♦ θεραπευτική αγωγή
 therapy n Therapy is the treatment of sb with mental or physical illness without the use of drugs or operations. It can also refer to a technique sb uses to help themselves feel better about sth. ► Shopping therapy was the only way she could get over her divorce. ♦ θεραπεία

tendency n A tendency is a worrying or unpleasant habit or action that keeps occurring. ► The government has had a tendency towards secrecy in recent years. ♦ τάση
 delighted adj If you are delighted, you are extremely pleased and excited about sth. ► I know Frank will be delighted to see you.

♦ κατευχαριστημένος
 depressed adj If you are depressed, you are sad and feel that you cannot enjoy anything, because your situation is so difficult and unpleasant. ► He seemed somewhat depressed. ♦ μελαγχολικός
 exceed v If you exceed a limit or rule, you go beyond it, even though you are not supposed to or it is against the law. ► He accepts that he was exceeding the speed limit. ♦ υπερβαίνω

bargain n Sth that is a bargain is good value for money, usually because it has been sold at a lower price than normal. ► At this price the wine is a bargain. ♦ ευκαιρία
 budget n Your budget is the amount of money that you have available to spend. The budget for sth is the amount of money that a person, organization, or country has available to spend on it. ► Sb had furnished the place on a tight budget. ♦ προϋπολογισμός

irrationally adv Irrationally means illogically, absurdly or unreasonably. ► He irrationally decided to buy the new car. ♦ παράλογα
 basic essentials n Basic essentials are those things you need to survive. ► He left for Europe and took with him only the basic essentials. ♦ τα αναγκαία

purchase n The act of buying it or something that you buy ► ... to discuss the purchase of military supplies ♦ αγορά
 pursuit n The pursuit of an activity, interest, or plan consists of all the things that you do when you are carrying it out. ► The pursuit of her dreams seemed possible at the time.

♦ ασχολία, σκοπός
 conventional adj Sb who is conventional has behaviour or opinions that are ordinary and normal. ► She was a respectable married woman with conventional opinions.

♦ συμβατικός
 marketing n Marketing is the organization of the sale of a product, for example, deciding on its price, the areas it should be supplied to, and how it should be advertised. ► She helped the company with their production and marketing. ♦ προώθηση προϊόντων

telemarketing n Telemarketing is a method of selling in which sb employed by a company telephones people to try and persuade them to buy the company's products or services. ► Everyone gets annoyed when they get a phone call and it is just sb making a telemarketing call. ♦ πωλήσεις δια τηλεφώνου
 gain ground To gain ground is to make some improvements in whatever situation you happen to be in. ► Her company finally gained ground and sold more than its competitors. ♦ κερδίζω έδαφος

temptation n If you feel you want to do sth or have sth, even though you know you really should avoid it, you can refer to this feeling as temptation. You can also refer to the thing you

want to do or have as a temptation. ► Will they be able to resist the temptation to buy?

♦ πειρασμός
 devise v When you devise a plan, system, or machine, you have the idea for it and design it. ► We devised a scheme to help him. ♦ επινοώ
 despise v To despise sth or sb is to dislike them and have a very low opinion of them. ► I can never, ever forgive him. I despise him.

♦ περιφρονώ
 capture v To capture sth that is to try to obtain it. This usually assumes there is some competition with other people involved. ► In 1987, McDonald's captured 19 percent of all fast-food sales. ♦ συλλαμβάνω, αιχμαλωτίζω

conquer v To conquer sth such as a problem is to succeed in ending it or dealing with it successfully. ► I was certain that love was quite enough to conquer our differences. ♦ κατακτώ, νικώ, επιλύω

expand v When sth such as a business, organization, or service expands it becomes bigger and includes more people, goods, or activities. ► I owned a bookshop and desired to expand the business. ♦ επεκτείνω
 incorporate v When one thing incorporates another thing, it includes the other thing.

► The new cars will incorporate a number of major improvements. ♦ περιλαμβάνω
 invade v To invade a place is to enter it in large numbers, often in a way that is unpleasant or difficult to deal with. Sth can also be invaded in a non-literal way. ► Every so often the kitchen would be invaded by ants.

♦ εισβάλλω
 brainwash v To brainwash sb is to force them to believe sth by continually telling them that it is true, and preventing them from thinking about it properly. ► They brainwash people into giving up all their money. ♦ κάνω πλήση εγκεφάλου

innovative adj Sth that is innovative is new and original. ► They introduced products which were cheaper, more innovative and more reliable than those of their competitors.

♦ καινοτομός, επαναστατικός
 outdated adj To describe sth as outdated means that it is old-fashioned and no longer useful or relevant to modern life. ► They really had outdated attitudes towards marriage.

♦ παλιομοδίτικος, ξεπερασμένος
 frantic adj To be frantic is to behave in a wild and uncontrolled way because you are frightened or worried. ► A bird had been locked in and was by now quite frantic. ♦ μανιώδης

conscious adj To be conscious of sth is to think about it a lot, especially because you are unhappy about it or because you think it is important. ► I'm very conscious of my weight. ♦ ενσυνείδητος

superior adj If one thing or person is superior to another, the first is better than the second. ► We have a relationship infinitely superior to those of many of our friends. ♦ ανώτερος
 inferior adj Sth that is inferior is not as good as sth else. ► The CDs were of inferior quality. ♦ κατώτερος

handle v When you say that sb can handle a problem or situation, you mean that they have the ability to deal with it successfully. ► You must learn how to handle your feelings.

♦ χειρίζομαι
 reckless adj If you say that sb is reckless, you mean that they act in a way which shows that they do not care about danger or the effect their behaviour will have on other people. ► She loved to ride; on horseback, she was

reckless and utterly without fear.

♦ ανεπίσκεπτος

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billboard n A billboard is a very large board on which posters are displayed. ► *The billboard advertised her favorite snack food.*

♦ πίνακας ανακοινώσεων

delivery n The bringing of letters, parcels, or other goods to sb's house or to another place where they want them. ► *Please allow 28 days for delivery.*

♦ διανομή, παράδοση
flea market n A flea market is an outdoor market which sells cheap used goods and sometimes also very old furniture. ► *They went to a flea market to try to find a bed for their daughter's new apartment in the city.*

♦ αγορά μεταχειρισμένων ειδών, παζάρι
discount n A discount is a reduction in the usual price of sth. ► *They are often available at a discount.*

♦ έκπτωση
flaw n A flaw in sth such as a theory or argument is a mistake in it, which causes it to be less effective or valid. ► *There were, however, a number of flaws in his theory.*

♦ ελάττωμα
auction n An auction is a public sale where goods are sold to the person who offers the highest price. ► *She bought the picture at an auction in London some years ago.*

♦ πλειστηριασμός, δημοπρασία

open air market An open air market is a place outside where people sell various goods.

♦ λαϊκή αγορά

loan n A loan is a sum of money that you borrow. ► *The country has no access to foreign loans or financial aid.*

♦ δάνειο

fabric n Fabric is cloth or other material produced by weaving together cotton, nylon, wool, silk, or other threads. Fabrics are used for making things such as clothes, curtains, and sheets. ► *There were small squares of red cotton fabric on the floor.*

♦ ύφασμα
refund n A refund is a sum of money which is returned to you, for example because you have paid too much or because you have returned goods to a shop. ► *She was thrilled to have finally received her tax refund.*

♦ επιστροφή χρημάτων

settle an account To settle an account means to pay off a debt. ► *After University ended she had to settle her account before she got her grades.*

♦ εξοφλώ, τακτοποιώ

settle a bill To settle a bill is to pay a bill (or tab). ► *While she went to wash her hands he settled the bill.*

♦ εξοφλώ χρέος
settle your debt To settle your debt is to pay off any money you owe. ► *He was thrilled to have finally settled his debts.*

♦ τακτοποιώ, εξοφλώ χρέος
settle differences To settle differences is to come to an agreement. ► *We spent the first year of our marriage fighting but then learned how to settle our differences.*

♦ ειλιθώ
pay tax To pay a tax is to give money to settle a tax (toll, fee). ► *It was April, which meant it was time to pay my federal income tax.*

♦ πληρώνω φόρο
pay attention To pay attention is to be attentive to sb or sth. ► *I was amazed when the students paid attention to me.*

♦ δίνω προσοχή
pay a visit To pay a visit is to go see sb. ► *I realized I needed to pay a visit to my grandmother.*

♦ πραγματοποιώ επίσκεψη
set a trap To set a trap is to situate a way to catch sb or sth, physically or not. ► *I knew that by talking about his affair around Brenda I was*

setting a trap.

