

COMPANION

Succeed in
LanguageCERT

MASTERY

Level C2

PRACTICE TESTS

1-8

TEST 1

Listening - Part 1

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dread **v** If you dread something which may happen, you feel very anxious and unhappy about it, because you think it will be unpleasant or upsetting. > *I'd been dreading that the birth would take a long time.* ♦ τρέμω, φοβόμαι πολύ

back down **phr. v.** If you back down, you withdraw a claim, demand, or commitment that you made earlier, because other people are strongly opposed to it. > *I had to leave the company in protest, and nothing was going to make me back down.*

♦ εγκαταλείπω αγώνα, υποχωρώ, καταθέτω τα όπλα
refund **n** A sum of money which is returned to you, for example because you have paid too much or because you have returned goods to a shop. > *Any eligible pensioner with a licence that expired after that date would be able to claim a partial refund.* ♦ απόδοση, επιστροφή (χρημάτων)

Listening - Part 2

condescending **adj** Someone who talks or behaves in a way which shows that he thinks he is superior to other people. > *I'm fed up with your money and your whole condescending attitude.* ♦ συγκαταβατικός, υπεροπτικός

Listening - Part 4

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oppressed **adj** People who are treated cruelly or are prevented from having the same opportunities, freedom, and benefits as others. > *Before they took power, they felt oppressed by the white English speakers who controlled things.*

♦ καταπιεσμένος

greedy **adj** Greedy people want to have more of something such as food or money than is necessary or fair. > *Five thousand, after all, had been his first offer, and there was no point in being greedy.* ♦ άπληστος, πλεονέκτης

oppressor **n** A person or group of people that is treating another person or group of people cruelly or unfairly.

> *Lacking sovereignty, they could organise no defence against their oppressors.* ♦ δυνάστης, καταπιεστής

illustrate **v** If you use an example, story, or diagram to illustrate a point, you use it to show that what you are saying is true or to make your meaning clearer. > *Let me give another example to illustrate this difficult point.* ♦ διευκρινίζω, επεξηγώ

bluff **v** If you bluff, you make someone believe that you will do something when you do not really intend to do it, or that you know something when you do not really know it. > *The hijackers bluffed the crew using fake guns.* ♦ μπιλοφάρω, παραπλανώ

wind sb up **phr. v.** If you wind someone up, you deliberately say things which annoy them. > *This woman really wound me up. She kept talking over me.* ♦ ενοχλώ, γίνομαι φορτικός

assumption **n** If you make an assumption that something is true or will happen, you accept that it is true or will happen, often without any real proof. > *There is no evidence to support this view which makes the assumption that distress can somehow be avoided in life.* ♦ εικασία, υπόθεση

innovative **adj** New and original. > *We are confident that the innovative approach to our programmes will ensure that the college remains a leader.* ♦ καινοτόμος, πρωτοποριακός

incentive **n** If sth is an incentive to do something, it encourages you to do it. > *That gave me something to fight against and something to prove; there was every incentive for me to show what my ex-wife had been missing.* ♦ κίνητρο

Reading - Part 1

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fancy **n** A mental image, an idea produced by the power to conceive and represent something. ♦ φανταστική εικόνα, όνειρο

derive **v** If you say that something such as a word or feeling derives from something else, you mean that it comes from that thing. > *The word Easter derives from Eostre, the pagan goddess of spring.* ♦ προέρχομαι, πηγάζω

tombstone **n** A large stone with words carved into it, which is placed on a grave. ♦ ταφόπληκα

odd **adj** strange or unusual. > *What an odd coincidence that he should have known your family.* ♦ αλλόκοτος, παράξενος, παράδοξος

square **adj** A person who is old-fashioned in views, customs, appearance etc. > *He was a square old man.* ♦ παλιομοδίτης, παραδοσιακός

stout **adj** A stout person is rather fat. > *He was a tall, stout man with gray hair.* ♦ "γεμάτος", παχουλός

inscription **n** Writing carved into something made of stone or metal, for example a gravestone or medal. > *The medal bears the inscription 'For distinguished service'.* ♦ επιγραφή

freckled **adj** If a part of your body is freckled, it has freckles on it. > *He was a slight man with auburn hair and a freckled face.* ♦ που έχει φακίδες || **freckle:** φακίδα

sickly **adj** A weak, unhealthy, and often ill person. > *He had been a sickly child.* ♦ φιλάσθενος, που αρρωσταίνει συχνά

lozenge **n** A shape with four corners. The two corners that point up and down are further away than the two pointing sideways. ♦ μακρόστενο παραλληλόγραμμο

neat **adj** A neat place, thing, or person is tidy and smart, and has everything in the correct place. > *Everything was neat and tidy and gleamingly clean.* ♦ τακτοποιημένος, τακτικός

grave **n** A place where a dead person is buried. > *They used to visit their grandfather's grave twice a year.* ♦ τάφος, μνήμα

sacred **adj** Dedicated to something or someone. > *The ceremony was sacred to the victims of the war.* ♦ αφιερωμένος

exceedingly **adv** Very or very much. > *We had an exceedingly good lunch.* ♦ υπέρμετρα, υπερβολικά

struggle **n** A struggle is a long and difficult attempt to achieve something. > *Life became a struggle for survival.*

♦ πάλη, αγώνας (για επιβίωση)

indebted **adj** If you say that you are indebted to someone for something, you mean that you are very grateful to them for something. > *I am deeply indebted to him for his help.*

♦ που οφείλει χάρη, ευγνώμονας

marsh **n** A wet, muddy area of land. > *We saw a wide variety of water and marsh birds.* ♦ βάλτος, έλος

wind **v** If a road, river, or line of people winds in a particular direction, it goes in that direction with a lot of bends or twists in it. > *The A27 motorway winds through some 120 miles of tranquil countryside.* ♦ καμπυλώνω - ομαι, περιστρέφομαι

vivid **adj** Very clear and detailed. > *I had a very vivid dream which really upset me.* ♦ έντονος, ζωντανός

broad **adj** You use broad to describe a word or meaning which covers or refers to a wide range of different things.

> *The term Wissenschaft has a much broader meaning than the English word 'science'.* ♦ γενικός, αδρός, περιεκτικός

raw **n** Raw weather feels unpleasantly cold. > *...a raw December morning.* ♦ (για καιρικές συνθήκες) υγρός και ψυχρός, δριμύς

bleak **adj** If you describe a place as bleak, you mean that it looks cold, empty, and unattractive. > *The island is pretty bleak.* ♦ (για τοπία) έρημος και παγερός

overgrown **adj** If a garden or other place is overgrown, it is covered with a lot of untidy plants because it has not been looked after. > *We hurried on until we reached a courtyard overgrown with weeds.* ♦ κατάφυτος

nettle **n** Wild plants which have leaves covered with fine hairs that sting you when you touch them. > *The nettles stung their legs.* ♦ τσουκνίδα

churtyard **n** An area of land around a church where dead people are buried. > *Most modern cemeteries and churtyards present a uniform array of white marble and black granite.*

♦ προαύλιο ναού (που χρησιμοποιείται και ως νεκροταφείο)

parish **n** A village or part of a town which has its own church and priest. > *We visited a 13th century parish church.* ♦ ενορία

infant **n** A baby or very young child. > *We met young mums with infants in prams.* ♦ βρέφος, νήπιο

aforsaid **n** If you refer to the aforsaid person or subject, you mean the person or subject that has already been mentioned. > *A declaration will be issued at the end of the aforsaid UN conference.* ♦ προαναφερθείς

intersect **v** If a place, area, or surface is intersected by things such as roads or lines, they cross it. > *The city is intersected by three main waterways.* ♦ διασχίζω, διαπερνώ

dyke *n* A thick wall that is built to stop water flooding onto very low-lying land from a river or from the sea. ♦ φράγμα
mound *n* A large rounded pile of something. > *The bulldozers piled up huge mounds of dirt.* ♦ ροφίσκος, σωρός
scattered *adj* Scattered things are spread over an area in an untidy or irregular way. > *He picked up the scattered toys.*
 ♦ διάσπαρτος, σκορπισμένος
cattle *n* Cows and bulls. > *...the finest herd of beef cattle for two hundred miles.* ♦ βοοειδή
leaden *adj* A leaden sky or sea is dark grey and has no movement of clouds or waves. > *The weather was at its worst; bitterly cold, with leaden skies that gave minimum visibility.*
 ♦ μοθύβδιος, μοθυβένιος, γκριζός
lair *n* a place where a wild animal lives, usually a place which is underground or well-hidden. > *We discovered a fox's lair.*
 ♦ φωλιά, κρησφύγετο
bundle of *phr* If you describe someone as, for example, a bundle of fun, you are emphasizing that they are full of fun. > *I remember Mickey as a bundle of fun, great to have around...*
 ♦ γεμάτος, μέσα σε (π.χ. μες στη χαρά)
shiver *n* When you have shivers, your body shakes slightly because you are cold or frightened. > *The emptiness here sent shivers down my spine...* ♦ ρίγος, ανατριχίλα

Reading - Part 2

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domestication *n* To adapt (an animal or plant) to life in intimate association with and to the advantage of humans. > *The domestication of animals probably began about 12000 years ago.* ♦ (για ζώα:) εξημέρωση
audacious *adj* Someone who takes risks in order to achieve something. > *He adapted an audacious plan to win the presidency.* ♦ παράτολμος, τολμηρός
creep *v* When people or animals creep somewhere, they move quietly and slowly. > *The rabbit creeps away and hides in a hole.* ♦ σέρνομαι, έρπω
crude *adj* Marked by the primitive, gross, or elemental or by uncultivated simplicity or vulgarity. > *I hate his rudeness and his crude manners.* ♦ "πρωτόγονος", μη εκλεπτυσμένος
settler *n* A person who goes to live in a new country. > *The village was founded by settlers from the Volga region.*
 ♦ άποικος
wheat *n* A cereal crop grown for food. > *The farmers are growing wheat, corn, or other crops.* ♦ σίτος, σ(ι)τάρι
barley *n* A grain used to make food, beer, and whisky. > *...fields of ripening wheat and barley.* ♦ κριθή, κριθάρι
rodent *n* Small mammals with sharp front teeth. Rats, mice, and squirrels are rodents. > *We must ensure that hygiene standards are maintained, pests are controlled and rodents are eliminated.* ♦ τρωκτικό
infest *v* When creatures such as insects or rats infest plants or a place, they are present in large numbers and cause damage. > *Roundworms in big numbers could infest the roots.*
 ♦ λιμναινομαι, μαστίζω
granary *n* A building used for storing grain. ♦ σιταποθήκη
sufficient *adj* If sth is sufficient for a particular purpose, there is enough of it for the purpose. > *There was not sufficient evidence to secure a conviction.* ♦ αρκετός, επαρκής
prey *n* A creature's prey are the creatures that it hunts and eats in order to live. > *These animals were the prey of hyenas.*
 ♦ λεία, θήραμα
earn my keep *phr* The means by which one is supported. > *When I graduate I intend to earn my keep either through writing or live performance.* ♦ βγάζω τα προς το ζειν
kitten *n* A very young cat. > *My wall is full of pictures of fluffy kittens with huge eyes.* ♦ γατάκι
matriarch *n* A female who rules or dominates a family, group, or state. ♦ πρόσωπο ή ζώο θηλυκού γένους που έχει την εξουσία, κυριαρχία, κλπ.
descend *v* To originate or come from an ancestral stock or source. > *He descends from an old merchant family.*
 ♦ κατάγομαι, προέρχομαι
cluster *n* A cluster of people or things is a small group of them close together. > *There's no town here, just a cluster of shops, cabins and motels at the side of the highway.*

♦ σύνολο, ομάδα
subspecies *n* One of the types that a particular species is divided into. > *Several other sub-species of this plant are found in the region.* ♦ υποείδος
ancestor *n* An earlier thing from which something developed. > *The direct ancestor of the modern cat was the Kaffir cat of ancient Egypt.* ♦ πρόγονος
rye *n* A cereal grown in cold countries. Its grains can be used to make flour, bread, or other foods. > *One of the first crops that I grew when we came here was rye.* ♦ (το φυτό ή ο καρπός) σίκαλη
harbour *v* If a person or country harbours someone, they let them stay in their house or country and offer them protection. > *Accusations of harbouring suspects were raised against the former Hungarian leadership.* ♦ παρέχω άσυλο, προστατεύω
presumably *adv* If you say that sth is presumably the case, you mean that you think it is very likely to be the case, although you are not certain. > *He had gone to the reception desk, presumably to check out.* ♦ προφανώς, κατά πάσα πιθανότητα
tame *v* If someone tames a wild animal or bird, they train it not to be afraid of humans and to do what they say. > *The Amazons were believed to have been the first to tame horses.*
 ♦ (για ζώα) εξημερώνω
adapt *v* If you adapt to a new situation or adapt yourself to it, you change your ideas or behaviour in order to deal with it successfully. > *They had to adapt themselves to a war economy.* ♦ προσαρμόζω

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haughty *adj* Someone who is very proud and thinks that he is better than other people. > *He spoke in a haughty tone.*
 ♦ υπεροπτικός
descendant *n* Someone's descendants are the people in later generations who are related to them. > *They are descendants of the original English and Scottish settlers.* ♦ απόγονος
Namibia *n* ♦ Ναμίμπια (χώρα της Ν.Α. Αφρικής)
predator *n* An animal that kills and eats other animals. > *All predators were considered potential lamb killers and were hunted down.* ♦ αρπακτικό ζώο
delicate *adj* A delicate task, movement, action, or product needs or shows great skill and attention to detail. > *It was a long and delicate operation, which was carried out at a hospital in Florence.* ♦ "λεπτός", που απαιτεί δεξιοτεχνία ή προσεκτική μεταχείριση
transition *n* The process in which something changes from one state to another. > *The transition to a multi-party democracy is proving to be difficult.* ♦ μετάβαση

Reading - Part 3

Page 10 - Text A

experimentation *n* A scientific test which is done in order to discover what happens to something in particular conditions. > *Have you ever thought about the ethical aspects of animal experimentation?* ♦ πειραματισμός, διεξαγωγή πειράματος
(brain) hemisphere *n* One half of (the brain) ♦ ημισφαίριο
sequential *adj* Sth that follows a fixed order. > *...the sequential story of the universe.* ♦ χρονικής ή τοπικής αλληλουχίας, διαδοχικός
rational *adj* Based on reason rather than on emotion. > *He's asking you to look at both sides of the case and come to a rational decision.* ♦ λογικός
random *adj* Something which does not seem to follow a definite plan or pattern. > *That was clearly random violence against innocent victims.* ♦ τυχαίος
intuitive *adj* If you have an intuitive idea or feeling about something, you feel that it is true although you have no evidence or proof of it. > *A positive pregnancy test soon confirmed her intuitive feelings.* ♦ διαισθητικός, ενστικτός
holistic *adj* Based on the principles of holism (the belief that everything in nature is connected in some way). > *He worked as a practitioner of holistic medicine.* ♦ ολιστικός || **holism**: ολισμός (θεωρία που αναπτύχθηκε στις αρχές του 20ού αι. και, στην προσπάθειά της να δώσει απάντηση στο πρόβλημα της σχέσης μεταξύ μέρους και όλου, προσέδωσε απόλυτο χαρακτήρα στο όλο.)

adept *adj* Someone who is adept at something can do it skillfully. > *He's usually very adept at keeping his private life out of the media.* ♦ ειδήμονας, γνώστης

Text B

asymmetry *n* The appearance that something has, when its two sides or halves are different in shape, size, or style.

> *I adore the asymmetry of Van de Velde's designs of this period.* ♦ ασυμμετρία

cerebral *adj* Relating to the brain. > *She suffered cerebral haemorrhage.* ♦ του εγκεφάλου, εγκεφαλικός

verbal *adj* Sth which is connected with words and the use of words. > *The test has scores for verbal skills, mathematical skills, and abstract reasoning skills.* ♦ φραστικός, λεκτικός

spatially *adv* Having to do with the spatial ability (the ability to see and understand the relationships between shapes, spaces, and areas). > *He got dizzy and he was no longer spatially aware.* ♦ του χώρου

suppressed *adj* If your feelings or reactions are suppressed, you do not express them, even though you might want to. > *Liz thought of John and her smile was suppressed.* ♦ καταπιεσμένος, που καταστέλλεται

villain *adj* Someone who deliberately harms other people or breaks the law in order to get what he or she wants. > *You were either a hero or the meanest villain ever to set foot on the globe.* ♦ κακούργος, αχρείος

notion *n* An idea or belief about something. > *I reject absolutely the notion that privatisation of our industry is now inevitable.* ♦ αντίληψη, γνώμη, εντύπωση

simplistic *adj* A simplistic view or interpretation of sth makes it seem much simpler than it really is. > *He has a simplistic view of the treatment of eczema...* ♦ υπεραπλουστευμένος

nonsense *n* Something which is foolish or you disapprove of. > *Most orthodox doctors however dismiss this therapy as complete nonsense.* ♦ ανοησία, αβάσιμη γνώμη

split *n* A split between two things is a division or difference between them. > *There is a split between what is thought and what is felt.* ♦ διαίρεση, διάσπαση, διαχωρισμός

intriguingly *adv* in an interesting or strange way > *I read the intriguingly-named newspaper The Chained Duck.* ♦ αξιοπερίεργα, παράξενα

Text C

dominance *n* The dominance of a particular person or thing is the fact that they are more powerful, successful, or important than other people or things. > *...an attempt by each group to establish dominance over the other.* ♦ επικράτηση, κυριαρχία

Text D

curriculum *n* All the different courses of study that are taught in a school, college, or university. > *Russian is the one compulsory foreign language on the school curriculum.*

♦ σχολικό πρόγραμμα, πρόγραμμα μαθημάτων

orientation *n* The basic information or training that is given to people starting a new job, school, or course. > *I attended a one-day orientation session.* ♦ προσανατολισμός

foster *n* To foster something such as an activity or idea means to help it to develop. > *He said that developed countries had a responsibility to foster global economic growth to help new democracies.* ♦ προάγω, "ευνοώ"

scholastic *adj* Your scholastic achievement or ability is your academic achievement or ability while you are at school.

> *She mentioned the values which encouraged her scholastic achievement.* ♦ εκπαιδευτικός, σχολικός, μαθητικός

incorporate *v* If one thing incorporates another thing, it includes the other thing. > *The new cars will incorporate a number of major improvements.* ♦ ενσωματώνω, περιλαμβάνω

visual *n* Something such as a picture, diagram, or piece of film that is used to show or explain something. > *Remember you want your visuals to reinforce your message, not detract from what you are saying.* ♦ οπτικό βοήθημα

assessment *n* A consideration of someone or sth and a judgment about them. > *There is little assessment of the damage to the natural environment...* ♦ εκτίμηση, αξιολόγηση

accurate *adj* An accurate statement or account gives a true

or fair judgment of something. > *Joseph Stalin gave an accurate assessment of the utility of nuclear weapons.*

♦ ακριβής, λεπτομερής

evaluation *n* If you make an evaluation of sth or someone, you consider them in order to make a judgment about them, for example about how good or bad they are. > *Although there is a need for much more evaluation, the signs are that mediation can work in reducing conflict between neighbours and within families.* ♦ εκτίμηση, αξιολόγηση

Reading - Part 4

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sideways *adv* From or towards the side of something or someone. > *James glanced sideways at her.* ♦ λοξά, πλάγιως

furtive *adj* If you describe someone's behaviour as furtive, you disapprove of them behaving as if they want to keep something secret or hidden. > *With a furtive glance over her shoulder, she unlocked the door and entered the house.*

♦ κλεφτός, βιαστικός

embarrassment *n* The feeling of being shy, ashamed, or guilty about something. > *It is a source of embarrassment to Londoners that the standard of pubs is so low.* ♦ ντροπή

impede *v* If you impede someone or something, you make their movement, development, or progress difficult. > *Fallen rock is impeding the progress of rescue workers.*

♦ (παρ)εμποδίζω, παρακωλύω

prejudice *n* An unreasonable dislike of a particular group of people or things, or a preference for one group of people or things over another. > *He said he hoped the Swiss authorities would investigate the case thoroughly and without prejudice.*

♦ προκατάληψη

disfigurement *n* Something, for example a scar, that spoils a person's appearance. > *He had surgery to correct a facial disfigurement.* ♦ παραμόρφωση, αλλοίωση

commute *n* A commute is the journey that you make every day between your home and your place of work. > *The average Los Angeles commute is over 60 miles a day.* ♦ μετάβαση στο χώρο εργασίας με Μ.Μ.Μ.

witness *v* If you witness something, you see it happen.