♦ στήνω παγίδα
lend assistance To lend assistance is to help sb out. ► *I saw how much they needed to clean up and decided to lend assistance for a few hours.*

♦ προσφέρω βοήθεια
priceless adj If you say that sth is priceless, you are emphasizing that it is worth a very large amount of money. ► *They are priceless, unique and irreplaceable.*

♦ ανεκτίμητος
invaluable adj If you describe sth as invaluable, you mean that it is extremely useful. ► *I was able to gain invaluable experience over that year.*

♦ ανεκτίμητος
expense n Expense is the money that sth costs you or that you need to spend in order to do sth. ► *He's bought a big TV at vast expense so that everyone can see properly.*

♦ δαπάνη
discount n A discount is a reduction in the usual price of sth. ► *They are often available at a discount.*

♦ έκπτωση
of value If sth is of value, it is useful or important. If it is of no value, it has no usefulness or importance. ► *The value of this work experience should not be underestimated.*

♦ σημαντικός, χρήσιμος

worthless adj Sth that is worthless is of no real value or use. ► *The guarantee could be worthless if the firm goes out of business.*

♦ άχρηστος

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recommend v If sb recommends a person or thing to you, they suggest that you would find that person or thing good or useful. ► *Ask your doctor to recommend a suitable therapist.*

♦ εισηγούμαι, συιστώ, συμβουλεύω

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flea market n (υπαίθρια) αγορά

μεταχειρισμένων ειδών

auction n πλειστηριασμός, δημοπρασία

receipt n απόδειξη

mugger n ληστής, κακοποιός

shoplifter n κλέφτης εκθεμάτων από

καταστήματα

change n ψιλά, κέρματα

in cash σε μετρητά

reduction n ελάττωση, μείωση

restriction n περιορισμός

flaw n ψεγάδι, (κρυφό) ελάττωμα

refund n επιστροφή (χρημάτων)

go window shopping expr ρίχνω ματιά στις

βιτρίνες

shop around phr βγαίνω για ψώνια

client n πελάτης

launch v "βγάζω ή λανσάρω στην αγορά"

household n νοικοκυριό

estimate v εκτιμώ, υπολογίζω

accumulate v "συγκεντρώνω",

συναθροίζω

considerable adj σημαντικός, αξιόλογος

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adaptable adj ευπροσάρμοστος, προσαρμόσιμος

noticeable adj αξιοσημείωτος

preferable adj προτιμητέος

profitable adj επικερδής, επωφελής,

αποδοτικός

makes n κατασκευή

imitation n απομίμηση

brand n προϊόν ορισμένου κατασκευαστή

ή το εμπορικό του σήμα

trademark n εμπορικό σήμα, σήμα κατα-

τεθέν

artificial adj τεχνητός

false adj αναληθής, ψευδής, ψεύτικο

forged adj πηλαστός, πηλαστογραφημένος
counterfeit adj πηλαστός, παραχαραγμένος
exclude v αφήνω έξω, εξαιρώ
potential adj ενδεχόμενος, πιθανός
profit n κέρδος, όφελος
misinformed adj παραπληροφορημένος

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paperback n χαρτόδετο βιβλίο

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defective adj ελαττωματικός

replacement n αντικατάσταση

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prompt adj ταχύς, άμεσος

ripped adj σχισμένος

seam n ραφή

lining n φόδρα

split adj σχισμένος

faded adj ξεθωριασμένος

blurred adj θαμπός

UNIT 10

page 112

packaging n συσκευασία

franchise n φράντσαϊζ (συνήθως παρα-
μένει μετάφραστο από τα αγγλικά), δικαιο-
χρησία

schedule v προγραμματίζω

merchandising n προώθηση προϊόντων,

τεχνική πωλήσεων

strict adj αυστηρός

commitment n δέσμευση

environmental adj περιβαλλοντικός, πε-
ριβαλλοντολογικός

committee n επιτροπή

outlet n κατάστημα λιανικής πώλησης

co-ordinator n συντονιστής προγράμμα-
τος

chlorine n χλωρίνη, χλωρίο

unoccupied adj ελεύθερος, κενός

scent n μυρωδιά, οσμή

awareness campaign n καμπάνια ευαι-
σθητοποίησης

endangered species είδος υπό εξαφάνιση

in cooperation with σε συνεργασία με

discontinuation n διακοπή, σταμάτημα,
παύση

adopt v υιοθετώ

hatchery n εκκολαπτήριο

client n πελάτης

warehouse n αποθήκη

exhibit v εκθέτω, επιδεικνύω, έχω

demonstrate v επιδεικνύω, δείχνω

commitment n δέσμευση, αφοσίωση

recruit v προσλαμβάνω

partake v παίρνω, συμμετέχω

subsequently adv έπειτα, μετά, ακολού-
θως

appropriately adv κατάλληλα, ταιριαστά

consequently adv στη συνέχεια, έπειτα,

συνεπώς, επομένως

obviously adv προφανώς, σαφώς

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corridor n μακρύς διάδρομος

aisle (n) διάδρομος (ανάμεσα σε καθίσματα,
ράφια)

transmission n μετάδοση

intermission n διακοπή, διάλειμμα

short circuit n βραχυκύκλωμα

interruption n διακοπή

reception n λήψη, σήμα

perception n αντίληψη, εντύπωση

imitation n απομίμηση, αντίγραφο

animation n κινούμενα σχέδια

issue n ζήτημα, θέμα

due to ♦ εξαιτίας, λόγω του
censure v ♦ λογοκρίνω
harm n ♦ βλάβη
care v ♦ ενδιαφέρομαι, νοιάζομαι
delight v ♦ ευχαριστιέμαι
amusement park ♦ λόουνα παρκ
persuade v ♦ πείθω
scriptwriter n ♦ σεναριογράφος
amateur n ♦ ερασιτέχνης
influential adj ♦ που έχει επιρροή, που ασκεί επιρροή
science fiction ♦ επιστημονική φαντασία
worldwide adj ♦ σε όλο τον κόσμο, παγκοσμίως
affair n ♦ υπόθεση
plot n ♦ πλοκή
spiritually adv ♦ πνευματικά
physically adv ♦ σωματικά

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so long as Provided that ► *So long as he follows through with her promises, she will be an excellent leader.* ♦ εφ' όσον
provided (that) v If you say that sth will happen provided or provided that sth else happens, you mean that the first thing will happen only if the second thing also happens. ► *The other banks are going to be very eager to help, provided that they see that he has a specific plan.* ♦ υπό τον όρο (ότι)..., υπό την προϋπόθεση..., εφ' όσον..
otherwise adv You use otherwise when you are mentioning an undesirable situation which would occur if sth did not happen. You usually put otherwise at the beginning of a clause. ► *The defender should remember to keep a tight grip on the attacker's legs. Otherwise, his opponent will escape.* ♦ διαφορετικά, αλλιώς, με διαφορετικό τρόπο

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dye v ♦ βάφω
shrink v ♦ προκαλώ ή υφίσταμαι συρρίκνωση, "μαζεύω", "μπαίνω"
made-to-measure phr ♦ (ραμμένος) επί μέτρω
flawless adj ♦ αψεγάδιαστος, άψογος
wash and wear phr ♦ ρούχο που δεν χρειάζεται σιδέρωμα
stretch v ♦ τεντώνω
tighten v ♦ προκαλώ ή υφίσταμαι σφίξιμο
deserve v ♦ δικαιούμαι, αξίζω
shabby adj ♦ φθαρμένος
worn out adj ♦ κουρελιασμένος
eternal adj ♦ αιώνιος, παντοεινός
pursue v ♦ "προσανατολίζομαι", "ακολουθώ"
overnight adv ♦ μέσα σε ελάχιστο χρονικό διάστημα
keep up with phr ♦ συμβαδίζω με..

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obsession n ♦ έμμονη ιδέα
in the public eye expr ♦ στο επίκεντρο της δημοσιότητας
constant adj ♦ αδιάκοπος, συνεχής
in the spotlight expr ♦ στο φως της δημοσιότητας
at any price phr ♦ με οποιοδήποτε τίμημα

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boost v ♦ αυξάνω τη δύναμη ή την αξία κάποιου παράγοντα
enrich v ♦ εμπλουτίζω
work wonders expr ♦ κάνω θαύματα

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reference n ♦ συστατική επιστολή

promising adj ♦ πολυά υποσχόμενος

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stud n ♦ καρφή δρόμου ή δερμάτινου ενδύματος

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process n A process is a series of actions which are carried out in order to achieve a particular result. ► *They decided to spread the building process over three years.* ♦ διαδικασία

procession n A procession is a group of people who are walking, riding, or driving in a line as part of a public event ► *...a funeral procession.* ♦ πομπή, παράταξη

perform v When you perform a task or action, especially a complicated one, you do it. ► *We're looking for people of all ages who have performed outstanding acts of bravery, kindness or courage.* ♦ εκπληρώνω, εκτελώ (έργο κτλ.)

skill n A skill is a type of work or activity which requires special training and knowledge. ► *Most of us will know sb who is always learning new skills, or studying new fields.* ♦ δεξιότητες, επιδεξιότητα, ικανότητα

privilege n A privilege is a special right or advantage that only one person or group has. ► *The Russian Federation has issued a decree abolishing special privileges for government officials.* ♦ προνόμιο

potential n If you say that someone or something has potential, you mean that they have the necessary abilities or qualities to become successful or useful in the future. ► *The boy has great potential.* ♦ δυνατότητα, ικανότητα να κάνει κάτι στο μέλλον

intellectual adj Intellectual means involving a person's ability to think and to understand ideas and information. ► *High levels of lead could damage the intellectual development of children.* ♦ διανοητικός

priceless adj If you say that sth is priceless, you approve of it because it is extremely useful. ► *They are a priceless record of a brief period in British history.* ♦ ανεκτίμητος

valuable adj If you describe sth or sb as valuable, you mean that they are very useful and helpful. ► *Many of our teachers also have valuable academic links with Heidelberg University.* ♦ μεγάλης αξίας, βαρύτερος

raise v If you raise the rate or level of sth, you increase it. ► *Two incidents in recent days have raised the level of concern.* ♦ αυξάνω, αναπτύσσω

quality n Sb's qualities are the good characteristics that they have which are part of their nature. ► *Sometimes you wonder where your kids get their good qualities.* ♦ ικανότητα, ιδιότητα, χάρισμα

quantity n A quantity is an amount that you can measure or count. ► *The bowl needs to be re-frozen after each use, so it takes a long time to make a large quantity.* ♦ ποσότητα

cultivate v If you cultivate an attitude, image, or skill, you try hard to develop it and make it stronger or better. ► *He has written eight books and has cultivated the image of an elder statesman.* ♦ καλλιεργώ

grow v You use grow to say that sb or sth gradually changes until they have a new quality, feeling, or attitude. ► *I grew a little afraid of the guy next door.* ♦ αυξάνω σε μέγεθος ή ποσότητα, αναπτύσσομαι, μεγαλώνω

prolong v To prolong sth means to make it last longer. ► *Mr Chesler said foreign military*

aid was prolonging the war. ♦ παρατείνω (χρονικά)

promote v If people promote sth, they help or encourage it to happen, increase, or spread. ► *You don't have to sacrifice environmental protection to promote economic growth.* ♦ προάγω, ενθαρρύνω

adopt v If you adopt a new attitude, plan, or way of behaving, you begin to have it. ► *The United Nations General Assembly has adopted a resolution calling on all parties in the conflict to seek a political settlement.* ♦ υιοθετώ

request v If you request sb to do sth, you politely or formally ask them to do it. ► *They requested him to leave.* ♦ ζητώ, αιτώ

foreign exchange program n If you participate in a foreign exchange program you visit another country, whilst sb from that country visits yours. ► *She couldn't wait until she could go on the foreign exchange*

program. ♦ πρόγραμμα ανταλλαγών μεταξύ διαφορετικών χωρών

personal adj A personal opinion, quality, or thing belongs or relates to one particular person rather than to other people. ► *He learned this lesson the hard way from his own personal experience.* ♦ ατομικός, προσωπικός

optional adj If sth is optional, you can choose whether or not you do it or have it. ► *A holiday isn't an optional extra. In this stressful, frantic world it's a must.* ♦ προαιρετικός

registration n The registration of sth such as a person's name or the details of an event is the recording of it in an official list. ► *They have campaigned strongly for compulsory registration of dogs.* ♦ εγγραφή, καταχώρηση

στοιχείων σε αρχείο

qualification n The qualifications you need for an activity or task are the qualities and skills that you need to be able to do it. ► *Responsibility and reliability are necessary qualifications, as well as a friendly and outgoing personality.* ♦ προσόν, εφόδιο

get on in life To do well; succeed in what you are doing. ► *What are the basic skills to get on in life and hold down a job?* ♦ πετυχαίνω στη ζωή, προοδεύω

expectation n Your expectations are your strong hopes or beliefs that sth will happen or that you will get sth that you want. ► *Students' expectations were as varied as their expertise.* ♦ προσδοκία

view n Your view of a particular subject is the way that you understand and think about it. ► *The drama takes an idealistic, even a naive view of the subject.* ♦ οπτική γωνία

financial adv Financial means relating to or involving money. ► *The company is in financial difficulties.* ♦ χρηματοοικονομικός

commercial adj Commercial means involving or relating to the buying and selling of goods. ► *Docklands in its heyday was a major centre of industrial and commercial activity.* ♦ εμπορικός

award n An award is a prize or certificate that a person is given for doing sth well. ► *She presented a bravery award to schoolgirl Caroline Tucker.* ♦ βραβείο, έπαινος

scholarship n If you get a scholarship to a school or university, your studies are paid for by the school or university or by some other organization. ► *He got a scholarship to the Pratt Institute of Art.* ♦ υποτροφία

foundation n A foundation is an organization which provides money for a special purpose such as research or charity. ► *...the National Foundation for Educational Research.* ♦ ίδρυμα

submit v If you submit a proposal, report, or request to sb, you formally send it to them so that they can consider it or decide about it. ► *They submitted their reports to the Chancellor yesterday.* ♦ καταθέτω, υποβάλλω πρόταση

omit v If you omit sth, you do not include it in an activity or piece or work, deliberately or accidentally. ► *Omit the salt in this recipe.* ♦ παραλείπω

reward v If you do sth and are rewarded with a particular benefit, you receive that benefit as a result of doing that thing. ► *Make the extra effort to impress the buyer and you will be rewarded with a quicker sale at a better price.* ♦ ανταμοιβή

be awarded sth v If sb is awarded sth such as a prize or an examination mark, it is given to them. ► *She was awarded the prize for both films.* ♦ μου απονέμεται βραβείο, έπαινος κτλ.

satisfy the requirements To satisfy the requirements means to meet the prerequisites set by a person, company or organization. ► *Unfortunately she did not get the job as she did not satisfy all the requirements.* ♦ πληρώ τις προϋποθέσεις

dreams come true When a person's hopes or dreams are realised, we say that they have come true. ► *Jane couldn't believe it when she won the lottery, now all her dreams had come true.* ♦ τα όνειρα (μου) γίνονται πραγματικότητα

discipline n Discipline is the practice of making people obey rules or standards of behaviour, and punishing them when they do not. ► *Order and discipline have been placed in the hands of headmasters and governing bodies.* ♦ πειθαρχία

punishment n Punishment is the act of punishing sb or of being punished. ► *I have no doubt that the man is guilty and that he deserves punishment.* ♦ τιμωρία

unfair adj An unfair action or situation is not right or just. ► *She was awarded \$5,000 in compensation for unfair dismissal.* ♦ άδικος

reaction n Your reaction to sth that has happened or sth that you have experienced is what you feel, say, or do because of it. ► *Reaction to the visit is mixed.* ♦ αντίδραση

inaction n If you refer to sb's inaction, you disapprove of the fact that they are doing nothing. ► *He is bitter about the inaction of the other political parties.* ♦ αδράνεια, απραξία

assess v When you assess a person, thing, or situation, you consider them in order to make a judgement about them. ► *Our correspondent has been assessing the impact of the sanctions.* ♦ αξιολογώ, προσδιορίζω

associate v If you associate sb or sth with another thing, the two are connected in your mind. ► *Rap groups have been barred from large musical events because they are associated with vandalism.* ♦ συσχετίζω

survey n If you carry out a survey, you try to find out detailed information about a lot of different people or things, usually by asking people a series of questions. ► *The council conducted a survey of the uses to which farm buildings are put.* ♦ έρευνα, 'γκάληο'

abolish v If sb in authority abolishes a system or practice, they formally put an end to it. ► *The following year Parliament voted to abolish the death penalty for murder.* ♦ καταργώ

demolish v If you demolish sb's ideas or arguments, you prove that they are completely wrong or unreasonable. ► *Our intention was quite the opposite to demolish rumours that have surrounded him since he took office.*

♦ καταρρίπτω, καταστρέφω

bullying n If sb bullies you, they use their strength or power to hurt or frighten you. ► *It was recorded that 50% of schoolchildren who were victims of bullying went on to develop psychological problems in adulthood.* ♦ το να χρησιμοποιεί κάποιος την ισχύ του για να τρομοκρατεί ή να βλάπτει άλλους, νταηλική

vandalism n Vandalism is the deliberate damaging of things, especially public property. ► *A 13-year-old boy, whose crime file includes violence, theft, vandalism and bullying was today taken into care.* ♦ βανδαλισμός, καταστροφή

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cheat v When sb cheats, they do not obey a set of rules which they should be obeying, for example in a game or exam. ► *Students may be tempted to cheat in order to get into top schools.* ♦ εξαπατώ

expulsion n Expulsion is when sb is forced to leave a school, university, or organization. ► *Her hatred of authority led to her expulsion from high school.* ♦ αποβολή

skip (class) v If you skip sth that you usually do or sth that most people do, you decide not to do it. ► *Her daughter started skipping class.* ♦ παραλείπω, επιλέγω να μην κάνω κάτι, προσπερνώ

prodigy n A prodigy is sb young who has a great natural ability for sth such as music, mathematics, or sport. ► *The Russian tennis prodigy is well on the way to becoming the youngest world champion of all time.* ♦ άτομο εξαιρετικών ικανοτήτων, ταλαντούχος

acquire v If you acquire sth such as a skill or a habit, you learn it, or develop it through your daily life or experience. ► *Having read the book, she will be able to pass on the acquired knowledge to trainee teachers.* ♦ αποκτώ

gain v If a person or place gains sth such as an ability or quality, they gradually get more of it. ► *Students can gain valuable experience by working on the campus radio or magazine.* ♦ αποκτώ

receive v When you receive sth, you get it after sb gives it to you or sends it to you. ► *They will receive their awards at a ceremony in Stockholm.* ♦ λαμβάνω, δέχομαι

benefit v If you benefit from sth or if it benefits you, it helps you or improves your life. ► *Both sides have benefited from the talks.* ♦ ωφελούμαι, ευεργετούμαι

beneficial adj Sth that is beneficial helps people or improves their lives. ► *Using computers has a beneficial effect on children's learning.* ♦ ευεργετικός, ωφέλιμος

impress v If sth impresses you, you feel great admiration for it. ► *What impressed him most was their speed.* ♦ εντυπωσιάζομαι

impression n Your impression of a person or thing is what you think they are like, usually after having seen or heard them. Your impression of a situation is what you think is going on. ► *What were your first impressions of college?* ♦ εντύπωση, άποψη για κάτι

impressive adj Sth that is impressive impresses you, for example because it is great in size or degree, or is done with a great deal of skill. ► *It is an impressive achievement.* ♦ εντυπωσιακός

informative adj Sth that is informative gives you useful information. ► *The adverts are not very informative.* ♦ ενημερωτικός, κατατοπιστικός, διαφωτιστικός

progressive adj A progressive change happens gradually over a period of time. ► *One prominent symptom of the disease is progressive loss of memory.* ♦ προοδευτικής

ανάπτυξης, προοδευτικός

graduate v If you graduate from one thing to another, you go from a less important job or position to a more important one. ► *Bruce graduated to chef at the Bear Hotel.*

♦ αποφοιτώ, τελειώνω πανεπιστήμιο

graduation n Graduation is the successful completion of a course of study at a university, college, or school, for which you receive a degree or diploma. ► *They asked what his plans were after graduation.* ♦ αποφοίτηση

graduate n In Britain, a graduate is a person who has successfully completed a degree at a university or college and has received a certificate that shows this. In the United States, a graduate is a student who has successfully completed a course at a high school, college, or university. ► *In 1973, the first Open University graduates received their degrees.*