> *Anyone who witnessed the attack should call the police.*

♦ είμαι παρών, γίνομαι μάρτυρας

momentary *adj* Something that lasts for a very short period of time, for example for a few seconds or less. > *I had a momentary lapse of concentration.* ♦ στιγμιαίος, παροδικός

double-take *n* If you do a double-take when you see or hear sth strange or surprising, you hesitate for a moment before reacting to it because you wonder if you really saw or heard it. > *I did a double-take when I saw her dressed in biker's gear.*

♦ δεύτερη ματιά (συνήθως λόγω έκπληξης)

undermine *v* To weaken or ruin by degrees > *Don't let him undermine your morale.* ♦ υπονομεύω, υποσκάπτω

scrutiny *n* If a person or thing is under scrutiny, they are being studied or observed very carefully. > *His private life came under media scrutiny.* ♦ εξονυχιστική έρευνα / εξέταση, αυστηρός έλεγχος

drizzle *n* Light rain falling in fine drops. > *The drizzle had now stopped and the sun was breaking through.* ♦ ψιλοβρόχι, ψιχάλα

stained *adj* Having a mark that is difficult to remove. > *His clothing was stained with mud.* ♦ λεκιασμένος, βερωμένος

knit *v* If you knit your eyebrows, you frown because you are angry or worried. > *They knitted their brows and started to grumble.* ♦ συνοφρυώνομαι, σμίγω τα φρύδια μου

dart *v* If you dart a look at someone or something, or if your eyes dart to them, you look at them very quickly. > *She darted a sly sideways glance at Robert.* ♦ σκώνω τα μάτια για να ρίξω γρήγορη ματιά

hastily *adv* Sth which happens suddenly and in reaction to something that has just happened. > *Has she dismissed Rick's proposal too hastily?* ♦ βιαστικά, απερίσκεπτα

grim *adj* A situation or piece of information that is grim is unpleasant, depressing, and difficult to accept. > *There was further grim economic news yesterday.* ♦ απάισιος, φρικτός

disability *n* A permanent injury, illness, or physical or mental condition that tends to restrict the way that someone can live

their life. > *Facilities for people with disabilities are still insufficient.* ♦ αναπηρία, ανικανότητα
cosmetic surgery **n** surgery that corrects defects especially of the face. > *There is a growing number of people who trust cosmetic surgery.* ♦ κοσμητική, πλαστική ιατρική
Skin-deep **adj** Sth that is only skin deep is not a major or important feature of something, although it may appear to be. > *Beauty is only skin-deep...* ♦ επιφανειακός, ρηχός
ultimately **adv** Finally, after a long and often complicated series of events. > *Ultimately, Bismarck's revisionism scarcely affected or damaged British interests at all.* ♦ εν τέλει, τελικά
inner **adj** Your inner feelings are feelings which you have but do not show to other people. > *Loving relationships will give a child an inner sense of security.* ♦ εσωτερικός, μύχιος
shun **v** If you shun someone or something, you deliberately avoid them or keep away from them. > *From that time forward everybody shunned him.* ♦ αποφεύγω
bruised **adj** If you are bruised by an unpleasant experience, it makes you feel unhappy or upset. > *She was very bruised after her divorce.* ♦ μτφ. θιγμένος, πληγωμένος
handle **v** If you say that someone can handle a problem or situation, you mean that they have the ability to deal with it successfully. > *To tell you the truth, I don't know if I can handle the problem.* ♦ χειρίζομαι, αντιμετωπίζω

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hurtful **adj** If you say that someone's comments or actions are hurtful, you mean that they are unkind and upsetting. > *Her comments can only be hurtful to Mrs Green's family.* ♦ οδυνηρός, που πληγώνει
cope with **v** If you have to cope with an unpleasant situation, you have to accept it or bear it. > *She has had to cope with losing all her previous status and money.* ♦ αντεπεξέρχομαι, ξεπερνάω

Test 2

Listening - Part 1

Page 15

doubt **v** If you doubt whether something is true or possible, you believe that it is probably not true or possible. > *He doubted if he would learn anything new from Marie.* ♦ αμφιβάλλω
confrontational **adj** If you describe the way that someone behaves as confrontational, you are showing your disapproval of the fact that they are aggressive and likely to cause an argument or dispute. > *The committee's confrontational style of campaigning has made it unpopular.* ♦ ανταγωνιστικός, που επιδιώκει τη σύγκρουση
entitle **v** If you are entitled to something, you have the right to have it or do it. > *There are 23 Clubs throughout the U.S., and your membership entitles you to enjoy all of them.* ♦ επιτρέπω, δικαιούδοτώ
trek **v** If you trek somewhere, you go on a journey across difficult country, usually on foot. > *This year we're going trekking through the jungles.* ♦ πεζοπορώ
harsh **adj** Harsh actions or speech are unkind and show no understanding or sympathy. > *He said many harsh and unkind things about his opponents.* ♦ τραχύς, σκληρός
stunning **adj** A stunning person or thing is extremely beautiful or impressive. > *She was 55 and still a stunning woman.* ♦ εντυπωσιακός, καταπληκτικός

Listening - Part 2

incoherent **adj** If someone is incoherent, they are talking in a confused and unclear way. > *The man was almost incoherent with fear.* ♦ ασυναφής, ασυνάρτητος
laid back **adj** If you describe someone as laid-back, you mean that they behave in a calm relaxed way as if nothing will ever worry them. > *He wasn't upset by the bad news, he was really laid back actually.* ♦ χαλαρός, "άνετος"
challenging **adj** A challenging task or job requires great effort and determination. > *Mike found a challenging job as a computer programmer.* ♦ γεμάτος πρόκληση, που δίνει κίνητρο

relieved **adj** If you are relieved, you feel happy because sth unpleasant has not happened or is no longer happening. > *We are all relieved to be back home.* ♦ ανακουφισμένος

Listening - Part 4

Page 17

bullying **n** Bullying is the act of using your strength or power to hurt or frighten other people. > *I try to defend schoolchildren who were victims of bullying.* ♦ καψόνι, "τσαμπουκάς", τρομοκρατία
incident **n** Sth that happens, often something that is unpleasant. > *These incidents were the latest in a series of disputes between the two nations.* ♦ περιστατικό, συμβάν
involve **v** If a situation or activity involves something, that thing is a necessary part or consequence of it. > *Nicky's job as a public relations director involves spending quite a lot of time with other people.* ♦ εμπειριέχω, ενέχω
theft **n** The crime of stealing. > *Art theft is now part of organised crime.* ♦ κλοπή
imbalance **n** If there is an imbalance in a situation, the things involved are not the same size, or are not the right size in proportion to each other. > *...the imbalance between the two sides in this war.* ♦ ανισορροπία
immigration **n** The coming of people into a country in order to live and work there. > *The government has decided to tighten its immigration policy.* ♦ μετανάστευση
assertive **adj** Someone who is assertive states their needs and opinions clearly, so that people take notice. > *Women have become more assertive in the past decade.* ♦ σθεναρός, δυναμικός
timid **adj** Timid people are shy, nervous, and have no courage or confidence in themselves. > *A timid child, Isabella had learned obedience at an early age.* ♦ δειλός, άτολμος, συνεσταλμένος
severity **n** The state of being rigorous or harsh in the treatment of others. > *The Bishop said he was sickened by the severity of the sentence.* ♦ αυστηρότητα, σκληρότητα
toughen up **phr.v.** If an experience toughens you up, it makes you stronger and more independent in character. > *They believe that participating in fights toughens boys and shows them how to be men.* ♦ προσδίδω ή αποκτώ σκληρότητα, σκληραίνω, σκληραγωγώ

Reading - Part 1

Page 18

widow **n** A woman whose husband has died and who has not married again. > *Sofia is a widow; her son is her life.* ♦ χήρα
vicar **n** An Anglican priest who is in charge of a church and the area it is in, which is called a parish. > *There is a difference between a vicar and a pastor.* ♦ εφημέριος
quadrille **n** A type of old-fashioned dance for four or more couples. ♦ μουσ. τετράχορος, καντρίλια
predicament **n** An unpleasant situation that is difficult to get out of. > *The decision will leave her in a peculiar predicament.* ♦ δύσκολη, δυσάρεστη θέση
intellectual **adj** Involving a person's ability to think and to understand ideas and information. > *High levels of lead could damage the intellectual development of children.* ♦ διανοητικός, πνευματικός
superiority **n** The quality or state of being better than others. > *The technical superiority of laser discs over tape is well established.* ♦ ανωτερότητα
atonement **n** If you do sth as an atonement for doing something wrong, you do it to show that you are sorry. > *He's living in a monastery in a gesture of atonement for human rights abuses committed under his leadership.* ♦ επανόρθωση, εξιλέωση
outward **adj** The outward feelings, qualities, or attitudes of someone or sth are the ones they appear to have rather than the ones that they actually have. > *In spite of my outward calm I was very shaken.* ♦ εξωτερικός, επιφανειακός
boast **v** If someone boasts about something that they have done or that they own, they talk about it very proudly, in a

way that other people may find irritating or offensive.

➤ *Carol boasted about her costume...* ♦ **καυχήμα**, **κομπάζω**
failing adj If you have a failing health or a physical quality, it is becoming gradually weaker or less effective. ➤ *An apparently failing memory is damaging for a national leader.* ♦ **φθίνων**, **που εξασθενεί ή σβήνει**

endeavour n A serious determined effort. ➤ *His first endeavours in the field were wedding films.* ♦ **φιλότιμη ή επίπονη προσπάθεια**, **πάσχισμα**

contented adj If you are contented, you are satisfied with your life or the situation you are in. ➤ *Whenever he returns to this place he is happy and contented.* ♦ **που κατέχεται από αίσθημα πληρότητας, ικανοποιημένος, ευχαριστημένος**

temper n The way you are feeling at a particular time. ➤ *I was in a bad temper last night.* ♦ **ψυχική κατάσταση, "διάθεση**

quicksighted adj Having quick sight or acute discernment.

♦ **οξυδερκής, έξυπνος, που αντιλαμβάνεται γρήγορα**

merit n Advantages or other good points of something.

➤ *I was surprised by the technical merits of this film.* ♦ **προσόν, πλεονέκτημα, αρετή, ικανότητα**

cheerfulness n Happiness, joy. ➤ *I remember this extraordinary man with particular affection for his unflinching cheerfulness.* ♦ **ευθυμία, ευδιαθεσία**

mine n A rich source of supply. ➤ *Mary is a mine of information; she knows almost everything about this subject.*

♦ **πλούσια, ασταίρευτη πηγή**

felicity n Great happiness and pleasure. ➤ *After her marriage, she had a feeling of felicity.* ♦ **ευτυχία, ευδαιμονία**

trivial adj If you describe something as trivial, you think that it is unimportant and not serious. ➤ *The director tried to wave aside these issues as trivial details that could be settled later.*

♦ **ασήμαντος, επουσιώδης**

of note phr Someone or sth that is of note is important, worth mentioning, or well-known. ➤ *He has published nothing of note in the last ten years.* ♦ **αξιόλογος, σημαντικός**

surplus adj Something that is extra or that is more than is needed. ➤ *Few people have large sums of surplus cash...*

♦ **επιπλέον, περισσότερο**

Reading - Part 2

Page 19

documented adj consisted of documents which provide proof or evidence of something, or are a record of something.

♦ **τεκμηριωμένος**

evidence n Anything that you see, experience, read, or are told that causes you to believe that something is true or has really happened. ➤ *There is a lot of evidence that stress is partly responsible for this disease.* ♦ **στοιχεία, ενδείξεις**

resemble v If one thing or person resembles another, they are similar to each other. ➤ *Some of the commercially produced venison resembles beef in flavour.* ♦ **μοιάζω, έχω κοινά γνωρίσματα**

manual n A book which tells you how to do something or how a piece of machinery works. ➤ *Before you turn the device on, read the instruction manual.* ♦ **εγχειρίδιο**

standardise v To change things so that they all have the same features. ➤ *There is a drive both to standardise components and to reduce the number of models on offer...*

♦ **τυποποιώ**

variation n A variation on something is the same thing presented in a slightly different form. ➤ *This delicious variation on an omelette is quick and easy to prepare.* ♦ **παραλλαγή**

respectively adv In the same order as the items that you have just mentioned. ➤ *Their sons, Ben and Jonathan, were three and six respectively.* ♦ **αντίστοιχα, αντιστοίχως**

feather-stuffed adj ♦ **γεμισμένος με πούπουλα**

goal post n A goal post is one of the two upright wooden posts that are connected by a crossbar and form the goal in games such as football and rugby. ♦ **κάθετο δοκάρι τέρματος**

emerge v When sth emerges, it comes into existence.

➤ *The new republic emerged in 2009.* ♦ **προκύπτω, δημιουργούμαι**

refer v If you refer to a particular subject or person, you talk about them or mention them. ➤ *In his speech, he referred to a recent trip to Canada.* ♦ **αναφέρομαι (σε..), αναφέρω**

indigenous adj Indigenous people or things belong to the country in which they are found, rather than coming there or being brought there from another country. ➤ *...the country's indigenous population.* ♦ **ντόπιος, γηγενής**

account n A written or spoken report of something that has happened. ➤ *He gave a detailed account of what happened on the fateful night.* ♦ **αναφορά, περιγραφή**

settlement n A place where people have come to live and have built homes. ➤ *The village is a settlement of just fifty houses.* ♦ **οικισμός**

quote v If you quote someone as saying something, you repeat what they have written or said. ➤ *He quoted the Prime Minister as saying that peace negotiations were already underway.* ♦ **αναφέρω, παραθέτω (τα ακριβή λόγια κάποιου)**

foremost adj The foremost thing or person in a group is the most important or best. ➤ *He was one of the world's foremost scholars of ancient Indian culture.* ♦ **πρώτος, σημαντικός, κύριος**

possum n A small animal that lives in America. It carries its young in a pouch on its body, and has thick fur and a long tail.

♦ **(το ζώο:) οπόσσομ, διδελφός ο βιργινιανός**

leap v If you leap, you jump high in the air or jump a long distance. ➤ *He had leapt from a window in the building and escaped.* ♦ **πηδώ, κάνω άλμα**

net n Net is a kind of cloth that you can see through. It is made of very fine threads woven together so that there are small equal spaces between them. ♦ **δίχτυ**

ashore adv Someone or something that comes ashore comes from the sea onto the shore. ➤ *Oil has come ashore on a ten mile stretch to the east of Plymouth.* ♦ **προς την ξηρά, προς την ακτή**

string v If you string something somewhere, you hang it up between two or more objects. ➤ *He had strung a banner across the wall.* ♦ **κρεμάω**

pole n A long thin piece of wood or metal, used especially for supporting things. ➤ *The truck crashed into a telegraph pole.* ♦ **πάσσαλος, στύλος**

Reading - Part 3

Page 20 - Text A

renowned adj A person or place that is renowned for something, usually something good, is well known because of it.

➤ *The area is renowned for its Romanesque churches.*

♦ **φημισμένος, διάσημος, ξακουστός**

comprehensive adj Something that is comprehensive includes everything that is needed or relevant. ➤ *The Rough Guide to Nepal is a comprehensive guide to the region.* ♦ **αναλυτικός, περιεκτικός, εκτενής**

approach n The taking of preliminary steps toward a particular purpose. ➤ *He was experimenting with new lines of approach.* ♦ **προσέγγιση, μέθοδος**

eligible adj Someone who is eligible to do something is qualified or able to do it, for example because they are old enough. ➤ *You could be eligible for a university scholarship.*

♦ **δικαιούχος, δικαιούμενος, κάτοχος των απαιτούμενων προϋποθέσεων, "προσόντούχος"**

accredited adj If an educational qualification or institution is accredited, it is officially declared to be of an approved standard. ➤ *This degree programme is fully accredited by the Institution of Electrical Engineers.* ♦ **εξουσιοδοτημένος, πιστοποιημένος**

syllabus n The subjects that are studied in a particular course. ➤ *The first lesson in the syllabus is an explanation of the nature of the soul.* ♦ **πρόγραμμα ή θέματα διδασκαλίας**

formulaic adj If you describe a way of saying or doing something as formulaic, you are criticizing it because it is not original and has been used many times before in similar situations.

➤ *His paintings are contrived and formulaic.* ♦ **τυπικός, τετριμμένος**

format n The way or order in which something is arranged and presented. ➤ *I had met with him to explain the format of the programme and what we had in mind.* ♦ **οργάνωση, σχεδιασμός**

supervise v If you supervise an activity or a person, you make sure that the activity is done correctly or that the person is doing a task or behaving correctly. ➤ *University teachers have refused to supervise students' examinations.* ♦ **επιβλένω, επιτηρώ**

Text B

rehabilitation **n** The action of helping someone who has been ill or in prison to live a normal life again. > *For the next year Miss Ramirez will undergo rehabilitation that will retrain her remaining brain to develop her powers of speech.*

◆ αποκατάσταση, επαναφορά σε φυσιολογική κατάσταση

veteran **n** Someone who has served in the armed forces of their country, especially during a war. > *They approved a \$1.1 billion package of pay increases for the veterans of the Persian Gulf War.* ◆ βετεράνος, παλαιμάχος

stabilise **v** If something stabilizes, or is stabilized, it becomes stable. > *Although her illness is serious, her condition is beginning to stabilize.* ◆ σταθεροποιώ, -ούμαι

condition **v** To put into a proper state for work or use. > *I suggest a protein which is excellent for conditioning dry and damaged hair.* ◆ ωφελώ, βελτιώνω

alignment **n** The position of something in relation to something else or to its correct position. > *...the alignment of mirrors in the telescope.* ◆ ευθυγράμμιση

precision **n** If you do something with precision, you do it exactly as it should be done. > *The interior is planned with a precision the military would be proud of.* ◆ ακρίβεια

merely **adv** You use merely to emphasize that something is only what you say and not better, more important, or more exciting. > *They are offering merely technical assistance.*

◆ απλώς, αποκλειστικά και μόνο

refine **v** If something such as a process, theory, or machine is refined, it is improved by having small changes made to it.

> *Surgical techniques are constantly being refined.*

◆ τελειοποιώ, εξελίσσω

observation **n** The action or process of carefully watching someone or something. > *In hospital she'll be under observation all the time.* ◆ παρατήρηση, επιτήρηση, παρακολούθηση

Text C

in advance **phr** If you do something in advance, you do it before a particular date or event. > *The subject of the talk is announced a week in advance.* ◆ από πριν, εκ των προτέρων

injury **n** A damage done to a person's or an animal's body. > *Four police officers sustained serious injuries in the explosion.* ◆ κάκωση, τραύμα

GP (General Practitioner) **n** A general practitioner or GP is a medical practitioner who provides primary care and specializes in family medicine. ◆ ιατρός παθολόγος

contraindication **n** Contraindications are specific medical reasons for not using a particular treatment for a medical condition in the usual way. > *Contraindications for this drug include liver or kidney impairment.* ◆ αντένδειξη

Text D

yield **v** To be fruitful or productive. > *Fortunately, this effort yielded fruits.* ◆ αποδίδω, αποφέρω

lung **n** The two organs inside your chest which fill with air when you breathe in. > *He suffers lung cancer.* ◆ πνεύμονας

capacity **n** The maximum amount or number that can be contained or accommodated > *This is a jug with a one-gallon capacity.* ◆ ικανότητα, χωρητικότητα

abdomen **n** The part of the body below the chest where the stomach and intestines are. > *He was suffering from pains in his abdomen.* ◆ κοιλιακή χώρα

coordination **n** The ability to use the different parts of your body together efficiently. > *To improve hand-eye co-ordination, practise throwing and catching balls.* ◆ συντονισμός, εναρμόνιση, συγχρονισμός

component **n** The parts that sth is made of. > *The management plan has four main components...* ◆ συστατικό, "στοιχείο"

posture **n** The position in which you stand or sit. > *You can make your stomach look flatter instantly by improving your posture.* ◆ πόζα, στάση (του σώματος)

core **n** A basic, essential, or enduring part (as of an individual, a class, or an entity). > *Religion is the core of her beliefs.*

◆ πυρήνας

heartily **adv** Wholly, thoroughly. > *Most people are heartily sick of war.* ◆ κατά βάθος, εντελώς

density **n** In science, the density of a substance or object is

the relation of its mass or weight to its volume. ◆ πυκνότητα

joint **adj** A part of your body such as your elbow or knee where two bones meet and are able to move together. > *Her joints ache if she exercises.* ◆ άρθρωση, σύνδεσμος

spill over **phr.v.** When something extends, especially when an excess exists. > *The prosperity which spilled over from the neighbouring state was a great benefit.* ◆ σκορπίζω-ομαι

Reading - Part 4**Page 22**

arguably **adv** You can use arguably when you are stating your opinion or belief, as a way of giving more authority to it. > *They are arguably the most important band since The Rolling Stones.* ◆ ευλόγως, βάσιμα

circa **prep** Circa is used in front of a particular year to say that this is the approximate date when something happened or was made. > *The story tells of a runaway slave girl in Louisiana, circa 1850.* ◆ (για χρονολογία) περί, περίπου, γύρω στα..

prosper **v** If people or businesses prosper, they are successful and do well. > *The high street banks continue to prosper.*

◆ ευημερώ, "ανθώ"

tomb **n** A large grave that is above ground and that usually has a sculpture or other decoration on it. ◆ τάφος, μνημείο, μνήμα

burial **n** The act or ceremony of putting a dead body into a grave in the ground. > *The priest prepared the body for burial.*

◆ ταφή, ενταφιασμός

deity **n** A god or goddess. > *She was surprised by the absence of a deity in Buddhism.* ◆ θεότητα

focal adj Something that is very important. > *I visited one of the focal centres of the Far East.* ◆ σημαντικός, που συγκεντρώνει το ενδιαφέρον

ritual **n** A religious service or other ceremony which involves a series of actions performed in a fixed order. > *This is the most ancient, and holiest of the Christian rituals.*

◆ τυπικό, τελετουργικό, ιεροτελεσσία

baffling adj Something which you cannot understand or explain. > *I was constantly ill, with a baffling array of symptoms.* ◆ αινιγματικός, μυστηριώδης

orifice **n** An opening or hole. > *After a massive heart attack, he was strapped to a bed, with tubes in every orifice.*

◆ άνοιγμα, οπή, στόμιο

unearth **v** If someone unearths something that is buried, they find it by digging in the ground. > *Fossil hunters have unearthed the bones of an elephant believed to be 500,000 years old.* ◆ ανακαλύπτω ή αποσπώ με εκσκαφή, ξεθάβω

penetrate **v** If something or someone penetrates a physical object or an area, they succeed in getting into it or passing through it. > *X-rays can penetrate many objects.*

◆ διαπερνώ, διατρύπω

chamber **n** A room designed and equipped for a particular purpose. > *For many, the dentist's surgery remains a torture chamber.* ◆ (φυσικός ή τεχνητός) θάλαμος, κοιλότητα

solstice **n** The summer solstice is the day of the year with the most hours of daylight, and the winter solstice is the day of the year with the fewest hours of daylight. ◆ ηλιοστάσιο

dawn **n** The time of day when light first appears in the sky, just before the sun rises. > *Nancy woke at dawn.* ◆ αυγή, χάραμα, ξημέρωμα

beam **n** A line of energy, radiation, or particles sent in a particular direction. > *...a beam of neutrons.* ◆ δέσμη

rear **n** The rear of something such as a building or vehicle is the back part of it. > *There is a stairway in the rear of the building.* ◆ πίσω μέρος, οπίσθιο τμήμα

illuminate **v** To shine light on something to make it brighter and more visible. > *There were no streetlights to illuminate the street.* ◆ φωτίζω, φωταγωγώ

roughly **adv** Approximately, not exactly. > *Gambling and tourism pay roughly half the entire state budget.* ◆ κατά προσέγγιση, πρόχειρα, χονδρικά

intent **n** The intention to do something. > *...a strong statement of intent on arms control.* ◆ πρόθεση, σκοπός

undoubtedly **adv** In a way that something cannot be disputed. > *Undoubtedly, political and economic factors have played their part.* ◆ αναμφίβοτα

overcast adj If the sky or the day is overcast, the sky is completely covered with cloud and there is not much light.