♦ πτυχιούχος / απόφοιτος

require v If you require sth or if sth is required, you need it or it is necessary. ► *If you require further information, you should consult the registrar.* ♦ χρειάζομαι, απαιτώ

motivate v If you are motivated by sth, especially an emotion, it causes you to behave in a particular way. ► *They are motivated by a need to achieve.* ♦ παρακινώ-ούμαι, δίνω κίνητρο

motivation n Your motivation for doing sth is what causes you to want to do it. ► *Money is my motivation.* ♦ κίνητρο

motivated adj If you are motivated by sth, especially an emotion, it causes you to behave in a particular way ► *Highly motivated employees make the best workers.* ♦ που έχει κίνητρο για κάτι

presence n Sb's presence in a place is the fact that they are there. ► *They argued that his presence in the village could only stir up trouble.* ♦ παρουσία

present adj You use present to describe things and people that exist now, rather than those that existed in the past or those that may exist in the future. ► *He has brought much of the present crisis on himself.*

♦ του παρόντος, τωρινός

preference n If you have a preference for sth, you would like to have or do that thing rather than sth else. ► *The Bill will allow parents the right to express a preference for the school their child attends.* ♦ προτίμηση

preferable adj If you say that one thing is preferable to another, you mean that it is more desirable or suitable. ► *A big earthquake a long way off is preferable to a smaller one nearby.* ♦ προτιμότερος, προτιμητέος

absence n Sb's absence from a place is the fact that they are not there. ► *Eleanor would later blame her mother-in-law for her husband's frequent absences.* ♦ απουσία

absent adj If sb or sth is absent from a place or situation where they should be or where they usually are, they are not there. ► *He has been absent from his desk for two weeks.* ♦ απών

fluency n Sb who is fluent in a particular language, can speak the language easily and correctly. ► *To work as a translator, you need fluency in at least one foreign language.*

♦ ευφράδεια, ευχέρεια λόγου

fluent adj Sb who is fluent in a particular language, can speak the language easily and correctly. You can also say that sb speaks fluent French, Chinese, or some other language. ► *She studied eight foreign languages but is fluent in only six of them.* ♦ που έχει άνεση στο χειρισμό λόγου ή γλώσσας

flu n Flu is an illness which is similar to a bad cold but more serious. It often makes you feel very weak and makes your muscles hurt. ► *He had come down with the flu.* ♦ γρίπη

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rarely adv If sth rarely happens, it does not happen very often. ► *Rarely does a grand jury publicly disagree with a prosecutor.* ♦ σπάνια, σπανίως, αραιά και που

scarcely adv You use scarcely to emphasize that sth is only just true or only just the case. ► *He could scarcely breathe.* ♦ μόλις (και μετά βίας)

seldom adv If sth seldom happens, it happens only occasionally. ► *They seldom speak. It's quite sad because they used to be best friends.* ♦ σπανίως, (πολύ) σπάνια

gripping adj Sth that is gripping is fascinating and holds peoples interest and attention.

► *The novel was so gripping I stayed up all night reading it.* ♦ συγκλονιστικός, συναρπαστικός, ενδιαφέρων

pre-paid adj Pre-paid items are paid for in advance, before the time when you would normally pay for them. ► *Return the enclosed Donation Form today in the prepaid envelope provided.* ♦ προπληρωμένος

unjustified adj If you describe a belief or action as unjustified, you think that there is no good reason for having it or doing it. ► *The commission concluded that the police action was unjustified.* ♦ που δεν έχει δικαιολογηθεί, "αδικαιολόγητος"

integrate v If sb integrates into a social group, or is integrated into it, they behave in such a way that they become part of the group or are accepted into it. ► *He didn't integrate successfully into the Italian way of life.*

♦ εντάσσονται σε ευρύτερο σύνολο, συγχωνεύομαι, αφομοιώνομαι

initiate v If you initiate sth, you start it or cause it to happen. ► *They wanted to initiate a discussion on economics.* ♦ αρχίζω, ξεκινάω

notify v If you notify sb of sth, you officially inform them about it. (FORMAL) ► *The skipper notified the coastguard of the tragedy.*

♦ γνωστοποιώ, ενημερώνω, ειδοποιώ

insert v If you insert an object into sth, you put the object inside it. ► *He took a small key from his pocket and slowly inserted it into the lock.* ♦ εισάγω, θέτω, βάζω

indicate v If one thing indicates another, the first thing shows that the second is true or exists. ► *A survey of retired people has indicated that most are independent and enjoying life.*

♦ εμφανίζω, "αναγράφω", "δείχνω", υποδεικνύω

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require v ♦ χρειάζομαι, απαιτώ

enrol v ♦ εγγράφω-ομαι (μέλος κτλ.)

assess v ♦ εξακριβώνω ή ορίζω το μέγεθος, "εκτιμώ"

suspend v ♦ (για πρόσωπα:) επιβάλλω ποινή αποβολής

expel v ♦ αποβάλλω, διώχνω

abolish v ♦ καταργώ

requirement n ♦ απαίτηση

expulsion n ♦ εκδίωξη, αποβολή

enrolment n ♦ εγγραφή (μέλους κτλ.)

abolition n ♦ κατάργηση, κατάλυση

assessment n ♦ αξιολόγηση

motivation n ♦ κίνητρο

suspension n ♦ (θέση υπαλλήλου κτλ. σε) διαθεσιμότητα

truancy n ♦ αδικαιολόγητη απουσία, κοπάνια

propose v ♦ προτείνω

impose v ♦ επιβάλλω

outrageous v ♦ εξοργιστικός, προκλητικός

unyielding adj ♦ ανυποχώρητος

submissive adj ♦ υπάκουος, ευπειθής

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commonplace adj ♦ στερούμενος ιδιαιτερότητας

protest v ♦ διαμαρτύρομαι

pretend v ♦ προσποιούμαι, υποκρίνομαι

grant n ♦ επίδομα

learn things parrot fashion expr. ♦ μαθαίνω κατά λέξη

stand to attention phr ♦ στέκω προσοχή ή σε στάση προσοχής

by heart phr ♦ από μνήμης

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inventive adj ♦ εφευρετικός, επινοτικός

insolent adj ♦ αυθάδης, θρασύς

cheeky adj ♦ αναιδής, θρασύς

negligent adj ♦ αμελής

courteous adj ♦ ευγενικός

obedient adj ♦ υπάκουος

diligent adj ♦ επιμελής

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disruptive adj ♦ διασπαστικός

meet deadline phr ♦ τηρώ προθεσμία

UNIT 12

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regard v When you regard sb or sth as being a particular thing or as having a particular quality, you believe that they are that thing or have that quality. ► *I regard creativity both as a gift and as a skill.* ♦ εκτιμώ, θεωρώ

consider v If you consider sth, you think about it carefully. ► *The government is being asked to consider a new tax plan.* ♦ εξετάζω (προσεκτικά)

bite to eat To get a bite to eat is to get sth to eat. ► *Before we go to the concert let's get a bite to eat.* ♦ τσιμπάω φαγητό, τρώω πρόχειρα

mouth-watering adj Mouth-watering food looks or smells extremely nice. ► *There were hundreds of cheeses, in a mouth-watering variety of shapes, textures and tastes.* ♦ νόστιμο φαγητό, που κάνει να σου 'τρέχουν τα σάλια'

mineral water n Mineral water is water that comes out of the ground naturally and is considered healthy to drink. ► *He took a cool, refreshing sip of mineral water.* ♦ μεταλλικό νερό

fizzy drink n Fizzy drinks are drinks that contain small bubbles of carbon dioxide. They make a sound like a long 's' when you pour them. ► *He opted for water instead of a fizzy drink.* ♦ ανθρακούχο, αεριούχο ποτό

spacious adj A spacious room or other place is large in size or area, so that you can move around freely in it. ► *The house has a spacious kitchen and dining area.* ♦ ευρύχωρος

fairground amusements n Fairground amusements are things to do at a fair or amusement park. ► *The children were happy because there were many fairground amusements there.* ♦ παιχνίδια σε λούνα-παρκ

roller coaster n A roller-coaster is a small railway at a fair that goes up and down steep slopes fast and that people ride on for pleasure or excitement. ► *I love going on the roller coaster.* ♦ τρενάκι του λούνα παρκ

ferris wheel n A ferris wheel is a very large upright wheel with carriages around the edge of it which people can ride in. Ferris wheels are often found at theme parks or funfairs. ► *After*

the bumper cars and the roller coaster we went on the ferris wheel. ♦ "τροχός" του λούνα-παρκ

visual adj Visual means relating to sight, or to things that you can see. ► *His drawing was the perfect visual representation of the man.* ♦ οπτικός

be on edge To be on edge is to be worried about sth and easily irritable or nervous.

► *After she was robbed she was always on edge when she left the house.* ♦ είμαι σε έντονη ψυχολογική κατάσταση

chat v When people chat, they talk to each other in an informal and friendly way. ► *The women were chatting.* ♦ κάνω φιλική συνομιλία, κουβεντιάζω

dispute v To argue or disagree about sth ► *They have won previous pay disputes with the government.* ♦ λογομαχώ, διαφωνώ

gulp v If you gulp sth, you eat or drink it very quickly by swallowing large quantities of it at once. ► *She quickly gulped her tea.* ♦ καταπίνω βιαστικά ή λαιμαργα

sip v If you sip a drink or sip at it, you drink by taking just a small amount at a time. ► *Jessica sipped her drink thoughtfully.* ♦ πίνω γουλιά-γουλιά

savor v If you savor food or drink, you eat or drink it slowly in order to taste its full flavour and to enjoy it properly. ► *Always savor the flavor of your food.* ♦ απολαμβάνω (τη γεύση), γεύομαι

flavor v Add sth to food or drink to give it a particular taste. ► *Flavor your favorite dishes with exotic herbs.* ♦ γαρνίρω

beat n A beat is a rhythmic sound. ► *The drum beat sounded really good.* ♦ ρυθμός, μελωδία

bead n Beads are small pieces of coloured glass, wood, or plastic with a hole through the middle. Beads are often put together on a piece of string or wire to make jewellery. ► *He handed her a worn string of beads.* ♦ χάντρα

abuse n Abuse of sth is the use of it in a wrong way or for a bad purpose. ► *What went on here was an abuse of power.* ♦ κατάχρηση

chat show n A chat show is a television program dealing with gossip, fashion, current issue or other such things. ► *She went on the chat show to talk about how she lost so much weight in such a small period of time.*

♦ τηλεοπτικό πρόγραμμα με ζωντανή συζήτηση

news bulletin n A news bulletin is an announcement of some kind of news (information, report.) ► *She heard a news bulletin about the oncoming storm.* ♦ δελητίο ειδήσεων

sequel n A book or film which is a sequel to an earlier one continues the story of the earlier one. ► *She is currently writing a sequel to Daphne du Maurier's 'Rebecca'.* ♦ συνέχεια (διηγήματος, ταινίας κτλ)

merely adv You use merely to emphasize that sth is only what you say and not better, more important, or more exciting. ► *Michael is now merely a good friend.* ♦ απλώς ή αποκλειστικά και μόνο

considerably adv Considerably means greatly, notably, substantially or significantly. ► *He had a considerably bigger pay check than her.* ♦ σημαντικά

correspondent n A correspondent is a newspaper or television journalist, especially one who specializes in a particular type of news. ► *As our Diplomatic Correspondent Mark Brayne reports, the president arrived late last night.* ♦ ανταποκριτής (μέσου μαζικής επικοινωνίας)

newscaster **n** A newscaster is a person who reads the news on the radio or on television. ► *The newscaster showed no emotion as he spoke about the tragic accident.* ♦ εκφωνητής ή παρουσιαστής δεξτίου ειδήσεων
break the news To break the news to somebody is to tell them a piece of important information that they haven't heard yet. ► *don't know when I'm going to break the news to Tom that I'm pregnant again.* ♦ προφταίνω τα νέα
broadcast **v** To broadcast a programme means to send it out by radio waves, so that it can be heard on the radio or seen on television. ► *The concert will be broadcast live on television and radio.* ♦ εκπέμπω ή μεταδίδω
forecast **v** If you forecast future events, you say what you think is going to happen in the future. ► *They forecast a defeat for the Prime Minister.* ♦ προβλέπω

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current **adj** Current means happening, being used, or being done at the present time. ► *The current situation is very different to that in 1990.* ♦ τωρινός

internal **adj** Internal is used to describe things that exist or happen inside a country or organization. ► *The country stepped up internal security.* ♦ εσωτερικός

interfere **v** When you say that sb interferes in a situation, you mean they get involved in it although it does not concern them and their involvement is not wanted. ► *I wish everyone would stop interfering and just leave me alone.* ♦ παρεμβαίνω, "ανακατεύομαι"

dubbed **adj** When a film or soundtrack in a foreign language is dubbed, a new soundtrack is added with actors giving a translation. ► *It was dubbed into Spanish for Mexican audiences.* ♦ μεταγλωττισμένος

subtitle **n** Subtitles are a printed translation of the words of a foreign film that are shown at the bottom of the picture. ► *The dialogue is in Spanish, with English subtitles.* ♦ υπότιτλος
sensational **adj** A sensational result, event, or situation is so remarkable that it causes great excitement and interest. ► *The world champions suffered a sensational defeat.* ♦ συγκλονιστικός, συνταρακτικός

inaccurate **adj** If a statement or measurement is inaccurate, it is not accurate or correct. ► *The book is both inaccurate and exaggerated.* ♦ ανακριβής

impartial **adj** Sb who is impartial is not directly involved in a particular situation, and is therefore able to give a fair opinion or decision about it. ► *Careers officers offer impartial advice, guidance and information to all pupils.* ♦ αμερόληπτος

exaggerate **v** If you exaggerate, you indicate that sth is, for example, worse or more important than it really is. ► *He thinks I'm exaggerating.* ♦ υπερβάρηλω

distort **v** To distort a statement, fact, or idea, is to report or represent it in an untrue way. ► *The media distorts reality; categorises people as all good or all bad.* ♦ διαστρεβλώνω

hilarious **adj** If sth is hilarious, it is extremely funny and makes you laugh a lot. ► *We thought it was hilarious when we first heard about it.* ♦ ξεκαρδιστικός

frivolous **adj** If you describe an activity as frivolous, you disapprove of it because it is not useful and wastes time or money. ► *The group says it wants politicians to stop wasting public money on what it believes are frivolous projects.* ♦ επιπόλαιος

ridiculous **adj** If you say that sth or sb is

ridiculous, you mean that they are very foolish. ► *It is ridiculous to suggest we are having a romance.* ♦ γελοίος

make a guess To make a guess is to make a presumption or deduction about what might happen next. ► *If I had to make a guess I'd say they'll be divorced within two years.* ♦ εικάζω
make sense If sth makes sense then you can understand it. ► *It makes sense that you would want to take the earlier train.* ♦ έχει λογικό ειρμό, έχει νόημα

make a comeback When sb makes a comeback they return to sth or return to doing sth well. ► *You know how the Red Sox are, they always make a comeback in the 9th inning.*

♦ ξανάρχομαι, επιστρέφω στις επιτυχίες
do the laundry To do the laundry means to wash (and dry) clothing or other cloth items (laundry). ► *His mother had always been the one to do the laundry.* ♦ βάζω μπουγάδα
draw a conclusion To draw a conclusion is to look at pieces of information and decide sth about that information as a whole. ► *After listening to them speak he drew the conclusion that their marriage wouldn't last long.* ♦ βγάζω συμπέρασμα

draw the drapes To draw the drapes is to pull the curtains (drapes) shut. ► *He entered the house and quickly drew the drapes so no one would see inside.* ♦ κλείνω τις κουρτίνες

coverage **n** The coverage of sth in the news is the reporting of it. ► *Now a special TV network gives live coverage of most races.* ♦ δημοσιογραφική κάλυψη

receive high ratings To receive high ratings refers to some sort of media (television, radio, theater, music) getting good reviews. ► *The play received high ratings so I want to go see it.* ♦ δέχομαι καλές κριτικές

prime time A prime time television show is one that is on during "prime time" which are certain times during the evening on weekdays when people tend to watch the most television. ► *She sat down to watch her favorite prime time shows.* ♦ χρόνος υψηλής (τηλεοπτικής) θεαματικότητας

shoot a scene To shoot a scene refers to recording a movie scene. ► *They will shoot the bedroom scene tomorrow morning.* ♦ γυρίζω σκηνή

on location To be on location means to be where a movie or show is made. ► *We're shooting this news program on location.* ♦ σε τοποθεσία που συμβαίνει κάτι

stuntman **n** A stunt man is a man whose job is to do dangerous things, either for publicity, or in a film instead of an actor so that the actor does not risk being injured. ► *The British stunt man Eddie Kidd jumped over the Great Wall of China on a motorcycle.* ♦ κασκανιέρ

three-dimensional image **n** A three-dimensional picture, image, or film looks as though it is deep or solid rather than flat. The abbreviation 3-D can also be used. ► *There is some new software, which generates both two-dimensional drawings and three-dimensional images.* ♦ τρισδιάστατη εικόνα

extras **n** The extras in a film are the people who play unimportant parts, for example as members of a crowd. ► *He was excited because he was an extra in a film starring one of his favorite actors.* ♦ κομπάρσοι

mediocre **adj** To be mediocre is to be of average quality (but you think it should be better). ► *His school record was mediocre.* ♦ μέτριος

blockbuster **n** A blockbuster is a film or book that is very popular and successful, usu-

ally because it is very exciting. ► *They were among the first to see the new blockbuster.* ♦ εμπορικά επιτυχημένη ταινία

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the lead **n** ♦ πρωταγωνιστής
cast **n** ♦ διανομή (θεατρικών κτλ.) ρόλων
broadcaster **n** ♦ (υπεύθυνος) παρουσιαστής εκπομπής

villain **adj** ♦ κακούργος, αχρείος
director **n** ♦ σκηνοθέτης
animator **n** ♦ ζωγράφος ή σχεδιαστής κινούμενων σχεδίων

scriptwriter **n** ♦ σεναριογράφος
announcer **n** ♦ παρουσιαστής (εκπομπής, θεάματος κτλ.)

critic **n** ♦ κριτικός
producer **n** ♦ υπεύθυνος παραγωγής ή χρηματοδότησης θεάματος, "παραγωγός"

electrify **n** ♦ ενθουσιάζω, "ηλεκτρίζω"
compose **v** ♦ συνθέτω (μουσική κτλ.)
appeal (to) **v** ♦ "απευθύνομαι" (σε..)

publish **v** ♦ δημοσιεύω, εκδίδω (έντυπο)
astounding **adj** ♦ εκπληκτικός, καταπληκτικός

first rate **adj** ♦ πρώτης τάξης, αξιόλογος

gripping **adj** ♦ συγκλονιστικός, συναρπαστικός

gorgeous **adj** ♦ λαμπρός, θαυμάσιος

soothing **adj** ♦ ανακουφιστικός
uplifting **adj** ♦ που προκαλεί ανάταση και τό-
 νωση

thought provoking **adj** ♦ που προκαλεί κά-
 ποιον να σκεφτεί
engrossing **adj** ♦ που απορροφά τη σκέψη

hilarious **adj** ♦ διασκεδαστικότητα, ξεκαρδιστικός
vast **adj** ♦ απέραντος, αχανής

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vital **adj** ♦ κρίσιμος, "ζωτικός"
insignificant **adj** ♦ ασήμαντος, μηδαμινός

inspire **v** ♦ εμπνέω
deflect **v** ♦ αποκλίνω, παρεκκλίνω

reflect **v** ♦ αντικατοπτρίζω-ομαι, ανακλώ-
 ώμαι, αντικαθρεφτίζω-ομαι

carried away **adj** ♦ παρασυρμένος
provoking **adj** ♦ προκλητικός, ενοχλητικός

rehearse **v** ♦ κάνω πρόβα, προβάρω
worth the effort **expr.** ♦ που αξίζει την προ-
 σπάθεια