➤ *The weather forecast is for showers and overcast skies.*

◆ νεφοσκεπής, συννεφιασμένος

TEST 3

Listening - Part 1

Page 25

hatch v When a baby bird, insect, or other animal hatches, or when it is hatched, it comes out of its egg by breaking the shell. ➤ *As soon as the two chicks hatch, they leave the nest burrow.* ◆ εκκολλάπτω, εκκολλάπτομαι

assure v If you assure someone that something is true or will happen, you tell them that it is definitely true or will definitely happen, often in order to make them less worried.

➤ *Government officials recently assured Gypsies of protection.*

◆ βεβαιώ, διαβεβαιώνω, ασφαλίζω

ingenious adj Something that is very clever and involves new ideas, methods, or equipment. ➤ *It is a truly ingenious invention.* ◆ μεγαλοφυής, πανέξυπνος

soaked adj If someone or sth gets soaked or soaked through, water or some other liquid makes them extremely wet. ◆ *We got soaked to the skin.* ◆ μουσκεμένος, βρεγμένος

Listening - Part 2

siblings n Brothers and sisters. ➤ *His siblings are mostly in their early twenties.* ◆ αδέρφια

lack n If there is a lack of something, there is not enough of it or it does not exist at all. ➤ *Despite his lack of experience, he got the job.* ◆ στέρση, έλλειψη

sloppiness n The state of being untidy especially in personal appearance. ➤ *Solitude was no excuse for sloppiness.*

◆ απερισκεψία, ρυπαρότητα, ακαταστασία

overbearing adj A person who tries to make other people do what he or she wants in an unpleasant and forceful way. ➤ *My husband can be quite overbearing with our son.*

◆ αυταρχικός, δεσποτικός

rash adj If someone is rash or does rash things, they act without thinking carefully first, and therefore make mistakes or behave foolishly. ➤ *It would be rash to rely on such evidence.*

◆ απερίσκεπτος, βιαστικός

joyful adj Someone who is happy and behaves in a cheerful way. ➤ *Father Whittaker appeared to be in a joyful mood.*

◆ καλόκαρδος, πρόσχαρος, καλοσυνάτος

commitment n Something which regularly takes up some of your time because of an agreement you have made or because of responsibilities that you have. ➤ *Work commitments forced her to move to another country.* ◆ δέσμευση, υποχρέωση

Listening - Part 4

Page 27

fulfil v To fulfil a task, role, or requirement means to do or be what is required, necessary, or expected. ➤ *All the necessary conditions were fulfilled.* ◆ πληρώ τις προϋποθέσεις, ανταποκρίνομαι (σε)

assignment n A task or piece of work that you are given to do, especially as part of your job or studies. ➤ *The assessment for the course involves written assignments and practical tests.*

◆ εργασία, αποστολή

tortoise n A slow-moving animal with a shell into which it can pull its head and legs for protection. ◆ χελώνα

endangered adj Being in a situation where something or someone might be harmed or destroyed completely. ➤ *This is an organisation which protects endangered species such as lynx and wolf.* ◆ απειλούμενος με εξαφάνιση

recover v If something recovers from a period of weakness or difficulty, it improves or gets stronger again. ➤ *Her plane broke down and it was 18 hours before she got there. It took her three days to recover.* ◆ συνέρχομαι, επανέρχομαι στην πρότερη κατάσταση

mainland n You can refer to the largest part of a country or continent as the mainland when contrasting it with the islands

around it. ➤ *She was going to Sicily to catch the ferry to the mainland.* ◆ ηπειρωτική χώρα

hunt v When people or animals hunt, they chase and kill wild animals for food or as a sport. ➤ *He got up at four and set out on foot to hunt black grouse.* ◆ κυνηγώ, θηρεύω

young n The young of an animal are its babies. ➤ *The hen may not be able to feed its young.* ◆ νεογνά, "μικρά"

habitat n The natural environment in which an animal or plant normally lives or grows. ➤ *In its natural habitat, the hibiscus will grow up to 25ft.* ◆ φυσική κατοικία (ζώου)

◆ στέγασση, κατοικία

vulnerable adj Someone who is vulnerable is weak and without protection, with the result that they are easily hurt physically or emotionally. ➤ *Old people are particularly vulnerable members of our society.* ◆ ευάλωτος, ευπαθής

comment n Something that you say which expresses your opinion of something or which gives an explanation of it.

➤ *There's been no comment so far from police about the allegations.* ◆ σχόλιο, παρατήρηση

Reading - Part 1

Page 28

chance adj not planned or expected ➤ *...a chance meeting.*

◆ τυχαίος, συμπτωματικός

retired adj A retired person is an older person who has left his or her job and has usually stopped working completely.

➤ *She is a seventy-three-year-old retired teacher from Florida.*

◆ συνταξιούχος

clerk n A person who works in an office, bank, or law court and whose job is to look after the records or accounts. ➤ *She was offered a job as an accounts clerk with a travel firm.*

◆ υπάλληλος γραφείου, διοικητικός υπάλληλος

ascribe v If you ascribe an event or condition to a particular cause, you say or consider that it was caused by that thing.

➤ *An autopsy eventually ascribed the baby's death to sudden infant death syndrome.* ◆ αποδίδω (την αιτία)

presentiment n A feeling that a particular event, for example someone's death, will soon take place. ➤ *I had a presentiment that he represented a danger to me.* ◆ προαίσθημα, προαίσθηση

latter adj When two people, things, or groups have just been mentioned, you can refer to the second of them as the latter.

➤ *He tracked down his cousin and uncle. The latter was sick.*

◆ ο δεύτερος, ο τελευταίος

weary adj If you are weary of something, you have become tired of it and have lost your enthusiasm for it. ➤ *They're getting awfully weary of this silly war.*

◆ κουρασμένος, αποκαμωμένος

contempt n If you have contempt for someone or something, you have no respect for them or think that they are unimportant. ➤ *I hope voters will treat his advice with the contempt it deserves.* ◆ περιφρόνηση, καταφρόνια

inferior n Something that is inferior is not as good as something else. ➤ *If children were made to feel inferior to other children their confidence declined.* ◆ κατώτερος, υποδεέστερος

converse v If you converse with someone, you talk to them. ➤ *Luke sat directly behind the pilot and conversed with him.*

◆ συν(διαλέγομαι), συνομιλώ

grizzled adj A person with grey or partly grey hair. ➤ *Luke sat directly behind the pilot and conversed with him.*

◆ ψαρομάλλης, γκριζομάλλης

stout adj Physically or materially strong, fat. ➤ *He was a tall, stout man with gray hair.* ◆ γεροδεμένος, εύσωμος

bloated v If someone's body or a part of their body is bloated, it is much larger than normal, usually because it has a lot of liquid or gas inside it. ➤ *The bloated body of a dead bullock.*

◆ ηρησμένος, φουσκωμένος

tinge n A small amount of a colour, feeling, or quality. ➤ *His skin had an unhealthy greyish tinge.* ◆ "τόνος", απόχρωση, χροιά

swollen adj If a part of your body is swollen, it is larger and rounder than normal, usually as a result of injury or illness.

➤ *My eyes were so swollen I could hardly see.*

◆ ηρησμένος, φουσκωμένος

eyelid n The two pieces of skin which cover your eyes when they are closed. ➤ *She brushed her fingertips across her eyelids*

as she felt her eyes well up with tears again. ♦ βλήφαρο
chink n A very narrow crack or opening in a surface. > She peered through a chink in the curtains. ♦ σχισμή, ρωγμή
gleam n A gleam of something is a faint sign of it. > There was a gleam of hope for a peaceful settlement. ♦ ακτίνα, λάμψη
ragged adj Old and torn clothes. > We have to clean the kitchen floor when we get home, in our ragged tracksuit. ♦ ξεφτισμένος, κουρελιασμένος
cling v If you cling to someone or something, you hold onto them tightly. > Another man was rescued as he clung to the riverbank. ♦ κρατιέμαι σφικτά/γερά (από/σε..) γαντζώνομαι (από/σε..)
respectability n The state of being approved of by the society and considered to be morally correct. > If she divorced Tony, she would lose the respectability she had as Mrs Tony Tatterton. ♦ αξιοπρέπεια, υπόληψη
crumpled adj Crumpled paper or cloth is squashed and becomes full of untidy creases and folds. > His uniform was crumpled, untidy, splashed with mud. ♦ τσαλιακωμένος, στραπατσαρισμένος
protrude v If something protrudes from somewhere, it sticks out. > The tip of her tongue was protruding slightly. ♦ (προ) εξέχω, προβάλλω
stiff adj Sth firm that does not bend easily. > Clean the muscels with a stiff brush under cold running water. ♦ σκληρός, δύσκαμπος, αλύγιστος
ruffle v If you ruffle someone's hair, you move your hand backwards and forwards through it as a way of showing your affection towards them. > 'Don't let that get you down,' he said ruffling Ben's dark curls. ♦ ανακατεύω (μαλλιά)
dejectedly adv In a miserable or unhappy way, especially because you have just been disappointed by something. > Passengers queued dejectedly for the increasingly dirty toilets. ♦ αποκαρδιωμένα, καταπονημένα
resolutely adv In a very determined way. > The United States remains resolutely opposed to this. ♦ αποφασιστικά
venture v If you venture a question or statement, you say it in an uncertain way because you are afraid it might be stupid or wrong. > "So you're Leo's girlfriend?" he ventured. ♦ ρισκοκινδυνεύω, τοηλώ (να πω)
sane adj Someone who is able to think and behave normally and reasonably, and is not mentally ill. > It wasn't the act of a sane person. ♦ συνετός, λογικός

Reading - Part 2

Page 29

dedicate v If someone dedicates sth such as a book, play, or piece of music to you, they mention your name, for example in the front of a book or when a piece of music is performed, as a way of showing affection or respect for you. > She dedicated her first album to Woody Allen. ♦ αφιερώνω
influence n To have an influence on people or situations means to affect what they do or what happens. > Van Gogh had a major influence on the development of modern painting. ♦ επήρεια, επιρροή
matriarchal adj If you describe a woman as matriarchal, you mean that she has authority and power within her family or group. > He loved the matriarchal figure of his grandmother. ♦ μητριαρχικός
lively adj Someone who behaves in an enthusiastic and cheerful way. > Josephine was bright, lively and cheerful. ♦ ζωνρός, γεμάτος ζωή
denounce v If you denounce a person or an action, you criticize them severely and publicly because you feel strongly that they are wrong or evil. > Local leaders denounced the racist attacks and pleaded for tolerance. ♦ καταγγέλλω, καταφέρομαι εναντίον, αποδοκιμάζω
pulpit n A small raised platform with a rail or barrier around it in a church, where a member of the clergy stands to speak. > It was so different from my memories of the pleasant village church and the vicar in the pulpit. ♦ άμβωνας
dare v If you dare to do something, you do something which requires a lot of courage. > We have had problems in our family that I didn't dare tell Uncle. ♦ τοηλώ

secular adj Something that has no connection with religion. > He spoke about preserving the country as a secular state. ♦ ηθικός, κοσμικός
template n If one thing is a template for something else, the second thing is based on the first thing. > The deal is likely to provide a template for other agreements. ♦ πρότυπο, "φόρμα"
recipe n A list of ingredients and a set of instructions that tell you how to cook something. > I used a traditional recipe for butter biscuits. ♦ συνταγή
influential adj Something that has a lot of influence over people or events. > He had been influential in shaping economic policy. ♦ που έχει ή ασκεί επιρροή || **influence**: επιρροή
fasting n The action of eating no food for a period of time, usually for either religious or medical reasons, or as a protest. > ...the Muslim holy month of fasting and prayer. ♦ νστεία
self-denial n The habit of refusing to do or have things that you would like, either because you cannot afford them, or because you believe it is morally good for you not to do them or have them. > Should motherhood necessarily mean sacrifice and self-denial? ♦ αυταπάρνηση
feasting n The action of enjoying some unusual pleasure or delight. > The feasting, drinking, dancing and revelry continued for several days. ♦ πανηγύρι, φαγοπότι, τσιμπούσι
temptation n If you feel you want to do something or have something, even though you know you really should avoid it, you can refer to this feeling as temptation. > Will they be able to resist the temptation to buy? ♦ δέλεαρ, πειρασμός
conflict n A conflict is a serious difference between two or more beliefs, ideas, or interests. > There is a conflict between what they are doing and what you want. ♦ διαμάχη, αντίθεση, σύγκρουση
indulgence n Pleasure, extravagance. > He leads a life of indulgence ♦ καλοπέραση, απολαυστική "πολυτέλεια", κατάχρηση
salvation n The act of saving someone from harm, destruction, or an unpleasant situation. > The country's salvation lies in forcing through democratic reforms. ♦ σωτηρία
equate v If you equate one thing with another, or if you say that one thing equates with another, you believe that they are strongly connected. > The author doesn't equate liberalism and conservatism. ♦ εξισώνω, εξομοιώνω
sin n An action or type of behaviour which is believed to break the laws of God. > The Vatican's teaching on abortion is clear: it is a sin. ♦ αμαρτία, αμάρτημα
embrace v If you embrace a change, political system, or idea, you accept it and start supporting it or believing in it. > He embraces the new information age. ♦ ενστερνίζομαι, "ασπάζομαι"
exorcize v If you exorcize a painful or unhappy memory, you succeed in removing it from your mind. > He confronted his childhood trauma and tried to exorcize the pain. ♦ εξορκίζω, αποδιώχνω
condemn v If circumstances condemn you to an unpleasant situation, they make it certain that you will suffer in that way. > Their lack of qualifications condemned them to a lifetime of boring, usually poorly-paid work. ♦ καταδικάζω, υποχρεώνω
sterile adj A sterile situation is lacking in energy and new ideas. > Too much time has been wasted in sterile debate. ♦ στείρος, άκαρπος
redemption n The act of redeeming something or of being redeemed by something. > And even if redemption comes to him as easily as the 16-year-olds once did, I think we should give him a chance. ♦ (απο) λύτρωση, εξιλασμός
|| **redeem**: εξιλιέωνω
confront v If you confront a difficult situation or issue, you accept the fact that it exists and try to deal with it. > We are learning how to confront death. ♦ αντιμετωπίζω (δυσκολίες, εχθρό κτλ.), ξεπερνώ
depict v To depict someone or something means to describe them or give an impression of them in writing. > Margaret Atwood's novel depicts a gloomy, futuristic America. ♦ απεικονίζω, "δείχνω", "παρουσιάζω"
pagan adj Pagan beliefs and activities do not belong to any of the main religions of the world and take nature and a belief in many gods as a basis. They are older, or are believed to be older, than other religions. > Environmental education, for him, is "a totally pagan occupation", a day-to-day expression of his spiritual beliefs and role. ♦ παγανιστικό, ειδωλοθητρικό

process n A series of actions which are carried out in order to achieve a particular result. > *There was total agreement to start the peace process as soon as possible.* ♦ διαδικασία

rejoin v If you rejoin a group, club, or organization, you become a member of it again after not being a member for a period of time. > *The Prime Minister of Fiji has said Fiji is in no hurry to rejoin the Commonwealth.* ♦ επανενώνω-ομαι, ξανασιμύω

faction n An organized group of people within a larger group, which opposes some of the ideas of the larger group and fights for its own ideas. > *A peace agreement will be signed by the leaders of the country's warring factions.*

♦ φατρία, κλίκα

at stake phr Something that is being risked and might be lost or damaged if you are not successful. > *The tension was naturally high for a game with so much at stake.* ♦ που διακυβεύεται, που κινδυνεύει

loom v If a worrying or threatening situation or event is looming, it seems likely to happen soon. > *The threat of renewed civil war looms ahead.* ♦ ξεπροβάλλω, εμφανίζομαι (απειλητικός ή δυσσώωνος), διαγράφομαι

petticoat n A piece of clothing like a thin skirt, which is worn under a skirt or dress. > *She will hand over her petticoats to the British Museum to be kept as a relic of the past.*

♦ μεσοφόρι, κομπιναϊζόν

conform v If you conform, you behave in the way that you are expected or supposed to behave. > *He did not feel obliged to conform to the rules that applied to ordinary men.*

♦ συμμορφώνομαι, προσαρμόζομαι

impudent adj If you describe someone as impudent, you mean they are rude or disrespectful, or do something they have no right to do. > *Some of them were impudent and insulting.*

♦ αναίδης, θρασύς

zest n A feeling of pleasure and enthusiasm. > *He has a zest for life and a quick intellect.* ♦ ενθουσιασμός, κέφι, "όρεξη"

elaborate adj Sth that is very complex because it has a lot of different parts. > *We participated in an elaborate ceremony that lasts for eight days.* ♦ περίτεχνος, εξζητημένος

exquisite adj Sth that is extremely beautiful or pleasant, especially in a delicate way. > *His photography is exquisite.*

♦ εξάισιος, θεσπέσιος

display n An arrangement of things that have been put in a particular place, so that people can see them easily. > *...a display of your work.* ♦ έκθεση, παράθεση, παρουσίαση

confiserie n ♦ ζαχαροπλασείο (στα Γαλλικά)

patisserie n ♦ ζαχαροπλασείο (στα Γαλλικά)

Reading - Part 3

Page 30 - Text A

census n An official survey of the population of a country that is carried out in order to find out how many people live there and to obtain details of such things as people's ages and jobs. > *In turn these authorities use census information when planning services within their area.* ♦ απογραφή

subsequent adj Sth that happened or existed after the time or event that has just been referred to. > *Those concerns were overshadowed by subsequent events.* ♦ επακόλουθος, μεταγενέστερος

utility n The usefulness of something. > *He inwardly questioned the utility of his work.* ♦ χρησιμότητα, ωφελιμότητα

indicate v If one thing indicates another, the first thing shows that the second is true or exists. > *A survey of retired people has indicated that most are independent and enjoying life.* ♦ αποτελῶ ένδειξη, δεικνύω, δείχνω

Text B

prohibit v If a law or someone in authority prohibits something, they forbid it or make it illegal. > *Federal law prohibits foreign airlines from owning more than 25% of any U.S. airline.* ♦ απαγορεύω, θέτω υπό απαγόρευση

commercial adj Involving or relating to the buying and selling of goods. > *Docklands in its heyday was a major centre of industrial and commercial activity.* ♦ εμπορικός, εμπορευματικός

official adj Approved by the government or by someone in authority. > *A report in the official police newspaper gave no reason for the move.* ♦ "επίσημος", αυθεντικός

nonetheless adv You use nonetheless when saying something that contrasts with what has just been said. > *There was still a long way to go. Nonetheless, some progress had been made.*

♦ παρ'όλα αυτά, εν τούτοις, ωστόσο

merchant n A person who buys or sells goods in large quantities, especially one who imports and exports them. > *Any knowledgeable wine merchant would be able to advise you.*

♦ χονδρέμπορος, έμπορος

con n A trick in which someone deceives you by telling you something that is not true. > *Slimming snacks that offer miraculous weight loss are a con.* ♦ απάτη, εξαπάτηση

compose v The things that something is composed of are its parts or members. The separate things that compose something are the parts or members that form it. > *They agreed to form a council composed of leaders of the rival factions.* ♦ απαρτίζω, αποτελείομαι από

ball n A large formal social event at which people dance.

♦ χοροεσπερίδα, (επίσημος) χορός

sponsorship n The financial support given by a sponsor.

> *Campbell is one of an ever-growing number of skiers in need of sponsorship.* ♦ χορηγεία, χρηματοδότηση || **sponsor**: χορηγός

corporate adj Relating to business corporations or to a particular business corporation. > *This established a strong corporate image.* ♦ εταιρικός, επιχειρησιακός

Text C

evacuation n The action of sending someone to a place of safety, away from a dangerous building, town, or area. > *An evacuation of the city's four-million inhabitants is planned for later this week.* ♦ εκκένωση, απομάκρυνση

flee v If you flee from something or someone, or flee a person or thing, you escape from them. > *He fled to Costa Rica to avoid military service.* ♦ τρέπομαι σε φυγή, καταφεύγω

inland adv If you go inland, you go away from the coast, towards the middle of a country. > *The car turned away from the coast and headed inland.* ♦ προς την ενδοχώρα

landfall n The act of arriving somewhere after a journey at sea, or the land that you arrive at. > *By the time we had made landfall the boat looked ten years older!* ♦ προσέγγιση ξηράς ή στεριάς

surge n A sudden powerful movement of a physical force such as wind or water. > *The whole car shuddered with an almost frightening surge of power.* ♦ (ορμητικό) "κύμα"

levee n ♦ αντιπλημμυρικό ανάχωμα

breach v when someone or sth breaches a barrier, they make an opening in it, usually leaving it weakened or destroyed.