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sequel **n** ♦ συνέχεια (διηγήματος κτλ.)

soap opera **n** ♦ αισθηματικό σίριαλ, σαπουνόπερα

moving **adj** ♦ συγκινητικός
touching **adj** ♦ συγκινητικός

engrossing **adj** ♦ απορροφώ, απασχολώ τη
 σκέψη
absorbing **adj** ♦ απορροφητικός

gripping **adj** ♦ συγκλονιστικός, συναρπαστικός
a twist in the tail **expr** ♦ ανατρεπτική εξέλιξη

unexpected twists and turns **expr** ♦ απροσ-
 δόκτητη πλοκή

lacks coherence **phr.** ♦ δεν έχει συνοχή

conflicting **adj** ♦ αντικρουόμενος

unconvincing **adj** ♦ που δεν πείθει, μη
 πειστικός

hair-raising **adj** ♦ ανατριχιαστικός,
 φρικιαστικός

nail-biting stunts ♦ ανατριχιαστικός

evoke **v** ♦ φέρνω στο νου, δημιουργώ
 συνειρμούς

let-down **n** ♦ απογοήτευση

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release **v** ♦ βγάζω σε κυκλοφορία, δημοσι-
 εύω

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ensure v ♦ εξασφαλίζω
high ratings n ♦ υψηλή ακροαματικότητα (εκπομπής κτλ.)
current adj ♦ επίκαιρος

UNIT 13

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take on If you take on a job or responsibility, especially a difficult one, you accept it. ► *No other organization was able or willing to take on the job.* ♦ αναλαμβάνω

take up αρχίζω να επιδιόμαι (σε κόμπυ, σπόρ)

individual adj Individual means relating to one person or thing, rather than to a large group. ► *Aid to individual countries would be linked to progress towards democracy.*

♦ ατομικός

stamina n Stamina is the physical or mental energy needed to do a tiring activity for a long time. ► *You have to have a lot of stamina to be a top-class dancer.* ♦ αντοχή, ηθικό σθένος

concentration n Concentration on sth involves giving all your attention to it. ► *We lacked concentration and it cost us the goal and the game.* ♦ (αυτο)συγκέντρωση

coordination n Coordination is the ability to use the different parts of your body together efficiently. ► *To improve hand-eye coordination, practice throwing and catching balls.*

♦ συντονισμός

dedication n Dedication to sth involves the decision to devote a lot of time and effort to it because you think it is important. ► *To be successful takes hard work and dedication.*

♦ αφοσίωση, προσήλωση

agility n the ability to move easily and quickly. ► *She blinked in surprise at his agility.*

♦ ευκινησία

flexibility n Flexibility is sb's ability to bend and stretch repeatedly without injury or damage. ► *Karen possesses amazing flexibility; she can put her legs behind her head!* ♦ ευκαμψία, ευλιγυσία

strengthen v If sth strengthens you or strengthens your resolve or character, it makes you more confident and determined. ► *Any experience can teach and strengthen you, but particularly the more difficult ones.* ♦ ενισχύω-ομαι, ενδυναμώνω-ομαι

extend v If an event or activity extends over a period of time, it continues for that time ► *...a playing career in first-class cricket that extended from 1894 to 1920...* ♦ εκτείνω-ομαι (σε χώρο ή χρόνο)

endurance n the ability to continue with an unpleasant or difficult situation, experience, or activity over a long period of time. ► *The exercise obviously will improve strength and endurance.* ♦ ανθεκτικότητα, αντοχή

morale n Morale is the amount of confidence and cheerfulness that a group of people have. ► *Many pilots are suffering from low morale.* ♦ (το) ηθικό

self-esteem n Your self-esteem is how you feel about yourself. For example, if you have low self-esteem, you do not like yourself, you do not think that you are a valuable person, and therefore you do not behave confident. ► *Poor self-esteem is at the center of many of the difficulties we experience in our relationships.*

♦ αυτοσεβασμός

daredevil n A daredevil person enjoys doing physically dangerous things. ► *A daredevil parachuted from the top of Tower Bridge today.* ♦ ρισοκίνδυνος άνθρωπος

interaction n Interaction is when people

communicate as they work or spend time together. ► *This can sometimes lead to somewhat superficial interactions with other people.* ♦ αλληλεπίδραση

confront v If you confront a difficult situation or issue, you accept the fact that it exists and try to deal with it. ► *NATO countries have been forced to confront fundamental moral questions.* ♦ αντιμετωπίζω (δυσκολίες, εχθρό κτλ.)

head-on adv A head-on conflict or approach is direct, without any attempt to compromise or avoid the issue. ► *Once again, I chose to confront the issue head-on.* ♦ μετωπικά, πρόσωπο με πρόσωπο

slip v If sth slips to a lower level or standard, it falls to that level or standard. ► *Overall business activity is slipping.* ♦ πέφτω επίπεδο

barrier n A barrier is a problem that prevents two people or groups from agreeing, communicating, or working with each other.

► *There is no reason why love shouldn't cross the age barrier.* ♦ φράγμα, φραγμός, εμπόδιο

rivalry n Rivalry is competition or fighting between people, businesses, or organizations who are in the same area or want the same things. ► *The rivalry between the Inkatha and the ANC has resulted in violence in the black townships.* ♦ ανταγωνισμός

hostility n Hostility is unfriendly or aggressive behaviour towards people or ideas. ► *The last decade has witnessed a serious rise in the levels of racism and hostility to Black and ethnic groups.* ♦ εχθρότητα

sociability n Sociability is people's ability to be friendly and enjoy talking to other people. ► *Enthusiasm, adaptability, sociability, and good health are essential.* ♦ κοινωνικότητα

representative n A representative is a person who has been chosen to act or make decisions on behalf of another person or a group of people. ► *Employees from each department elect a representative.* ♦ αντιπρόσωπος, εκπρόσωπος

steroid n A steroid is a type of chemical substance found in your body. Steroids can be artificially introduced into the bodies of athletes to improve their strength. ► *They retracted the athlete's gold medal after they discovered he had been using steroids.* ♦ στεροειδή

be doped adj To be doped means to be on drugs. ► *He arrived at the party totally doped, so we called the police.* ♦ είμαι ντοπαρισμένος

unqualified adj If you are unqualified, you do not have any qualifications, or you do not have the right qualifications for a particular job. ► *She was unqualified for the job.*

♦ στερούμενος (των απαιτούμενων) προσόντων, "ακατάλληλος"

disqualified adj When sb is disqualified, they are officially stopped from taking part in a particular event, activity, or competition, usually because they have done sth wrong. ► *He was convicted of corruption, and will be disqualified from office for seven years.*

♦ αποκλεισμένος (λόγω ακαταλληλότητας ή έλλειψης προσόντων/ προϋποθέσεων)

identification n The identification of sth is the recognition that it exists, is important, or is true. ► *Early identification of a disease can prevent death and illness.* ♦ αναγνώριση, εξακρίβωση ή προσδιορισμός ταυτότητας

acquisition n The acquisition of a skill, habit or a particular type of knowledge is the process of learning it or developing it. ► *...language acquisition.* ♦ απόκτηση

eminent adj An eminent person is well-known and respected, especially because they

are good at their profession. ► *...an eminent scientist.* ♦ (για προσόντα κτλ.) ♦ εξαιρετος, διαπρεπής

evident adj If sth is evident, you notice it easily and clearly. ► *His footprints were clearly evident in the heavy dust.* ♦ ολοφάνερος, εμφανής

adolescent adj Adolescent is used to describe young people who are no longer children but who have not yet become adults. It also refers to their behavior. ► *It is important that an adolescent boy should have an adult in whom he can confide.* ♦ εφηβικός

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rink n A rink is a large area covered with ice where people go to ice-skate, or a large area of concrete where people go to roller-skate. ► *The other skaters were ordered off the rink.*

♦ πίστα πατινάζ

court n A court is an area in which you play a game such as tennis, basketball, badminton, or squash. ► *The hotel has several tennis and squash courts.* ♦ γήπεδο αθλοπαιδιάς

fan n If you are a fan of sb or sth, especially a famous person or a sport, you like them very much and are very interested in them. ► *If you're a Billy Crystal fan, you'll love this movie.*

♦ θαυμαστής, οπαδός

audience n The audience at a play, concert, film, or public meeting is the group of people watching or listening to it. ► *The entire audience broke into loud applause.* ♦ ακροατήριο, ακροατές, κοινό

spectator n A spectator is sb who watches sth, especially a sporting event. ► *Thirty thousand spectators watched the final game.*

♦ (κάποιος που παρακολουθεί θέαμα) θεατής

applaud v When a group of people applaud, they clap their hands in order to show approval, for example when they have enjoyed a play or concert. ► *The audience laughed and applauded.* ♦ επευφημώ, χειροκροτώ

boo v If you boo a speaker or performer, you shout 'boo' or make other loud sounds to indicate that you do not like them, their opinions, or their performance. ► *People were booing and throwing things at them.* ♦ γιουχάρω, αποδοκιμάζω

praise v If you praise sb or sth, you express approval for their achievements or qualities. ► *The American president praised Turkey for its courage.* ♦ επαινών, εξυμνώ, παινεύω

cheer v When people cheer, they shout loudly to show their approval or to encourage sb who is doing sth such as taking part in a game. ► *The crowd cheered as Premier Wayne Goss unveiled a lifesize statue of poet Banjo Paterson.*

♦ ζητωκραυγάζω, εμψυχώνω, ενθαρρύνω με κραυγές

slope n the side of a mountain, hill, or valley. ► *Saint-Christo is perched on a mountain slope.* ♦ πηληγά

pitch n A pitch is an area of ground that is marked out and used for playing a game such as soccer, cricket, or hockey. (mainly BRIT; in AM usually use field) ► *There was a swimming-pool, cricket pitches and playing fields.*