> *Fire may have breached the cargo tanks and set the oil ablaze.* ♦ διαρρηγνύω, δημιουργώ ρήγμα

barge n A long, narrow boat with a flat bottom. Barges are used for carrying heavy loads, especially on canals.

> *Carrying goods by train costs nearly three times more than carrying them by barge.* ♦ μασούνα, φορτηγίδα

decommissioned adj When something such as a nuclear reactor or a large machine is decommissioned, it is taken to pieces because it is no longer going to be used. > *This old battleship was decommissioned as part of defence cuts.* ♦ που έχει βγει εκτός λειτουργίας ή υπηρεσίας, που έχει αποσυρθεί

vessel n A ship or a large boat. > *...a New Zealand navy vessel.* ♦ πλοίο, σκάφος

scrap yard phr A place where old machines such as cars or ships are destroyed and where useful parts are saved. ♦ μάντρα

αχρήστων/παλιοσιδηρικών

floodwall n A levee or similar wall for the purpose of protecting the land from inundation by flood. ♦ φράγμα

bank n The raised areas of ground along a river's, canal's, or lake's edge. > *...30 miles of new developments along both banks of the Thames.* ♦ όχθη ποταμού

Text D

masked ball n ♦ χορός μεταμφιεσμένων

elf n In fairy stories, elves are small magical beings who play tricks on people. ♦ ξωτικό, νεράιδα

priest n A member of the Christian clergy in the Catholic, Anglican, or Orthodox church. > *He had trained to be a Catholic priest.* ♦ ιερέας, παπάς

Reading - Part 4

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squid n A sea creature with a long soft body and many soft arms called tentacles. ♦ καλκαμάρι

specimen n A single plant or animal which is an example of a particular species or type and is examined by scientists.

► *200,000 specimens of fungus are kept at the Botanical Institute.* ♦ (αντιπροσωπευτικό) δείγμα

invertebrate adj A creature that does not have a spine, for example an insect, a worm, or an octopus. ♦ ασπόνδυλος

circumantarctic adj Surrounding Antarctica. ♦ που είναι γύρω από την Ανταρκτική

prey n A creature's prey are the creatures that it hunts and eats in order to live. ► *These animals were the prey of hyenas.*

♦ βορά, θήραμα, θύμα, λεία

Patagonian toothfish n ♦ μπακαλιάρος Ανταρκτικής

bioluminescence n The emission of light by a living organism (such as a firefly). ♦ βιοηολογικός φωτισμός ή φωσφορισμός

beak n A bird's beak is the hard curved or pointed part of its mouth. ► *...a black bird with a yellow beak.* ♦ ράμφος πουλιού

sperm whale n ♦ (το κήτος) φυσητήρας ο κατώδους

juvenile adj A young individual resembling an adult of its kind except in size and reproductive activity. ► *...a black bird with a yellow beak.* ♦ ανήλικος, νεαρός

hook n A bent piece of metal or plastic that is used for catching or holding things, or for hanging things up. ► *One of his jackets hung from a hook.* ♦ άγκιστρο, γάντζος

biomass n The mass of living biological organisms in a given area or ecosystem at a given time. ♦ βιομάζα

beaked whale n ♦ ζιφίος, ρυχοφάληαινα

pilot whale n ♦ μαυροδέλιφινο

Southern elephant seal n ♦ θαλάσσιος ελέφας του Νότου

sleeper shark n ♦ μαυροσκυλιόψαρο

albatross n ♦ (το πουλί:) διομήδεια, άλμπατρος

predator n An animal that kills and eats other animals. ► *All predators were considered potential lamb killers and hunted down.* ♦ αρπακτικό ζώο, "θηρίο"

tentacle n The long thin parts of an animal, such as an octopus, that are used for feeling and holding things, for getting food, and for moving. ♦ πλοκάμι

TEST 4

Listening - Part 1

Page 35

skim milk n ♦ αποβουτυρωμένο γάλα

pick on sb phrv If someone picks on you, they repeatedly criticize you unfairly or treat you unkindly. ► *Bullies pick on younger children.* ♦ συμπεριφέρομαι άδικο κατηγορώ, επικρίνω, πειράζω, ενοχλώ

dishonest adj If you say that a person or their behaviour is dishonest, you mean that they are not truthful or honest and that you cannot trust them. ► *It would be dishonest not to present the data as fairly as possible.* ♦ ανέντιμος, ανεπιτηκρινής

nuisance n If you say that someone or something is a nuisance, you mean that they annoy you or cause you a lot of problems. ► *He could be a bit of a nuisance when he was drunk.* ♦ βάσανο, ενόχληση

make a mountain out of a molehill idm Making an unimportant fact or difficulty seem like a serious one. ► *The British press, making a mountain out of a molehill, precipitated an unnecessary economic crisis.* ♦ "κάνω την τρίχα τριχιά", μεγαλοποιώ τα πράγματα

Listening - Part 2

indignant adj Shocked and angry, because of something that is unjust or unfair. ► *He is indignant at suggestions that they were secret agents.* ♦ αγανακτισμένος

utterly adv Very great in extent, degree, or amount. ► *The new laws coming in are utterly ridiculous.* ♦ εντελώς, ολότελα

load n The amount of work you have to do. ► *She's taking some of the load off the secretaries.* ♦ φόρτος, όγκος (εργασίας)

stand up for phrv. If you stand up for someone or something, you defend them and make your feelings or opinions

very clear. ► *They stood up for what they believed to be right.*

♦ υπερασπίζομαι, διεκδικώ

overwhelmed adj If you are overwhelmed by a feeling or event, it affects you very strongly, and you do not know how to deal with it. ► *Sightseers may be a little overwhelmed by the crowds and noise.* ♦ συγκλονισμένος, καταβεβλημένος

affordable adj If something is affordable, most people have enough money to buy it. ► *I am looking for the availability of affordable housing.* ♦ (οικονομικά) προσιτός

Listening - Part 4

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property n The way in which a substance or an object behaves in particular conditions. ► *A radio signal has both electrical and magnetic properties.* ♦ ιδιότητα, χαρακτηριστικό

occur v When something occurs, it happens. ► *The crash occurred when the crew shut down the wrong engine.*

♦ συμβαίνω, "σημειώνομαι"

contribute v If sth contributes to an event or situation, it is one of the causes of it. ► *The report says design faults in both the vessels contributed to the tragedy.* ♦ συμβάλλω, συνεισφέρω

bug n An insect or similar small creature. ► *We noticed tiny bugs that were all over the walls.* ♦ έντομο, ζιζάνιο

prescribe v If a doctor prescribes medicine or treatment for you, he or she tells you what medicine or treatment to have.

► *Our doctor diagnosed a throat infection and prescribed*

antibiotic and junior aspirin. ♦ χορηγώ, συνταγογραφώ

resistant adj If something is resistant to a particular thing, it is not harmed by it. ► *I am working on how to improve plants to make them more resistant to disease.* ♦ ανθεκτικός

unconventional adj Being out of the ordinary. ♦ που

βρίσκεται έξω από τα συμβατικά πλαίσια, αντισυμβατικός

treatment n Medical attention given to a sick or injured person or animal. ► *Many patients are not getting the medical treatment they need.* ♦ θεραπευτική αγωγή

virus n A kind of germ that can cause disease. ► *There are many different strains of flu virus.* ♦ ιός

Reading - Part 1

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bear v If you bear an unpleasant experience, you accept it because you are unable to do anything about it. ► *They will have to bear the misery of living in constant fear of war.*

♦ υπομένω, ανέχομαι

re-instate v Restore to the previous state or rank. ► *They managed to re-instate the emperor to the throne.*

♦ αποκαθιστώ, θέτω στην πρότερη κατάσταση

scarcely adv You use scarcely to emphasize that something is only just true or only just the case. ► *He could scarcely breathe.*

♦ ελάχιστα, σχεδόν καθόλου

lop v If you lop something off, you cut it away from what it was attached to, usually with a quick, strong stroke.

► *Somebody lopped the heads off our tulips.* ♦ κλαδεύω

fancy n A mental image, an idea produced by the power to conceive and represent something. ♦ φανταστική εικόνα, αόριστη ιδέα, "αίσθηση"

prune v When you prune a tree or bush, you cut off some of the branches so that it will grow better the next year.

► *You have to prune a bush if you want fruit.* ♦ κλαδεύω

sap n The watery liquid in plants and trees. ► *The leaves, bark and sap are also common ingredients of local herbal remedies.* ♦ χυμός φυτού

profusely adv Bleeding, or vomiting in large amounts.

♦ ακατάσχετα, ανεξέλεγκτα

grief n A feeling of extreme sadness. ► *Their grief soon gave way to anger.* ♦ θλίψη, πόνος

infancy n The period of your life when you are a very young child. ► *...the development of the mind from infancy onwards.*

♦ νηπιακή ηλικία, παιδικά χρόνια

signify v If an event, a sign, or a symbol signifies sth, it is a sign of that thing or represents that thing. ► *The contrasting approaches to Europe signified a sharp difference between the major parties.* ♦ εννοώ, σημαίνω, "δείχνω"

tiptoe phr If you do something on tiptoe or on tiptoes, you do it standing or walking on the front part of your foot, without putting your heels on the ground. > *She leaned her bike against the stone wall and stood on tiptoe to peer over it.*

♦ στα νύχια των ποδιών, στις μύτες

earthworm n A kind of worm which lives in the ground.

♦ γαιοσκώληκας

cottage n A small house, usually in the country. > *They used to have a cottage in N.W. Scotland.*

♦ αγροικία, αγροτόσπιτο
rook n A large black bird. Rooks are members of the crow family.

♦ σταροκόρακας

pecking n The action of a bird moving its beak forward quickly and biting at something. > *It was winter and the sparrows were having peckings of whatever they could find.*

♦ τσιμπολόγημα

suspend v To cause to stop temporarily. > *British and Irish governments will suspend the peace process today until the autumn by announcing a review.*

♦ αναστέλλω, διακόπτω (προσωρινά)

Reading - Part 2

Page 39

hardly adv You use hardly to modify a statement when you want to emphasize that it is only a small amount or detail which makes it true, and that therefore it is best to consider the opposite statement as being true. > *I hardly know you...*

♦ σχεδόν καθόλου, μόλις και μετά βίας

tricky adj difficult to do or deal with > *Parking can be tricky in the town centre.*

♦ γεμάτος παγίδες, επικίνδυνος, περίπλοκος
mass n Something which involves or affects a very large number of people. > *They used weapons of mass destruction.*

♦ μαζικός, ομαδικός

migration n The action of moving from one place to another, especially in order to find work or to live somewhere for a short time. > *...the migration of Soviet Jews to Israel.*

♦ αποδημία, μετανάστευση

piquant adj Food with a pleasantly spicy taste. > *We ate a crisp mixed salad with an unusually piquant dressing.*

♦ πικάντικος, καυτερός

embrace v If you embrace a change, political system, or idea, you accept it and start supporting it or believing in it.

> *He embraces the new information age.*

♦ ενστερνίζομαι, "ασπάζομαι"

culinary adj Concerned with cooking. > *She was keen to acquire more advanced culinary skills.*

♦ της μαγειρικής, μαγειρικός
blow n If something that happens is a blow to someone or something, it is very upsetting, disappointing, or damaging to them. > *His death dealt a severe blow to the army's morale.*

♦ πλήγμα, κύπημα

compound v To compound a problem, difficulty, or mistake means to make it worse by adding to it. > *Additional bloodshed and loss of life will only compound the tragedy.*

♦ επιδεινώνω, καθιστώ χειρότερο

expansion n The process of becoming greater in size, number, or amount. > *I was surprised by the rapid expansion of private health insurance.*

♦ επέκταση, διεύρυνση

critical adj An extremely important time, factor, or situation. > *The incident happened at a critical point in the campaign.*

♦ κρίσιμος, σημαντικός

apparent adj An apparent situation, quality, or feeling seems to exist, although you cannot be certain that it does exist. > *I was a bit depressed by our apparent lack of progress.*

♦ φαινομενικός, προφανής

sector n A particular sector of a country's economy is the part connected with that specified type of industry. > *...the nation's manufacturing sector.*

♦ τομέας, πεδίο

catering n The activity of providing food and drink for a large number of people, for example at weddings and parties. > *He recently did the catering for a presidential reception.*

♦ "τροφοδοσία", επισιτισμός, κέτερινγκ

short-term adj Things that will last for a short time, or things that will have an effect soon rather than in the distant future.

> *Investors weren't concerned about short-term profits over the next few years.*

♦ βραχυπρόθεσμός

scheme n A plan or arrangement involving many people

which is made by a government or other organization.

> *...schemes to help combat unemployment.*

♦ σχέδιο, πλάνο
impose v If you impose sth on people, you use your authority to force them to accept it. > *Britain imposed fines on airlines which bring in passengers without proper papers.*

♦ επιβάλω
severe adj Severe punishments or criticisms are very strong or harsh. > *This was a dreadful crime and a severe sentence is necessary.*

♦ αυστηρός, σοβαρότατος

restriction n The action of putting a limit on something in order to reduce it or prevent it becoming too great. > *Some restriction on funding was necessary.*

♦ περιορισμός, περιοριστική διάταξη
retain v To retain something means to continue to have that thing. > *The interior of the shop still retains a nineteenth-century atmosphere.*

♦ διατηρώ, εξασφαλίζω

domestic adj Domestic political activities, events, and situations happen or exist within one particular country. > *...sales in the domestic market.*

♦ εγχώριος, ντόπιος
consumption n The amount of fuel or natural resources that is used or the act of using them. > *The laws have led to a reduction in fuel consumption in the US.*

♦ κατανάλωση
spokesperson n A person who speaks as the representative of a group or organization. > *A spokesperson for Amnesty, Norma Johnston, describes some cases.*

♦ εκπρόσωπος (ομάδα, κόμματος κτλ.)
dispute v If you dispute a fact, statement, or theory, you say that it is incorrect or untrue. > *Some economists disputed whether consumer spending is as strong as the figures suggest.*

♦ θέτω υπό αμφισβήτηση, αμφισβητώ
suburbia n The suburbs of cities and large towns considered as a whole. > *Images of bright summer mornings in leafy suburbia.*

♦ μεσοαστικό προάστειο

lobby v If you lobby someone such as a member of a government or council, you try to persuade them that a particular law should be changed or that a particular thing should be done.

> *Carers from all over the UK lobbied Parliament last week to demand a better financial deal.*

♦ ασκώ (παρασκευαστική) πολιτική πίεση

crackdown n A strong official action that is taken to punish people who break laws. > *...anti-government unrest that ended with the violent army crackdown.*

♦ αυστηρή ή βίαιη καταστολή, πάταξη

restaurateur n A person who owns and manages a restaurant. > *One day a mutual friend brought a restaurateur over to taste the cheesecake, and he immediately asked Bess to make two for his restaurant dessert menu.*

♦ εστίατορας

Reading - Part 3

Page 40 - Text A

motivate v If someone motivates you to do sth, they make you feel determined to do it. > *How do you motivate people to work hard and efficiently?*

♦ παρακινώ, παρέχω κίνητρα
initiate v If you initiate something, you start it or cause it to happen. > *They wanted to initiate a discussion on economics.*

♦ θέτω σε εφαρμογή ή λειτουργία, "εγκαινιάζω"

avoidance n The action of preventing something from happening. > *...the avoidance of stress.*

♦ αποφυγή

eliminate v To eliminate something, especially something you do not want or need, means to remove it completely.

> *The Sex Discrimination Act has not eliminated discrimination in employment.*

♦ απαλείφω, εξαλείφω

cram v If you are cramming for an examination, you are learning as much as possible in a short time just before you take the examination. > *She was cramming for her Economics exam.*

♦ μελετώ εντατικά, πυρετωδώς

awareness n The state of knowing about sth. > *The 1980s brought an awareness of green issues.*

♦ επίγνωση, συνείδηση
prioritise v If you prioritize the tasks that you have to do, you decide which are the most important and do them first.

> *Make lists of what to do and prioritize your tasks.*

♦ θέτω προτεραιότητα, ιεραρχώ

maintain v If you maintain something, you continue to have it, and do not let it stop or grow weaker. > *The Department maintains many close contacts with the chemical industry.*

♦ διατηρώ, συντηρώ

flexible *adj* Something or someone that is flexible is able to change easily and adapt to different conditions and circumstances as they occur. > *Look for software that's flexible enough for a range of abilities.* ♦ ευέλικτος, ελαστικός
schedule *n* A plan that gives a list of events or tasks and the times at which each one should happen or be done. > *We both have such busy schedules.* ♦ πρόγραμμα, χρονοδιάγραμμα

Text B

tool *n* Anything that you use for a particular purpose. > *The video has become an invaluable teaching tool.* ♦ εργαλείο
install *v* If you install a piece of equipment, you fit it or put it somewhere so that it is ready to be used. > *They had installed a new phone line in the apartment.* ♦ εγκαθιστώ
track *v* To track someone or something means to follow their movements by means of a special device, such as a satellite or radar. > *Our radar began tracking the jets.*
 ♦ εντοπίζω, ακοιουθώ τα ίχνη
application *n* In computing, an application is a piece of software designed to carry out a particular task. ♦ εφαρμογή
site *n* A set of data and information about a particular subject which is available on the Internet. ♦ (δικτυακός) τόπος, ιστοσελίδα
measure *v* If you measure the quality, value, or effect of something, you discover or judge how great it is. > *It was difficult to measure the precise impact of the labor action.*
 ♦ μετρώ, καταμετρώ
idle *adj* Not operating or being used. > *Now the machine is lying idle.* ♦ αδρανής, ανενεργός
accurate *adj* Information, measurements, and statistics which are correct to a very detailed level. > *Quartz timepieces are very accurate, to a minute or two per year.* ♦ ακριβής, λεπτομερής
detection *n* The act of noticing or sensing something.
 > *The early detection of breast cancer saved her life.*
 ♦ εντοπισμός, επισήμανση, ανίχνευση

Text C

overall *adj* You use overall to indicate that you are talking about a situation in general or about the whole of something. > *Cut down your overall amount of physical activity.*
 ♦ γενικός, συνολητικός
effectiveness *n* The action of working well and producing the results that are intended. > *I study the effectiveness of computers as an educational tool.* ♦ αποτελεσματικότητα, δραστηριότητα
accompanying *adj* Being in association with something. > *The accompanying pictures helped me to understand the text.* ♦ συνοδευτικός
foundation *n* A basis upon which something stands or is supported. > *The rumor is without foundation in fact.*
 ♦ θεμέλια, βάση
insight *n* If you gain insight or an insight into a complex situation or problem, you gain an accurate and deep understanding of it. > *The project would give scientists new insights into what is happening to the earth's atmosphere.*
 ♦ εις βάθος κατανόηση, εντρίφηση

Text D

means *n* A method, instrument, or process which can be used to do something. > *The move is a means to fight crime.*
 ♦ μέθοδος, τρόπος, μέσο
resources *n* An available means. ♦ μέσο επίτευξης σκοπού
principle *n* A general belief that you have about the way you should behave, which influences your behaviour. > *Buck never allowed himself to be bullied into doing anything that went against his principles.* ♦ αρχή, ήθος
conscious *adj* A conscious decision or action is made or done deliberately with you giving your full attention to it.
 > *I don't think we ever made a conscious decision to have a big family.* ♦ συνειδητός, με επίγνωση
mislabelled *adj* Defined or described in a wrong way.
 ♦ που έχει υποστεί παρανόηση, λάθος περιγραφή

address *v* If you address someone you say something to them. > *The two foreign ministers did not address each other directly when they last met.* ♦ απευθύνομαι, αναφέρομαι σε
procrastinate *v* If you procrastinate, you keep leaving things you should do until later, often because you do not want to do them. > *Most often we procrastinate when faced with something we do not want to do.* ♦ χρονοτριβώ, κωλύσιεργώ