♦ γήπεδο

underestimate v If you underestimate sb, you do not realize what they are capable of doing. ► *The first lesson I learnt as a soldier was never to underestimate the enemy.*

♦ υποτιμώ, εκτιμώ πιο κάτω από την πραγματική αξία

undermine v If you undermine sb or undermine their position or authority, you make their authority or position less secure, often by

indirect methods. ► *She undermined him and destroyed his confidence in his own talent.*

◆ υπονομεύω, υποσκάπτω

role model n A role model is sb you admire and try to imitate. ► *Five out of the ten top role models for British teenagers are black.*

◆ είδωλο, πρότυπο

cultivate a debt If you cultivate a debt, you put yourself in a situation where you owe sb money. ► *He really cultivated quite a debt having all those surgeries.* ◆ δημιουργώ χρέη

break a record If you break a record, you beat the previous record for a particular achievement. ► *Carl Lewis has broken the world record in the 100 metres.* ◆ καταρρίπτω ρεκόρ

unattainable adj If you say that sth is unattainable, you mean that it cannot be achieved or is not available. ► *There are those who argue that true independent advice is unattainable.* ◆ ανέφικτος, ακατόρθωτος

unfounded adj If you describe a rumor, belief, or feeling as unfounded, you mean that it is wrong and is not based on facts or evidence. ► *There were unfounded rumors of alcohol abuse.* ◆ αθεμελίωτος, αβάσιμος, αστήρικτος

unforeseen adj If sth that has happened was unforeseen, it was not expected to happen or known about beforehand. ► *Radiation may damage cells in a way that was previously unforeseen.* ◆ απρόβλεπτος, αναπάντεχος

unfit adj If you are unfit, your body is not in good condition because you have not been taking regular exercise. ► *Many children are so unfit they are unable to do even basic exercises.* ◆ ακατάλληλος, ανήμπορος

unbeatable adj In a game or competition, if you describe a person or team as unbeatable, you mean that they win so often, or perform so well that they are unlikely to be beaten by anyone. ► *The opposition was unbeatable.* ◆ που δεν μπορεί να νικηθεί, "αήττητος", "ανίκητος"

exhilarating adj If you describe an experience or feeling as exhilarating, you mean that it makes you feel very happy and excited. ► *It was exhilarating to be on the road again and his spirits rose.* ◆ αποθαυσιαστικός

distressing adj If sth is distressing, it upsets you or worries you. ► *It is very distressing to see your baby attached to tubes and monitors.* ◆ θλιπτικός, θλιβερός, οδυνηρός

awkward adj An awkward movement or position is uncomfortable or clumsy. ► *Amy made an awkward gesture with her hands.*

◆ άκομπος, άγάρμπος, άχαρο

graceful adj Sb or sth that is graceful moves in a smooth and controlled way which is attractive to watch. ► *His movements were so graceful they seemed effortless.*

◆ χαριτωμένος, με χάρη

thought-provoking adj If sth such as a book or a film is thought-provoking, it contains interesting ideas that make people think seriously. ► *This is an entertaining yet thought-provoking film.* ◆ που προκαλεί σκέψεις, προβληματισμό

stretch v When you stretch, you put your arms or legs out straight and tighten your muscles.

► *Try stretching your legs and pulling your toes upwards.* ◆ τεντώνω-ομαι

expand v If sth expands or is expanded, it becomes larger. ► *Engineers noticed that the pipes were not expanding as expected.*

◆ ξεδιπλώνομαι, αναπτύσσομαι, "ανοίγω"

straighten v If you are standing in a relaxed or slightly bent position and then you straighten, you make your back or body

straight and upright. ► *The three men straightened and stood waiting.* ◆ ισιώνω,

ευθυγραμμίζω-ομαι

strenuous adj A strenuous activity or action involves a lot of energy or effort. ► *Avoid strenuous exercise in the evening.* ◆ επίπονος, κοπιώδης

bend v When you bend a part of your body such as your arm or leg, or when it bends, you change its position so that it is no longer straight. ► *These cruel devices are designed to stop prisoners bending their legs.* ◆ ηυγίζω, κάμπτω-ομαι

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to break/ beat a record phr ◆ σπάω το ρεκόρ

end in a draw phr ◆ τελειώνει ο αγώνας με ισοπαλία

equalize v ◆ ισοφαρίζω

sponsor v ◆ επιχορηγώ (μαθητευόμενο, αθλητή κτλ.)

promote v ◆ διαφημίζω

make a fortune phr ◆ βγάζω μια περιουσία

endurance n ◆ ανθεκτικότητα, αντοχή

morale n ◆ (το) ηθικό, (το) φρόνημα

pitch n ◆ γήπεδο

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one-to-one sports n ◆ αθλήματα όπου ένα άτομο ανταγωνίζεται ένα άλλο

participant n ◆ αυτός που συμμετέχει, συμμετέτοχος

juries n ◆ κριτές

judges n ◆ δικαστές

principle n ◆ ηθική αρχή

priority n ◆ προτεραιότητα

eager adj ◆ πρόθυμος, ενθουσιώδης

eagerness n ◆ προθυμία

furious adj ◆ εξοργισμένος

fury n ◆ μένος, παράφορη οργή

boo v ◆ γιουχάρω, αποδοκιμάζω

hiss v ◆ σφυρίζω (αποδοκιμαστικά)

make cat calls expr ◆ λιανίζω τον..

to breathe a sigh of great relief expr ◆ ανακουφίζομαι

applause n ◆ χειροκροτήματα, ζητωκραυγές

laughter n ◆ γέλιο

to make their blood boil expr ◆ κάνω το αίμα να βράζει (από θυμό)

hit the roof expr ◆ γίνομαι βαπόρι

let off steam expr ◆ (ξεσπώ και) ξεθυμαίνω

go on a rampage expr ◆ ξεσπώ σε βίαιο-πραγίες

outcome n ◆ αποτέλεσμα, κατάληξη

blow n ◆ πλήγμα, κτύπημα

inflict v ◆ πλήττω, καταφέρω (πλήγμα)

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daredevil n ◆ ριψοκίνδυνος

confront v ◆ αντιμετωπίζω (δυσκολίες, εχθρό κτλ.)

pump v ◆ αντλώ

long jump n ◆ άλμα εις μήκος

high jump n ◆ άλμα εις ύψος

pole vault n ◆ άλμα επί κοντώ

javelin n ◆ ακόντιο

discus n ◆ δίσκος δισκοβολίας

hammer n ◆ σφυρί

shot n ◆ βολή, ριζιά

honour n ◆ τίτλος, τιμητική διάκριση

distinction n ◆ τιμητική διάκριση

stamina n ◆ αντοχή

barrier n ◆ φράγμα, εμπόδιο

purity n ◆ αγνότητα

laurel n ◆ δάφνη

granting n ◆ παραδοχή

amateur adj ◆ ερασιτεχνικός

steroids n ◆ στεροειδή

disqualified adj ◆ που δεν διαθέτει τα απαιτούμενα προσόντα

blacken v ◆ μαυρίζω

fair play n ◆ τίμιο παιχνίδι

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thrive v ◆ ευδοκίμω, προκόβω

in succession phr ◆ σε αλληλοχρονία

rival team n ◆ αντίπαλη ομάδα

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spectator n ◆ θεατής

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casualty n ◆ θύμα (ατυχήματος, πολέμου κτλ.)

disorder n ◆ έλλειψη τάξης

fanaticism n ◆ φανατισμός

rivalry n ◆ ανταγωνισμός

chunk n ◆ μεγάλο κομάτι

stampede n ◆ ορμητική ή πανικόβλητη

κίνηση πλήθους ανθρώπων

mob n ◆ (μαϊνόμενος) όχλος

trample v ◆ ποδοπατώ

UNIT 14

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detailed adj ◆ λεπτομερής, λεπτομερειακός

quality n ◆ προτερήμα, χαρακτηριστικό

date v ◆ χρονολογώ

outstanding adj ◆ εξαιρετικός

on display ◆ σε δημόσια θέα, σε έκθεση

partially adv ◆ εν μέρει, μερικώς

function n ◆ χρήση, λειτουργία

sculpture n ◆ γλυπτό

craftsman n ◆ εργάτης, τεχνίτης

manufacture n ◆ κατασκευή

filigree wire ◆ φιλιγκράν, συρματερό

enamel n ◆ σμάλτο, βερνίκι

granulation n ◆ κοκκοποίηση

goldsmith n ◆ χρυσοκόος

chisel n ◆ σμίλη, καλέμι

punch n ◆ τρυπητήριο

die n ◆ καλούπι

time-consuming adj ◆ χρονοβόρος

earring n ◆ σκουλαρίκι

necklace n ◆ περιδέραιο

bracelet n ◆ βραχιόλι

elaborate adj ◆ περίτεχνος, καλοδομημένος

wreath n ◆ στεφάνι, γιρλάντα

crown n ◆ στέμμα

breast pendants ◆ μενταγιόν στέρνου

intend v ◆ σκοπεύω, προτίθεται

wealth n ◆ πλούτος

significance n ◆ σημασία, έννοια

fabulous adj ◆ θαυμάσιος

luxuriously adv ◆ πολυτελώς

illustrated adj ◆ εικονογραφημένος

comprise v ◆ αποτελούμαι, απαρτίζομαι

purely adv ◆ αποκλειστικά

indication n ◆ ένδειξη, σημάδι

denote v ◆ υποδηλώνω

marital status ◆ οικογενειακή κατάσταση

sacred adj ◆ ιερός, σεπτός

secular adj ◆ κοσμικός

gather v ◆ συλλέγω, συγκεντρώνω

highlight v ◆ τονίζω

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restore v ◆ αποκαθιστώ

renovate v ◆ ανακαινίζω

redevelop v ◆ αναπλάθω

replace v ◆ επανανοθετώ

redecorate v ◆ ανακαινίζω

city council ◆ δημοτικό συμβούλιο

allowance n ◆ χαρτζιλίκι

drawback n ◆ ελάττωμα, μειονέκτημα

recreational adj ◆ ψυχαγωγικός

preservation n ♦ συντήρηση
witness n ♦ μάρτυρας
testify v ♦ καταθέτω
defendant n ♦ εναγόμενος, κατηγορούμενος