Reading - Part 4

Page 42

lay *v* If you lay something such as carpets, cables, or foundations, you put them into their permanent position. > *Public utilities dig up roads to lay pipes.* ♦ τοποθετώ, στήνω
demolish *v* To demolish something such as a building means to destroy it completely. > *A storm moved directly over the island, demolishing buildings and flooding streets.*
 ♦ κατεδαφίζω, γκρεμίζω
granite *n* A very hard rock used in building. ♦ γρανίτης
quarry *v* When stone or minerals are quarried, they are removed from the area by digging, drilling, or using explosives. > *The large limestone caves are also quarried for cement.*
 ♦ λατομώ, εξορύσσω
arch *n* A structure that is curved at the top and is supported on either side by a pillar, post, or wall. > *I must have been travelling a good hour before I walked into the bridge arch and almost knocked my head off.* ♦ αψίδα
corbel *n* A bracket, usually of stone or brick. ♦ δοκός υποστήριξης
parapet *n* A low wall along the edge of something high such as a bridge or roof. ♦ στηθαίο, παραπέτο
footpath *n* A path for people to walk on, especially in the countryside. ♦ μονοπάτι
sink *v* If something sinks, it disappears below the surface of a mass of water. > *The boat was beginning to sink fast.*
 ♦ βυθίζομαι, υποχωρώ
adequate *adj* If sth is adequate, there is enough of it or it is good enough to be used or accepted. > *The old methods weren't adequate to meet current needs.* ♦ επαρκής, αρκετός
auction *n* A public sale where goods are sold to the person who offers the highest price. > *Lord Salisbury bought the picture at auction in London some years ago.* ♦ πλειστηριασμός, δημοπρασία
founder *n* The person who got an institution, organization, or building started or caused it to be built, often by providing the necessary money. > *He was one of the founders of the university's medical faculty.* ♦ ιδρυτής
submit *v* If you submit a proposal, report, or request to someone, you formally send it to them so that they can consider it or decide about it. > *They submitted their reports to the President yesterday.* ♦ υποβάλλω, καταθέτω
bid *n* An offer to pay a particular amount of money for sth that is being sold. > *Hanson made an agreed takeover bid of £351 million.* ♦ προσφορά, προσφερόμενο ποσό
ship *v* If people or things are shipped somewhere, they are sent there on a ship or by some other means of transport. > *Food is being shipped to drought-stricken Southern Africa.*
 ♦ μεταφέρω (με πλοίο) δια θαλάσσης
truck *v* When sth or someone is trucked somewhere, they are driven there in a lorry. > *The liquor was sold legally and trucked out of the state.* ♦ μεταφέρω (με φορτηγό) δια ξηράς
compound *n* An enclosed area of land that is used for a particular purpose. > *Police fired on them as they fled into the embassy compound.* ♦ περίβολος, χώρος περιβαλλόμενος από κτίσματα
span *n* The span of something that extends or is spread out sideways is the total width of it from one end to the other. > *It is a very pretty butterfly, with a 2 inch wing span.* ♦ άνοιγμα, έκταση
row *n* A number of things or people arranged in a line.
 > *Several men are pushing school desks and chairs into neat rows.* ♦ σειρά, γραμμή
dismantle *v* If you dismantle a machine or structure, you carefully separate it into its different parts. > *He asked for immediate help from a specialist to dismantle the machine.*
 ♦ αποσυναρμολογώ, διαλύω

coincide **v** If one event coincides with another, they happen at the same time. > *The exhibition coincides with the 50th anniversary of his death.* ♦ συμπίπτω (τοπικά ή χρονικά)
official **n** A person who holds a position of authority in an organization. > *A senior UN official hopes to visit Iran this month.* ♦ στέλεχος, αξιωματούχος
draw **v** If something such as a film or an event draws a lot of people, it is so interesting or entertaining that a lot of people go to it. > *The game is currently drawing huge crowds.*
 ♦ προσελκύω, "τραβάω"

TEST 5

Listening - Part 1

Page 45

pricey **adj** expensive > *Medical insurance is very pricey.*
 ♦ ακριβός, δαπανηρός
tube **n** A long, thin container which you squeeze in order to force the paste out. > *I bought a tube of toothpaste.*
 ♦ σωληνάριο
acrylic **adj** Artificial material, manufactured by a chemical process. > *Richly colored print, inspired by a 19th century clock dial, protected by an acrylic cover.* ♦ ακρυλικός
unintentional **adj** Something that is not done deliberately, but happens by accident. > *Richly coloured print, inspired by a 19th century clock dial, protected by an acrylic cover.* ♦ που δεν έγινε σκοπίμως, χωρίς πρόθεση

Listening - Part 2

compliment **v** If you compliment someone, you pay them a polite remark that you say to someone to show that you like their appearance, appreciate their qualities, or approve of what they have done. > *They complimented me on the way I looked each time they saw me.* ♦ φιλοφρονώ, κοίτακεύω
comfort **v** If you comfort someone, you make them feel less worried, unhappy, or upset, for example by saying kind things to them. > *Ned put his arm around her, trying to comfort her.*
 ♦ παρηγορώ, συμπαρίσταναι
tease **v** To laugh at someone or make jokes about them in order to embarrass, annoy, or upset them. > *He teased me mercilessly about going Hollywood.* ♦ πειράζω, περιπαίζω
straightforward **adj** Someone who is honest and direct, and does not try to hide his feelings. > *She is very blunt, very straightforward and very honest.* ♦ σαφής, ξεκάθαρος, ευθύς
journal **n** A magazine, especially one that deals with a specialized subject. > *All our results are published in scientific journals.* ♦ σοβαρή εφημερίδα, περιοδικό
thesis **n** A long piece of writing based on your own ideas and research that you do as part of a university degree, especially a higher degree such as a PhD. > *He wrote an interesting thesis on the subject of Charles Dickens's Oliver Twist.*
 ♦ (επιστημονικό) μελέτημα, διατριβή, εργασία
modify **v** Change something slightly, usually in order to improve it. > *The club members did agree to modify their recruitment policy.* ♦ μετατρέπω, τροποποιώ

Listening - Part 4

Page 47

famine **n** A great shortage. ♦ οικονομικό έλλειμμα, οικονομική κατάρρευση
prosperity **n** A condition in which a person or community is doing well financially. > *...a new era of peace and prosperity.*
 ♦ ευημερία, ευπραγία
turmoil **n** A state of confusion, disorder, uncertainty, or great anxiety. > *...the political turmoil of 1989.* ♦ αναταραχή, αναβρασμός
recession **n** A period when the economy of a country is doing badly, for example because industry is producing less and more people are becoming unemployed. > *The oil price increases sent Europe into deep recession.* ♦ ύφεση, κάμψη
profit **n** An amount of money that you gain when you are paid more for something than it cost you to make, get, or do it. > *You can improve your chances of profit by sensible planning.*

♦ κέρδος, όφελος
share **n** A company's shares are the many equal parts into which its ownership is divided. Shares can be bought by people as an investment. > *For some months the share price remained fairly static.* ♦ μετοχή
Treasury Secretary **n** Υπουργείο ή Υπουργός Δημόσιου Θησαυρού/Οικονομικών, Θησαυροφυλάκιο
mortgage **n** A loan of money which you get from a bank or building society in order to buy a house. > *Last year there was an increase in mortgage rates.* ♦ δάνειο (στεγαστικό)

Reading - Part 1

Page 48

sole **adj** The sole thing or person of a particular type is the only one of that type. > *Their sole aim is to destabilize the government.* ♦ μοναδικός, αποκλειστικός
inheritance **n** Money or property which you receive from someone who has died. > *She feared losing her inheritance to her stepmother.* ♦ κληρονομιά
line **n** A particular line of people or things is a series of them that has existed over a period of time, when they have all been similar in some way, or done similar things. > *We were part of a long line of artists.* ♦ γενεαλογία, καταγωγή, "γενεές"
means **n** The money that someone has. > *He did not have the means to compensate her.* ♦ πόροι, (οικονομικά) μέσα
fondly **adv** In a way that shows affection. > *Liz saw their eyes meet fondly across the table.* ♦ στοργικά, τρυφερά
attached **adj** If you are attached to someone or sth, you like them very much. > *She is very attached to her family and friends.* ♦ συνδεδεμένος με δεσμούς αγάπης, αφοσιωμένος, προσήλωμένος
pathetic **adj** Someone who is sad, weak or helpless and makes you feel sorry. > *She now looked small, shrunken and pathetic.* ♦ θλιβερός, αξιοθύντος
goodly **adj** Large in amount or extent or degree. > *He spent a goodly part of his lecturing life in American universities.*
 ♦ αρκετά μεγάλος, κάμποσος
invariable **adj** Something that never changes. > *It was his invariable custom to have one whisky before his supper.*
 ♦ αμετάβλητος, σταθερός
governess **n** A woman who is employed by a family to live with them and educate their children. ♦ γκουβερνάντα, ταντά
consult **v** If a person or group of people consults with other people or consults them, they talk and exchange ideas and opinions about what they might decide to do. > *After consulting with her daughter and manager she decided to take on the part, on her terms.* ♦ συμβουλευθείμαι, ζητώ συμβουλή
exceedingly **adv** Very or very much. > *We had an exceedingly good lunch.* ♦ υπέρμετρα, υπερβολικά
spare **v** To use or dispense frugally — used chiefly in the negative. > *Don't spare the syrup.* ♦ φείδομαι, διαχειρίζομαι με φειδώ

Reading - Part 2

Page 49

clearance **n** The removal of old buildings, trees or other things that are not wanted from an area. > *...a slum clearance operation in Nairobi.* ♦ εκκαθάριση, καθαρισμός
evict **v** if someone is evicted from the place where they are living, they are forced to leave it, usually because they have broken a law or contract. > *In the first week, the city police evicted ten families.* ♦ κάνω έξωση, εκδιώκω
scale **n** The size or extent of something, especially when it is very big. > *The break-down of law and order could result in killing on a massive scale.* ♦ κλίμακα, "έκταση"
landlord **n** The man who allows someone to live or work in a place which he owns, in return for rent. > *His landlord doubled the rent.* ♦ γαιοκτήμονας, ιδιοκτήτης
ruthlessly **adv** Forcefully and thoroughly, without much concern for its effect on other people. > *The party has ruthlessly crushed any sign of organised opposition.*
 ♦ άσπιδάχνα, ανελέητα
distinct **adj** If something is distinct from something else of the same type, it is different or separate from it. > *This book is*

divided into two distinct parts. ♦ διαφορετικός, ξεχωριστός
croft n A small piece of land in Scotland which is owned and farmed by one family and which provides them with food.

► *He owned a small croft near Loch Nevis.* ♦ μικρό αγρόκτημα, υποστατικό

plot n A small piece of land, especially one that has been measured or marked out for a special purpose, such as building houses or growing vegetables. ► *I thought I'd buy myself a small plot of land and build a house on it.* ♦ μικρή έκταση γης, οικόπεδο

potential n We say that sth has potential, if it has the necessary abilities or qualities to become successful or useful in the future. ► *The boy has great potential.* ♦ δυνατότητα, προοπτική

gentry n People of high social status or high birth. ► *Most of the country estates were built by the landed gentry during the late 19th century.* ♦ ελίτ, αριστοκρατία

compensate v Sth that compensates for sth else, balances it or reduces its effects. ► *Cheap prices don't compensate for tasteless food in our restaurant.* ♦ αναπληρώνω, αντισταθμίζω

seaweed n A plant that grows in the sea. ► *The seaweed was washed up on the beach.* ♦ φύκια

harvest n The gathering of a crop. ► *Poor harvests result in starvation.* ♦ θερισμός, συγκομιδή, σοδ(ε)ιά

kelp n A type of brown seaweed. ► *Kelp is a valuable plant that is a rich source of vitamins, minerals and nutrients.*

♦ φαιοφύκη

prompt v To prompt someone to do something means to make them decide to do it. ► *The user was prompted to download a file in order to install the programme.* ♦ παρακινώ, ωθώ

sheer adj You can use sheer to emphasize that a state or situation is complete and does not involve or is not mixed with anything else. ► *The sheer number of road accidents is growing due to the bad weather.* ♦ ακριβής, καθαρός

couple v If you say that one thing produced an effect when it is coupled with another, you mean that the two things combine to produce that effect. ► *The use of those drugs, coupled with a poor diet, is bad for the health.*

♦ συνδέω, συσχετίζω, "συνδυάζω"

destitution n The state of having no money or possessions. ► *Charities can help to eliminate destitution.* ♦ ένδεια, φτώχεια

starvation n The extreme suffering or death, caused by lack of food. ► *Over 3,000 people have died of starvation since the beginning of the year.* ♦ λιμός, πείνα

migrate n If people migrate, they move from one place to another, especially in order to find work or to live somewhere for a short time. ► *Farmers have to migrate if they want to survive.* ♦ μεταναστεύω (κυρίως για εσωτερική μετανάστευση)

emigrate n If people emigrate, they leave their country, to live to another country. ► *They emigrated to Austria.*

♦ μεταναστεύω (κυρίως για εξωτερική μετανάστευση)

colony n A country which is controlled by a more powerful country. ► *France had many colonies in Africa.* ♦ αποικία

notorious n Well-known for something bad. ► *West Berlin has been notorious for its street violence.* ♦ διαβόητος, περιβόητος

fitting adj Right or suitable. ► *A solitary man, it was perhaps fitting that he should have died alone.* ♦ κατάλληλος, ταιριαστός

memorial n A structure built in order to remind people a famous person or event. ► *Every village has its war memorial.*

♦ μνημείο, αναμνηστικό

tenant n A tenant is someone who pays rent for the place they live in, or for the land they use. ► *The tenant farmer and his family were usually obliged to work on the main farm in return for daily wages.* ♦ ένοικος, ενοικιαστής

estate n A large area of land, which is owned by a person, a family or an organisation. ► *Their estate in Yorkshire is for sale.*

♦ κτήμα, υποστατικό

contribute v If you contribute to something, you say or do things to make it successful. ► *Each of us can contribute to the future of the world.* ♦ συνεισφέρω, συμβάλλω

glen n A deep, narrow valley, especially in the mountains of Scotland or Ireland. ♦ ρεματιά, στενή κοιλάδα

barren adj A dry and bare landscape which has very few plants and no trees. ► *...the country's landscape of high barren mountains.* ♦ άγονος, έρημος

plinth n A rectangular block of stone on which a statue or pillar stands. ♦ πλίνθος, πλινθίδιον, π.χ. αγάλματος ή κίονα

dominate v If a building, mountain, or other object domi-

nates an area, it is so large or impressive that you cannot avoid seeing it. ► *It's one of the biggest buildings in this area, and it really dominates this whole place.* ♦ κυριαρχώ, επιβάλλομαι

musket n An early type of gun with a long barrel, which was used before rifles were invented. ♦ μουσκέτο, παλαιού τύπου τουφέκι

poverty n The state of being extremely poor. ► *According to World Bank figures, 41 per cent of Brazilians live in absolute poverty.* ♦ ανέχεια, φτώχεια

Reading - Part 3

Page 50 - Text A

reproductive adj Processes and organs concerned with the reproduction of living things. ► *...the female reproductive system.* ♦ αναπαραγωγικός || **reproduction:** αναπαραγωγή

digestive adj Things related to the digestion of food. ► *I drink digestive juices that normally work on breaking down our food.* ♦ πεπτικός || **digestion:** πέψη

obesity n The state of being extremely fat. ► *The excessive consumption of sugar that leads to problems of obesity.*

♦ παχυσαρκία

gallstone n A small, painful lump which can develop in your gall bladder. ♦ χολόλιθος, πέτρα στη χολή

intestinal adj Relating to the intestines. ► *Increased amounts of dietary fiber, found in cereal products and certain fruits and vegetables, can help prevent certain intestinal problems.*

♦ εντερικός || **intestine:** έντερο

rate n The speed which something happens with. ► *The world's tropical forests are disappearing at an even faster rate than experts had thought.* ♦ "τιμή", "δείκτης", αναλογία, ποσοστό

mortality n The death of large numbers (as of people or animals). ► *She has suddenly come face to face with her own mortality.* ♦ θνητότητα, θνησιμότητα

ischaemic adj ♦ ισχαιμικός

Text B

deficiency n The state of not having enough of something your body needs. ► *They did blood tests on him for signs of vitamin deficiency.* ♦ έλλειψη, ανεπάρκεια

fortified adj If food or drink is fortified, another substance is added to it to make it healthier or stronger. ► *I eat only fortified cereal products.* ♦ ενισχυμένος

vegan n Someone who never eats meat or any animal products such as milk, butter, or cheese. ► *The menu changes weekly and usually includes a vegan option.* ♦ χορτοφάγος της αυστηρής σχολής (δεν τρώει ούτε παράγωγα ζώων)

supplement n A pill that you take or a special kind of food that you eat in order to improve your health. ► *Every day I take a multiple vitamin and mineral supplement.* ♦ συμπλήρωμα

prescribe v If a doctor prescribes medicine or treatment for you, he or she tells you what medicine or treatment to have.

► *Our doctor diagnosed a throat infection and prescribed antibiotic and junior aspirin.* ♦ χορηγώ, συνταγογραφώ

physician n A doctor. ♦ γιατρός

nutrient n Substance that help plants, animals and people to grow. ► *We will examine the role of vegetable fibres, vitamins, minerals and other essential nutrients.* ♦ θρεπτική ουσία

riboflavin n A vitamin that occurs in green vegetables, milk, fish, eggs, liver, and kidney. ♦ ριβοφλαβίνη

calcium n A soft white element which is found in bones and teeth, and also in limestone, chalk, and marble. ► *No amount of gelatin or calcium is going to make your nails thicker or stronger.* ♦ ασβέστιο

amino acid n Substances containing nitrogen and hydrogen and which are found in proteins. Amino acids occur naturally in the body. ♦ αμινοξύ

zinc n A bluish-white metal which is used to make other metals such as brass, or to cover other metals such as iron to stop a brown substance called rust from forming. ♦ ψευδάργυρος

phytic acid n ♦ φυτικό/φυτινικό/φυτανικό οξύ

whole grain n The grains of cereals such as wheat and maize that have not been processed. ► *Fruits, vegetables, and whole grains are rich in potassium.* ♦ (προϊόντα) ολικής αλέσεως

bind v To take up and hold (as by chemical forces).

♦ δεσμεύω, κατακρατώ

insufficient **adj** Sth that is not large enough in amount or degree for a particular purpose. > *He decided there was insufficient evidence to justify criminal proceedings.* ♦ ανεπαρκής, λιγοστός

intake **n** Your intake of a particular kind of food, drink, or air is the amount that you eat, drink, or breathe in. > *Your intake of alcohol should not exceed two units per day.* ♦ πρόσληψη, κατανάλωση

infancy **n** The period of your life when you are a very young child. > *...the development of the mind from infancy onwards.* ♦ νηπιακή ηλικία, παιδικά χρόνια

Text C

acknowledge **v** If you acknowledge a fact or a situation, you accept or admit that it is true or that it exists. > *Naylor acknowledged, in a letter to the judge, that he was a drug addict.* ♦ αναγνωρίζω, παραδέχομαι

adopt **v** If you adopt a new attitude, plan, or way of behaving, you begin to have it. > *Parliament adopted a resolution calling for the complete withdrawal of troops.* ♦ υιοθετώ, ενστερνίζομαι

carbon dioxide **n** ♦ διοξείδιο του άνθρακα

guzzle **v** If you say that a vehicle guzzles fuel, you mean that it uses a lot of it in a way that is wasteful and unnecessary.

> *The plane was deafeningly noisy, guzzled fuel, and left a trail of smoke.* ♦ καταναλώνω υπερβολικά, "καίω"

hybrid **n** Anything that is a mixture of other things, especially two other things. > *...a hybrid of solid and liquid fuel.*

♦ υβρίδιο

Text D

define **v** If you define sth, you show, describe, or state clearly what it is and what its limits are, or what it is like. > *He was asked to define his concept of morality.* ♦ ορίζω, καθορίζω

derive **v** If you say that something such as a word or feeling derives or is derived from something else, you mean that it comes from that thing. > *Anna's strength is derived from her parents and her sisters.* ♦ προέρχομαι, πηγάζω

poultry **n** Meat from chickens, ducks, and other birds.

> *The menu features roast meats and poultry.* ♦ (οικόσιτα) πουλερικά

omit **v** If you omit something, you do not include it in an activity or piece of work, deliberately or accidentally. > *Our apologies to David Pannick for omitting his name from last week's article.* ♦ παραλείπω, εξαιρώ, ξεχνώ

Reading - Part 4

Page 52

sitcom **n** An amusing television drama series about a set of characters. Sitcom is an abbreviation for 'situation comedy'.

♦ φαρσοκωμωδία, κωμωδία καταστάσεων

broadcast **v** To send a programme out by radio waves, so that it can be heard on the radio or seen on television.

> *CNN also broadcasts in Europe.* ♦ εκπέμπω ή μεταδίδω (από ραδιοφώνου, τηλεόρασης κτλ.)

lasting **adj** A situation, result, or agreement that continues to exist or have an effect for a very long time. > *She left a lasting impression on him.* ♦ μακροχρόνιος, που διαρκεί

legacy **n** Something transmitted by or received from an ancestor or predecessor or from the past. > *...the legacy of the ancient philosophers.* ♦ μτφ. παράδοση, "κληρονομιά"

setting **n** A particular place or type of surroundings where something is or takes place. > *Rome is the perfect setting for romance.* ♦ τονίο, περιβάλλον

fictional **adj** Characters or events that occur only in stories, plays, or films and never actually existed or happened. > *It is a drama with fictional characters.* ♦ ηλλασματικός, φανταστικός

marvellously **adv** Wonderfully, extremely well. > *He always painted marvellously.* ♦ εξαιρετικά, θαυμάσια, υπέροχα

contain **v** If something such as a box, bag, room, or place contains things, those things are inside it. > *Factory shops contain a wide range of cheap furnishings.* ♦ έχω ως περιεχόμενο, (εμ)περιέχω

further **v** If you further something, you help it to progress, to

be successful, or to be achieved. > *Education needn't only be about furthering your career.* ♦ προωθώ, προάγω

fellow **n** A man or boy. > *By all accounts, Rodger would appear to be a fine fellow.* ♦ άνθρωπος, "τύπος"

erratic **adj** Something that does not follow a regular pattern, but happens at unexpected times or moves along in an irregular way. > *Argentina's erratic inflation rate threatens to upset the plans.* ♦ ακανόνιστος, απρόβλεπτος

outspoken **adj** Someone who gives his opinions about things openly and honestly, even if he is likely to shock or offend people. ♦ ευθαροής, ευθύς

prejudiced **adj** A person who is prejudiced against someone has an unreasonable dislike of them. > *Some landlords and landladies are racially prejudiced.* ♦ προκατειλημμένος, μεροληπτικός

parody **v** When someone parodies a particular work, thing, or person, they imitate it in an amusing or exaggerated way. > *We saw a sketch parodying the views of Hitler.*

♦ διακωμωδώ, σατιρίζω

dogma **n** If you refer to a belief or a system of beliefs as a dogma, you disapprove of it because people are expected to accept that it is true, without questioning it. > *Their political dogma has blinded them to the real needs of the country.*

♦ δόγμα, αυθαίρετη άποψη

personnel **adj** The people who work for an organisation.

> *There has been very little renewal of personnel in higher education.* ♦ (υπαλληλικό) προσωπικό

go-ahead **n** A permission to start doing something. > *The Greek government today gave the go-ahead for five major road schemes.* ♦ "πράσινο φως", έγκριση

ratings **n** The statistics published each week which show how popular each television programme is. > *CBS's ratings again showed huge improvement over the previous year.*

♦ δείκτης/ποσοστά ακροαματικότητας ή τηλεθέασης

TEST 6

Listening - Part 1

Page 55

eloquence **n** The ability to speak in a way which is well expressed and effective in persuading people. > *The politician is known for his eloquence.* ♦ ευγλωττία, ευφράδεια

Listening - Part 2

purchase **n** The act of buying something. > The purchase of a car is a difficult matter. ♦ αγορά

impertinent **adj** Someone who behaves in an impolite and disrespectful way. > Would it be impertinent to ask where you were? ♦ αγενής, απρεπής

siblings **n** Your siblings are your brothers and sisters. > *His siblings are mostly in their early twenties.* ♦ αδέρφια

exasperated **adj** Being frustrated or angry because of something that is happening or something that another person is doing. > *The president was clearly exasperated by the whole situation.* ♦ εξοργισμένος, εκνευρισμένος

ambivalent **adj** Someone who is uncertain whether he really wants something, or whether he really approves of it. > *She remained ambivalent about her marriage.* ♦ αβέβαιος

obstinate **adj** Someone who is very determined to do what he wants, and refuses to change his mind or be persuaded to do something else. > *He is obstinate and determined and will not give up.* ♦ πεισματάρης, ισχυρογνώμων

Listening - Part 3

Pages 56

closure **n** The permanent ending of the work or activity in a place such as a business or factory. > *Almost three in four clinics say they face closure by the end of the year.* ♦ κλείσιμο επιχείρησης

lifespan **n** The period of time for which a person, animal or plant are expected to live. > *What is the most common lifespan for a dog?* ♦ διάρκεια ζωής

misrepresent **v** If someone misrepresents a person or situa-

tion, they give a wrong or inaccurate account of what the person or situation is like. > *He claims that the press has misrepresented him as arrogant.* ♦ διαστρεφιλώνω, δίνω ανακριβή εικόνα
immigrant **n** A person who has come to live in a country from some other country. > *...illegal immigrants.* ♦ μετανάστης
starve **v** To suffer greatly from lack of food which sometimes leads to death. > *During the war millions of people starved to death.* ♦ λιμοκτονώ, πεινώ
racial adj Relating to people's race. > *We should not judge people based on racial differences.* ♦ φυλετικός || **race:** φυλή

Reading - Part 1

Page 58

startled **adj** Surprised and slightly frightened > *She was startled by the sudden telephone ring.* ♦ ξαφνιασμένος, τρομαγμένος

supervisor **n** A person who supervises activities or people, especially workers or students. > *...a full-time job as a supervisor at a factory.* ♦ επίοπτος, επιτηρητής || **supervise:** επιτηρώ, επιθεωρώ

curt **adj** Someone who speaks or replies in a brief and rather rude way. > *Her tone of voice was curt.* ♦ ξερός, απότομος

abrupt **adj** Someone who speaks in a rather rude, unfriendly way. > *He was abrupt to the point of rudeness.* ♦ απότομος, αναίδης

military **adj** Military means relating to the armed forces of a country. > *Military action may become necessary.* ♦ στρατιωτικός

chase **v** If you chase someone, or chase after them, you run after them or follow them quickly in order to catch or reach them. > *She chased the thief for 100 yards.* ♦ κυνηγώ

thumping **n** The action of having been hit hard with the hand, fist, or some heavy instrument. > *Ralph came between them and got a thump on the chest.* ♦ γροθιά, χτύπημα

accost **v** If someone accosts another person, especially a stranger, they stop them or go up to them and speak to them in a way that seems rude or threatening. > *A dirty man had accosted me in the street.* ♦ πηλευρίζω, πηλησιάζω

formalities **n** Formal actions or procedures that are carried out as part of a particular activity or event. > *He had to attend to the pre-funeral formalities.* ♦ τυπικές διαδικασίες, τυπικότητες

grumble **v** To complain about something in a bad-tempered way. > *I shouldn't grumble about Mum - she's lovely really.* ♦ γκρινιάζω, διαμαρτύρομαι

inspection **n** The action of looking at every part of something carefully in order to find out about it or check that it is all right. > *He had completed his inspection of the rooms.* ♦ επιθεώρηση

embarrassed **adj** Someone who feels shy, ashamed, or guilty about something. > *He looked a bit embarrassed.* ♦ αμήχανος, ντροπισσμένος

proceed **v** If an activity, process, or event proceeds, it goes on and does not stop. > *The ideas were not new. Their development had proceeded steadily since the war.* ♦ προχωρώ, συνεχίζω

Reading - Part 2

Page 59

rule **v** The person or group that rules a country controls its affairs. > *The Prime Minister has ruled the country for nine months.* ♦ κυβερνώ

dub **v** If someone/something is dubbed a particular thing, they are given that description or name. > *Paul Newman was dubbed "the knight of Hollywood".* ♦ επωνομάζω, βγάζω παρατσούκλι

scathing **adj** Being very critical of something. > *...scathing criticism.* ♦ καυστικός, δριμύς

smash **v** To deliberately destroy a political group or system. > *The government tried to smash anarchism.* ♦ πατάσσω, συντριβώ

consensus **n** A general agreement among a group of people. > *The consensus amongst the world's scientists is that the world is likely to warm up over the next few decades.*

♦ ομοφωνία, συναίνεση

strident **adj** Someone who makes his feelings or opinions known in a very strong way that perhaps makes people uncomfortable. > *...the strident tone of the politician's speech.*

♦ οξύς, έντονος

oust **v** If someone is ousted from a position of power, job, or

place, they are forced to leave it. > *The elected leaders have been ousted from power by the dictators.* ♦ εκβάλλω, απομακρύνω
conservative **adj** Someone who is conservative or has conservative ideas is unwilling to accept changes and new ideas. > *He has a conservative attitude to education.* ♦ συντηρητικός
Conservative Party ♦ Συντηρητικό Κόμμα, η Δεξιά στην Αγγλία
bring up **phr.v** When someone brings up a child, they look after it until it is an adult. > *She brought up five children.*

♦ αναθρέφω, μεγαλώνω

attend **v** If you attend a school, college, or church, you go there regularly. > *They attended college together at the University of Pennsylvania.* ♦ φοιτώ

Parliament **n** The parliament of some countries, for example Britain, is the group of people who make or change its laws, and decide what policies the country should follow. > *The Parliament is going to enact a new law.* ♦ Βουλή, Κοινοβούλιο

constituency **n** An area for which someone is elected as the representative in a parliament or government. > *The politicians will spend the weekend giving talks in their constituencies.*

♦ εκλογική περιφέρεια

administration **n** The process of organizing and supervising something. > *He has taken over the administration of the business.* ♦ διοίκηση, διαχείριση

premiership **n** The period of time during which someone is the leader of a government. > *...the final years of Margaret Thatcher's premiership.* ♦ πρωθυπουργία

cabinet **n** A group of the most senior ministers in a government, who meet regularly to discuss policies. > *After a three-hour cabinet meeting, the ministers announced their decisions.*

♦ υπουργικό συμβούλιο

rank **n** The position or grade someone has in an organization. > *He eventually rose to the rank of captain.* ♦ ιεραρχία - βαθμός

abolish **v** If someone in authority abolishes a system or practice, they formally put an end to it. > *The following year Parliament voted to abolish the death penalty.* ♦ καταργώ

provoke **v** If something provokes a reaction, it causes it.

> *His election success has provoked a public reaction.*

♦ προκαλώ, δημιουργώ

protest **n** The act of saying or showing publicly that you object to something. > *The workers called a two-hour strike in protest against the new law.* ♦ διαμαρτυρία

nickname **n** An informal name for someone/something. > *Red got his nickname for his red hair.* ♦ παρατσούκλι, προσωνύμιο

successive **adj** Happening or existing one after another without a break. > *Jackson was the winner for a second successive year.* ♦ διαδοχικός, αλληλεπόμενος

defeat **v** To cause an action or plan to fail. > *Military forces managed to defeat the rebellion.* ♦ νικώ, κάνω κάτι να αποτύχει

heed **v** If you heed someone's advice or warning, you pay attention to it and do what they suggest. > *Few people heeded the policeman's warning.* ♦ παίρνω στα σοβαρά, προσέχω

resign **v** If you resign from a job or position, you formally announce that you are leaving it. > *Mr. Robb resigned his position last month.* ♦ παραιτούμαι

leadership **n** Leadership refers to the qualities that make someone a good leader, or the methods a leader uses to do his or her job. > *What most people want to see is determined, decisive action and firm leadership.* ♦ ηγετική ικανότητα

initiate **v** To start something or cause it to happen. > *They wanted to initiate a discussion on economics.* ♦ ξεκινώ

humble **adj** A place or thing that is ordinary and not special in any way. > *There are restaurants, both humble and expensive.* ♦ ταπεινός, απλός

aspect **n** An aspect of something is one of the parts of its character or nature. > *Climate and weather affect every aspect of our lives.* ♦ πλευρά, άποψη

solid **adj** If you describe someone as solid, you mean that they are very reliable and respectable. > *James had a solid reputation as a director.* ♦ αξιόπιστος

elemental **adj** Simple, basic, and forceful feelings and types of behaviour. > *...the elemental life they would be living in the new town.* ♦ στοιχειώδης, βασικός

subside **v** If a feeling or noise subsides, it becomes less strong or loud. > *The hatred she felt for him subsided after some years.* ♦ υποχωρώ, κοπάζω

impact **n** The impact that something has on a situation,

process, or person is a sudden and powerful effect that it has on them. > *The new law is expected to have a huge impact on the future of the country.* ♦ επίδραση, αντίκτυπος

post-war adj Things that happened, existed, or were made in the period immediately after a war, especially the Second World War, 1939-45. > *In the post-war years her writing regularly appeared in The New Journal.* ♦ μεταπολεμικός

back v If you back a person or a course of action, you support them, for example by voting for them or giving them money. > *He asked me to back him at the meeting today.*

♦ υποστηρίζω, ενισχύω

bid n An attempt to obtain or do something. > *..Sydney's successful bid for the 2000 Olympic Games.* ♦ απόπειρα, προσπάθεια

drop out phr.v If someone drops out of college or a race, for example, they leave it without finishing what they started.

> *He'd dropped out of high school at the age of 16.*

♦ παρατάω, διακόπτω

controversy n A lot of discussion and argument about something, often involving strong feelings of anger or disapproval. > *The proposed measures have caused considerable controversy.*

♦ διένεξη, αντιπαράθεση

reluctance n An attitude where you are unwilling to do something and hesitate before doing it, or do it slowly and without enthusiasm. > *We were amazed at her reluctance to help us.* ♦ απροθυμία

integration n Consolidation, the act of combining into an integral whole. > *..the integration of immigrants into society.*

♦ ένταξη, ενσωμάτωση

Reading - Part 3

Page 60

Text A

proponent n Someone who supports something. > *I am a great proponent of recycling.* ♦ υποστηρικτής, θιασώτης

acupuncture n A kind of therapy where needles are inserted in certain parts of the body. > *After trying all the other ways of therapy, she turned to acupuncture.* ♦ βελονισμός

treat v When a doctor or nurse treats a patient or an illness, he or she tries to make the patient well again. > *Doctors treated her with aspirin.* ♦ θεραπεύω

ailment n An illness, especially one that is not very serious.

> *The pharmacist can help you with the treatment of common ailments.* ♦ ασθένεια

volunteer n Someone who does work without being paid for it, because they want to do it. > *She now helps in a local school as a volunteer.* ♦ εθελοντής

sustained adj Continued for a long time. > *We live a sustained period of economic growth.* ♦ παρατεταμένος, συνεχής

participate v To take part in an activity. > *Many groups participated in the festival.* ♦ συμμετέχω, παίρνω μέρος

note v To become aware of something. > *She noted his strange behaviour.* ♦ προσέχω, παρατηρώ

Text B

overlook v

If a building or window overlooks a place, you can see the place clearly from the building or window. > *Pretty and comfortable rooms overlook a flower-filled garden.* ♦ έχω θέα προς

picturesque adj An attractive and interesting place, that has no ugly modern buildings. > *a picturesque village.* ♦ γραφικός

rural adj Having features which are typical of areas that are far away from large towns or cities. > *...the old rural way of life.* ♦ επαρχιακός, αγροτικός

strive v If you strive to do something or strive for something, you make a great effort to do it or get it. > *He strives hard to keep himself very fit.* ♦ πασχίζω, προσπαθώ σκληρά

founder n The person who got an institution, organization, or building started or caused it to be built, often by providing the necessary money. > *He was one of the founders of the university's medical faculty.* ♦ ιδρυτής

devote v If you devote yourself, your time, or your energy to something, you spend all or most of your time or energy on it.

> *He decided to devote the rest of his life to scientific investi-*

gation. ♦ αφιερώνω, αφοσιώνομαι

perfect v If you perfect something, you improve it so that it becomes as good as it can possibly be. > *We perfected the new system so that we have no more problems.* ♦ τελειοποιώ

revolutionary adj Ideas and developments which involve great changes in the way that something is done or made. > *He was known for his revolutionary ideas.* ♦ επαναστατικός, καινοτόμος

pristinely adv In an extremely clean or new way. > *Now the house is pristinely cleaned.* ♦ άριστα, τέλεια, πεντακάθαρα

disposable adj A disposable product is designed to be thrown away after it has been used. > *...disposable nappies suitable for babies up to 8lb.* ♦ μιας χρήσεως

import v To import products or raw materials means to buy them from another country for use in your own country.

> *They imported goods from Germany.* ♦ εισάγω

Text C

prick v If something sharp pricks you or if you prick yourself with something sharp, it sticks into you or presses your skin and causes you pain. > *She had just pricked her finger with the needle.* ♦ τρυπώ, τσιμπώ

insert v To put an object inside something. > *He inserted the key in the lock.* ♦ βάζω, εισάγω

manipulate v If you manipulate something that requires skill, such as a complicated piece of equipment or a difficult idea, you operate it or process it. > *The puppets are expertly manipulated by Liz Walker.* ♦ χειρίζομαι

relieve v If something relieves an unpleasant feeling or situation, it makes it less unpleasant or causes it to disappear completely. > *Drugs can relieve much of the pain.* ♦ ανακουφίζω, απαλύνω από βάρος ή πόνο

meridian n An imaginary line from the North Pole to the South Pole. > *Meridians are drawn on maps to help you describe the position of a place.* ♦ μεσημβρινός

vital adj Something that is necessary or very important.

> *She gave vital information about the kidnapper.* ♦ ζωτικός, σημαντικός

concept n An idea or abstract principle. > *Some western concepts are misunderstood in the East.* ♦ έννοια, θεωρία

functional adj Relating to the way in which something works or operates, or relating to how useful it is. > *...modern furniture is mostly functional.* ♦ λειτουργικός

structural adj Relating to or affecting the structure of something. > *The explosion caused little structural damage to the office.* ♦ δομικός

originate v When something originates in a place it means that it comes from that place. > *The disease originated in Africa.* ♦ προέρχομαι, κατάγομαι

associated adj If something is associated with another thing, it means that they are connected in your mind. > *Flu is usually associated with winter.* ♦ συνδεδεμένος, σχετιζόμενος

Text D

properly adv In a correct and satisfactory way. > *You're too thin. You're not eating properly.* ♦ κατάλληλα, σωστά

side-effects n The effects, usually bad ones, that a drug has on you in addition to its function of curing illness or pain. > *Most patients suffer no side-effects.* ♦ παρενέργειες

complement n One thing is a complement to another when it creates a pleasant contrast to it or makes the combination of the two things pleasantly balanced. > *Yogurt can be used as a complement to spicy dishes.* ♦ συμπλήρωμα

conventional adj A method or product that is usually used or that has been in use for a long time. > *Some doctors use conventional methods of therapy.* ♦ συμβατικός, συνηθισμένος, γενικά αποδεκτός

medication n Medicine that is used to treat and cure illness.

> *Are you on any medication?* ♦ θεραπεία, φαρμακευτική αγωγή

respond v If a patient or their injury or illness is responding to treatment, the treatment is working and they are getting better. > *I'm pleased to say that he is now doing well and responding to treatment.* ♦ ανταποκρίνομαι, αντιδρώ

soreness n The feeling of pain and discomfort you have when a part of your body is irritated. > *She visited a therapist for the soreness on her skin.* ♦ ερεθισμός, πόνος

competent adj Someone who is efficient and effective. > *He was a loyal, distinguished and very competent civil servant.* ♦ ικανός

certified adj If someone is certified as a particular kind of worker, they are given a certificate stating they have successfully completed a course of training in their profession. > *They wanted to get certified as divers.* ♦ πτυχιούχος, εγκεκριμένος, πιστοποιημένος

overview n An account or description which gives a general picture of something without any unnecessary details. > *The chairman's report is an overview of the company's performance.* ♦ συνοπτική εικόνα, επισκόπηση

painkiller n A drug which reduces or stops physical pain. > *She took a painkiller for her toothache.* ♦ ναυσίνοβο

Reading - Part 4

Page 62

factor n One of the things that affects an event, decision, or situation. > *Physical activity is an important factor in maintaining fitness.* ♦ παράγοντας

inherent adj

The inherent qualities of something are the necessary and natural parts of it. > *Stress is an inherent part of dieting.* ♦ έμφυτος

vary v If things vary, they are different from each other in size, amount, or degree. > *As they're handmade, each one varies slightly.* ♦ ποικίλλω, διαφέρω

estimate v If you estimate a quantity or value, you make an approximate judgment or calculation of it. > *Try to estimate how many steps it will take to get to a close object.* ♦ εκτιμώ, υπολογίζω

precisely adv Accurately and exactly. > *Nobody knows precisely how many people are still living in the camp.* ♦ ακριβώς

visual adj Relating to sight, or to things that you can see.

> *...the graphic visual depiction of violence.* ♦ οπτικός

spatial adj Your spatial ability is your ability to see and understand the relationships between shapes, spaces, and areas. > *...spatial awareness.* ♦ συνείδηση του χώρου, χωρικός

reasoning n The process by which you reach a conclusion after thinking about all the facts. > *...the reasoning behind the decision...* ♦ λογική, συλλογισμός

vast adj Something that is extremely large. > *... farmers who own vast stretches of land...* ♦ αχανής, τεράστιος

tribe n A group of people of the same race, language, and customs, especially in a developing country. > *...the Zoulou tribe...* ♦ φυλή

subtle adj Something that is subtle is not immediately obvious or noticeable. > *...the slow and subtle changes that take place in all living things...* ♦ λεπτός, ανεπαίσθητος

current adj Happening, being used, or being done at the present time. > *The current situation is very different to that in 1990.* ♦ τωρινός, τρέχω

caution v If someone cautions you, they warn you about problems or danger. > *Tony cautioned us against the coming danger.* ♦ προειδοποιώ

entirely adv Completely and not just partly. > *...an entirely new approach...* ♦ ολόκληρωτικά, εντελώς

immutable adj Something that will never change or cannot be changed. > *...the eternal and immutable principles of right and wrong.* ♦ αμετάβλητος

predict v If you predict an event, you say that it will happen. > *The latest opinion polls are predicting a very close contest.* ♦ προβλέπω

variance n The different rates, prices, etc between things. > *...the variances in the stock price.* ♦ διακύμανση

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institution n A large important organization such as a university, church, or bank. > *The Hong Kong Bank is Hong Kong's largest financial institution.* ♦ ίδρυμα

annually adv Happening once a year. > *Many tourists visit the country annually.* ♦ ετησίως

accurate adj Information, measurements, and statistics which are correct to a very detailed level. > *...an accurate description of the killer.* ♦ ακριβής

Writing

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incorporate v When you incorporate something in another thing you make it part of it. > *They incorporated ten extra tests in the old book.* ♦ ενσωματώνω

trail n A path or track through a wild country. > *Follow the trail up the mountain.* ♦ μονοπάτι

TEST 7

Listening - Part 1

Page 65

get out of hand idm Go out of control. > *The riots got out of hand.* ♦ βγαίνω εκτός ελέγχου, αποχαλινώνομαι

despise v If you despise something or someone, you dislike them and have a very low opinion of them. > *I can never, ever forgive him. I despise him.* ♦ μισώ, περιφρονώ

giggle v When someone laughs in a childlike way, because he is amused, nervous, or embarrassed. > *Both girls began to giggle when he told them they were beautiful.* ♦ χαχανίζω, γελάω αμήχανα

can't help phr If you can't help the way you feel or behave, you cannot control it or stop it happening. > *I can't help feeling sorry for the poor man.* ♦ δε μπορώ να σταματήσω, να ελέγξω

Listening - Part 2

fair adj A fair amount, degree, size, or distance is quite a large amount, degree, size, or distance. > *My neighbours across the street travel a fair amount.* ♦ αρκετός, κάμποσος

masterful adj Someone who behaves in a way which shows that he is in control of a situation and can tell other people what to do. > *Big, successful moves need bold, masterful managers.* ♦ επιβλητικός, αυταρχικός

differential adj Relating to or using a difference between groups or things. > *...differential voting rights.* ♦ διαφοροποιητικός, που έχει διαφορά

impatient adj Someone who is annoyed because he has to wait too long for sth. > *The big companies are becoming increasingly impatient at the rate of progress.* ♦ ανυπόμονος

let down phr.v. If you let someone down, you disappoint them, by not doing something that you have said you will do or that they expected you to do. > *Don't worry, mum, I won't let you down.* ♦ απογοτεύω, προδίδω

put upon adj Someone who is unappreciated, exploited, taken for granted. > *After going out of his way to help his friend get the job he felt not appreciated but put upon.*

♦ παραγκωνισμένος, υποτιμημένος

Listening - Part 3

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abstract adj Abstract art makes use of shapes and patterns rather than showing people or things. > *...a modern abstract painting.* ♦ αφηρημένος, ανεικονικός

emerge v If someone or something emerges as a particular thing, they become recognized as that thing. > *New leaders have emerged.* ♦ αναδεικνύομαι, ξεπροβάλλω

associated adj If one thing is associated with another, the two things are connected with each other. > *These symptoms are particularly associated with migraine headaches.*

♦ συνδεδεμένος, συσχετισμένος

convention n A traditional method or style in art, literature, or the theatre. > *...the stylistic conventions of Egyptian art.* ♦ πρότυπο, σύμβαση

inclination n A feeling that makes you want to act in a particular way. > *He had neither the time nor the inclination to think of other things.* ♦ "έφεση", κλίση, τάση

imagery n Pictures and representations of things, especially when they act as symbols. > *This is an ambitious and intriguing movie, full of striking imagery.* ♦ σύνοδο εικόνων

Listening - Part 4

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imply *v* If you imply that something is the case, you say something which indicates that it is the case in an indirect way.