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punctual adj If you are punctual, you do sth or arrive somewhere at the right time and are not late. ► *He's always very punctual. I'll see if he's here yet.* ♦ ακριβής, συνηθής
run down adj To look run down means to look tired and possibly sick or not okay in some way. ► *She looked very run down at work this morning. It must be because she didn't sleep well last night.* ♦ εξασθενημένος, αδυνατισμένος, εξαντλημένος

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Fine Arts n ♦ καλές τέχνες
Literature n ♦ (ως έργο ή αντικείμενο σπουδής:) λογοτεχνία, φιλολογία
novel n ♦ μυθιστόρημα
sculpture n ♦ γλυπτική
pottery n ♦ αγγειοπλαστική, κεραμική
Performing Arts n ♦ τέχνες του θεάματος
a work of art n ♦ έργο τέχνης
archaeological site ♦ αρχαιολογικός χώρος
cultural heritage n ♦ πολιτιστική κληρονομιά
marble statue n ♦ μαρμάρινο άγαλμα
decorative composition n ♦ διακοσμητική σύνθεση
temporary adj ♦ πρόσκαιρος, προσωρινός
permanent adj ♦ μόνιμος
abstract adj ♦ αφηρημένος
a fake of an original art object n ♦ απομίμηση έργου τέχνης
family heirloom n ♦ οικογενειακό κειμήλιο
design n ♦ σχέδιο
masterpiece n ♦ αριστούργημα, αριστοτέχνημα
pastel n ♦ ανοιχτή ή ωχρή απόχρωση,
pale adj ♦ "ανοικτός", "απαλός"
priceless adj ♦ ανεκτίμητος
op-art n ♦ οπτικοκινητική τέχνη
sentimental adj ♦ συναισθηματικός
exaggerated adj ♦ υπερβολικός, μεγαλοποιημένος, παραφουσκωμένος
imaginative adj ♦ ευφάνταστος, ευρηματικός
imposing adj ♦ επιβλητικός, μεγαλοπρεπής
spectacular adj ♦ θαυματικός
revolutionary adj ♦ επαναστατικός

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landscape n ♦ (στη ζωγραφική:) τοπιογραφία
mosaic n ♦ μωσαϊκό, ψηφιδωτό
carving n ♦ γλυπτό
mixed media n ♦ μεικτή τεχνική
mural n ♦ τοιχογραφία
inspire v ♦ εμπνέω
portray v ♦ απεικονίζω, ζωγραφίζω
depict v ♦ απεικονίζω, "δείχνω", "παρουσιάζω"
copy v ♦ αντιγράφω
compose v ♦ δημιουργώ, συνθέτω
perform v ♦ ερμηνεύω ρόλο
temple n ♦ (μη χριστιανικός) ναός
Maritime Museum n ♦ ναυτικό μουσείο
Natural History Museum n ♦ μουσείο φυσικής ιστορίας
Wax Works Museum n ♦ μουσείο κέρινων ομοιωμάτων

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revived adj ♦ αναζωογονημένος
authentic adj ♦ αυθεντικός, γνήσιος
exposed adj ♦ εκτεθειμένος (στις καιρικές συνθήκες), απροφύλακτος
unearth v ♦ ανακαλύπτω ή αποσπώ με εκσκαφή, ξεθάβω

display case n ♦ (έπιπλο) βιτρίνα
dimensional adj ♦ αυτός που έχει διαστάσεις
triangular adj ♦ τριγωνικός, τριγωνοειδής
replica n ♦ αντίγραφο, αντίτυπο, πανομοιότυπο, απομίμηση
artifact n ♦ τέχνημα, τεχνούργημα

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eerie adj ♦ απόκοσμος, μυστηριώδης
bizarre adj ♦ αλλόκοτος, παράξενος, παράδοξος

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zebra pedestrian crossing n ♦ διάβαση πεζών

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on account of phr ♦ λόγω του...
due to the fact that phr ♦ εξαιτίας του γεγονότος ότι...
work commitments n ♦ επαγγελματικές υποχρεώσεις
video projection n ♦ προβολή βίντεο

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broaden v ♦ διευρύνω
in advance ♦ εκ των προτέρων
run out v ♦ ξημένω
browse v ♦ ξεφυλλίζω, χαζεύω
suit v ♦ ταιριάζω, με εξυπηρετεί, βολεύει
for instance ♦ για παράδειγμα
charter flight n ♦ πτήση τσάρτερ, ναυλωμένη πτήση, ιδιωτική πτήση
sort out v ♦ οργανώνω
overlook v ♦ έχω θέα, με θέα
expire v ♦ λήγω
extinguish v ♦ σβήνω
valid adj ♦ έγκυρος
assurance n ♦ βεβαίωση, διασφάλιση
boarding pass n ♦ κάρτα επιβίβασης
destiny n ♦ πεπρωμένο
destination n ♦ προορισμός
site n ♦ χώρος, τοποθεσία
the sights n ♦ τα αξιοθέατα
set up v ♦ ιδρύω, δημιουργώ
set off v ♦ αναχωρώ/ξεκινώ για ταξίδι
inheritance n ♦ κληρονομιά
heritage n ♦ (πολιτιστική) κληρονομιά
ensure v ♦ εξασφαλίζω
familiarise v ♦ εξοικειώνω
avoid v ♦ αποφεύγω
queue n ♦ σχηματίζω ουρά
late-comer n ♦ αργοπορημένος
dispense v ♦ κάνω χωρίς

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time flies ♦ η ώρα περνάει γρήγορα
kill time ♦ σκοτώνω το χρόνο μου
lose track of time ♦ χάνω την αίσθηση του χρόνου
ancient adj ♦ αρχαίος
prehistoric adj ♦ προϊστορικός
deserted adj ♦ εγκαταλελειμένος
congested adj ♦ συμφορημένος
dead end n ♦ αδιέξοδο
conduct v ♦ διευθύνω, διαχειρίζομαι
hectic adj ♦ ταραχώδης, πολυτάραχος
tight adj ♦ δύσκολος
out of the way ♦ παράμερα
in the way ♦ στη μέση
get under way ♦ αρχίζω, ξεκινάω
own way ♦ δικός μου τρόπος
on the way ♦ καθοδόν
in a way ♦ κατά κάποιον τρόπο, με κάποιον τρόπο
by way of ♦ διαμέσου
antonym n ♦ αντώνυμο
barren adj ♦ άγονος
spartan n ♦ σπαρτικός
sparse adj ♦ αραιός, διάσπαρτος
humid adj ♦ υγρός

fertile adj ♦ γόνιμος
dense adj ♦ πυκνός
at the edge ♦ στην άκρη
lush adj ♦ με πλούσια βλάστηση

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hiker n ♦ οδοιπόρος, πεζοπόρος
cottage n ♦ αγροικία, αγροτόσπιτο
hostel n ♦ (επιδοτούμενος) ξενώνας νεότητας
inn n ♦ πανδοχείο, χάνι
caravan n ♦ τροχόσπιτο
coach n ♦ τουριστικό λεωφορείο, πούλμαν
hovercraft n ♦ σκάφος με ειδικό στρώμα αέρος στην κάτω επιφάνεια για ταξίδια πάνω σε μαλακές επιφάνειες (π.χ. θάλασσα, άμμος)
yacht n ♦ θαλαμηγός, γιότ
motel n ♦ ξενοδοχείο αυτοκινητιστών
youth hostel n ♦ ξενώνας νεότητας
resort n ♦ θέρετρο
day tripper n ♦ μονοήμερος εκδρομέας
backpacker n ♦ εκδρομέας με σακίδιο
conducted tour n ♦ ξενάγηση
lightning tour n ♦ αστραπιαία περιήγηση

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itinerary n ♦ (ακολουθητέο) δρομολόγιο
mosquito repellent n ♦ απωθητικό κουνουπιού
vaccination n ♦ εμβολιασμός
preventative medicine n ♦ προληπτική ιατρική
vicious circle n ♦ φαύλος κύκλος
stability n ♦ ευστάθεια, σταθερότητα
alternative adj ♦ εναλλακτικός
ethic n ♦ δεοντολογία
globetrotter n ♦ κοσμογυρισμένος, πολιταξιδεμένος
exploit v ♦ εκμεταλλεύομαι, επωφεληθώμαι

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bustle n ♦ έντονη δραστηριότητα, ζωνή κίνησης,
dominate v ♦ επικρατώ, υπερισχύω, κυριαρχώ
cathedral adj ♦ καθεδρικός
recognition n ♦ παραδοχή, αναγνώριση
folklore n ♦ παραδοσιακά έθιμα και δοξασίες, λαϊκή παράδοση
spree n ♦ γλιέντι, ξεφάντωμα

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confirmed adj ♦ επιβεβαιωμένος
well-meant adj ♦ καλοπροαίρετος

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scheduled adj ♦ προγραμματισμένος
log cabin n ♦ ξυλοκαλύβια, ξυλόσπιτο
situated adj ♦ κείμενος, εγκατεστημένος

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imposing adj ♦ επιβλητικός, μεγαλοπρεπής
medieval adj ♦ μεσαιωνικός

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current adj ♦ παρών, τρέχων
interactive adj ♦ που χαρακτηρίζεται από ενεργό συμμετοχή
overgrown adj ♦ υπερβολικής ή υπερταχείας ανάπτυξης
pebble n ♦ βότσαλο
sparkling adj ♦ αστραφτερός
congested adj ♦ που χαρακτηρίζεται από συνωστισμό
densely populated adj ♦ πυκνοκατοικημένος
gloomy adj ♦ καταθλιπτικός
hostile adj ♦ εχθρικός