► *'Are you implying that I have something to do with those attacks?' she asked coldly...* ♦ υπονοώ, υπαινίσσομαι

irrelevant *adj* A fact or remark which is not connected with what you are discussing or dealing with. ► *The government decided that their testimony would be irrelevant to the case.*

♦ άσχετος

equally *adv* To the same degree or extent. ► *Success doesn't only depend on what you do. What you don't do is equally important.* ♦ εξίσου, επίσης

vulnerable *adj* Someone who is vulnerable is weak and without protection, with the result that they are easily hurt physically or emotionally. ► *Old people are particularly vulnerable members of our society.* ♦ ευάλωτος, ευπαθής

bias *n* A tendency to prefer one person or thing to another, and to favour that person or thing. ► *Bias against women exists at every level of the judicial system.* ♦ προκατάληψη, μεροληψία

pandemic *n* An occurrence of a disease that affects many people over a very wide area. ► *They feared a new cholera pandemic.* ♦ πανδημία

infect *v* to cause people, animals, or plants to have a disease or illness. ► *A single mosquito can infect a large number of people.* ♦ μολύνω, μεταδίδω λοιμώδες νόσημα

potentially *adv* The way of being capable of developing into a particular kind of person or thing mentioned. ► *Clearly this is a potentially dangerous situation.* ♦ εν δυνάμει, ενδεχομένως

Reading - Part 1

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station *v* If you station yourself somewhere, you go there and wait, usually for a particular purpose. ► *The musicians stationed themselves quickly on either side of the stairs.*

♦ εγκαθίσταμαι, στέκομαι

copper *adj* A reddish brown metal that is used to make things such as coins and electrical wires. ► *Chile is the world's largest producer of copper.* ♦ χαλκός

pauper *n* A very poor person. ► *He died a pauper and was buried in an unmarked grave.* ♦ άπορος, πάμπτωχος

gruel *n* A food made by boiling oats with water or milk.

♦ κουρκούτι, χυλιός

wink *v* When you wink at someone, you look towards them and close one eye very briefly, usually as a signal that something is a joke or a secret. ► *Brian winked at his bride-to-be.*

♦ κλείνω στιγμιαία το ένα μάτι γνέφοντας

nudge *v* To push someone gently, usually with your elbow, in order to draw his attention to something. ► *I nudged Stan and pointed again.* ♦ χτυπώ με τον αγκώνα, σκουντώ

desperate *adj* Someone who is in such a bad situation that he is willing to try anything to change it. ► *He was so desperate that he made an attempt to hijack a plane.* ♦ απελπισμένος, απεγνωσμένος

reckless *adj* Someone who acts in a way which shows that he does not care about danger or the effect his behaviour will have on other people. ► *He is charged with causing death by reckless driving.* ♦ "επικίνδυνος", ριψοκίνδυνος, παράτολμος

advance *v* To move forward, often in order to attack someone. ► *Reports from Chad suggest that rebel forces are advancing on the capital.* ♦ προχωρώ αποφασισμένος

basin *n* A large or deep bowl that you use for holding liquids, or for mixing or storing food. ► *Place the eggs and sugar in a large basin.* ♦ βεκάνη, μπολ

temerity *n* If a person has the temerity to do something, you are annoyed about something they have done which you think showed a lack of respect. ► *'difficult' patients who have the temerity to challenge their doctors' decisions.* ♦ θράσος, αναίδεια

pale *adj* If someone looks pale, their face looks a lighter colour than usual, usually because they are ill, frightened, or shocked. ► *She looked pale and tired.* ♦ ωχρός, χλωμός

gaze *v* To look steadily at someone for a long time, for example because you find them attractive or interesting, or because you are thinking about something else. ► *Sitting in his*

chair, he gazed reflectively at the fire. ♦ ατενίζω, βρέπω επίμονα, παρατηρώ

stupefied *adj* Something which is shocking or surprising and causes you not to think properly for a while. ► *I gave him a stupefied slap on the side of the head, which stunned him.*

♦ απρόσμενος, που προκαλεί έκπληξη

astonishment *n* A feeling of great surprise. ► *I spotted a shooting star which, to my astonishment, was bright green in colour.* ♦ κατάπληξη, έκπληξη

cling *v* If you cling to someone or something, you hold onto them tightly. ► *Another man was rescued as he clung to the riverbank.* ♦ κρατάω σφικτά/γερά, γραπώνω

faint *adj* A sound, colour, mark, feeling, or quality which has very little strength or intensity. ► *There was still the faint hope deep within him that she might want to see him again.*

♦ αμυδρός, άτονος

blow *n* If someone receives a blow, they are hit with a fist or weapon. ► *He went off to hospital after a blow to the face.*

♦ πλήγμα, κτύπημα

ladle *n* A large, round, deep spoon with a long handle, used for serving soup, stew, or sauce. ♦ κουτάλα

pinion *v* When someone prevents you from moving or escaping, especially by holding or tying your arms. ► *At nine the next morning the victim was pinioned, hooded and hanged.*

♦ ακινητοποιώ, εμποδίζω τη διαφυγή

shriek *v* When someone makes a short, very loud cry, for example because he is suddenly surprised, is in pain, or is laughing. ► *She shrieked and leapt from the bed.* ♦ τσιρίζω, στριγκλίζω

beadle *n* A minor parish official who serves a ceremonial function. ♦ ευταξίας, εκκλησιαάρχης

solemn *adj* Deeply serious and somber. ► *He made a solemn pledge that he would never remarry.* ♦ επίσημος, σοβαρός

conclave *n* A meeting at which the discussions are kept secret. The meeting which is held to elect a new Pope is called a conclave. ♦ κογκλιόβιο, μυστικό συμβούλιο

depict *v* To show in, or as in, a picture ► *The face of the child is depicted with much tenderness in this painting.* ♦ σκηματίζω, ζωγραφίζω

countenance *n* Someone's countenance is their face.

♦ πρόσωπο, μορφή

compose *v* If you compose yourself or if you compose your features, you succeed in becoming calm after you have been angry, excited, or upset. ► *She quickly composed herself as the car started off.* ♦ βάζω σε τάξη, διευθετώ, ηρεμώ

distinctly *adv* In a clear and definite way. ► *I distinctly remember wishing I had not got involved.* ♦ ευκρινώς, σαφώς

supper *n* A simple meal eaten just before you go to bed at night. ► *She gives the children their supper, then puts them to bed.* ♦ δείπνο, απόδειπνο

allot *v* If something is allotted to someone, it is given to them as their share. ► *The seats are allotted to the candidates who have won the most votes.* ♦ μοιράζω, επιμερίζω

dietary *n* A regulated daily food allowance. ► *Dr Susan Hankinson has studied the dietary of more than 50,000 women.* ♦ διαιτολόγιο

hang *v* To kill someone, usually as a punishment, by having a rope tied around his neck and the support taken away from under his feet. ► *It is right that their murderers should hang.*

♦ κρεμάω, απαγχονίζω

controvert *v* To dispute or argue using a reason. ► *The board controverted his motion.* ♦ αντικρούω, εναντιώνομαι, αμφισβητώ

animated *adj* (A conversation) which is lively and shows the feelings of the speakers. ► *She was seen in animated conversation with the famous singer.* ♦ έντονος, ζωντανός

confinement *n* the state of being forced to stay in a prison or another place which you cannot leave. ► *She had been held in solitary confinement for four months.* ♦ εγκλεισμός, κράτηση, απομόνωση

paste *v* If you paste something on a surface, you put glue or paste on it and stick it on the surface. ► *Activists pasted up posters criticizing the leftist leaders.* ♦ επικοληλώ, κολληώ

reward *n* a sum of money offered to anyone who can give information about lost or stolen property or about someone who is wanted by the police. ► *The firm last night offered a £10,000 reward for information leading to the conviction of the*

killer. ♦ αμοιβή, ανταμοιβή
parish n A village or part of a town which has its own church and priest. > *We visited a 13th century parish church.* ♦ ενορία
apprentice n A young person who works for someone in order to learn their skill. > *He left school at 15 and trained as an apprentice carpenter.* ♦ μαθητεύμενος, παραγίος
premeditation n Thinking about sth or planning it before you actually do it. > *The judge finally concluded there was insufficient evidence of premeditation.* ♦ προμελέτη, προσχεδιασμός

Reading - Part 2

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setting n A particular place or type of surroundings where something is or takes place. ♦ τοπίο, περιβάλλον
ridiculously adv In an unreasonable or very surprising way. > *Dena bought rolls of silk that seemed ridiculously cheap.*
 ♦ υπερβολικά, σε μεγάλο βαθμό
rainfall n The amount of rain that falls in a place during a particular period. > *There have been four years of below average rainfall.* ♦ βροχόπτωση
tribe n A group of people of the same race, language, and customs, especially in a developing country. > *...three-hundred members of the Apatsi tribe.* ♦ φυλή
fictional adj Characters or events that occur only in stories, plays, or films and never actually existed or happened. > *It is a drama with fictional characters.* ♦ φανταστικός, φανταστικός
intrinsic adj Sth which is valuable or interesting because of its basic nature or character, and not because of its connection with other things. > *The paintings have no intrinsic value except as curiosities.* ♦ εγγενής, ενύπαρκτος, "φυσικός"
crawl v If someone or sth crawls somewhere, they move or progress slowly or with great difficulty. > *I crawled out of bed at nine-thirty.* ♦ "σέρνομαι", κινούμαι αργά ή με δυσκολία
jot down phr.v. If you jot down something short such as an address, you write it down so that you will remember it. > *Listen carefully to the instructions and jot them down.*
 ♦ σημειώνω, προχειρογράφω
decipher v If you decipher a piece of writing or a message, you work out what it says, even though it is very difficult to read or understand. > *I'm still no closer to deciphering the code.* ♦ αποκρυπτογραφώ, αποκωδικογραφώ
scrawl v To write something in a careless and untidy way. > *He scrawled a hasty note to his wife.* ♦ γράφω δυσανάγνωστα, κακογράφω
scheme v To make secret plans in order to gain sth. > *Everyone's always scheming and plotting.* ♦ σκευωρώ, μηχανορραφώ
diaper n A piece of soft towel or paper, which you fasten round a baby's bottom in order to soak up its urine and faeces. > *He never changed his daughter's diapers, never bathed her.*
 ♦ πάνα (μωρού)
brehtaking adj Something extremely beautiful or amazing. > *The house has breathtaking views from every room.*
 ♦ που κόβει την ανάσα, "μαγευτικός"

Reading - Part 3

Page 70 - Text A

spam n Unwanted e-mails, usually as advertising. > *...a small group of people fighting the spam plague.* ♦ ανεπιθύμητη ηλεκτρονική αλληλογραφία
reset v To adjust or set a machine or device, so that it is ready to work again or ready to perform a particular function. > *As soon as you arrive at your destination, step out of the aircraft and reset your wrist-watch.* ♦ ρυθμίζω εκ νέου
link n A connection between different documents, or between different parts of the same document, using hyper-text. ♦ σύνδεσμος, σύνδεση
log in phr.v When someone logs in a computer system, they start using the system, usually by typing their name or identity code and a password. > *They would log in their account and take a look at prices and decide what they'd like to do.*
 ♦ εγγράφομαι σε ιστοσελίδα, δημιουργώ λογαριασμό
disable v If someone or sth disables a system or mechanism, they stop it working, usually temporarily. > *Call me if you need*

to disable a car alarm. ♦ που προκαλεί προσωρινή βλάβη - απενεργοποιώ (προσωρινά)
scan n A programme on the computer checks the disk to make sure that it does not contain a virus. > *The disk has no viruses - I've had a scan already.* ♦ σάρωση, έλεγχος
inadvertently adv In a way that you don't realize what you are doing. > *I inadvertently pressed the wrong button.*
 ♦ κατά λάθος, ακούσια
malware n ♦ κακόβουλο λογισμικό (σε υπολογιστές)

Text B

finding n The information someone gets or the conclusions he comes to as the result of an investigation or some research. > *We hope that manufacturers will take note of the findings and improve their products accordingly.* ♦ εύρημα, συμπέρασμα
social networking n ♦ κοινωνική δικτύωση
conduct v When you conduct an activity or task, you organize it and carry it out. > *He said they were conducting a campaign against democrats across the country.* ♦ χειρίζομαι, διεξάγω
enhance v To improve the value, quality, or attractiveness of something. > *They'll be keen to enhance their reputation abroad.* ♦ ενισχύω, βελτιώνω
glean v If you glean sth such as information or knowledge, you learn or collect it slowly and patiently, and perhaps indirectly. > *At present we're gleaning information from all sources.* ♦ συλλέγω, μαζεύω (πληροφορίες κτλ.), συνάγω

Text C

reunite v When people meet each other again after they have been separated for some time. > *She and her youngest son were finally allowed to be reunited with their family.*
 ♦ επανασυνδέω-ομαι, ξανασμίγω
kidnap v To take someone away illegally and by force, and usually to hold him prisoner in order to demand sth from his family, employer, or government. > *They were intelligent and educated, yet they chose to kidnap and kill.* ♦ απαγάγω
custody n The legal right to keep and look after a child, especially the right given to a child's mother or father when they get divorced. > *Child custody is normally granted to the mother.* ♦ κηδεμονία, επιμέλεια
trace v If you trace someone or something, you find them after looking for them. > *Police are anxious to trace two men seen leaving the house just before 8am.* ♦ ακολουθώ τα ίχνη, βρίσκω
embassy n A group of government officials, headed by an ambassador, who represent their government in a foreign country. > *The American Embassy has already complained.*
 ♦ πρεσβεία || **ambassador**: πρέσβης
search engine n ♦ μηχανή αναζήτησης

Text D

demographic n A group of people in a society, especially people in a particular age group. > *Most of our listeners are in the 25-39 demographic.* ♦ ομάδα πληθυσμού
engagement n The state of doing an activity or being actively involved with it. > *I have never had a true trade engagement.* ♦ εμπλοκή, ενασχόληση, ανάμιξη
update v To make something more modern, usually by adding new parts to it or giving new information. > *He was back in the office, updating the work schedule on the computer.* ♦ ενημερώνω, ανανεώνω
application n In computing, an application is a piece of software designed to carry out a particular task. ♦ εφαρμογή, πρόγραμμα
upload v To transfer data from your computer to another computer. > *I uploaded 3 new videos on my blog.* ♦ "ανεβάζω", μοιράζομαι δεδομένα μέσω Διαδικτύου

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contradict v If one statement or piece of evidence contradicts another, the first one makes the second one appear to be wrong. > *The result seems to contradict a major U.S. study reported last November.* ♦ αντικρούω, διαψεύδω

Reading - Part 4

Page 73

roughly *adv* Approximately, not exactly. > *Gambling and tourism pay roughly half the entire state budget.* ♦ κατά προσέγγιση, πρόχειρα, χονδρικά
shingle *n* A mass of small rough pieces of stone on the shore of a sea or a river. > *...a beach of sand and shingle.*

♦ χαλίκια, βοτσαλίκια

peninsula *n* A long narrow piece of land which sticks out from a larger piece of land and is almost completely surrounded by water. > *I had walked around the entire peninsula.*

♦ χερσόνησος

extrude *v* If a substance is extruded, it is forced or squeezed out through a small opening. > *These crystals are then embedded in a plastic, and the plastic is extruded as a wire.*

♦ προεξέχω, ξεπετάγομαι

assortment *n* A group of similar things that are of different sizes or colours or have different qualities. > *We drank wine with a wide assortment of cheese.* ♦ ανομοιογενές σύνολο, "ποικιλία"

hut *n* A small house with only one or two rooms, especially one which is made of wood, mud, grass, or stones.

♦ καλύβα, παράπηγμα

nuclear power station *n* ♦ πυρηνικός σταθμός ηλεκτρικής ενέργειας

lighthouse *n* A tower containing a powerful flashing lamp that is built on the coast or on a small island. > *Lighthouses are used to guide ships or to warn them of danger.* ♦ φάρος

squatter *n* Someone who lives in an unused building without having a legal right to do so and without paying any rent or any property tax. > *Most urban migrants earn subsistence wages and live in squatter settlements with few amenities or services.* ♦ καταπατητής, καταληψίας

inter-war *adj* The period between the end of the First World War and the beginning of the Second World War.

♦ μεσοπολεμικός (1918-1939)

ad-hoc *adj* An activity or an organization which is done or formed only because a situation has made it necessary and is not planned in advance. > *The Council meets on an ad hoc basis to discuss problems.* ♦ ειδικός, εξειδικευμένος - κάθε φορά που χρειάζεται

spring up *phr.v.* Something that suddenly appears or begins to exist. > *New theatres and arts centres sprang up all over the country.* ♦ εμφανίζομαι, δημιουργούμαι

bolt-hole *n* If you say that someone has a bolt-hole to go to, you mean that there is somewhere that they can go when they want to get away from people that they know. > *The hotel is an ideal bolt-hole for Londoners.* ♦ νουχαστήριο, καταφύγιο

crude *adj* Marked by the primitive, gross, or elemental or by uncultivated simplicity or vulgarity. > *I hate his rudeness and his crude manners.* ♦ "πρωτόγονος", μη εκλεπτυσμένος

shack *n* A simple hut built from tin, wood, or other materials. > *The air was filled with the sickly stench of overripe fruit on sale outside many of the tin shacks which lined the dirt road.* ♦ παράγκα, παράπηγμα

carcass *n* The body of a dead animal. > *A cluster of vultures crouched on the carcass of a dead buffalo.* ♦ κουφάρι, πτώμα

lean-to *n* A building such as a shed or garage which is attached to one wall of a larger building, and which usually has a sloping roof. > *A few pieces of second-hand furniture were covered by a lean-to on the side opposite the double gate.*

♦ προέκταση κατοικίας, χώρος γκαράζ

inevitably *adv* If something will inevitably happen, it is certain to happen and cannot be prevented or avoided.

> *Technological changes will inevitably lead to unemployment.*

♦ αναπόφευκτα, μοιραία

fetch *v* To arrive somewhere by sailing. > *The doctor was fetched from the island to see if he could defuse the situation.*

♦ πάω κάπου με πηλοίο

well-heeled *adj* Someone who is well-heeled is wealthy.

> *But because we are always in the news, people assume that we are a big, well-heeled organisation.* ♦ εύπορος, πλούσιος

property *n* A building and the land belonging to it. > *This vehicle has been parked on private property.* ♦ περιουσία, "ακίνητο"

cottage *n* A small house, usually in the country. > *They used*

to have a cottage in N.W. Scotland. ♦ αγροικία, αγροτόσπιτο
sheathed *adj* Something which is enclosed in a protective covering. > *...his sheathed sword.* ♦ που έχει επένδυση ή προστατευτικό περίβλημα

rubber *n* A strong, waterproof, elastic substance made from the juice of a tropical tree or produced chemically. > *I hate the smell of burning rubber.* ♦ ελαστικό κόμμα, καουτσούκ, λάστιχο

garner *v* To gain or collect something useful or valuable.

> *He has garnered extensive support for his proposals.*

♦ σταχυολογώ

acclaim *n* A public praise for someone or sth. > *Angela has won critical acclaim for her excellent performance.*

♦ επευφημία, ζητωκραυγή - επιδοκιμασία, αποδοχή

carcass *n* The body of a dead animal. > *A cluster of vultures crouched on the carcass of a dead buffalo.* ♦ κουφάρι, πτώμα

constraint *n* Something that limits or controls what you can do. > *Their decision to abandon the trip was made because of financial constraints.* ♦ περιορισμός, φραγμός

testament *n* If one thing is a testament to another, it shows that the other thing exists or is true. > *Their house, just off Sloane Square, is a testament to their Gothic tastes.* ♦ αψευδής μαρτυρία, περίτρανη απόδειξη

ingenuity *n* The skill at working out how to achieve things or skill of inventing new things. > *Inspecting the nest may require some ingenuity.* ♦ επινοτικότητα, εφευρετικότητα

absorb *v* If a system or society absorbs changes, effects, or costs, it is able to deal with them. > *The banks would be forced to absorb large losses.* ♦ απορροφώ, αφομοιώνω

amoeba *n* The smallest kind of living creature. Amoebae consist of only one cell, and are found in water or soil. ♦ αμοιβάδα

hooded *adj* Covered with something. > *...a blue, hooded anorak.* ♦ σκεπασμένος, καλυμμένος

timber *n* Wood that is used for building houses and making furniture. You can also refer to trees that are grown for this purpose as timber. > *These Severn Valley woods have been exploited for timber since Saxon times.* ♦ ξυλεία

patio *n* An area of flat blocks or concrete next to a house, where people can sit and relax or eat. > *He waved back then went through the sliding patio door into the villa.* ♦ αίθριο, ισόγεια σκεπαστή βεράντα

slit *n* A long narrow opening in something. > *She watched them through a slit in the curtains.* ♦ σχισμή, χαραμάδα

kindly *adv* In a gentle, caring, and helpful way > *You seem tired this morning, Jenny, she said kindly.* ♦ ευγενικά, καλοσυνάτα

merry *adj* Happy and cheerful. > *From the house come the bursts of merry laughter.* ♦ εύθυμος, ευχάριστος

unanimously *adv* When all the people involved in a decision agree. > *Today its executive committee voted unanimously to reject the proposals.* ♦ ομόφωνα

beguiling *adj* Charming and attractive. > *Alexandria is a town with a beguiling Arabic flavour.* ♦ γοητευτικός, σαγηνευτικός

peculiar *adj* Something which is strange or unusual, sometimes in an unpleasant way. > *Mr Kennet has a rather peculiar sense of humour.* ♦ ιδιόμορφος, χαρακτηριστικός

looming *adj* If a worrying or threatening situation or event is looming, it seems likely to happen soon. > *Another government spending crisis is looming in the United States.* ♦ που ξεπροβάλλει, εμφανίζεται (απειλητικός ή δυσοίωνος), διαγράφεται

hum *n* A low continuous noise. > *...the hum of traffic...*

♦ βουντό, μπουρμουντό, βόμβος

clank *v* When large metal objects clank, they make a noise because they are hitting together or hitting against sth hard.

> *'Here we are now,' Beth said, as the train clanked into a tiny station.* ♦ κάνω αμβλύ μεταλλικό ήχο, κληαγγή

periodic *adj* Events or situations that happen occasionally, at fairly regular intervals. ♦ περιοδικός, τακτός

TEST 8

Listening - Part 1

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refreshments *n* Drinks and small amounts of food that are provided, for example, during a meeting or a journey. > *There is a shop and refreshments are available.* ♦ αναψυκτικά (και σνακς) || **refreshments:** ξεκούραση, αναψυχή

shame *n* An uncomfortable feeling that you get when you have done something wrong or embarrassing, or when someone close to you has. > *She felt a deep sense of shame...*

◆ αιδώς, αίσθημα ντροπής

suspenseful *adj* A story which makes you feel excited or anxious about what is going to happen in the story next. > *He told us a suspenseful and sinister tale.* ◆ γεμάτος αγωνία, συναρπαστικός

hilarious *adj* Something which is extremely funny and makes you laugh a lot. > *We thought it was hilarious when we first heard about it.* ◆ διασκεδαστικότητα, ξεκαρδιστικός

Listening - Part 2

seek *v* When someone seeks something, they try to obtain it.

> *He is seeking compensation for being given contaminated blood.* ◆ αναζητώ, επιζητώ, ψάχνω

challenge *v* If you challenge ideas or people, you question their truth, value, or authority. > *I challenged him on the hypocrisy of his political attitudes.* ◆ προκαλώ, αμφισβητώ

invaluable *adj* Something that it is extremely useful. > *I was able to gain invaluable experience over that year.*

◆ ανεκτίμητος, πολύτιμος

cryptic *adj* A remark or message which contains a hidden meaning or is difficult to understand. > *My father's notes are more cryptic here.* ◆ απόκρυφος, αινιγματικός

prank *n* A childish trick. > *This prank was supposed to be amusing, but it was scary.* ◆ ασειότητα σε βάρος κάποιου, φάρσα

regretful *adj* When you show that you regret something.

> *Mr Griffin gave a regretful smile.* ◆ περίθλυπος, μετανιωμένος

|| **regret:** μετανιώνω

unsympathetic *adj* Someone who is not kind or helpful to a person in difficulties. > *Her husband was unsympathetic and she felt she had no one to turn to.* ◆ άπονος, ανάληγτος, που δεν δείχνει συμπόνια

conciliatory *adj* Someone who is willing to end a disagreement with someone else. > *The President's speech was greeted as a conciliatory gesture toward business.* ◆ συμφιλιωτικός, συμβιβαστικός, διαλλακτικός

belligerent *adj* A hostile and aggressive person. > *He was almost back to his belligerent mood of twelve months ago.*

◆ εριστικός, επιθετικός

Listening - Part 4

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comet *n* A bright object with a long tail that travels around the sun. > *Halley's Comet is going to come back in 2061.*

◆ κομήτης

solar system *n* ◆ ηλιακό σύστημα

ethics *n* Moral beliefs and rules about right and wrong.

> *Refugee workers said such action was a violation of medical ethics.* ◆ ηθική, δεοντολογία

fund *v* When a person or organization funds something, they provide money for it. > *The airport is being privately funded by a construction group.* ◆ επιχορηγώ, χρηματοδοτώ

undeniably *adv* Definitely true. > *Bringing up a baby is undeniably hard work.* ◆ αναντίρρητα, αναμφισβήτητα

breakthrough *n* An important development or achievement.

> *The company looks determined to make a significant breakthrough in China.* ◆ σημαντική εξέλιξη, ανακάλυψη

Reading - Part 1

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deliberate *v* When you think about something carefully, especially before making a very important decision. > *She deliberated over the decision for a long time before she made up her mind.* ◆ μελετώ, εξετάζω

vague *adj* unclear - someone who does not explain or express things clearly. > *The description was pretty vague.*

◆ ασαφής, αόριστος

singular *adj* Strange or unusual. > *The Prime Minister was without doubt a singular character.* ◆ ιδιόμορφος, ιδιότυπος

nonnette *n* ◆ καλόγρια, μοναχή (γαλλικά)

quaint *adj* Something which is attractive because it is unusual and rather old-fashioned. > *...a small, quaint town with nar-*

row streets and traditional half-timbered houses. ◆ χαριτωμένα παράξενος, περίεργος

grave *adj* A quiet and serious person in appearance or behaviour. > *William was up on the roof for some time and when he came down he looked grave.* ◆ σοβαρός, αυστηρός

by-the-by *adv* By the way, of secondary importance > *By-the-by I won't go to the party.* ◆ επ' ευκαιρίας, παρεμπιπτότως

piercingly *adv* Very sharply and clearly in an unpleasant way.

> *She screamed again, piercingly.* ◆ διαπεραστικά, διεισδυτικά

rejoinder *n* A reply, especially a quick, witty, or critical one, to a question or remark. > *So, having said that, there would be no reason then for the Finance Minister to have a rejoinder.*

◆ απάντηση, απόκριση

blunt *adj* Someone who says exactly what he thinks without trying to be polite. > *She is blunt about her personal life.*

◆ ευθύς, ωμός

brusque *adj* Someone who deals with things, or says things, quickly and shortly, so that he seems to be rude. > *They received a characteristically brusque reply from him.* ◆ απότομος

plain *adj* A fact, situation, or statement that is easy to recognize or understand. > *He's made it plain that he loves the game and wants to be involved still.* ◆ απλός, ξεκάθαρος

impromptu *adj* An action that you do without planning or organizing in advance. > *This afternoon the Palestinians held an impromptu press conference.* ◆ αυτοσχέδιος, στιγμιαίος

pretense *n* An action or way of behaving that is intended to make people believe something that is not true. > *Robert made a pretense of writing a note in his pad.* ◆ προσποίηση, πρόσχημα

outrage *n* An intense feeling of anger and shock. > *The decision provoked outrage from women and human rights groups.*

◆ προσβολή, αγανάκτηση

stroke *v* If you stroke someone or something, you move your hand slowly and gently over them. > *She walked forward and embraced him and stroked his white hair.* ◆ χαιδεύω

soothe *v* If you soothe someone who is angry or upset, you make them feel calmer. > *He would take her in his arms and soothe her.* ◆ κατευνάζω, ηρεμώ

placidity *n* The state of being calm and not become excited, angry, or upset. > *I admire his placidity in difficult situations.*

◆ ηρεμία, γαλήνη

sly *adj* A look, expression, or remark that shows that you know something that other people do not know or that was meant to be a secret. > *His lips were spread in a sly smile.*

◆ πονηρός, κρυφός

limb *n* The arms and legs of someone. > *She would be able to stretch out her cramped limbs and rest for a few hours.*

◆ άκρο, μέλος

disown *v* If you disown someone or sth, you say or show that you no longer want to have any connection with them or any responsibility for them. > *The man who murdered the girl is no son of mine. I disown him.* ◆ αποποιούμαι, αποκρηύσω

repatee *adj* A conversation that consists of quick, witty comments and replies. > *She was good at repatee.* ◆ στιχομυθία

blunder *n* A stupid or careless mistake. > *I think he made a tactical blunder by announcing it so far ahead of time.*

◆ γκάφα, λάθος

forehead *n* The area at the front of your head between your eyebrows and your hair. > *She undid her coat and wiped her forehead with her scarf.* ◆ μέτωπο, κούτελο

retrospective *n* An exhibition or showing of work done by an artist over many years, rather than his or her most recent work.

> *...a retrospective of the films of Judy Garland.* ◆ αναδρομική έκθεση

evoke *v* To cause a particular memory, idea, emotion, or response to occur. > *The scene evokes memories of those old movies.* ◆ φέρνω στο νου, δημιουργώ συνειρμούς, "ξυπνώ στη μνήμη"

curator *n* Someone who is in charge of the objects or works of art in a museum or art gallery. ◆ έφορος (μουσείου ή πινακοθήκης)

glib *adj* Something that implies that something is simple or easy, or that there are no problems involved, when this is not

Reading - Part 2

Page 79

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glib *adj* Something that implies that something is simple or easy, or that there are no problems involved, when this is not

the case. > *Mr. Lewis takes an insufferably glib attitude toward it all.* ♦ έτοιμος, εύκολος

stunningly adv In an extremely beautiful or impressive way.

> *A stunningly attractive woman in her early twenties.*

♦ εκπληκτικά, καταπληκτικά

treacherous adj Someone who is likely to betray you and cannot be trusted. > *He publicly left the party and denounced its treacherous leaders.* ♦ προδοτικός, επίβουλος

transient adj A situation that lasts only a short time or is constantly changing. > *...the transient nature of high fashion.*

♦ προσωρινός, παροδικός, εφήμερος

darling n The darling of a group of people is someone who is especially liked by that group. > *My little sister was the darling of my hometown.* ♦ είδωλο, προσφιλές πρόσωπο

underachievement n Failure to achieve as well as one's abilities would seem to allow. > *Continuing underachievement has not dampened all lingering optimism.* ♦ φτωχή, χαμηλή επίδοση

conservative adj Someone who is unwilling to accept changes and new ideas. > *It is essentially a narrow and conservative approach to child care.* ♦ απρόθυμος να αποδεχθεί καινοτομίες, "συντηρητικός"

faux naïf adj Marked by a pretence of innocence or simplicity

> ♦ προσποιητά αφελής

liberal adj Someone who believes that people should have a lot of freedom in deciding how to behave and think. > *She is known to have liberal views on divorce and contraception.*

♦ φιλελεύθερος, προοδευτικός

contradiction n An aspect of a situation that is completely different from other aspects, and so makes the situation confused or difficult to understand. > *The militants see no contradiction in using violence to bring about lasting peace.*

♦ ανακοιουσία, αντίφαση

like clockwork phr If you say that something happens like clockwork, you mean that it happens without any problems or delays, or happens regularly. > *The Queen's holiday is arranged to go like clockwork, everything was pre-planned to the minute.* ♦ σα ρολόι, τέλεια

matter v To be of importance. > *What matters most is your health.* ♦ έχω σημασία, προέχω

noble adj An idea, goal, or action, which is based on high moral principles. > *He had implicit faith in the noble intentions of the Emperor.* ♦ ευγενής, σπουδαίος

stature n The importance and reputation a person has.

> *Who can deny his stature as the world's greatest cellist?*

♦ περιωπή, φήμη

disposition n The willingness to do something. > *This has given him a disposition to consider our traditions critically.*

♦ διάθεση, προδιάθεση

toy v To act or deal with something lightly or without vigour or purpose. > *He toyed with the idea of death.* ♦ αντιμετωνίζω χωρίς σοβαρότητα, παίζω

instinctual adj A feeling, action, or idea based on instinct. > *The relationship between a parent and a child is instinctual and stems from basic human nature.* ♦ ενστικτώδης, φυσικός

superficiality n Lack of depth of knowledge or thought or feeling > *I don't like the superficiality and transience of the club scene.* ♦ επιπολαιότητα, ρηχότητα

hip adj Someone who is very modern and follows all the latest fashions, for example in clothes and ideas. > *He is a hip young character with tight-cropped blond hair and stylish glasses.* ♦ "μέσα στα πράγματα", "ενημερωμένος", "iv"

burden n A problem or a responsibility that causes someone a lot of difficulty, worry, or hard work. > *Her death will be an impossible burden on Paul.* ♦ φορτίο, βάρος

tolerance n The quality of allowing other people to say and do as they like, even if you do not agree or approve of it. > *I admire his tolerance and understanding of diverse human nature.* ♦ ανοχή, ανεκτικότητα

outlaw n A criminal who is hiding from the authorities.

♦ παράνομος, που βρίσκεται εκτός νόμου

determinedly adv Ambitiously, in an ambitious and energetic manner > *She shook her head, determinedly.* ♦ αποφασισμένα, φιλόδοξα

Reading - Part 3

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Text A

northerly adj A point, area, or direction to the north or towards the north. > *I wanted to go a more northerly route across Montana.* ♦ βόρειος, προς τα βόρεια

grassland n Land covered with wild grass. ♦ λιβάδι, βοσκοτόπι

puffin n a black and white seabird with a large, brightly-coloured beak. ♦ φρατερούλη n αρκτική, θαλασσοπιττακός, είδος θαλάσσιου πουλιού

razorbill n ♦ άλκα

cormorant n A type of dark-coloured bird with a long neck. ♦ κορμοράνος

bumblebee n A large hairy bee. ♦ βόμβυξ ο κηφήν, είδος μέλισσας

tackle v If you tackle a difficult problem or task, you deal with it in a very determined or efficient way. > *The first reason to tackle these problems is to save children's lives.*

♦ αντιμετωνίζω, καταπιάνομαι

interpretation panel n ♦ πίνακας επεξήγησης (με πληροφορίες και χάρτες)

supervision n The act of making sure that an activity is done correctly or that a person is doing a task or behaving correctly.

> *A toddler requires close supervision and firm control at all times.* ♦ επίβλεψη, προσοχή

Text B

Vice-Admiral n ♦ Αντιναύαρχος

Admiralty n In Britain, the Admiralty is the government department that is in charge of the navy. ♦ ναυαρχείο, αρχηγείο Πολεμικού Ναυτικού

high ground phr A position of advantage or superiority.

> *The President must seek to regain the high ground in the political debate.* ♦ υπεροχή, ανωτερότητα, πρωτοβουλία

track v To track someone or something means to follow their movements by means of a special device, such as a satellite or radar. > *Our radar began tracking the jets.* ♦ εντονίζω, ακοιουθώ τα ίχνη

submarine n A type of ship that can travel both above and below the surface of the sea. > *...a nuclear submarine.*

♦ υποβρύχιο

detect v To detect something means to find it or discover that it is present somewhere by using equipment or making an investigation. > *...a sensitive piece of equipment used to detect radiation.* ♦ εντονίζω, ανιχνεύω

Text C

ruins n The ruins of a building are the parts of it that remain after the rest has fallen down or been destroyed. > *One dead child was found in the ruins almost two hours after the explosion.* ♦ ερείπια, συντρίμια

link v If two places or objects are linked or something links them, there is a physical connection between them. > *The campus is linked by regular bus services to the town centre.*

♦ συνδέω, ενώνω

ledge n A piece of rock on the side of a cliff or mountain, which is in the shape of a narrow shelf. ♦ εσοχή εδάφους

monk n A member of a male religious community that is usually separated from the outside world. > *He decided to become a Buddhist monk.* ♦ καθόγερρος, μοναχός

uphill adv If something or someone is uphill or is moving uphill, they are near the top of a hill or are going up a slope.

> *He had been running uphill a long way...* ♦ κατά πάνω, προς τα πάνω, ανηφορικά

slope n The side of a mountain, hill, or valley. > *Their villa is perched on a mountain slope.* ♦ πηλαγιά

seal n A large animal with a rounded body and flat legs called flippers. ♦ φώκια

bask v If you bask in the sunshine, you lie somewhere sunny and enjoy the heat. > *Crocodiles bask on the small sandy beaches.* ♦ ηιάζομαι, απολαμβάνω

boggy adj Very wet and muddy land. ♦ βαλτώδης, τεηματώδης

crofter n A person who lives on a croft or small farm.

♦ μικροκτηματίας || **croft:** μικρό αγρόκτημα, υποστατικό

Text D

wildlife n The animals and other living things that live in the wild. > *People were concerned that pets or wildlife could be affected by the pesticides.* ♦ άγρια πανίδα, άγρια φύση

nest n The home that a bird makes to lay its eggs in. > *I can see an eagle's nest on the rocks.* ♦ φωλιά

burrow n A tunnel or hole in the ground that is dug by an animal such as a rabbit. > *She undid her coat and wiped her forehead with her scarf.* ♦ λαγούμι, φωλιά

Forestry Commission n ♦ δασική επιτροπή

loch n A large area of water in Scotland that is completely or almost completely surrounded by land. > *My village is twenty miles north of Loch Ness.* ♦ λίμνη

permit n An official document which says that you may do something. For example you usually need a permit to work in a foreign country. > *The majority of foreign nationals working here have work permits.* ♦ γραπτή άδεια

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tickle v When you tickle someone, you move your fingers lightly over a sensitive part of their body, often in order to make them laugh. > *I was tickling him, and he was laughing and giggling.* ♦ γαργαλιάω

ape n Chimpanzees, gorillas, and other animals in the same family. ♦ πιθήκος

bonobo n ♦ Μπονόμπο (είδος πιθήκου)

primatologist n A scientist whose speciality is the study of primates. ♦ επιστήμων που ασχολείται με τη μελέτη των πρωτεύοντων θηλαστικών || **primate**: πρωτεύον θηλαστικό

armpit n the area of your body under your arms where your arms join your shoulders. ♦ μασχάλη

juvenile adj A young individual resembling an adult of its kind except in size and reproductive activity. > *The number of juveniles in the general population has fallen by a fifth in the past 10 years.* ♦ ανήλικος, νεαρός

giggle n The action of laughing in a childlike way, because someone is amused, nervous, or embarrassed. > *She gave a little giggle.* ♦ χάχανο, γέλιο

guffaw n A very loud laugh. > *He burst into a loud guffaw.* ♦ καγχασμός, δυνατό γέλιο

audible adj A sound that is audible is loud enough to be heard. > *The teacher's voice was barely audible.* ♦ ικανός να ακουστεί

vocalization n Any specific mode of utterance; pronunciation ♦ άρθρωση, προφορά

ancestry n The fact that you are descended from certain people. > *...a family who could trace their ancestry back to the sixteenth century.* ♦ γενεαλογία, καταγωγή

inherit v If you inherit a characteristic or quality, you are born with it, because your parents or ancestors also had it. > *We inherit from our parents many of our physical characteristics.* ♦ κληρονομώ

evolve v When animals or plants evolve, they gradually change and develop into different forms. > *The bright plumage of many male birds has evolved to attract females.* ♦ αναπτύσσομαι, εξελίσσομαι

argue v If you argue that something is true, you state it and give the reasons why you think it is true. > *It could be argued that the British are not aggressive enough.* ♦ επιχειρηματολογώ, υποστηρίζω

chuckle v To laugh quietly. > *The banker chuckled and said, 'Of course not.'* ♦ γελώ πνιχτά, κρυφογελώ

exhale v To breathe out the air that is in your lungs. > *Wade exhaled a cloud of smoke and coughed.* ♦ εκπνέω

inhale v To breathe in. > *He took a long slow breath, inhaling deeply...* ♦ εισπνέω

deem v If something is deemed to have a particular quality or to do a particular thing, it is considered to have that quality or do that thing. > *French and German were deemed essential for the job.* ♦ θεωρώ, κρίνω

punch line n ♦ κατακλείδα, εντυπωσιακή τελική φράση

crack up phr.v. To laugh a lot. > *She told stories that cracked me up and I swore to write them down so you could enjoy them too.* ♦ ξεσπώ σε γέλια

robust adj Having or showing vigour, strength, or firmness. > *A British Foreign Office minister has made a robust defence of the agreement.* ♦ έντονος, γερός

chirp v To utter with a cheerful liveliness > *She chirped "good morning".* ♦ βγάζω χαρούμενο ήχο

bond v When people bond with each other, they form a relationship based on love or shared beliefs and experiences.

> *What had bonded them instantly and so completely was their similar background.* ♦ δένω, ενώνω

condition v If someone is conditioned by their experiences or environment, they are influenced by them over a period of time so that they do certain things or think in a particular way.

> *I just feel women are conditioned into doing housework.*

♦ συννηθίζω, εγκλιματίζομαι